

# Chapter-3

# Agile Software Development

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# Topics covered

- Agile methods
- Plan-driven and agile development
- Extreme programming
- Agile project management
- Scaling agile methods

# Rapid software development

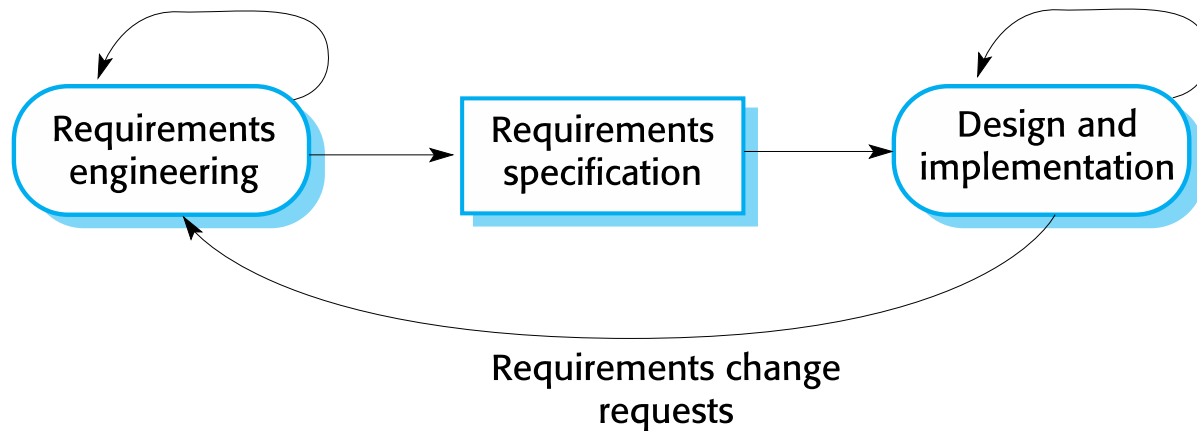
- Rapid development and delivery is now often the most important requirement for software systems
  - Businesses operate in a fast –changing requirement and it is practically impossible to produce a set of stable software requirements
  - Software has to evolve quickly to reflect changing business needs.
- Plan-driven development is essential for some types of system but does not meet these business needs.
- Agile development methods emerged in the late 1990s whose aim was to radically reduce the delivery time for working software systems

# Agile development

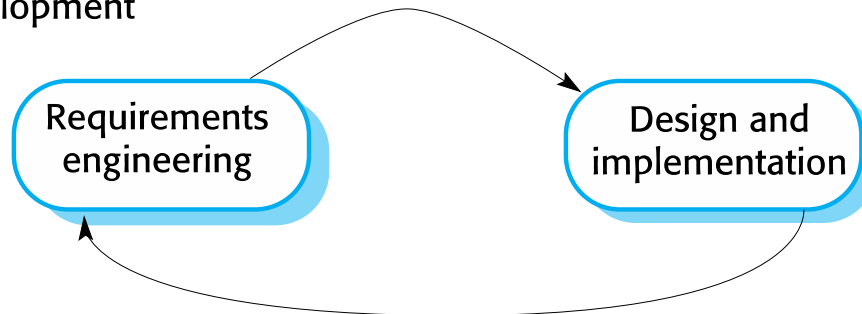
- Program specification, design and implementation are inter-leaved
- The system is developed as a series of versions or increments with stakeholders involved in version specification and evaluation
- Frequent delivery of new versions for evaluation
- Extensive tool support (e.g. automated testing tools) used to support development.
- Minimal documentation – focus on working code

# Plan-driven and agile development

## Plan-based development



## Agile development



# Plan-driven and agile development

- Plan-driven development
  - A plan-driven approach to software engineering is based around separate development stages with the outputs to be produced at each of these stages planned in advance.
  - Not necessarily waterfall model – plan-driven, incremental development is possible
  - Iteration occurs within activities.
- Agile development
  - Specification, design, implementation and testing are inter-leaved and the outputs from the development process are decided through a process of negotiation during the software development process.

# Agile methods

- Dissatisfaction with the overheads involved in software design methods of the 1980s and 1990s led to the creation of agile methods. These methods:
  - Focus on the code rather than the design
  - Are based on an iterative approach to software development
  - Are intended to deliver working software quickly and evolve this quickly to meet changing requirements.
- The aim of agile methods is to reduce overheads in the software process (e.g. by limiting documentation) and to be able to respond quickly to changing requirements without excessive rework.

# Agile manifesto

- *We are uncovering better ways of developing software by doing it and helping others do it. Through this work we have come to value:*
  - *Individuals and interactions over processes and tools*  
*Working software over comprehensive documentation*  
*Customer collaboration over contract negotiation*  
*Responding to change over following a plan*
- *That is, while there is value in the items on the right, we value the items on the left more.*



# The principles of agile methods

Principle	Description
Customer involvement	Customers should be closely involved throughout the development process. Their role is provide and prioritize new system requirements and to evaluate the iterations of the system.
Incremental delivery	The software is developed in increments with the customer specifying the requirements to be included in each increment.
People not process	The skills of the development team should be recognized and exploited. Team members should be left to develop their own ways of working without prescriptive processes.
Embrace change	Expect the system requirements to change and so design the system to accommodate these changes.
Maintain simplicity	Focus on simplicity in both the software being developed and in the development process. Wherever possible, actively work to eliminate complexity from the system.

# Agile method applicability

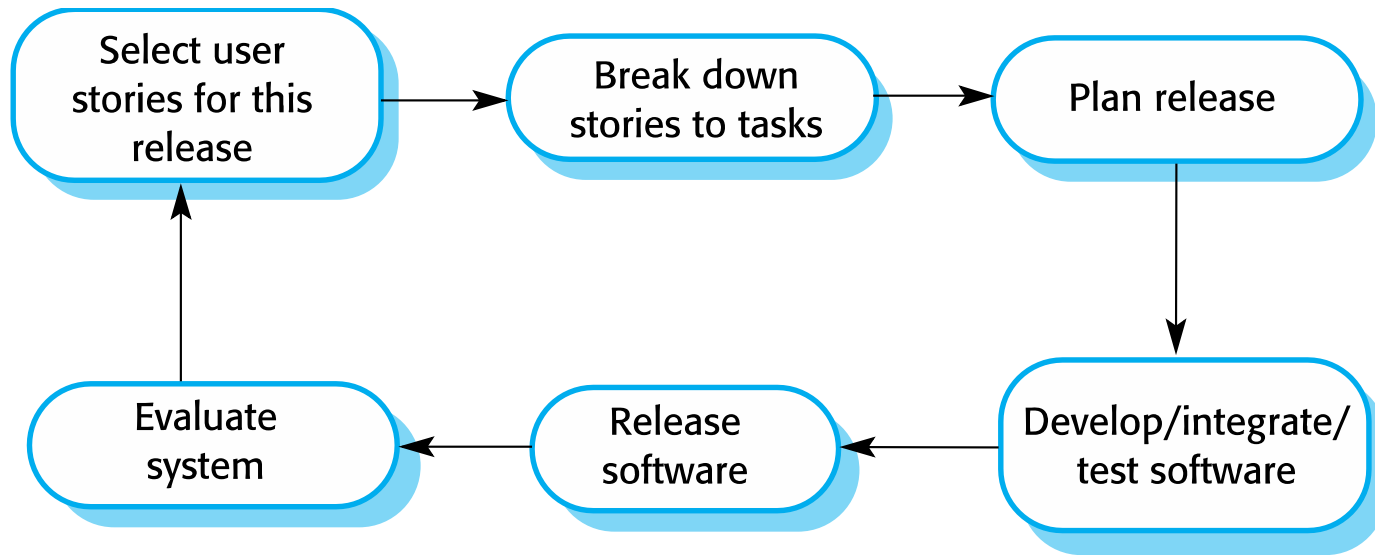
- Product development where a software company is developing a small or medium-sized product for sale.
  - Virtually all software products and apps are now developed using an agile approach
- Custom system development within an organization, where there is a clear commitment from the customer to become involved in the development process and where there are few external rules and regulations that affect the software.

# Agile development techniques

# Extreme programming

- A very influential agile method, developed in the late 1990s, that introduced a range of agile development techniques.
- Extreme Programming (XP) takes an 'extreme' approach to iterative development.
  - New versions may be built several times per day;
  - Increments are delivered to customers every 2 weeks;
  - All tests must be run for every build and the build is only accepted if tests run successfully.

# The extreme programming release cycle



# Extreme programming practices (a)

Principle or practice	Description
Incremental planning	Requirements are recorded on story cards and the stories to be included in a release are determined by the time available and their relative priority. The developers break these stories into development 'Tasks'. See Figures 3.5 and 3.6.
Small releases	The minimal useful set of functionality that provides business value is developed first. Releases of the system are frequent and incrementally add functionality to the first release.
Simple design	Enough design is carried out to meet the current requirements and no more.
Test-first development	An automated unit test framework is used to write tests for a new piece of functionality before that functionality itself is implemented.
Refactoring	All developers are expected to refactor the code continuously as soon as possible code improvements are found. This keeps the code simple and maintainable.

# Extreme programming practices (b)

Pair programming	Developers work in pairs, checking each other's work and providing the support to always do a good job.
Collective ownership	The pairs of developers work on all areas of the system, so that no islands of expertise develop and all the developers take responsibility for all of the code. Anyone can change anything.
Continuous integration	As soon as the work on a task is complete, it is integrated into the whole system. After any such integration, all the unit tests in the system must pass.
Sustainable pace	Large amounts of overtime are not considered acceptable as the net effect is often to reduce code quality and medium term productivity
On-site customer	A representative of the end-user of the system (the customer) should be available full time for the use of the XP team. In an extreme programming process, the customer is a member of the development team and is responsible for bringing system requirements to the team for implementation.

# XP and agile principles

- Incremental development is supported through small, frequent system releases.
- Customer involvement means full-time customer engagement with the team.
- People not process through pair programming, collective ownership and a process that avoids long working hours.
- Change supported through regular system releases.
- Maintaining simplicity through constant refactoring of code.



- Extreme programming has a technical focus and is not easy to integrate with management practice in most organizations.
- Consequently, while agile development uses practices from XP, the method as originally defined is not widely used.
- Key practices
  - User stories for specification
  - Refactoring
  - Test-first development
  - Pair programming

# Agile project management

# Agile project management

- The principal responsibility of software project managers is to manage the project so that the software is delivered on time and within the planned budget for the project.
- The standard approach to project management is plan-driven. Managers draw up a plan for the project showing what should be delivered, when it should be delivered and who will work on the development of the project deliverables.
- Agile project management requires a different approach, which is adapted to incremental development and the practices used in agile methods.

# Scrum

- Scrum is an agile method that focuses on managing iterative development rather than specific agile practices.
- There are three phases in Scrum.
  - The initial phase is an outline planning phase where you establish the general objectives for the project and design the software architecture.
  - This is followed by a series of sprint cycles, where each cycle develops an increment of the system.
  - The project closure phase wraps up the project, completes required documentation such as system help frames and user manuals and assesses the lessons learned from the project.
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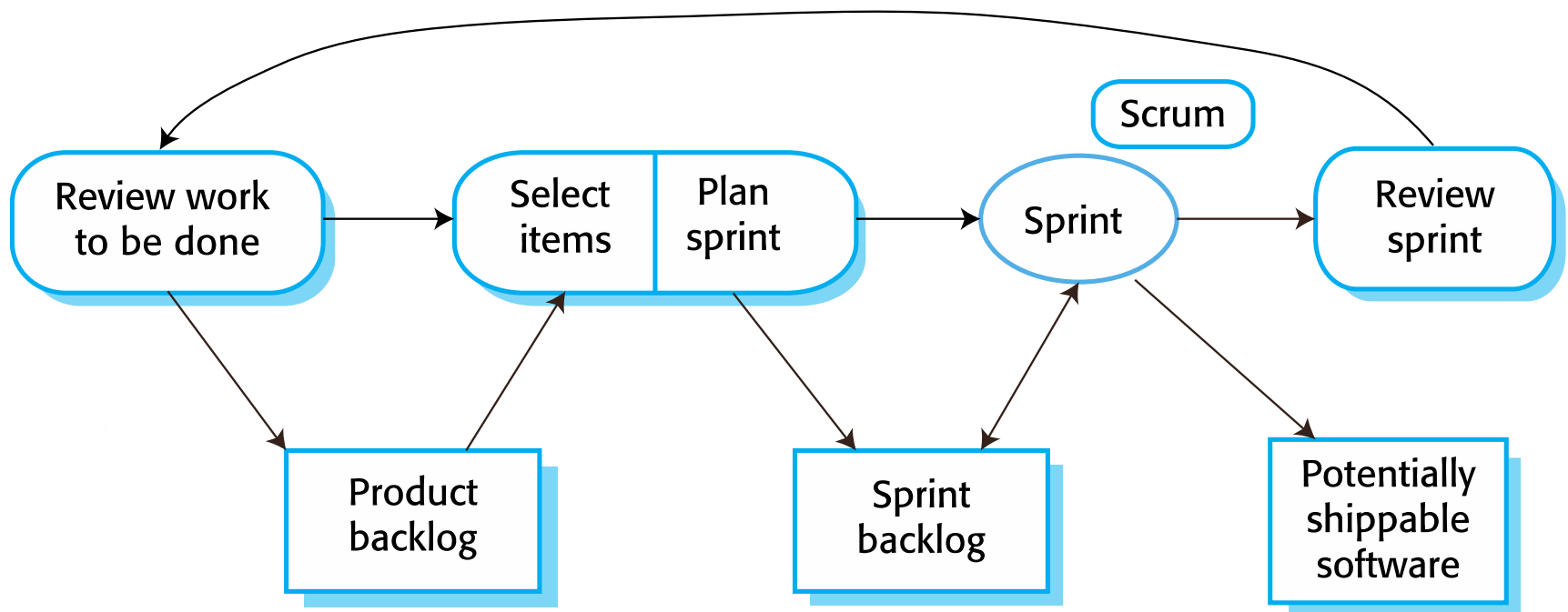
# Scrum terminology (a)

Scrum term	Definition
Development team	A self-organizing group of software developers, which should be no more than 7 people. They are responsible for developing the software and other essential project documents.
Potentially shippable product increment	The software increment that is delivered from a sprint. The idea is that this should be 'potentially shippable' which means that it is in a finished state and no further work, such as testing, is needed to incorporate it into the final product. In practice, this is not always achievable.
Product backlog	This is a list of 'to do' items which the Scrum team must tackle. They may be feature definitions for the software, software requirements, user stories or descriptions of supplementary tasks that are needed, such as architecture definition or user documentation.
Product owner	An individual (or possibly a small group) whose job is to identify product features or requirements, prioritize these for development and continuously review the product backlog to ensure that the project continues to meet critical business needs. The Product Owner can be a customer but might also be a product manager in a software company or other stakeholder representative.

# Scrum terminology (b)

Scrum term	Definition
Scrum	A daily meeting of the Scrum team that reviews progress and prioritizes work to be done that day. Ideally, this should be a short face-to-face meeting that includes the whole team.
ScrumMaster	The ScrumMaster is responsible for ensuring that the Scrum process is followed and guides the team in the effective use of Scrum. He or she is responsible for interfacing with the rest of the company and for ensuring that the Scrum team is not diverted by outside interference. The Scrum developers are adamant that the ScrumMaster should not be thought of as a project manager. Others, however, may not always find it easy to see the difference.
Sprint	A development iteration. Sprints are usually 2-4 weeks long.
Velocity	An estimate of how much product backlog effort that a team can cover in a single sprint. Understanding a team's velocity helps them estimate what can be covered in a sprint and provides a basis for measuring improving performance.

# Scrum sprint cycle



# The Scrum sprint cycle

- Sprints are fixed length, normally 2–4 weeks.
- The starting point for planning is the product backlog, which is the list of work to be done on the project.
- The selection phase involves all of the project team who work with the customer to select the features and functionality from the product backlog to be developed during the sprint.



# The Sprint cycle

- Once these are agreed, the team organize themselves to develop the software.
- During this stage the team is isolated from the customer and the organization, with all communications channelled through the so-called 'Scrum master'.
- The role of the Scrum master is to protect the development team from external distractions.
- At the end of the sprint, the work done is reviewed and presented to stakeholders. The next sprint cycle then begins.

# Teamwork in Scrum

- The 'Scrum master' is a facilitator who arranges daily meetings, tracks the backlog of work to be done, records decisions, measures progress against the backlog and communicates with customers and management outside of the team.
- The whole team attends short daily meetings (Scrums) where all team members share information, describe their progress since the last meeting, problems that have arisen and what is planned for the following day.
  - This means that everyone on the team knows what is going on and, if problems arise, can re-plan short-term work to cope with them.

# Scrum benefits

- The product is broken down into a set of manageable and understandable chunks.
- Unstable requirements do not hold up progress.
- The whole team have visibility of everything and consequently team communication is improved.
- Customers see on-time delivery of increments and gain feedback on how the product works.
- Trust between customers and developers is established and a positive culture is created in which everyone expects the project to succeed.

# Scaling agile methods

# Scaling agile methods

- Agile methods have proved to be successful for small and medium sized projects that can be developed by a small co-located team.
- It is sometimes argued that the success of these methods comes because of improved communications which is possible when everyone is working together.
- Scaling up agile methods involves changing these to cope with larger, longer projects where there are multiple development teams, perhaps working in different locations.

# Scaling out and scaling up

- ‘Scaling up’ is concerned with using agile methods for developing large software systems that cannot be developed by a small team.
- ‘Scaling out’ is concerned with how agile methods can be introduced across a large organization with many years of software development experience.
- When scaling agile methods it is important to maintain agile fundamentals:
  - Flexible planning, frequent system releases, continuous integration, test-driven development and good team communications.

# Practical problems with agile methods

- The informality of agile development is incompatible with the legal approach to contract definition that is commonly used in large companies.
- Agile methods are most appropriate for new software development rather than software maintenance. Yet the majority of software costs in large companies come from maintaining their existing software systems.
- Agile methods are designed for small co-located teams yet much software development now involves worldwide distributed teams.

# Contractual issues

- Most software contracts for custom systems are based around a specification, which sets out what has to be implemented by the system developer for the system customer.
- However, this precludes interleaving specification and development as is the norm in agile development.
- A contract that pays for developer time rather than functionality is required.
  - However, this is seen as a high risk by many legal departments because what has to be delivered cannot be guaranteed.



# Agile methods and software maintenance

- Most organizations spend more on maintaining existing software than they do on new software development. So, if agile methods are to be successful, they have to support maintenance as well as original development.
- Two key issues:
  - Are systems that are developed using an agile approach maintainable, given the emphasis in the development process of minimizing formal documentation?
  - Can agile methods be used effectively for evolving a system in response to customer change requests?
- Problems may arise if original development team cannot be maintained.

# Agile maintenance

- Key problems are:
  - Lack of product documentation
  - Keeping customers involved in the development process
  - Maintaining the continuity of the development team
- Agile development relies on the development team knowing and understanding what has to be done.
- For long-lifetime systems, this is a real problem as the original developers will not always work on the system.

# Agile and plan-driven methods

- Most projects include elements of plan-driven and agile processes. Deciding on the balance depends on:
  - Is it important to have a very detailed specification and design before moving to implementation? If so, you probably need to use a plan-driven approach.
  - Is an incremental delivery strategy, where you deliver the software to customers and get rapid feedback from them, realistic? If so, consider using agile methods.
  - How large is the system that is being developed? Agile methods are most effective when the system can be developed with a small co-located team who can communicate informally. This may not be possible for large systems that require larger development teams so a plan-driven approach may have to be used.

# Key points

- Agile methods are incremental development methods that focus on rapid software development, frequent releases of the software, reducing process overheads by minimizing documentation and producing high-quality code.
- Agile development practices include
  - User stories for system specification
  - Frequent releases of the software,
  - Continuous software improvement
  - Test-first development
  - Customer participation in the development team.

# Key points

- Scrum is an agile method that provides a project management framework.
  - It is centred round a set of sprints, which are fixed time periods when a system increment is developed.
- Many practical development methods are a mixture of plan-based and agile development.
- Scaling agile methods for large systems is difficult.
  - Large systems need up-front design and some documentation and organizational practice may conflict with the informality of agile approaches.