

Virtual life

Do you know what is Virtual life? Oh! of course since from last two years we are doing online classes, other works and because of COVID, we have to do the online classes instead of offline class and it is difficult for us to sit for 4 to 5 hours in front of mobiles or laptops.

• It also has some Advantages they are:-

1) Time flexibility.

2) Increase Access and Reach :- It means that online learning can happen in any place, as long as there is a device and connectivity. In offline classes it requires the student to come to school but in this mode the student can access lessons sitting anywhere in the world.

3) Variety of programmes and courses.

4) No need to travel.

5) Improves retention quality. - i.e. online learning enhances retention power among

Students. It explains concept and theories in this form of videos, images, charts descriptions, documentaries, etc.

• But on the other hand it has some disadvantages ~~from~~ they are:-

1) As it is not appropriate for all. It is well known fact that students have a dominant learning style like visual, auditory etc.

2) Virtual learning which requires a child to sit in front of a device and understand the lesson, may not be suited to all the learning styles.

3) As attending classes virtually requires sitting in front of laptops & mobile phones for longer time can affect our health conditions like headache, eyestrain, ear problems and other physical problems.

4) Lack of social interaction

5) Distraction - Virtual learning also creates a lot of distraction.

Many students open the mobiles to learn something but end up using social media websites like chatting, sharing pictures or playing video games, etc.

This type of distraction is very harmful for the next generation as it waste one's time.

In virtual learning it requires a lot of self discipline and we should use it for our use not for any other use which is not beneficial for us.

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