

FYS4480/9480, lecture
October 9, 2025

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$$|\Phi_0^{HF}\rangle = |c\rangle$$

$$|c'\rangle = |c\rangle + |\delta c\rangle$$

$$|c'\rangle = \exp\left\{\sum_{a_i} \delta c_a^a a_a^\dagger a_i\right\} |c\rangle$$

$$E_0^{HF} = \langle c | \mathcal{H} | c \rangle$$

$$\frac{\langle c' | \mathcal{H} | c' \rangle}{\langle c' | c' \rangle} \geq \langle c | \mathcal{H} | c \rangle$$

$$\frac{\langle c' | H | c' \rangle}{\langle c' | c' \rangle} \approx E_0^{HF} + \frac{\Delta E}{1 + \underbrace{\sum_{a \neq i} |\delta c_a|^2}_{\downarrow}}$$

$$\Delta E \geq 0$$

$$\begin{aligned} \langle c' | H | c' \rangle &= E_c^{HF} \left(\downarrow \right) \\ &+ \sum_{a \neq i} |\delta c_a|^2 (\epsilon_a^{HF} - \epsilon_c^{HF}) \quad (i) \\ &+ \sum_{\substack{a \neq c \\ i \neq j}} \delta c_a^* \delta c_j \langle a_j | r | i \rangle_{AS} \end{aligned}$$

IP14

$$+ \frac{1}{2} \sum_{\substack{a_i \\ b_j}} \delta c_a^a \delta c_b^b \langle i'j' | v | ab \rangle_{AS}^{(ii)}$$

$$+ \frac{1}{2} \sum_{\substack{a_i \\ b_j}} \delta c_a^{*a} \delta c_b^{*b} \langle ab | v | i'j' \rangle_{AS}^{(ii)}$$

$$\langle 0p0h | H | 2p2h \rangle$$

First one

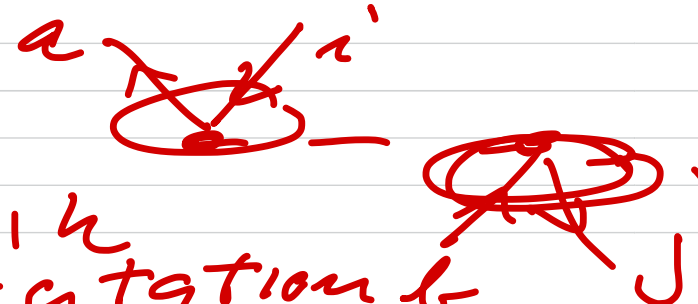
(i)

$$\sum_{\substack{a,b \\ i,j}} \delta C_a^* \delta C_j^b \left\{ \left[\varepsilon_a^{HF} \delta_{ab} \delta_{ij} - \varepsilon_i^{HF} \delta_{ab} \delta_{ij} \right] + \langle a_j | v | i b \rangle_{AS} \right\}$$

$$I = \{ a_i \} \quad \text{ipih excitation}$$

$$J = \{ b_j \} \quad \text{--- L ---}$$

$$\langle \underline{a_j | v | i b} \rangle_{AS} = A_{a_i, b_j'}$$



 ipih excitation b

$$= A_{I,J}$$

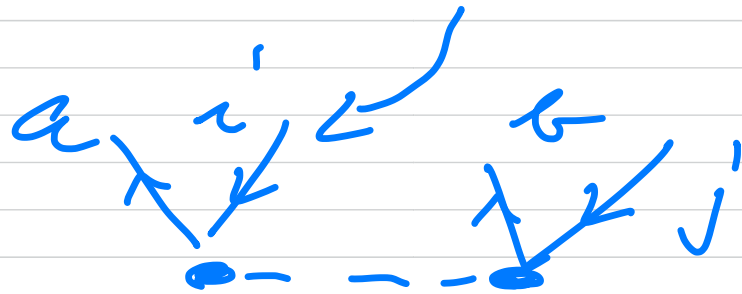
$$\delta C_a^* = \delta C_I^*$$

$$\delta c_j^* = \delta c_j$$

$$\Delta \varepsilon_{IJ} = (\varepsilon_a^{\text{HF}} - \varepsilon_r^{\text{HF}}) \delta a_r \delta_{ij'}$$

$$(ii) \langle ab | v | ij' \rangle_{AS} = B_{IJ}$$

$$= \langle ab | v | ij' \rangle - \langle ba | v | ij' \rangle$$



2p2h exa-
citations

$$(iii) \langle ij | v | ab \rangle_{AS} = B_{IJ}^*$$

$$\Delta E = \sum_{IJ} \delta C_I^* \delta C_J [\delta \varepsilon_{IJ} \delta_{IJ} + A_{IJ}]$$

$$\left(x^T A x = \sum_{i,j} x_i' a_{ij}' x_j' \right)$$

$$+ \sum_{IJ} \delta C_I \delta C_J B_{IJ}^*$$

$$+ \sum_{IJ} \delta C_I^* \delta C_J^* B_{IJ}$$

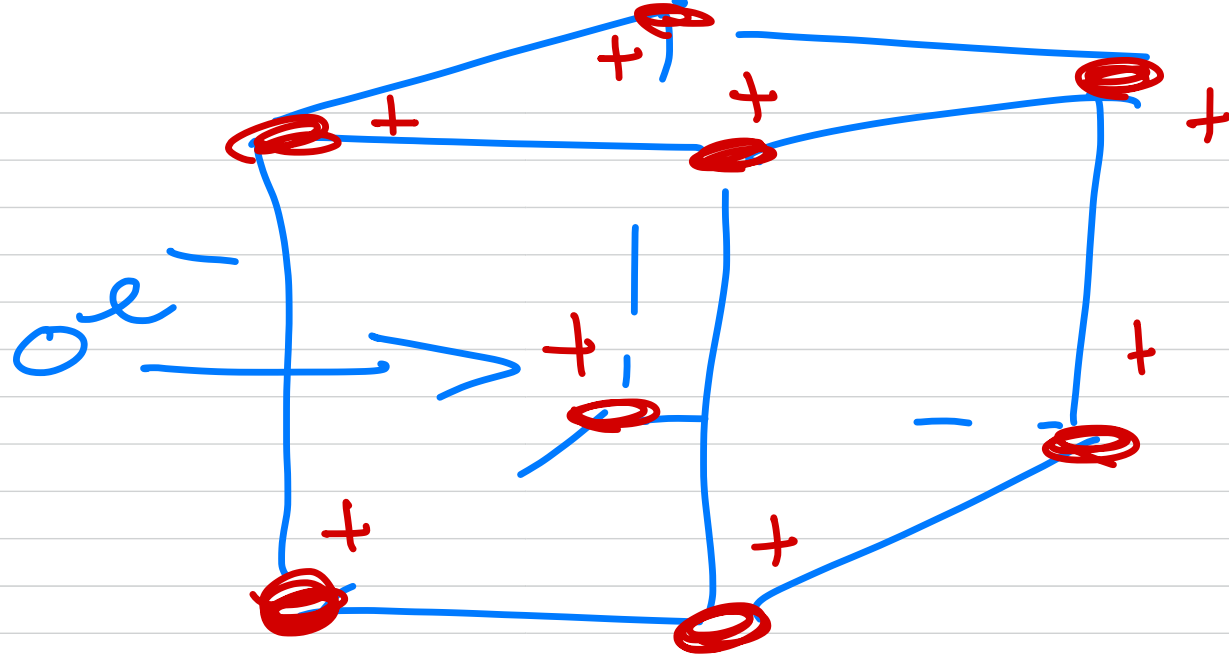
$$\Delta E = \frac{1}{2} \langle x | M | x \rangle, x = \begin{bmatrix} \delta \\ \delta^* \end{bmatrix}$$

$$M = \begin{bmatrix} \Delta E + A & B \\ B^* & \Delta E + A^* \end{bmatrix}$$

$\Delta E > 0$ then M has to be semi-positive definite (eigenvalues $\lambda_i \geq 0$)

A necessary (but not sufficient) condition is that

$$\sum \epsilon_i^{HF} - \epsilon_n^{HF} + \langle a_i | v | i^* a \rangle_{AS} \geq 0$$



Electron gas in 3D.

$$(i) \quad \Sigma_{\Phi}^{HF} = \langle \Phi | \hat{h}_0 | \Phi \rangle + \sum_{J \leq F} \langle \Phi | J | V | J \rangle_{AS-}$$

$$(ii) \quad \langle \Phi_C^{HF} | H | \Phi_C^{HF} \rangle \equiv E_C^{HF}$$

$$\hat{h}_0 = \hat{t} \quad (\text{kinetic energy only})$$

$$\hat{t} = - \frac{\hbar^2 \nabla^2}{2m}$$

For a particle in box (3D)
with infinite walls

$$\vec{k} = \frac{2\pi}{L} (n_1 \vec{e}_1 + n_2 \vec{e}_2 + n_3 \vec{e}_3)$$

$$n_i = 0, \pm 1, \pm 2, \dots$$

$$\varphi_{\vec{k}}(\vec{r}) = \frac{1}{\sqrt{\Omega}} e^{i \vec{k} \cdot \vec{r}}$$

$$\hat{t} \varphi_{\vec{k}}(\vec{r}) = \frac{\hbar^2 k^2}{2m} \varphi_{\vec{k}}(\vec{r})$$

$$p^2 = \hbar^2 k^2 \rightarrow$$

$$\langle p | \hat{t} | p \rangle =$$

$$\frac{1}{\Omega} \int_{\Omega} d\vec{r} \frac{p^2}{2m} |\varphi_p(\vec{r})|^2$$

$$= \frac{p^2}{2m} \frac{1}{\Omega} \int_{\Omega} d\vec{r} \left(e^{i\vec{p}\vec{r}} - e^{-i\vec{p}\vec{r}} \right)$$

$$\int d\vec{r} \frac{e^{i\vec{p}\vec{r}}}{\sqrt{\Omega}} \hat{t} \frac{e^{-i\vec{p}\vec{r}}}{\sqrt{\Omega}}$$

$$= \frac{p^2}{2m}$$

$$\int_{\Omega} d\vec{r} = \Omega$$

$p^2 \propto m_1^2 + m_2^2 + m_3^2$, give
rise to "magic numbers"

$m_1^2 + m_2^2 + m_3^2$	m_1	m_2	m_3	$N_{\uparrow\downarrow}$
0	0	0	0	2
1	1	0	0	12
	-1	0	0	
	0	1	0	
	0	-1	0	
	0	0	1	
	0	0	-1	12+2
2	-1	-1	0	14
	+ 11 more			
3	-1	-1	-1	16
				54

HF-potential

$$\langle p | u^{HF} | p \rangle =$$

$$\sum_{j \leq F} \langle p_j | u | p_j \rangle - \sum_{j \leq F} \langle p_j | u | p \rangle$$

specific integrals $\underbrace{\quad}_{(10)} \quad \begin{matrix} \begin{bmatrix} 1 & 0 \end{bmatrix} \begin{bmatrix} 1 \\ 0 \end{bmatrix} \\ \begin{bmatrix} 1 \\ 0 \end{bmatrix} \end{matrix}$

$$\sum_{j \leq k_F} \sum_{\sigma_j = \pm 1/2} \langle p \nabla p_j \sigma_j | u | p \nabla p_j \sigma_j \rangle$$

∇p is fixed

↑ independent of

$\sigma_j = 1/2 \quad \begin{pmatrix} 1 \\ 0 \end{pmatrix} \text{ or } -1/2 \quad \begin{pmatrix} 0 \\ 1 \end{pmatrix}$ spin

$$= 2 \sum_{j \leq k_F} \langle p_j | \psi | p_j \rangle$$

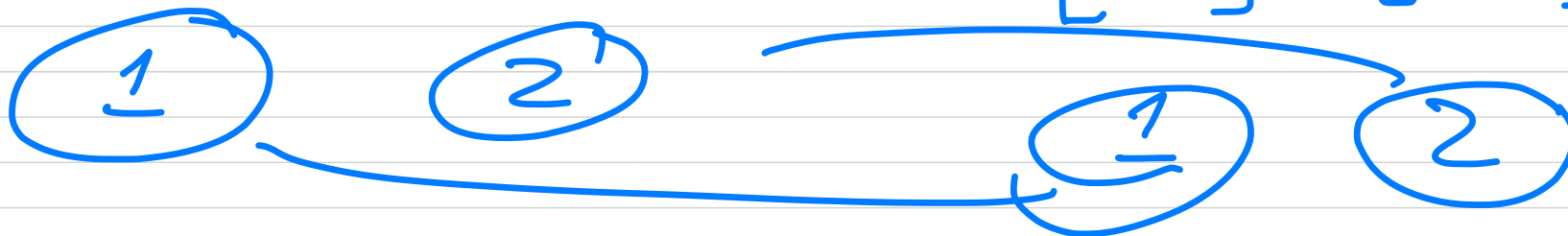
Exchange

$$- \sum_{j \leq k_F} \sum_{\sigma_j = \pm 1/2} \langle p \uparrow p_j \downarrow | \psi | j \uparrow p \downarrow \rangle$$

$$\sigma_p = +1/2 \quad \chi_p = \begin{bmatrix} 1 \\ 0 \end{bmatrix}$$

$$\begin{matrix} \sigma_p & \sigma_j \\ \begin{bmatrix} 1 & 0 \end{bmatrix} & \begin{bmatrix} 1 & 0 \end{bmatrix} \end{matrix}$$

$$\begin{matrix} \sigma_p & \sigma_j \\ \begin{bmatrix} 1 \\ 0 \end{bmatrix} & \begin{bmatrix} 1 \\ 0 \end{bmatrix} \end{matrix}$$



$$\begin{matrix} \uparrow p \\ [1 \ 0] \end{matrix}$$

$$\begin{matrix} \uparrow j = -1/2 \\ [0 \ 1] \end{matrix}$$

$$\textcircled{1}$$

$$2$$

$$\begin{matrix} \uparrow j = -1/2 \\ [0 \ 1] \end{matrix}$$

$$\begin{matrix} \uparrow p \\ [1 \ 0] \end{matrix}$$

$$\textcircled{1}$$

$$2$$

$$= 0$$

\Rightarrow For the exchange term

$$- \sum_{j \leq k_F} \langle p_j | r | j p \rangle$$

Exchange term

$$\frac{1}{\Omega} e^{i\vec{k}\cdot\vec{r}}$$

$$- \sum_{j \leq k_F} \langle \phi_j | r^{-1} | \phi \rangle$$

$$= - \sum_{j \leq k_F} \frac{e^2}{\Omega^2} \int d\vec{r} \int d\vec{r}'$$
$$\times \frac{e^{i(\vec{j}-\vec{p})\cdot\vec{r}} e^{i(\vec{p}-\vec{j})\cdot\vec{r}'}}{|\vec{r}-\vec{r}'|}$$

Direct term $\sum_{j \leq k_F} 1 =$

$$\frac{2}{\Omega} \sum_{j \leq k_F} \int d\vec{r}' \frac{e^2}{|\vec{r} - \vec{r}'|}$$

$$= \frac{N e^2}{\Omega} \int d\vec{r}' \frac{e^2}{|\vec{r} - \vec{r}'|}$$

This term cancels a term from the Background ion

$$\mathcal{E}_p^{HF} = \frac{\hbar^2 p^2}{2m} \quad \text{— Exchange term}$$

$$p \Rightarrow k$$

$$j \Rightarrow k'$$

$$-\frac{e^2}{\Omega^2} \sum_{k' \leq k_F} \int d\vec{r} e^{i(\vec{k}-\vec{k}')\vec{r}} \\ \times \int d\vec{r}' e^{i(\vec{k}-\vec{k}')\vec{r}'} \frac{1}{|\vec{r}-\vec{r}'|}$$

How do we evaluate the exchange term?

(i) convergence $e^{-\mu/|\vec{r}-\vec{r}'|}$
 evaluate integral, $\lim_{\mu \rightarrow 0} I$

$$(ii) \quad \frac{1}{\Omega} \sum_{\vec{k}} \rightarrow \frac{1}{(2\pi)^3} \int d\vec{k}$$

$$\frac{e^2}{\Omega (2\pi)^3} \int d\vec{r} \int \frac{d\vec{r}'}{|\vec{r} - \vec{r}'|} \int d\vec{k}'$$

$$\times e^{i(\vec{k}' - \vec{k})(\vec{r} - \vec{r}') - i\mu(\vec{r} - \vec{r}')} e$$