

Your settlement plan

Based on your answers, this information can help make your transition to life in Canada easier.

Instructions

Welcome to your personalized settlement plan. This will help you get the best possible start on your new life in Canada.

For convenience, the plan is broken down into checklists for before you leave, crossing the border, and your first few weeks, as well as other personalized information by topic, such as Money, Connecting, and Culture. If you prefer you can also **[view the entire plan on a single page. \(PV0009\)](#)**

Print (PR0009) or **email (EA0001)** your plan so that you have a copy. If you leave this settlement plan inactive for more than 20 minutes, you won't be able to come back to your answers and will need to start again.

Your profile

Below are your answers to the Living in Canada questionnaire. You should make sure they accurately reflect your situation. If any answer is wrong, you can use the back button to make changes. Any time you make changes to your profile, your settlement plan will be updated.

Make sure you print or email yourself this plan so that you can refer to it later.

You have identified yourself as:

- from BRAZIL
- still waiting on application status
- not yet in Canada
- moving to Saskatchewan
- having a child under 18 living with you

Your needs include:

- finding a job

Before you leave

- Learn about **life in Canada (<http://www.cic.gc.ca/english/newcomers/before-canada.asp>)** and about the **rights and responsibilities (<http://www.cic.gc.ca/english/newcomers/before-rights.asp>)** of residents in Canada.
- **Gather all of your important documents. (<http://www.cic.gc.ca/english/newcomers/before-border.asp>)** Consider having them translated into English or French before you arrive. You will need these documents to enter Canada, to get identification papers, or to work and go to school.
- Gather together any documents that will help Canadian teachers learn about your child's education level, such as report cards.
- You may not be able to get taxpayer-funded health insurance coverage right away. **Buy private health insurance for that time. (<http://www.cic.gc.ca/english/newcomers/after-health.asp>)**
- Plan where you will stay during your first days in Canada. If you need temporary housing make arrangements to stay with family or friends or book a hotel in a central location.
- Canada is a large country with many places to live, each with its own weather, culture, services and more. **Choose a city or town that's right for you. (<http://www.cic.gc.ca/english/newcomers/before-city.asp>)**
- Consider starting the process of **getting your education and work credentials recognized in Canada. (<http://www.credentials.gc.ca/recognition/how/assessment.asp#create>)**
- Use the **Planning to work in Canada? workbook (<http://www.credentials.gc.ca/immigrants/workbook/index.asp>)** to gather information about living and working in Canada.

- Use the **Working in Canada tool** (<http://www.cic.gc.ca/english/newcomers/work/wic-tool.asp>) to get a report with information about the job you are interested in. Find out if it is regulated or unregulated.



Crossing the border

You can prepare to cross the border into Canada by making sure that you understand all of the steps that are involved, and that you have all of the important documents that you and your family will need.

At the border you will need to present: a valid passport or other travel document for yourself and each family member traveling with you. **Find out if you also need a Temporary Resident Visa to enter Canada.** (<http://www.cic.gc.ca/english/visit/visas.asp>)

- You will also need to complete a **declaration of goods form** (<http://www.cbsa.gc.ca/travel-voyage/ifcrrc-rpcrc-eng.html#card>) listing of all the personal or household items you are bringing with you.
- **You will have two border crossing interviews.** (<http://www.cic.gc.ca/english/newcomers/before-border-interview.asp>) Be prepared to talk about your official documents and what you're bringing to Canada with you.
- Make sure you **know what you can and cannot bring into Canada.** (<http://www.cic.gc.ca/english/newcomers/before-goods-what.asp>)
- If you are bringing CAN\$10,000 or more (or the equivalent in foreign currency), **you must report it to the CBSA** (<http://www.cbsa-asfc.gc.ca/publications/pub/bsf5052-eng.html>).



Culture, laws, rights

As a new immigrant to Canada it is important to know about Canada's history, the land, climate, people, government, and laws and justice. You should understand both the rights and responsibilities of the people who live here.

Find out about life in Canada before you leave.

Resources

- **Get to know Canada, its weather, culture, and laws** (<http://www.cic.gc.ca/english/newcomers/before-canada.asp>)
- **Understand how to adjust and adapt to a new culture and country** (<http://www.cic.gc.ca/english/newcomers/after-life.asp>)
- **Know your rights as a temporary worker in Canada** (<http://www.cic.gc.ca/english/work/tfw-rights.asp>)
- **Welcome to Canada: What you should know** (<http://www.cic.gc.ca/english/resources/publications/welcome/index.asp>)
- **Read the guidebook to becoming a Canadian citizen** (<http://www.cic.gc.ca/english/resources/publications/discover/index.asp>)
- **Learn more about living in Saskatchewan** (<http://www.saskimmigrationcanada.ca/>)



Housing

Make sure you arrange for a place to stay before you leave for Canada. If you do not have family or friends you can stay with, search online for hotels, motels or hostels in the city where you will be living.

A number of resources exist to help you learn more - before you arrive - about finding temporary accommodation, as well as how to rent or buy a home in Canada.

Resources

- **Choose the city or town where you will live** (<http://www.cic.gc.ca/english/newcomers/before-city.asp>)
- **Understand how much it costs to live here** (<http://www.cic.gc.ca/english/newcomers/before-cost.asp>)
- **Learn more about what francophone communities have to offer** (<http://www.cic.gc.ca/english>)

[/newcomers/francophone/index.asp](#)

- **[Decide whether you should rent or buy a home \(http://www.cmhc.ca/ourhome/\)](http://www.cmhc.ca/ourhome/)**

Working

Getting a job that matches your qualifications and interests can be a challenge. You may need to learn new job search skills, create a new group of contacts and find out what Canadian employers want.

You may need to have your foreign credentials recognized so that you can be certified, licensed or registered to work in a regulated occupation.

You should begin this process before you arrive.

Resources

- **[How to apply for a Social Insurance Number so that you can work and get access to government services \(http://www.servicecanada.gc.ca/eng/sc/sin/index.shtml\)](http://www.servicecanada.gc.ca/eng/sc/sin/index.shtml)**
- **[Planning to work in Canada? An essential workbook for newcomers \(http://www.credentials.gc.ca/immigrants/workbook/index.asp\)](http://www.credentials.gc.ca/immigrants/workbook/index.asp)**
- **[Learn what you can do to prepare for working in Canada \(http://www.credentials.gc.ca/jobs/preparing-to-work.asp\)](http://www.credentials.gc.ca/jobs/preparing-to-work.asp)**
- **[Consider looking for a job outside your occupation if you can't find work \(http://www.credentials.gc.ca/recognition/how/alternative-jobs.asp\)](http://www.credentials.gc.ca/recognition/how/alternative-jobs.asp)**
- **[Find out if your occupation is regulated or unregulated. You may need to get your credentials recognized to find work \(http://www.credentials.gc.ca/recognition/why/licensing-requirements-regulated.asp\)](http://www.credentials.gc.ca/recognition/why/licensing-requirements-regulated.asp)**
- **[Use the Working in Canada Tool to get information on the Canadian job market \(http://www.cic.gc.ca/english/newcomers/work/wic-tool.asp\)](http://www.cic.gc.ca/english/newcomers/work/wic-tool.asp)**

Identification

Social Insurance Number: This is a nine-digit number that is needed to work in Canada or receive government benefits.

Provincial/territorial health insurance card: This card gives you access to Canada's taxpayer-funded healthcare system.

You should apply for these documents as soon as possible after you arrive in Canada.

Resources

- **[Know what identification you should carry when you are traveling outside of Canada \(http://www.cic.gc.ca/english/newcomers/after-life-id.asp\)](http://www.cic.gc.ca/english/newcomers/after-life-id.asp)**
- **[Find out how to apply for a Social Insurance Number so that you can work and get access to government services \(http://www.servicecanada.gc.ca/eng/sc/sin/index.shtml\)](http://www.servicecanada.gc.ca/eng/sc/sin/index.shtml)**
- **[Learn more about health care in Canada and find out how to apply for a health insurance card from your province or territory \(http://www.cic.gc.ca/english/newcomers/after-health.asp\)](http://www.cic.gc.ca/english/newcomers/after-health.asp)**

Health

Canada's health insurance system is tax-payer funded and designed to ensure that all residents of Canada have access to health care. To access health care under this system you must have a health card issued by the government of the province or territory where you live.

Use these links to find more information on health coverage and services in Canada.

Resources

- **[Learn more about health care in Canada and find out how to apply for a health insurance card from your province or territory \(http://www.cic.gc.ca/english/newcomers/after-health.asp\)](http://www.cic.gc.ca/english/newcomers/after-health.asp)**
- **[Understand why finding a doctor and a dentist is important to your overall health \(http://www.cic.gc.ca/english/newcomers/after-health-doctor.asp\)](http://www.cic.gc.ca/english/newcomers/after-health-doctor.asp)**

- **Find out how to get immunizations free of charge for children (<http://www.cic.gc.ca/english/newcomers/after-health-immunization.asp>)**



Family

There are programs and services for children, adults and seniors to meet the needs and interests of all family members. Think about the different needs that your family might have.

All children and youth in Canada have access to taxpayer-funded elementary and secondary education at public schools. There are also private elementary and secondary schools that charge tuition fees.

If you are enrolling your children in a Canadian school for the first time, the school or school board may assess them to determine what level they should be placed at and whether they need more support.

Resources

- **Help your children become educated by being aware of how education in Canada works (<http://www.cic.gc.ca/english/newcomers/after-education.asp>)**
- **Learn how to choose a school for your child (<http://www.cic.gc.ca/english/newcomers/after-education-choose.asp>)**
- **Learn about getting married in Canada (<http://www.servicecanada.gc.ca/eng/lifeevents/marriage.shtml>)**
- **Learn about having a baby in Canada (<http://www.servicecanada.gc.ca/eng/lifeevents/baby.shtml>)**
- **Learn about raising a family in Canada (<http://www.servicecanada.gc.ca/eng/lifeevents/family/index.shtml>)**
- **Understand the laws that may apply to your family (<http://www.cic.gc.ca/english/newcomers/before-laws.asp>)**
- **Apply for the Canada Child Tax Benefit, a tax-free monthly payment made to eligible families to help them with the cost of raising children under age 18 (<http://www.servicecanada.gc.ca/eng/goc/cctb.shtml>)**



Money

The cost of living varies greatly in Canada, depending on the province or territory where you live. Cost also varies between big cities and rural areas. It is usually less expensive to live in a smaller city or town.

Opening a bank account should be done as soon as possible after you arrive in Canada.

Use these links to learn more about money and finances in Canada (e.g., credit and loans, taxation).

Resources

- **Understand how much it costs to live here (<http://www.cic.gc.ca/english/newcomers/before-cost.asp>)**
- **Learn what household expenses you can expect to have (<http://www.cic.gc.ca/english/newcomers/before-cost-household.asp>)**
- **Learn more about money and banking (<http://www.cic.gc.ca/english/newcomers/after-money.asp>)**
- **Learn how to manage the debt you might have (<http://www.servicecanada.gc.ca/eng/lifeevents/debt.shtml>)**



Connecting

Connecting with others in your new community is an important step in the settlement process. Making new friends and contacts will help you feel at home in Canada and help you advance your professional goals by creating a network of people that can support you in your search for work. There are many different ways in which you can connect with others in your new city or town.

Resources

- **Find out how volunteering in Canada can help you find a job or expand your social network**

(<http://www.credentials.gc.ca/jobs/what-you-can-do/volunteer.asp>)

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