HealthHub

The app that makes health and fitness fun and easy.

Email
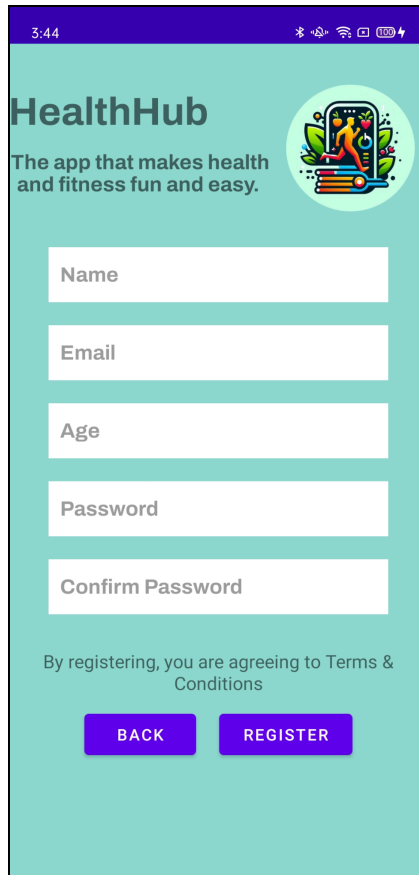
Password

Forgot Password?

LOGIN   G LOGIN

New user?   REGISTER

Login Page

HealthHub

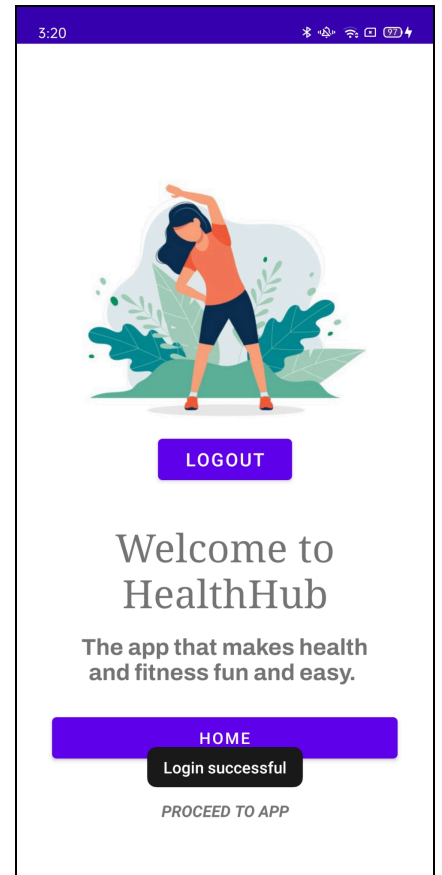**The app that makes health and fitness fun and easy.**

Name

Email

Age

Password

Confirm Password

By registering, you are agreeing to Terms & Conditions

BACK   REGISTER

Registration Page

LOGOUT

Welcome to HealthHub

The app that makes health and fitness fun and easy.

HOME

Login successful

PROCEED TO APP

Login Successful

HealthHub

Click to update steps

Active hours

Weight

Sleep

Home page

HealthHub

102

goal: 5000

START EXERCISE

Steps tracking Page

HealthHub

Step Count: 102

Active hours

Weight

Sleep

Home page Updated

Screen 1

HealthHub 🏠

Walking

NEW   ADDING

00:04

Distance: 0.0 km   Steps: 0

START   END

PAUSE

Starting exercise

Screen 2

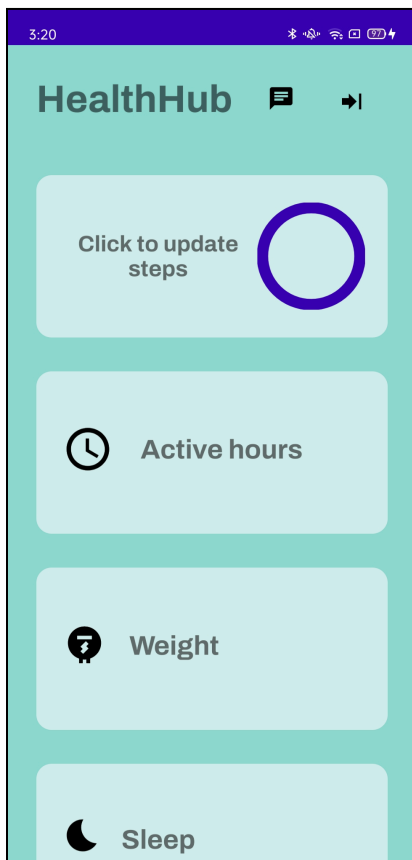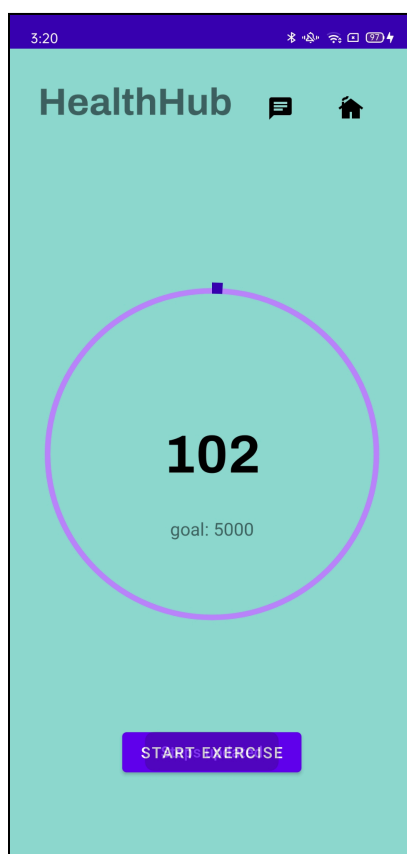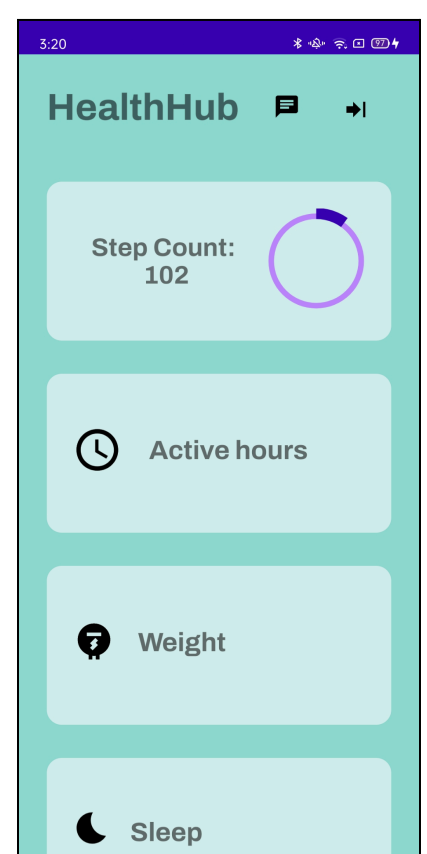**HealthHub** 🏠

Walking

NEW   ADDING

3   30

Exercise: Walking
Duration: 30 minutes
Distance: 3 km
Calories burnt: 150
Steps taken: 3936

Screen 3

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Water

3

ADD

Note:
1. Only enter numeric values.
2. Weight is calculated in Kgs.
3. Water is measured in Litres.
4. Sleep is measured in

Water 3 L

Screen 4

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LOSE BELLY FAT IN 7 DAYS

LOSE BELLY FAT IN 7 ... ▶

Daily योग | 20 Mins of Yoga at Home

Daily योग / Yoga - Gh... ▶

20 Min Fat Burning Workout

Screen 5

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Achievement of daily steps

Steps   1000 🏆

Achievement of daily Workout

Active Minutes   30 mins 🏆

Note: Dark teal means Locked

The app th... health and fitness fun and easy.

Achievements

Screen 6

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how can I be fit in 2-3 lines

ASK

* Engage in regular physical activity, incorporating cardio, strength training, and flexibility exercises into your routine.
* Maintain a balanced diet rich in fruits, vegetables, whole grains, and lean protein sources.
* Get adequate sleep, as it supports recovery