

# Email: Message Format

Let's study the exact format of an email message!

## We'll cover the following ^

- Introduction
  - Header Lines
  - Message Body
- Exercise: View Raw Emails

## Introduction #

Email messages have a format the same way that HTTP request and response messages do. Let's dive right into it.

## Header Lines #

Email messages start with header lines, much akin to HTTP. The header lines contain important metadata about the email.

- The header lines consist of keywords followed by a colon, followed by a value.
- Every header line is separated by a new line with a carriage return ( `\r` ).
- Every header must have the `To:` and `From:` header lines.
- The rest of the headers, including the `subject:` header line, are optional.

## Message Body #

The message body of the email follows the header lines after a blank line.

Here is an example of what an email message looks like:

```
from: user@gmail.com
to: anotherUser@gmail.com
subject: Network Fundamentals
```

Header Lines

## Exercise: View Raw Emails #

Open up your favorite email agent. Google search “view headers with *name of agent*.” For example, I could Google “view headers with Gmail.” Here are some instructions for common clients:

1. [Gmail](#)
2. [Outlook](#)
3. [Yahoo!](#)

Once you have the instructions, study the headers. Can you figure out what each does? For your reference, here is a sample of email headers. Note that they are a bit simplified for your ease.

```
Delivered-To: user@gmail.com
Date: Thu, 16 May 2019 03:36:28 +0000 (UTC)
From: Fahim from Educative <fahim+newsletter@educative.io>
Mime-Version: 1.0
Reply-to: fahim@educative.io
Subject: Data analysis with R
To: user@gmail.com
```

```
Content-Transfer-Encoding: quoted-printable
Content-Type: text/plain; charset=UTF-8
Mime-Version: 1.0
```

Hey User,

With the way technology is evolving, more and more data is being produced and tracked every day. And because of that, the skills to work with that data, to make sense of it and turn into useful insight, are more in-demand than ever before.

If recent trends are anything to go by, in the future the ability to work with large quantities of data won't be the field of just data scientists.

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nd of like using a word processor.

For years, R has been at the forefront of the data science revolution. It=  
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Learn R from Scratch [https://www.educative.io/collection/6151088528949248/5=357220915052544?utm\\_source=3Dsendgrid&utm\\_medium=3Demail&utm\\_campaign=3Dlearn-r-from-scratch&utm\\_content=3D](https://www.educative.io/collection/6151088528949248/5=357220915052544?utm_source=3Dsendgrid&utm_medium=3Demail&utm_campaign=3Dlearn-r-from-scratch&utm_content=3D) is designed to get you up to speed writin  
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code in R as quickly as possible. You'll start with the very basics and w  
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rk your way up to advanced concepts like exception handling. By the time y  
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u're done, you'll be able to write detailed, useful code in R yourself.

Get started with R, stay on top of the data science craze, and solve real-  
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orld problems with data.

Happy learning!

-- Fahim

CEO & co-founder, [educative.io](https://www.educative.io)=20

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**Note** the headers are from a **received email** and not the headers when it was sent, which is what we discussed initially. So, the **Delivered-To** header is derived from the **To:** header in the originally sent email. The SMTP or the POP server probably make this transformation. More likely the SMTP server.

If you wish to study each of these headers and the format in detail, have a look at [RFC5322](#).

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Why is SMTP not used for transferring emails from the recipient's mail server to the recipient's user agent?

- ☐ A) SMTP is a **push** protocol whereas the task of transferring email messages from the recipient's mail server to the recipient's personal computer is a **pull** operation.
- ☐ B) SMTP is a **pull** protocol, whereas the task of transferring email messages from the recipient's mail server to the recipient's personal computer is a **push** operation.
- ☐ C) SMTP is a **push** protocol whereas the task of transferring email messages to the recipient's mail server from the recipient's personal computer is a **pull** operation.
- ☐ D) SMTP is a **pull** protocol whereas the task of transferring email messages to the recipient's mail server from the recipient's personal computer is a **push** operation.

COMPLETED 0%

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Now that we have a good idea of email, let's move on to the directory of the web: DNS.

