# 1-SPEECH **STRATEGY**

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| What is the topic of the presentation? | Disadvantages of eating noodles. |
| My audience… | Students from PNC |
| Speech duration | 2 min |
| I want to… | **[ X ] Inform**  [ X] Convince  [ ] Entertain  Inform student who study in PNC school about the impacts of noodles and change their to eating twice a months. |
| My key message… | Noodles can be delicious but noodles it also effects your health. |

# 2- SPEECH **STRUCTURE**

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| **Hook**  **Type = Close your eye and dream….** | Hello everyone!!  Today I have one topic to show you and for my topic is important because it good for your health.  but before I describe you about my topic I want to ask you some question.  How often you eat noodles a week?  *(Raise your hand)* |
| Introduction | Today, my name is Pheaktra. I am from class 2024c at PNC school and now I want to show you about “ Disadvantages of eating noodles”.  According to duke Dr. Kouch Mengly, eating noodles every day a month can kill you because in there are many chemical in noodles. |

KEY POINT 1

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| Key point 1 | What are the chemical in a packet noodles?  Most of noodles have some chemicals such as:   * Contain sodium * Carbohydrate * Calories * Thiamine   So, in a packet of noodles have this chemical for maintain quality in a packet of noodles. |
| **Transition** | Let s prove it with science! |
| Supporting fact 1 | The recent that make the noodles maintain quality and make the customers feel delicious. |
| **Transition** | Now let me move to the next slide  What impacts of eating noodles? |

KEY POINT 2

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| Key point 2 | There are 3 impacts of your health when you eat a lot of noodles such as:   * Heart disease * High blood * Cause cancer |
| Supporting fact 1 | 68% of people who eat noodles two to three times a week suffer from various health effects, which can leaf to serious complications |
| **Transition** | Now that we've explored the physical and **mental benefits**, let's examine how healthy food impacts our productivity and overall quality of life. |

KEY POINT 3

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| Key point 1 | Do you want to have a good health? |
| **Transition** | Let s ask me ask you about this topic |
| Supporting fact 1 | Research suggest you if you want to have a good health the doctor suggest you to eat noodles once to two times a months. |
| **Transition** | We’ve learned about this reason to save your health. |

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| **Closure** | In conclusion, noodles have impacts of our health such **heart disease, high blood, cause cancer.** |