



|| OM NAMAH SHIVAYA ||

: YATRA :

The Himalayas, abode of snow is considered to be the mystical dwelling of gods. There is a magnetic pull that draws pilgrims and tourists to this place.

When incense is burnt in a particular place and even after its exhaustion, its aroma spreads to its surroundings and remains diffused for a period. Anyone in that atmosphere is influenced by the aroma, so are the Himalayas where Mahatmas, Rishis, Yogis and sages live or have lived in the past is full of spiritual vibrations of their tapas. The mind of every person who goes into spiritual atmosphere is influenced by spiritual divinity. Many such holy pilgrim centres are being visited by pilgrims with utmost regards, honour and devotion to attain spiritual ascent and mental peace ignoring the difficulties and risks involved in the tedious journey.

: KAILASH MANASA SAROVARA – A PILGRIMAGE OF A LIFETIME :

Situated in the south-western part of Tibet bordering the Kumaon hills and Nepal, is Mount Kailash. It is supremely sacred mountain, cosmology connected with Mount Meru, the great mythological mountain that forms the axis of this world system. Being a central watershed of Asia, it has always been the most sacred of mountains for Hindus, Buddhist, Jains and Bons. Conventional wisdom says a single circuit of Mt. Kailash wipes out the sins of a lifetime, 108 parikramas guarantees enlightenment. A ritual bath in the sacred Manasarovar lake will deliver a pilgrim to Brahma's paradise and a drop drink of its water relinquishes the sins of hundred lifetimes.

This region is steeped in religion and mythology and every year hundreds of pilgrims traverse some of the remotest and toughest regions of the Himalayas to pay their obeisance to the Lord. It is a land where Lord Shiva lives with his consort Parvati. According to ancient religious texts, the abode of creator Brahma is called Brahmaloka, the abode of Lord Vishnu is called Vaikunta and the abode of Lord Shiva is called Kailash. Of the three, one can only go bodily and return in this life from Kailash having experienced divinity.

Hindus believe that Goddess Parvati has taken the form of the Manasarovar Lake and that deliverance is assured for people taking a bath in Manasarovar. It is believed that Gods come to bathe every morning in this lake between 3 to 5 am and this time is called 'Brahmamuhurta'. The word Manasarovar is derived from the Sanskrit word 'Manas' which means mind and legend has it that Lord Brahma created this lake from his mind.

Even though there are many routes to Kailash, three routes are famous for yatri to experience the divinity of Manasa Sarovar & Kailash.



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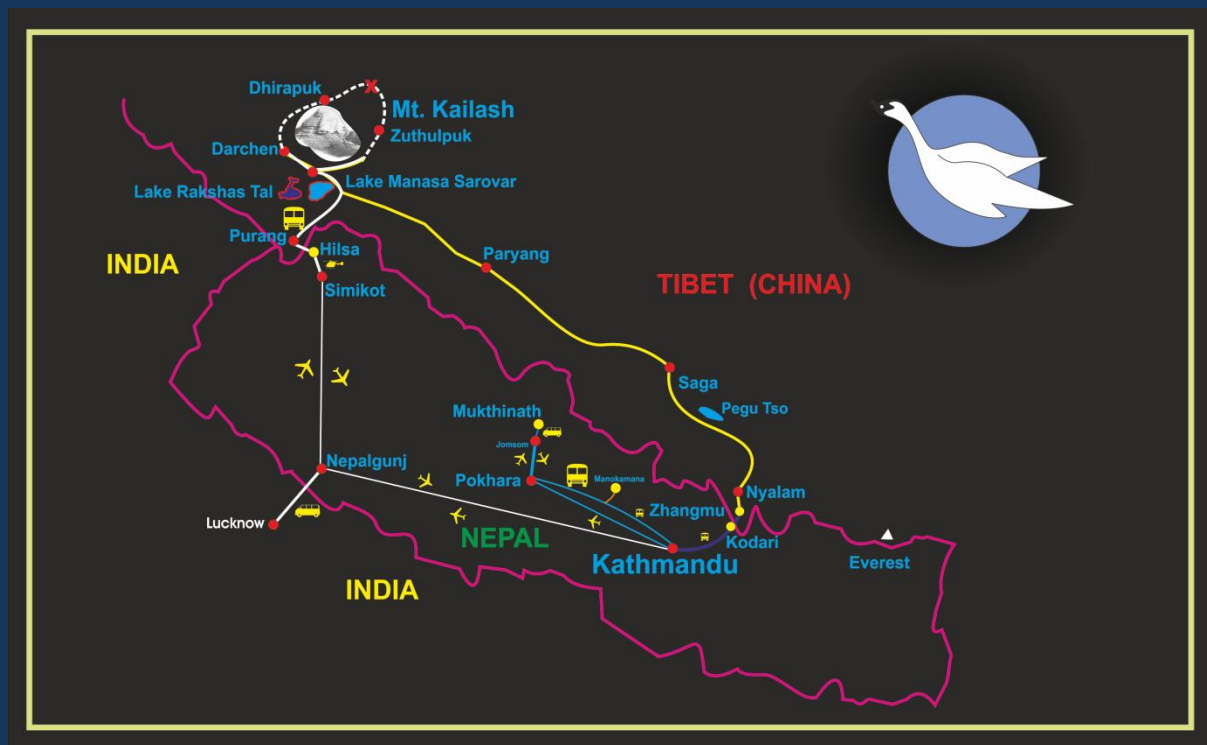
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We used to organize this tour with the help of Tibet Tourism Bureau at Lhasa. This is the most opted route for many pilgrims considering from both the health and wealth aspects. Also an opportunity for people who were not selected by the Govt. Route and advantageous for people who want to undertake this yatra with their family, friends and relatives together.

This route used to forbid the negative aspects of the tough terrain of the Govt. Route, starting with Kathmandu Local Sight Seeing and proceeding to the Nepal Border (Kodari) by Bus for a distance of 127 Kms., cross the border completing immigration and quarantine (medical checkup) formalities. There upon the transportation of approximately 850 Kms. was by Bus / 4500cc Japanese Land Cruisers, covering Zhangmu, Nyalam, Saga, Paryang, Horchu, Darchen including Manasa Sarovara Parikrama of 102 Kms. by road.



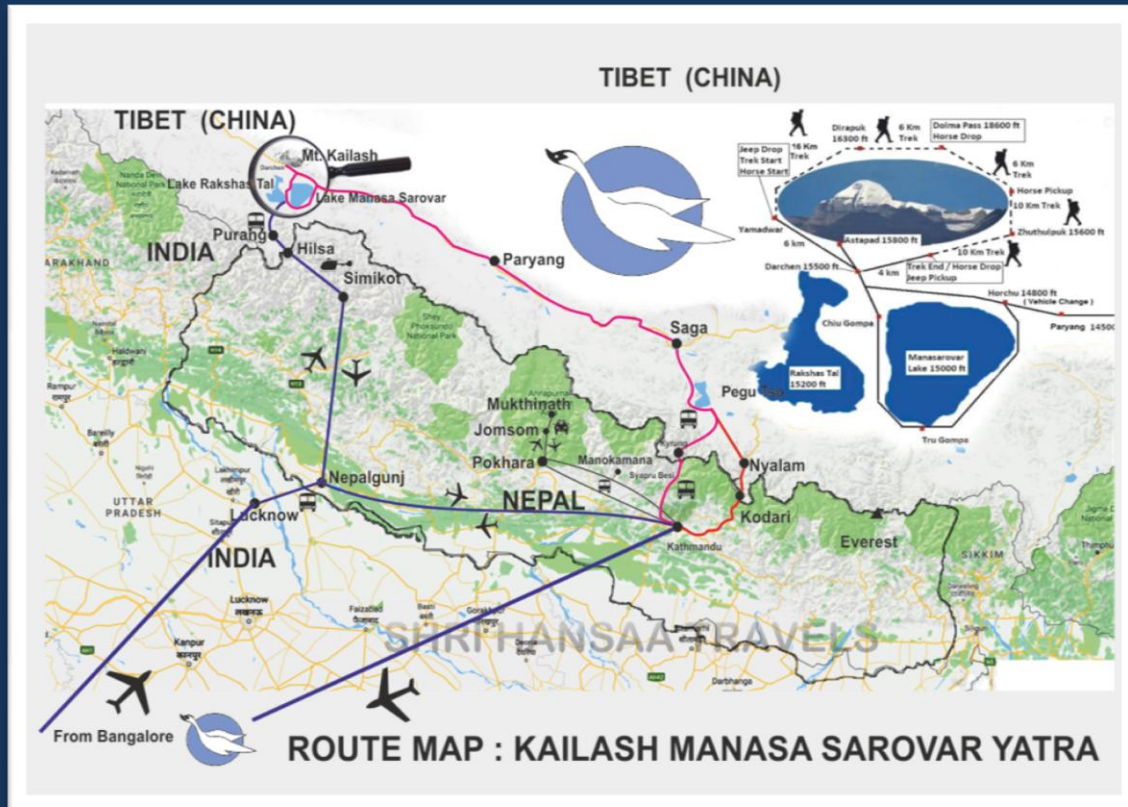
KAILASH YATRA before NEPAL EARTH QUAKE

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KAILASH YATRA post EARTH QUAKE

We are all aware that the entire Nepal underwent a catastrophe due to 2015 earthquake. The impact was such that the epicentre was near the Tibet border, Kodari, affecting lives both in Nepal & Tibet. Presently, the Chinese are not allowing the use of Kodari Border for pilgrims and have opened one more border, Kerong since September 2017; In case if the Kodari border is opened, we will plan our overland via Kodari. Presently, we are operating both the OVERLAND TOUR via Kerong & HELICOPTER route via Hilsa detailed as below.

BY OVERLAND (13 Days)

The newly introduced border, Kerong by China requires an arduous road journey in Nepal via Syabrubesi, the journey from Kathmandu takes approx. 8 to 10 hours to cover a distance of 140 kms. because of the existing road condition and the terrain. We will be stopping overnight at Syabrubesi and again at Kerong completing our immigration formalities as well as acclimatizing. We reach our good old route to Saga by Bus and then to the Manasa Sarovar joining the common road of all the routes.



ITINERARY

Day	Itinerary Details	
01	ARRIVAL KATHMANDU	Dinner
	Arrival at Tribhuvan International airport, Kathmandu(1,350 M), meet and welcome by our office representative & transfer to hotel. Overnight stay at hotel.	
02	PREPARATION & KATHMANDU PILGRIMAGE SIGHTSEEING B/L/D	
	Breakfast leave for Pilgrimage sightseeing tour to Pashupatinath temple, Boudhanath stupa and Budhanilakanth temple. Return to hotel, lunch and preparation for yatra. Overnight stay at hotel.	
03	DRIVE TO SYABRUBESI (140 Km , 8 hours drive)	B/L/D
	Drive to Border Syabrubesi (1,550 M). After arrival at Syabrubesi check into the hotel. Overnight stay at hotel.	
04	DRIVE TO KERONG (55Kms, 1 hour drive)	B/L/D
	After breakfast drive to Nepal China friendship bridge (20 Kms ,30 min drive). Complete Immigration formalities in Nepal side and walk approx 15 minutes to cross Friendship Bridge. Complete all China side immigration formalities & walk further ahead & get introduced with your Chinese guide / coach drivers. Proceed to Kerong (2,700 M). Arrive in Kerong and overnight stay at guesthouse	
05	DRIVE TO SAGA(105 Kms, 4/5hours drive)	B/L/D
	After breakfast drive to Saga(105 km, 4/5 hours drive)/ New Dongpa(4,462 meter, 182 kms, 5/6 hours drive). There is nothing so special but you will enjoy the beautiful Tibetan landscape. After approx.5/6 hours'drive you will reach to Saga (4,580 M). Arrive in Saga and overnight stay at hotel.	
06	DRIVE TO MANSAROVAR(410 Kms, 7/8 hours drive)	B/L/D
	After breakfast, drive to Mansarovar (4,590 M). Arrive Mansarovar, take a holy bath; time to perform Puja, Hawan, Tarpan etc. (self). Overnight stay at guesthouse.	
07	DRIVE TO DARCHEN (30Kms, 1 hour drive)	B/L/D
	Drive to Darchen (4,664M), en-route visit to Chuigumpa hot spring will be organized. Finally arrive in Darchen and overnight stay at hotel.	
08	DRIVE TO YAMADWAR & HOLY TREK TO DIRAPHUK,	B/L/D
	With packed lunch box, drive to Tarboch Flag Pole, the first prostration point, - an auspicious gateway and the sky burial ground. Visit Yamadwarand further drive to Sershong(8 kms, 15 mins drive), Meet your porters/ pony caretaker etc. and trek to Diraphuk (4,765 M, 10 km , 5/6 hours trek). Overnight stay at guesthouse	
09	HOLY TREK TO ZUTHULPUK,	B/L/D
	Continue Parikrama over Droma La Pass (5,585 M) to Zuthulpuk (4,700 M, 22 KM, 7-8 hrs trek). Overnight stay at camp/ guesthouse.	
10	HOLY TREK TO NEAR DARCHEN & DRIVE TO NEW DONGPA / SAGA	B/L/D
	Last and final day KailashParikrama ends near Darchen (4,664 M, 14 km, 3-4 hrs trek) and drive to New Dongba (350 KM, 6 to 7 hrs, drive 4,464 M). Packed hot lunch will be served on the way. Overnight stay at hotel.	
11	DRIVE TO KERONG (182kms, 5/6hours drive)	B/L/D
	Drive to Kerong (2,700 M, 5/6 hour drive). Overnight stay at guesthouse.	



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12	DRIVE TO BORDER & KATHMANDU	B/L/D
	Drive from Kyrung to Nepal / China border (55kms, 1 hour drive) and complete Immigration formalities in China side. Cross the border and complete the immigration formalities in Nepal side. Walk further down where your coach to Kathmandu will be waiting. Lunch will be arranged on the way. Arrive Kathmandu after 8 hours drive-140 KM. Evening, certificate distribution program will be organized which is followed by dinner. Overnight stay at hotel.	
13	DEPARTURE	Breakfast
	Free time until departure, transfer to International airport for your onward flight.	

TOUR COST : Rs. 1,50,000/- (Ex Kathmandu)

INCLUDES:-

- Airport-Hotel-Airport transfer by private vehicles,
- Three nights hotel accommodation at Kathmandu in star hotels.
- Accommodations using guesthouse / camping with all meals as per Itinerary
- All land transfer from Kathmandu-Kerong-Kathmandu,
- Fully Trained Nepali staffs
- Fully trained Sherpa team
- English speaking tour guide in Tibet
- Yak & Yak men to carry equipment & food materials during Parikrama
- Three time a day meals (Breakfast, Lunch & Dinner) while on the yatra
- Mineral & boiled water,
- Oxygen cylinder and oxygen pillow as per the requirements,
- Tibet Visa & Permit Fee, necessary Border charges
- Free use of Down Jacket
- Backpack, Monkey cap & duffel bag for free,
- Wages, meals, accommodation, transportations, equipment, insurance and other facilities for Nepali staffs during the trip

EXCLUDES :

- Insurance that covers Trekking/Travel/Accident/Medical/Emergency evacuations,
- International Airfares,
- Horse(s) & Porter(s) for personal use,
- Tips for the trekking, tour staffs & driver
- Personal expenses : Shopping, laundry, trekking-tour equipment, SIM Card etc.
- Nepal Visa fee (Not applicable to Indian Passport holders)
- Cost raised by unpredictable cancellation, natural calamities, political situation, illness etc.
- Others expenses which are not mentioned above in **PRICE INCLUDES** section.



BY HELICOPTER (10 Days)

Lots of people have misconception about this route thinking they will make the Manasa Sarovara and Kailash Parikrama by Helicopter which is not the case. This route can be undertaken by yattris who are financially sound and also considering the time factor. This route starts from Lucknow to Nepalgunj by Road; Nepalgunj to Simikot by Flight and by helicopter from Simikot to Hilsa. Hilsa is the border of Nepal, we have



to undergo entry formalities, crossing the border by walk and later upon completing immigration formalities at the Tibet border, proceed to Taklakot by Bus. A day's time is given for acclimatization and later proceed to Hore (Horchu) by the side of Manasa Sarovar and also cover Manasa Sarovara Parikrama of 102 Kms. on road by the bus and proceed to Darchen (Base camp), we have a common route for Kailash Parikrama as before.

ITINERARY

Day	Itinerary Details
01	Arrival at Lucknow airport & transfer to hotel at Nepalgunj - Overnight stay at hotel.
02	Early morning transfer to airport for flight to Simikot. Complete immigration formalities & proceed to the Lodge. Overnight stay at lodge at Simikot.
03	Early morning walk to airport for chartered Helicopter flight to Hilsa. Cross the bridge to Sera where our Bus will be waiting. After short introduction with our Chinese guide & driver, drive to Taklakot (Known to Chinese as Purang) - 30 km - 2 hours. Arrive at Taklakot and check into guesthouse. Full day free to acclimatize and relax at Taklakot. Overnight stay at guesthouse.
04	Drive to Mansarovar (120 Km - 3 hrs). Perform puja, hawan and Dev Tarpan (self) followed by Manasarovar Parikarma by Bus. Overnight stay at guesthouse.
05	Morning holy bath and Puja at lake Mansarovar. Visit Chiu Gompa & drive (30 KM) to DARCHEN (4,560 m) for about 2 hours. After lunch, visit to Astapad (8 km drive) can be organized with an extra cost. Overnight stay at guesthouse.
06	With packed lunch box, drive to Tarboche Flag Pole, the first prostration point, -an auspicious gateway and the sky burial ground. Visit Yamadwar and further drive to Shersong (total 8 km). Meet your porters/pony caretaker etc. and trek to Dirapuk (4,765 m, 12 km, 3 to 4 hours trek). Overnight stay at guesthouse.
07	Continue Parikrama over Dolmala pass (5,610 m) to Zuthulpuk (4,700 m) (20km/ 7 to 8 hours trek). Overnight stay in a camp.
08	Last and final day of Mt. Kailash Parikrama ends near Darchen (08 km/ 3 to 4 hrs trek) & drive to Taklakot/ Hilsa (120 Km, 2 hours). Arrive Taklakot/ Hilsa. Overnight stay at Guesthouse.
09	Drive to Hilsa and walk to Hilsa helipad to take chartered helicopter flight to Simikot. After immigration at Simikot, proceed for Nepalgunj by scheduled flight. Arrive Nepalgunj. Overnight stay at hotel.
10	Proceed to Lucknow to board flight back to Bangalore

TOUR COST : Rs. 1,85,000/- (Ex Lucknow)



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Cost Includes:

- 2 nights stay at hotel Siddhartha or similar in Nepalgunj on twin share basis with all meals.
- 1 night stay at best available guesthouse in Simikot with all meals.
- 6 nights accommodation in Tibet using guesthouse with all meals.
- Fully trained Sherpa team, 3 times a day meal, mineral and boiled water for drink.
- Oxygen cylinder and oxygen pillow as per the requirements.
- Tibet Visa and Permit Fee.
- Yak and Yakmen to carry equipments and food materials during Parikrama.
- Ground transfers in Tibet using deluxe coach.
- Services of an English-speaking guide in Tibet.
- Required trekking & kitchen equipments.
- Oxygen cylinders & First Aid Kit.
- Free use of warm Down-Jacket and Sleeping bag.
- Backpack and duffel bag for free.
- Lucknow to Nepalgunj and back by Road, Nepalgunj/ Simikot/Nepalgunj by flight and Simikot/ Hilsa/ Simikot by chartered Helicopter flight.
- Simikot Permit fee.

Cost Excludes :

- Air fare from Bangalore to Lucknow and back to Bangalore
- Horse and porter for personal use.
- Personal items & clothing.
- Extra costs that may arise due to delay to receive Tibet Travel Permit and Visa, prolonged delays or postponement of flights due to technical reasons/ acts of nature/ riots/ curfew/ government regulations or any other conditions whatsoever, which are beyond our control.
- Personal expenses, tips and donations, insurance against loss of baggage, flight pre-pond and postponement expenses, damage of valuables, theft of personal items/belongings, medical expenses in case of accident and helicopter expenses for emergency evacuation.



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OPTIONAL

MUKTHINATH PACKAGE



4 Days Extension

01	Proceed to Pokhara by Road, via visit Manokamana Devi Temple by Ropeway - Night Halt at Pokhara
02	Leave for Jomsom by Flight and later proceed to Mukthinath by jeeps – After Darshan, proceed back to Jomsom for Night Halt.
03	Fly back to Pokhara – Pokhara Local Sight Seeing of Vindhyavasini Temple, Davis Falls, Gupteshwar Mahadev Cave Temple – Free time at Fewa Lake – Night Halt at Pokhara.
04	Proceed to Kathmandu by Flight - Visit to Pashupathinath Temple

TOUR COST : Rs. 32,000/-

FARE INCLUDES :

- Transportation :
 - Hotel Transfers
 - From Kathmandu to Pokhara by Bus;
 - Manokamana Devi Temple by Ropeway
 - Pokhara – Jomsom – Pokhara by Flight;
 - Jomsom - Mukthinath - Jomsom by Jeep;
 - Boating at Fewa Lake, Pokhara
 - Pokhara to Kathmandu by Flight
- Accommodation at Kathmandu & Pokhara on twin-sharing basis.
- Meals : Breakfast with coffee / tea, Lunch and Dinner.



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WHY CHOOSE US ?

Here are several factors that contribute for your ultimate choice....

- 15 years of experience organising this holy yatra.
- More % of satisfied customers compared to our competitors
- Well experienced Bangalore staff accompanying the tour.
- No extra rental charges for Down Jackets provided at Kathmandu.
- Complimentary Duffel Bag, a Back pack, Raincoat, a cap for each.
- Provide best available accommodation at places of our stay in Tibet.

BEFORE YOU UNDERTAKE THE TOUR

Ascertain whether the agency have successfully organized such tours previously, feedback from people who have travelled with them, how experienced the travel agency is, facilities provided for the yatris etc.

FOR OUR CUSTOMER'S OPINION

Mr. Dakshina Murthy : 9880456939

Mr. Dheerendra : 9448993811

Mr. Ramesh KH : 9945641917

Mr. Shivaprasad : 9845063703

Mr. Gopinath D : 9740458333

Mr. Ramakrishna : 9480052045

: For any further queries, feel free to contact us :

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*Now, Its your turn to visit the holy abode of
Lord Shiva at his residence*

