

# Excercise: STAR Technique

Let's dissect an answer that uses the STAR technique!

We'll cover the following



- Practice

## Practice #

Which of the four parts of STAR is missing from this answer and how does this missing part negatively affect the answer's overall strength?

**Question:** Give me an example of a time you did something wrong. How did you handle it?

**Answer:** During my junior and senior years of college, I worked at a Poké place that was run by a couple. I worked as a dishwasher, chopper, custodian, and general cleaner. The store was very small, so the three of us were the only ones working. One especially busy day, I was tasked with making a Poké bowl for a customer. Making a Poké bowl is super simple, but today was very busy and making a bowl (on top of my other responsibilities) made things quite stressful. Since I was so busy, I rushed with making the bowl and finished it quickly. When I was walking back to the kitchen, however, I hit the bowl and it flew onto the ground. The bowl was ruined and I had to remake the bowl.

 Answer

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Now that you have spent time preparing, let's gain some insight from other disciplines.