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Machine learning – Block 7c

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Autumn 2025

- Diffusion Models
 - Core Idea
 - Forward Process (Encoder)
 - Reverse Process (Decoder)
 - Training
 - Summary
 - Conditional Diffusion Models



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Diffusion Models

- **Diffusion Models**

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- A new class of deep probabilistic generative models



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- A new class of deep probabilistic generative models
- State-of-the-art for image generation



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- A new class of deep probabilistic generative models
- State-of-the-art for image generation
- Reading: Bishop & Bishop, Chapter 20.



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- A new class of deep probabilistic generative models
- State-of-the-art for image generation
- Reading: Bishop & Bishop, Chapter 20.
- Closely related to variational autoencoders



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- (Deep) latent variable models:
 - Variational Autoencoders (VAEs)
 - **Diffusion Models**
- All transform a simple (latent) distribution into complex data



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- (Deep) latent variable models:
 - Variational Autoencoders (VAEs)
 - **Diffusion Models**
- All transform a simple (latent) distribution into complex data
- **Main difference**: how this transformation is learned



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Why Diffusion Models?

- **Diffusion Models**

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- Stable training
- Excellent sample quality
- Main drawback: **slow sampling**

Demo: DALL·E 3: <https://openai.com/dall-e-3>



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High-Level Idea

- Two processes:
 1. **Forward process:** gradually add noise to data
 2. **Reverse process:** learn to remove noise

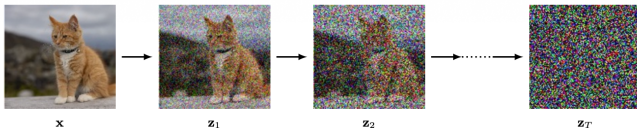


Figure: Figure 20.1 from Bishop & Bishop (2024).



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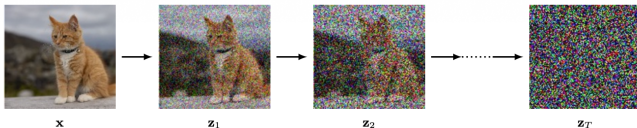


Figure: Figure 20.1 from Bishop & Bishop (2024).

- Generation starts from pure noise
- Data is generated by iteratively denoising



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- Diffusion models can be viewed as hierarchical VAEs
- Key differences:
 - Encoder is **fixed** (noise process)



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Diffusion Models and VAEs

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- Diffusion models can be viewed as hierarchical VAEs
- Key differences:
 - Encoder is **fixed** (noise process)
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- Diffusion models can be viewed as hierarchical VAEs
- Key differences:
 - Encoder is **fixed** (noise process)
 - Decoder is learned (denoising network)
 - Many latent variables instead of a few



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Forward Diffusion Process

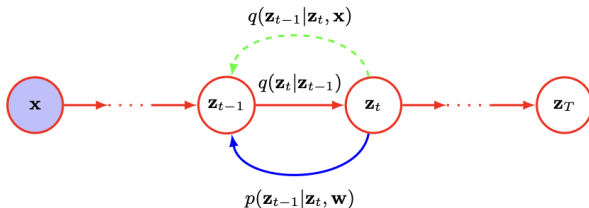


Figure: Figure 20.2 from Bishop & Bishop (2024).

- Start with data point \mathbf{x}
- Add small Gaussian noise repeatedly
- After many steps: result is Gaussian noise



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For $t = 1, \dots, T$:

$$z_t = \sqrt{1 - \beta_t} z_{t-1} + \sqrt{\beta_t} \varepsilon_t, \quad \varepsilon_t \sim \mathcal{N}(0, I)$$

- β_t controls noise level
- Noise increases with t
- Defines a Markov chain



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- The forward process defines:

$$q(z_t | z_{t-1}) = \mathcal{N}(\sqrt{1 - \beta_t} z_{t-1}, \beta_t I)$$

- This plays the role of an **encoder**
- Unlike VAEs: encoder is fixed



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Key result:

$$z_t = \sqrt{\alpha_t}x + \sqrt{1 - \alpha_t}\varepsilon, \quad \varepsilon \sim \mathcal{N}(0, I)$$

- $\alpha_t = \prod_{\tau=1}^t (1 - \beta_\tau)$
- Allows direct sampling of z_t from x
- Very important for training



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- As $t \rightarrow T$:

$$z_T \sim \mathcal{N}(0, I)$$

- All information about x is lost
- This distribution is easy to sample from



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Learning the Reverse Process

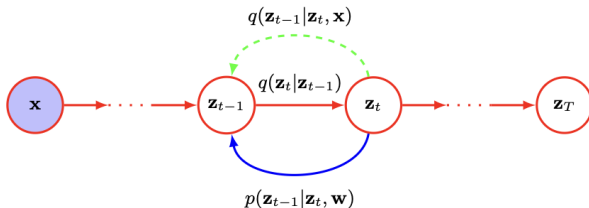


Figure: Figure 20.2 from Bishop & Bishop (2024).

- Goal: reverse the noise process

$$p(\mathbf{z}_{t-1} | \mathbf{z}_t)$$

- Exact reverse distribution is intractable
- We learn an approximation using a neural network



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We model:

$$p(z_{t-1} \mid z_t, w) = \mathcal{N}(\mu(z_t, t), \beta_t I)$$

- Mean predicted by neural network
- Variance often fixed
- Decoder shared across all steps



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1. Sample $z_T \sim \mathcal{N}(0, I)$
2. For $t = T, \dots, 1$:
 - Sample $z_{t-1} \sim p(z_{t-1} | z_t)$
3. Final sample corresponds to data point x



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Sampling from the Model

Algorithm 20.2: Sampling from a denoising diffusion probabilistic model

Input: Trained denoising network $g(\mathbf{z}, \mathbf{w}, t)$

Noise schedule $\{\beta_1, \dots, \beta_T\}$

Output: Sample vector \mathbf{x} in data space

$\mathbf{z}_T \sim \mathcal{N}(\mathbf{z}|\mathbf{0}, \mathbf{I})$ // Sample from final latent space

for $t \in T, \dots, 2$ **do**

$\alpha_t \leftarrow \prod_{\tau=1}^t (1 - \beta_\tau)$ // Calculate alpha

 // Evaluate network output

$\mu(\mathbf{z}_t, \mathbf{w}, t) \leftarrow \frac{1}{\sqrt{1-\beta_t}} \left\{ \mathbf{z}_t - \frac{\beta_t}{\sqrt{1-\alpha_t}} g(\mathbf{z}_t, \mathbf{w}, t) \right\}$

$\epsilon \sim \mathcal{N}(\epsilon|\mathbf{0}, \mathbf{I})$ // Sample a noise vector

$\mathbf{z}_{t-1} \leftarrow \mu(\mathbf{z}_t, \mathbf{w}, t) + \sqrt{\beta_t} \epsilon$ // Add scaled noise

end for

$\mathbf{x} = \frac{1}{\sqrt{1-\beta_1}} \left\{ \mathbf{z}_1 - \frac{\beta_1}{\sqrt{1-\alpha_1}} g(\mathbf{z}_1, \mathbf{w}, 1) \right\}$ // Final denoising step

return \mathbf{x}

Figure: Algorithm 20.2 from Bishop & Bishop (2024).



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Training Objective

- Diffusion Models

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- Exact likelihood is intractable
- Maximize an Evidence Lower Bound (ELBO)
- Very similar to VAE training



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- Reconstruction term
- Consistency terms between forward and reverse processes
- Encoder distribution is fixed
- Only decoder parameters are learned



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Predicting Noise Instead of Data

- Diffusion Models

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Key idea:

- Instead of predicting z_{t-1}
- Predict the noise ε added to x : $g(z_t, t)$



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The loss simplifies to:

$$\mathbb{E}_{x,t,\varepsilon} [\|\varepsilon - g(z_t, t)\|^2]$$

- Simple squared error loss
- Very stable optimization
- Central result of diffusion models



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Training a Denoising diffusion model

Algorithm 20.1: Training a denoising diffusion probabilistic model

Input: Training data $\mathcal{D} = \{\mathbf{x}_n\}$

Noise schedule $\{\beta_1, \dots, \beta_T\}$

Output: Network parameters \mathbf{w}

for $t \in \{1, \dots, T\}$ **do**

$\alpha_t \leftarrow \prod_{\tau=1}^t (1 - \beta_\tau)$ // Calculate alphas from betas

end for

repeat

$\mathbf{x} \sim \mathcal{D}$ // Sample a data point

$t \sim \{1, \dots, T\}$ // Sample a point along the Markov chain

$\epsilon \sim \mathcal{N}(\epsilon|\mathbf{0}, \mathbf{I})$ // Sample a noise vector

$\mathbf{z}_t \leftarrow \sqrt{\alpha_t} \mathbf{x} + \sqrt{1 - \alpha_t} \epsilon$ // Evaluate noisy latent variable

$\mathcal{L}(\mathbf{w}) \leftarrow \|\mathbf{g}(\mathbf{z}_t, \mathbf{w}, t) - \epsilon\|^2$ // Compute loss term

 Take optimizer step

until converged

return \mathbf{w}

Figure: Algorithm 20.1 from Bishop & Bishop (2024).



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	VAE	Diffusion
Encoder	Learned	Fixed
Latent dim.	Low	High
Decoder	One step	Many steps
Training	ELBO	ELBO
Sampling	Fast	Slow



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- So far: unconditional generation
 - Sample images from $p(x)$
- Often we want **conditional generation**
 - Generate images given text
 - Generate images given class labels
- Goal: model $p(x | c)$, where c is conditioning information



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- Let c be a text description
- Text is encoded using a language model

$$c \rightarrow \text{embedding } e(c)$$

- Diffusion model is conditioned on this embedding
- Reverse process becomes:

$$p(z_{t-1} \mid z_t, c)$$



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- Conditioning information is provided to the neural network
- Noise prediction network becomes:

$$g(z_t, t, c)$$

- Intuition:
 - Noise removal is guided by the text
 - Different texts lead to different denoising trajectories
- Used in systems such as:
 - Text-to-image generation
 - Image editing and inpainting



How Conditioning Is Used

- Used in systems such as:
 - Text-to-image generation
 - Image editing and inpainting

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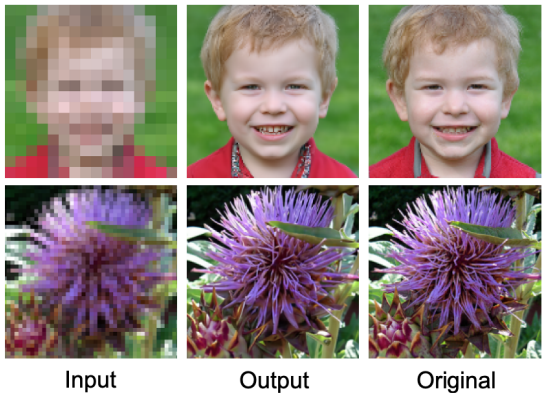


Figure: Figure 20.8 from Bishop & Bishop (2024).



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Diffusion Ideas Beyond Images

- Diffusion models popularized a key idea:
 - Learn complex objects by **iterative denoising**

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- Diffusion models popularized a key idea:
 - Learn complex objects by **iterative denoising**
- **AlphaFold 2** applies a related principle to protein structures:
 - Protein geometry is refined step-by-step
 - Each step reduces uncertainty and inconsistency
- Important distinction:
 - AlphaFold 2 is **not** a Denoising Diffusion Probabilistic Model
 - But it uses a diffusion-*like* denoising process



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- Important distinction:
 - AlphaFold 2 is **not** a Denoising Diffusion Probabilistic Model
 - But it uses a diffusion-*like* denoising process
- New generative biology models now use **explicit diffusion models**
 - Protein backbone generation (Watson et al, 2023)
 - Molecular design (Hoogetboom et al, 2022)



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Key Takeaways

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- Diffusion models are deep probabilistic models
- Closely related to VAEs
- Built around denoising Gaussian noise
- Foundation for modern image generation systems conditional on textual input