

NFL 2013-2023 REGULAR SEASON SPREAD ANALYSIS





FAVORITES, UNDERDOGS, COVERS

In NFL sports betting, these concepts are key:

1. **Favorite:** The team expected to win the game. This team usually has better odds and is more likely to be favored by bettors and analysts.
2. **Underdog:** The team expected to lose the game. This team has less favorable odds and is less likely to be favored by bettors and analysts.
3. **Spread (Point Spread):** A handicap set by oddsmakers to level the playing field between the favorite and the underdog. The favorite must win by more than a certain number of points (the spread) for a bet on them to win. Conversely, the underdog can lose by fewer points than the spread or win outright for a bet on them to win.

For example, if the spread is -7 for the favorite, they must win by more than 7 points. If the underdog's spread is +7, they can either win the game or lose by less than 7 points for a bet on them to win.



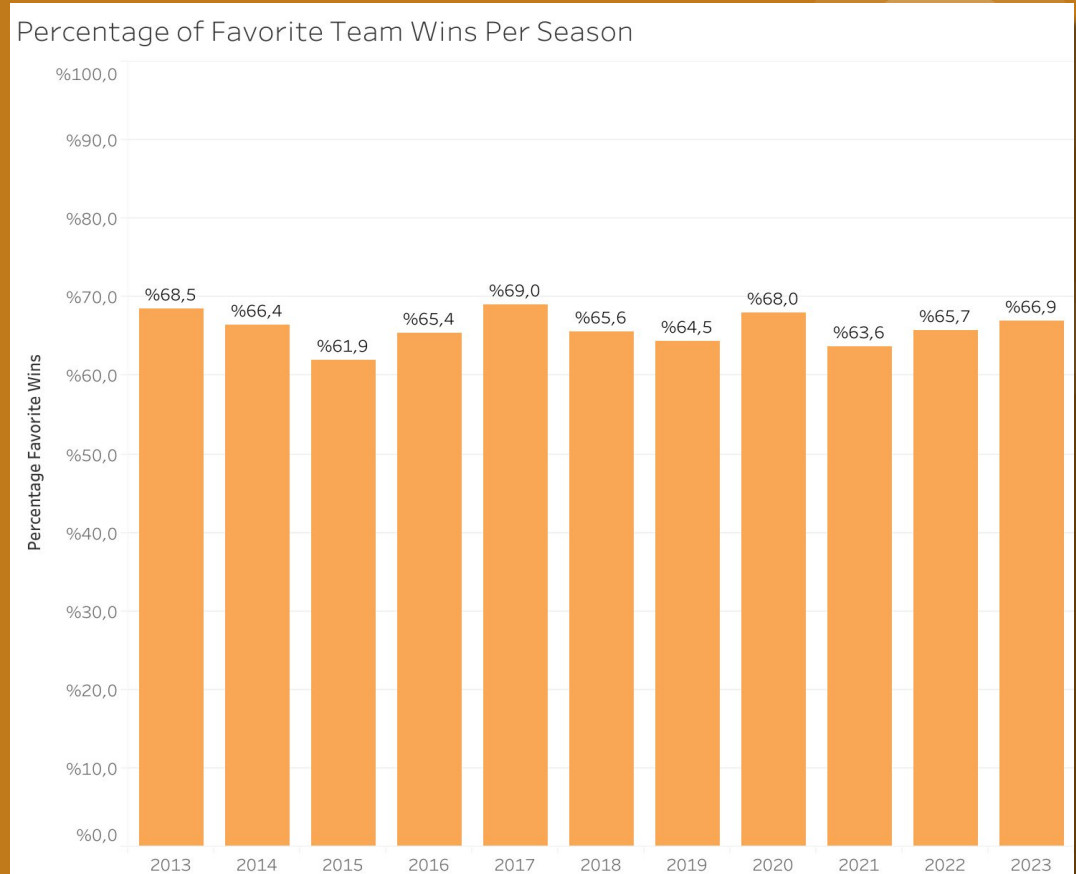
**How did the Favorite
teams fair?**



Total Games vs Favorite Wins, 2013-2023 NFL SEASONS

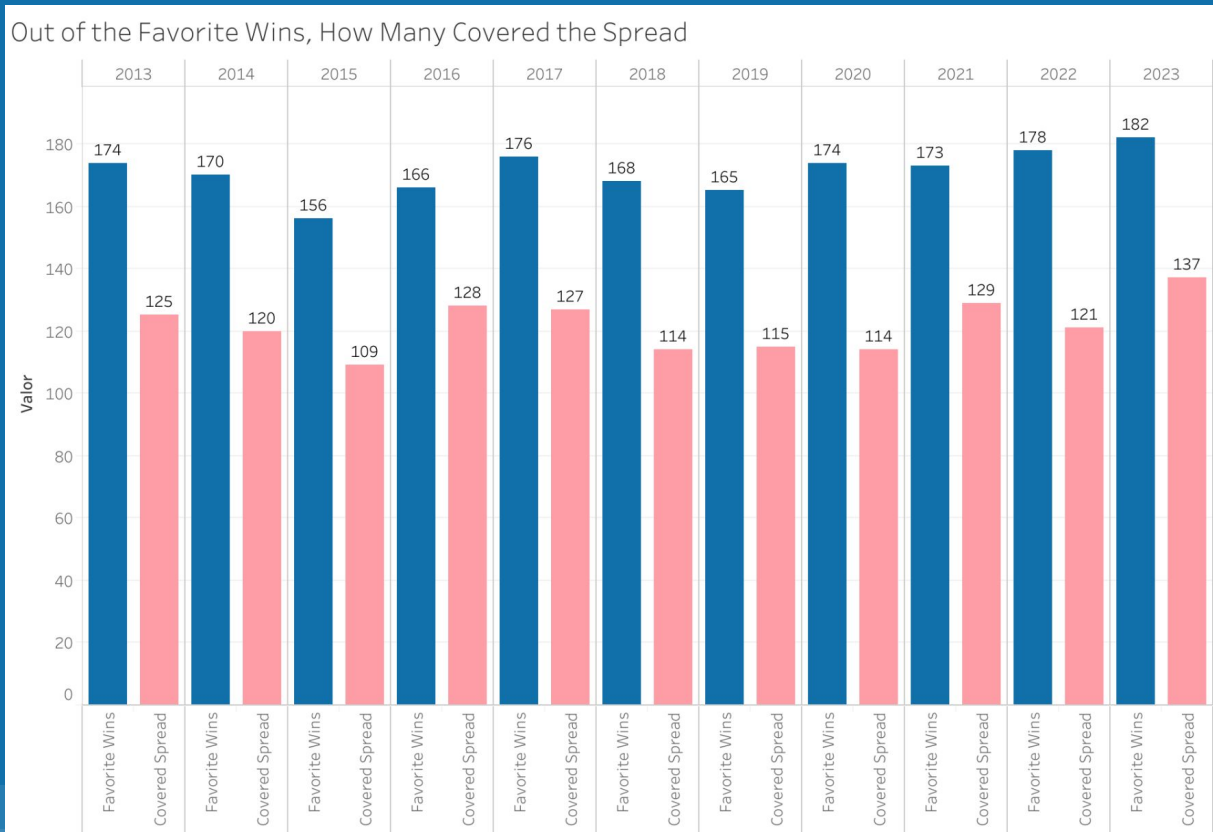


In percentage

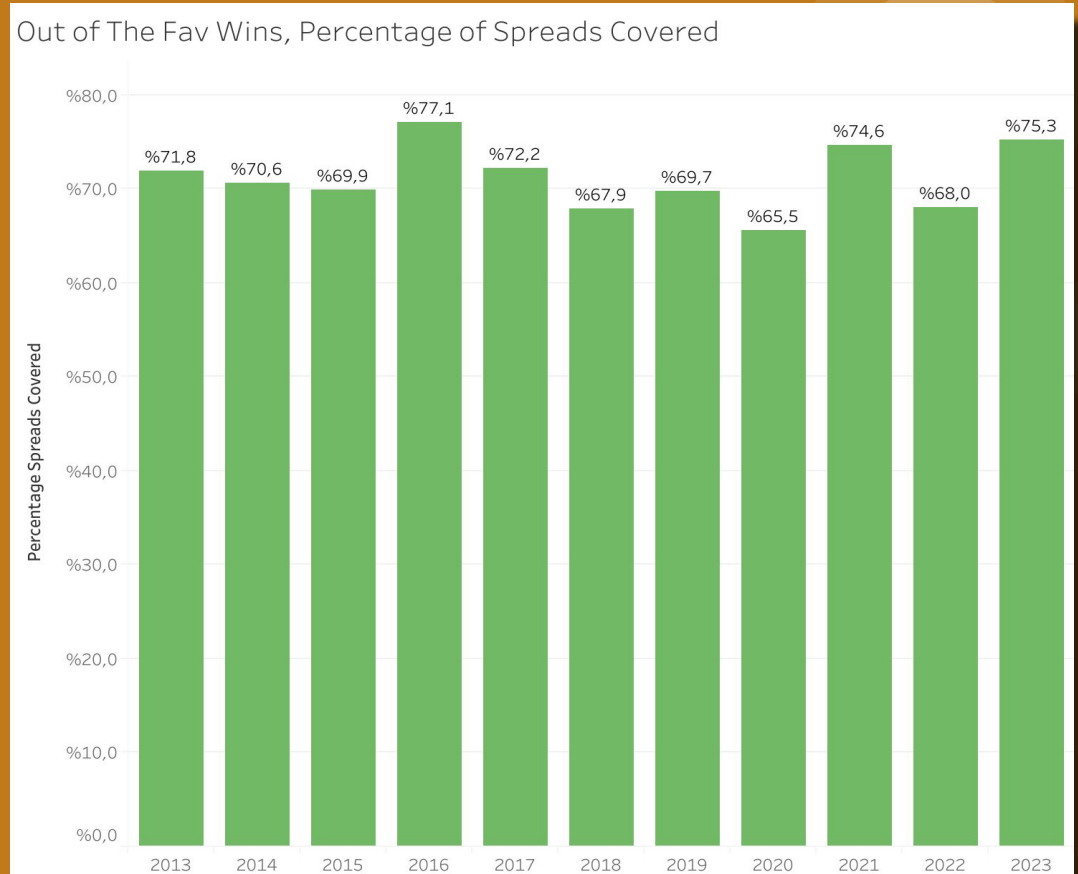


Now

Out of the favorite victories, how many of them **covered** the line spread?



In percentage



This means

Based on the last 11 seasons, if
you bet for a favorite you have a

65.9%

chance of actually winning your
bet

And out of every game the
favorite won

71.2%

of the games the line was
covered

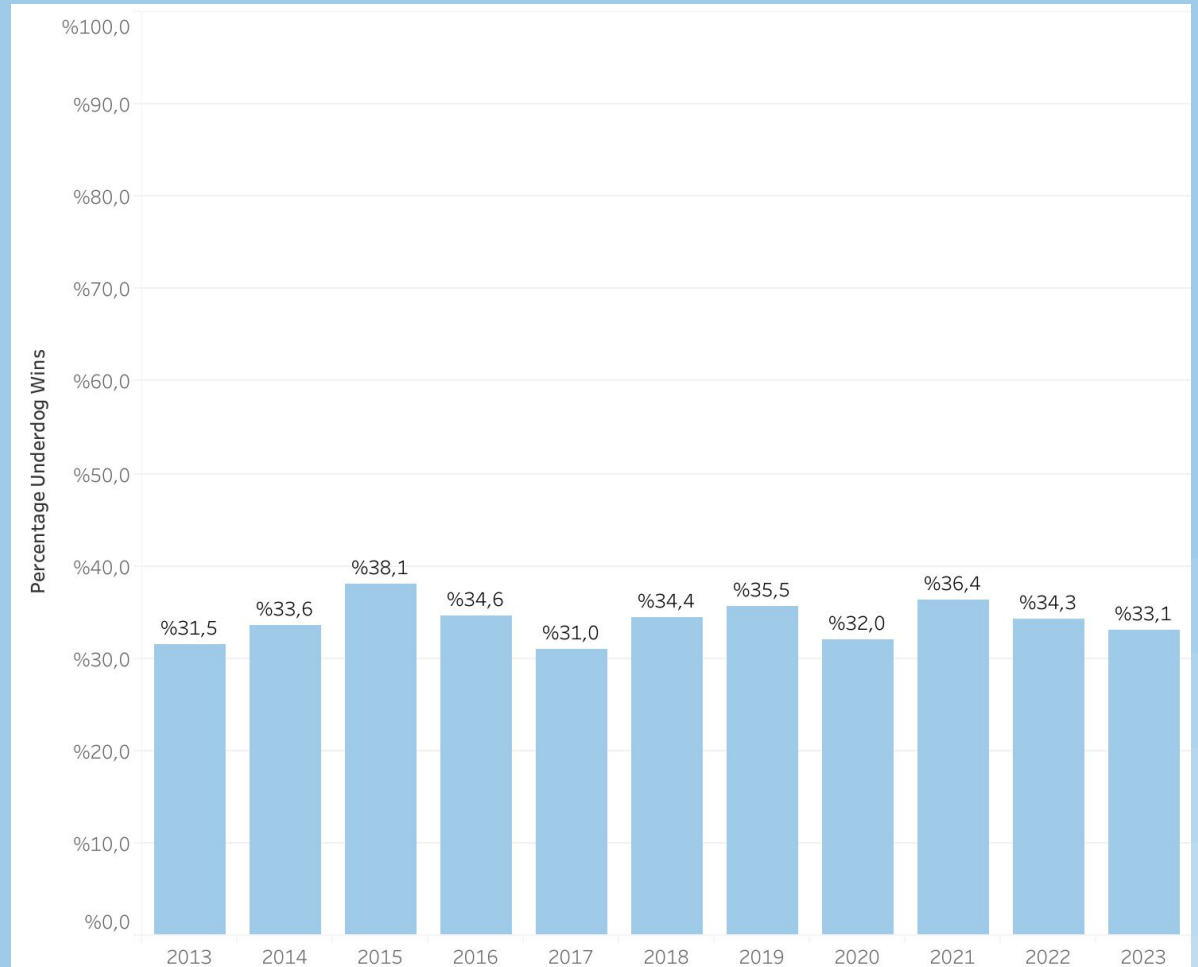




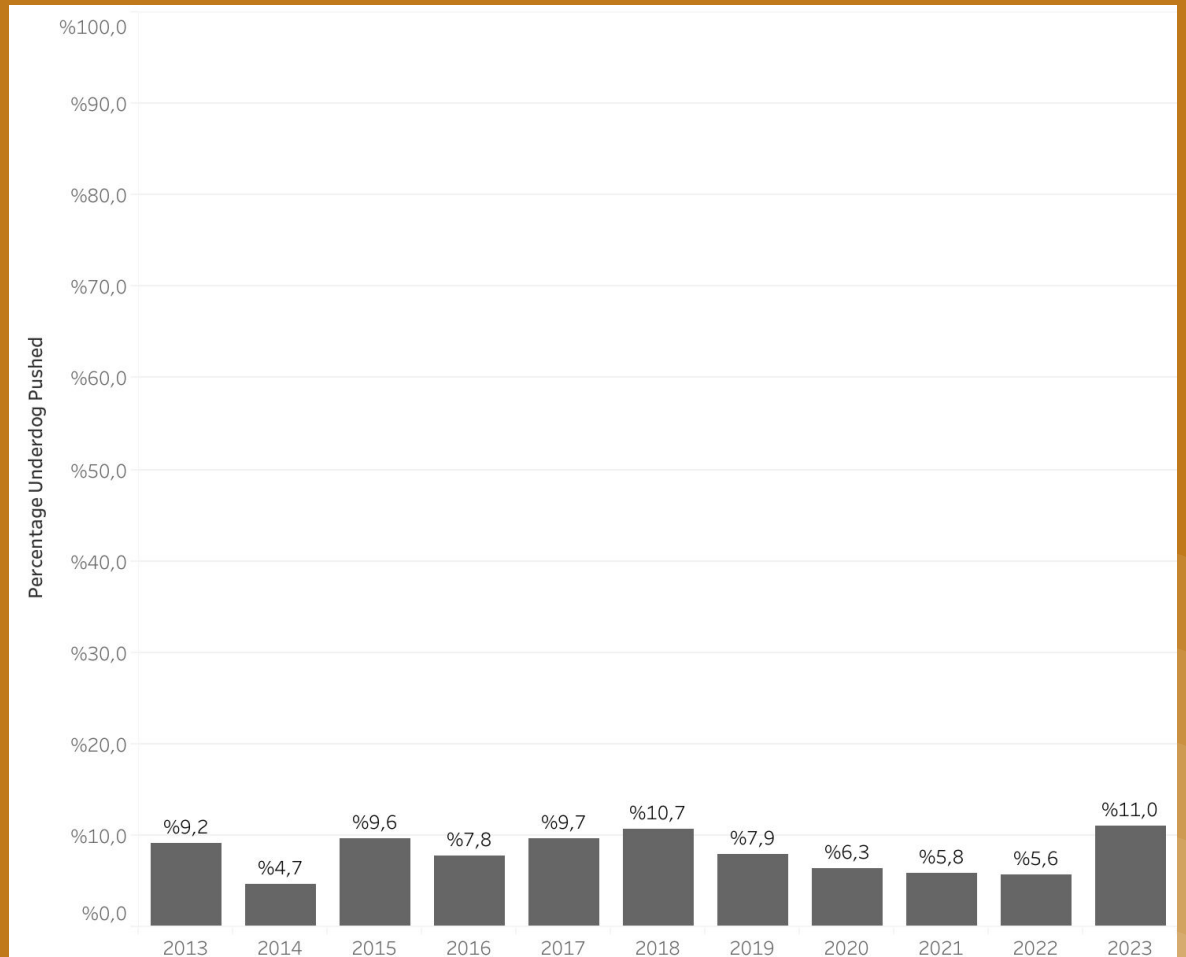
**Now let's take a look at
the underdogs**



The percentage of **underdog wins**
over the last 11 seasons



The percentage of underdogs losing
but **covering the line**



This means

Based on the last 11 seasons, if
you bet for an underdog, you
have

34.05%

chance of the underdogs winning
out right

But if you bet for them to cover
the line, if they you just have

8.03%

chance of the underdog covering
the line



So... what did we learn?

Picking the favorite?

Bet the point line: If you are going to bet on a favored team and are confident in your pick, bet the point spread. Data shows that 7 out of 10 times when the favorite wins, they cover the spread.

Picking the underdog?

Bet the moneyline: if your gut or analysis tells you to pick the underdog, go for the win. The underdog barely covers the spread when they lose. It is 4.25 times more probable for the underdog to win than to lose and cover the line.