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14.- Adult children navigating aging or estranged parents; readers who love autofiction and quiet realism (fans of Annie Ernaux, Natalia Ginzburg, Rachel Cusk); book clubs interested in memory, class, and provincial life; caregivers and social workers attuned to elder loneliness; creative-writing students studying restraint, subtext, and symbol; anyone who appreciates precise prose and the ache of unspoken love.

15.- Journals: The New Yorker, Granta, The Paris Review, A Public Space, The Yale Review, AGNI. For a collection: Fitzcarraldo Editions, New Directions, Graywolf Press, NYRB Classics, Europa Editions—houses that champion distilled, European‑inflected literary fiction with autofictional undertones and quiet formal mastery.