For neutral mesons, P and  $\bar{P}$ , the mixing matrix is

$$\mathbf{M} = \begin{pmatrix} M & M_{12} \\ M_{12}^* & M \end{pmatrix},\tag{1}$$

and the decay matrix is

$$\mathbf{\Gamma} = \begin{pmatrix} \Gamma & \Gamma_{12} \\ \Gamma_{12}^* & \Gamma \end{pmatrix}. \tag{2}$$

The effective Hamiltonian is thus

$$\mathcal{H}_{\text{eff}} = \mathbf{M} - \frac{\mathbf{i}}{2} \mathbf{\Gamma}. \tag{3}$$

To find the eigenvalues, one has

$$\begin{pmatrix} M - \frac{i}{2}\Gamma & M_{12} - \frac{i}{2}\Gamma_{12} \\ M_{12}^* - \frac{i}{2}\Gamma_{12}^* & M - \frac{i}{2}\Gamma \end{pmatrix} \begin{pmatrix} p \\ \pm q \end{pmatrix} = \lambda_{1,2} \begin{pmatrix} p \\ \pm q \end{pmatrix}, \tag{4}$$

with

$$\lambda_{1,2} = m_{1,2} - \frac{i}{2} \Gamma_{1,2},\tag{5}$$

so

$$Re(\lambda_{1,2}) = m_{1,2},\tag{6}$$

$$-2\operatorname{Im}(\lambda_{1,2}) = \Gamma_{1,2}. (7)$$

Then one has

$$\lambda_{1,2}p = \left(M - \frac{i}{2}\Gamma\right)p \pm \left(M_{12} - \frac{i}{2}\Gamma_{12}\right)q,\tag{8}$$

$$\pm \lambda_{1,2} q = \left( M_{12}^* - \frac{i}{2} \Gamma_{12}^* \right) p \pm \left( M - \frac{i}{2} \Gamma \right) q. \tag{9}$$

which gives

$$\lambda_{1,2} = \left(M - \frac{i}{2}\Gamma\right) \pm \left(M_{12} - \frac{i}{2}\Gamma_{12}\right) \frac{q}{p},\tag{10}$$

$$= \left( M - \frac{i}{2} \Gamma \right) \pm \left( M_{12}^* - \frac{i}{2} \Gamma_{12}^* \right) \frac{p}{q}. \tag{11}$$

TODO: work out how to get to the eigenvalues.

Thus the eigenvalues are:

$$\lambda_{1,2} = M \pm |M_{12}| - \frac{i}{2} (\Gamma \pm |\Gamma_{12}|),$$
 (12)

$$\equiv M \pm \frac{1}{2}\Delta m - \frac{i}{2}\left(\Gamma \pm \frac{1}{2}\Delta\Gamma\right),\tag{13}$$

$$\equiv \lambda_{H,L}.\tag{14}$$

The corresponding mass eigenstates are

$$|P_{H,L}\rangle = p|P\rangle \pm q|\bar{P}\rangle,$$
 (15)

with time evolution

$$|P_{H,L}(t)\rangle = \exp(-i\lambda_{H,L}t)|P_{H,L}(0)\rangle,\tag{16}$$

$$= \exp(-i\lambda_{H,L}t)(p|P(0)) \pm q|\bar{P}(0)\rangle. \tag{17}$$

Then,

$$|P(t)\rangle = \frac{1}{2p}(|P_H(t)\rangle + |P_L(t)\rangle) \tag{18}$$

$$= \frac{1}{2p} \left( \exp(-i\lambda_H t) (p|P(0)) + q|\bar{P}(0)) \right)$$
(19)

$$+\exp(-i\lambda_L t)(p|P(0)\rangle - q|\bar{P}(0)\rangle)) \qquad (20)$$

$$= \frac{1}{2} \left[ \left( \exp(-i\lambda_H t) + \exp(-i\lambda_L t) \right) | P(0) \rangle \right]$$
 (21)

$$+ \frac{q}{p} \left( \exp(-i\lambda_H t) - \exp(-i\lambda_L t) \right) |\bar{P}(0)\rangle \right]. \tag{22}$$

Similarly,

$$|\bar{P}(t)\rangle = \frac{1}{2q}(|P_H(t)\rangle - |P_L(t)\rangle) \tag{23}$$

$$= \frac{1}{2q} \left( \exp(-i\lambda_H t) (p|P(0)) + q|\bar{P}(0)) \right)$$
 (24)

$$-\exp(-i\lambda_L t)(p|P(0)\rangle - q|\bar{P}(0)\rangle))$$
 (25)

$$= \frac{1}{2} \left[ \left( \exp(-i\lambda_H t) + \exp(-i\lambda_L t) \right) | \bar{P}(0) \rangle \right]$$
 (26)

$$+\frac{p}{a}\left(\exp(-i\lambda_H t) - \exp(-i\lambda_L t)\right) |P(0)\rangle \bigg]. \tag{27}$$

Defining  $P_{+1} \equiv P$  and  $P_{-1} \equiv \bar{P}$ , then

$$|P_k\rangle = \frac{1}{2} \left[ \left( \exp(-i\lambda_H t) + \exp(-i\lambda_L t) \right) |P_k(0)\rangle \right]$$
 (28)

$$+\frac{q^k}{p}\left(\exp(-i\lambda_H t) - \exp(-i\lambda_L t)\right) |P_{-k}(0)\rangle \bigg], \tag{29}$$

$$\equiv g_{+}(t)|P_{k}(0)\rangle + \left(\frac{q}{p}\right)^{k}g_{-}(t)|P_{-k}(0)\rangle, \tag{30}$$

using

$$g_{\pm}(t) \equiv \frac{1}{2} \left( \exp(-i\lambda_H t) \pm \exp(-i\lambda_L t) \right), \tag{31}$$

$$= \frac{1}{2} \left( \exp\left( -i\left( M + \frac{1}{2}\Delta m - \frac{i}{2} \left( \Gamma + \frac{1}{2}\Delta \Gamma \right) \right) t \right) \pm \exp\left( -i\left( M - \frac{1}{2}\Delta m - \frac{i}{2} \left( \Gamma - \frac{1}{2}\Delta \Gamma \right) \right) t \right) \right), \tag{32}$$

$$= \frac{1}{2} \exp\left( -iMt - \frac{1}{2}\Gamma t \right) \left( \exp\left( -\frac{i}{2}\Delta m t - \frac{1}{4}\Delta \Gamma t \right) \pm \exp\left( \frac{i}{2}\Delta m t + \frac{1}{4}\Delta \Gamma t \right) \right) \tag{33}$$

$$= \frac{1}{2} \exp\left( -i\left( M + \frac{1}{2}\Delta m \right) t - \frac{1}{2}\left( \Gamma + \frac{1}{2}\Delta \Gamma \right) t \right) \left( 1 \pm \exp\left( i\Delta m t + \frac{1}{2}\Delta \Gamma t \right) \right), \tag{34}$$

$$= \exp\left( -iMt - \frac{1}{2}\Gamma t \right) \frac{\cosh}{\sinh} \left( -\frac{i}{2}\Delta m t - \frac{1}{4}\Delta \Gamma t \right), \tag{35}$$

$$\equiv \exp\left( -iMt - \frac{1}{2}\Gamma t \right) \frac{\cosh}{\sinh} \left( \frac{1}{2}z\Gamma t \right), \tag{36}$$

using

$$z \equiv -\left(\frac{\Delta\Gamma}{2\Gamma} + i\frac{\Delta m}{\Gamma}\right),\tag{37}$$

$$\equiv -(y+ix). \tag{38}$$

Then,

$$\left|A_{f,k}(t)\right|^2 = \left|\left\langle f|\mathcal{H}|P_k(t)\right\rangle\right|^2,\tag{39}$$

$$= \left( g_+^*(t) \langle f | \mathcal{H} | P_k(0) \rangle^* + \left( \frac{q}{p} \right)^{k*} g_-^*(t) \langle f | \mathcal{H} | P_{-k}(0) \rangle^* \right)$$

$$\tag{40}$$

$$\left(g_{+}(t)\langle f|\mathcal{H}|P_{k}(0)\rangle + \left(\frac{q}{p}\right)^{k}g_{-}(t)\langle f|\mathcal{H}|P_{-k}(0)\rangle\right),\tag{41}$$

$$= |g_{+}(t)|^{2} |A_{f,k}(0)|^{2} + \left(\frac{q}{p}\right)^{k} g_{+}^{*}(t)g_{-}(t)A_{f,k}^{*}(0)A_{f,-k}(0)$$

$$(42)$$

$$+ \left(\frac{q}{p}\right)^{k*} g_{-}^{*}(t)g_{+}(t)A_{f,-k}^{*}(0)A_{f,k}(0) + \left|\frac{q}{p}\right|^{2k} |g_{-}(t)|^{2} |A_{f,-k}(0)|^{2},$$
(43)

$$= |g_{+}(t)|^{2} |A_{f,k}(0)|^{2} + \left| \frac{q}{p} \right|^{2k} |g_{-}(t)|^{2} |A_{f,-k}(0)|^{2}$$

$$(44)$$

+ 2Re 
$$\left( \left( \frac{q}{p} \right)^k g_+^*(t) g_-(t) A_{f,k}^*(0) A_{f,-k}(0) \right)$$
. (45)

Using.

$$|g_{\pm}(t)|^{2} = \frac{1}{4} \exp(-\Gamma t) \left[ \exp\left(\frac{i}{2}\Delta mt - \frac{1}{4}\Delta\Gamma t\right) \pm \exp\left(\frac{-i}{2}\Delta mt + \frac{1}{4}\Delta\Gamma t\right) \right]$$

$$\left[ \exp\left(\frac{-i}{2}\Delta mt - \frac{1}{4}\Delta\Gamma t\right) \pm \exp\left(\frac{i}{2}\Delta mt + \frac{1}{4}\Delta\Gamma t\right) \right],$$

$$= \frac{1}{4} \exp(-\Gamma t) \left[ \exp\left(-\frac{1}{2}\Delta\Gamma t\right) \pm \exp(i\Delta mt) \pm \exp(-i\Delta mt) + \exp\left(\frac{1}{2}\Delta\Gamma t\right) \right],$$

$$= \frac{1}{2} \exp(-\Gamma t) \left[ \cosh\left(\frac{1}{2}\Delta\Gamma t\right) \pm \cos(\Delta mt) \right],$$

$$(49)$$

and

$$g_{+}^{*}(t)g_{-}(t) = \frac{1}{4}\exp(-\Gamma t)\left[\exp\left(\frac{i}{2}\Delta mt - \frac{1}{4}\Delta\Gamma t\right) + \exp\left(\frac{-i}{2}\Delta mt + \frac{1}{4}\Delta\Gamma t\right)\right]$$

$$\left[\exp\left(\frac{-i}{2}\Delta mt - \frac{1}{4}\Delta\Gamma t\right) - \exp\left(\frac{i}{2}\Delta mt + \frac{1}{4}\Delta\Gamma t\right)\right],$$

$$= \frac{1}{4}\exp(-\Gamma t)\left[\exp\left(-\frac{1}{2}\Delta\Gamma t\right) - \exp\left(i\Delta mt\right) + \exp(-i\Delta mt) - \exp\left(\frac{1}{2}\Delta\Gamma t\right)\right],$$

$$= \frac{1}{2}\exp(-\Gamma t)\left[-\sinh\left(\frac{1}{2}\Delta\Gamma t\right) - i\sin(\Delta mt)\right],$$

$$(53)$$

then

$$|A_{f,k}(t)|^{2} = \frac{1}{2} \exp(-\Gamma t) \left[ \left( \cosh\left(\frac{1}{2}\Delta\Gamma t\right) + \cos(\Delta m t) \right) |A_{f,k}(0)|^{2} \right]$$

$$+ \left| \frac{q}{p} \right|^{2k} \left( \cosh\left(\frac{1}{2}\Delta\Gamma t\right) - \cos(\Delta m t) \right) |A_{f,-k}(0)|^{2}$$

$$+ 2\operatorname{Re}\left( \left(\frac{q}{p}\right)^{k} \left( -\sinh\left(\frac{1}{2}\Delta\Gamma t\right) - i\sin(\Delta m t) \right) A_{f,k}^{*}(0) A_{f,-k}(0) \right) \right],$$

$$= \frac{1}{2} \exp(-\Gamma t) \left[ \left( |A_{f,k}(0)|^{2} + \left| \frac{q}{p} \right|^{2k} |A_{f,-k}(0)|^{2} \right) \cosh\left(\frac{1}{2}\Delta\Gamma t\right)$$

$$+ \left( |A_{f,k}(0)|^{2} - \left| \frac{q}{p} \right|^{2k} |A_{f,-k}(0)|^{2} \right) \cos(\Delta m t)$$

$$- 2\operatorname{Re}\left( \left(\frac{q}{p}\right)^{k} A_{f,k}^{*}(0) A_{f,-k}(0) \right) \sinh\left(\frac{1}{2}\Delta\Gamma t\right)$$

$$+ 2\operatorname{Im}\left( \left(\frac{q}{p}\right)^{k} A_{f,k}^{*}(0) A_{f,-k}(0) \right) \sin(\Delta m t)$$

$$(50)$$