

Chronic Disease Prevalence Analysis and Visualization

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About Dataset

Context:

CDC's Division of Population Health provides cross-cutting set of 124 indicators that were developed by consensus and that allows states and territories and large metropolitan areas to uniformly define, collect, and report chronic disease data that are important to public health practice and available for states, territories and large metropolitan areas. In addition to providing access to state-specific indicator data, the CDI web site serves as a gateway to additional information and data resources.

Content:

A variety of health-related questions were assessed at various times and places across the US over the past 15 years. Data is provided with confidence intervals and demographic stratification.

Data information: it shows that data is imbalnced.

```
df.info()
 <class 'pandas.core.frame.DataFrame'>
RangeIndex: 403984 entries, 0 to 403983
Data columns (total 34 columns):
# Column Non-Null
                                                                                                                      Non-Null Count Dtype
                                                                                                                     403984 non-null
403984 non-null
              YearStart
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273617 non-null
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LouxConfidenceLimit
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StratificationCategory1
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                 Stratification2
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                                                                                                                      79323 non-null
                 LocationID
                                                                                                                      403984 non-null
 25 TopicID 403984 non-null 26 QuestionID 403984 non-null 27 DataValueTypeID 403984 non-null 28 StratificationCategoryID1 403984 non-null 30 StratificationID1 403984 non-null 31 StratificationID2 79324 non-null 32 StratificationID2 79324 non-null 33 StratificationID3 79323 non-null 33 StratificationID3 79323 non-null 34types: float64(3), intel4(3), object(28) memory usage: 104.8+ MB
```

DATA SHAPE

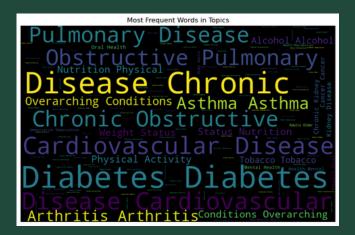
```
#Show data shape and type
print("Shape of the dataset:", df.shape)
Shape of the dataset: (403984, 34)
```

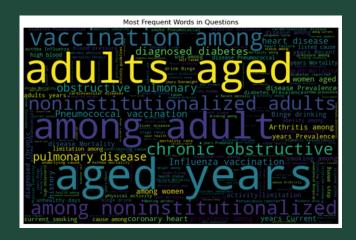
Data Processing



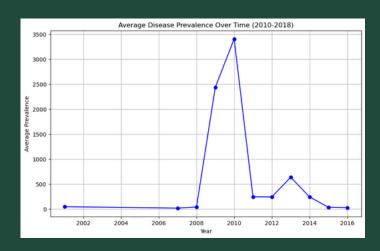
Analysis Insights

1. checked the most frequent diseases and questions in the data

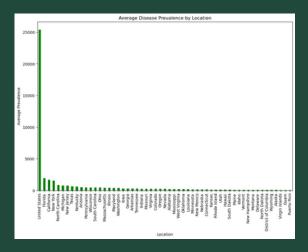




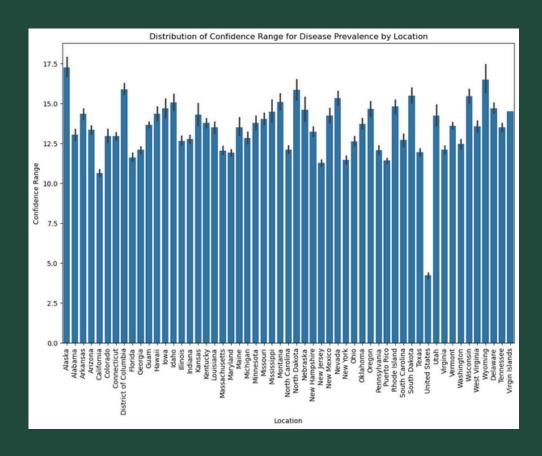
2. How have the prevalence rates of chronic diseases changed from 2010 to 2018?



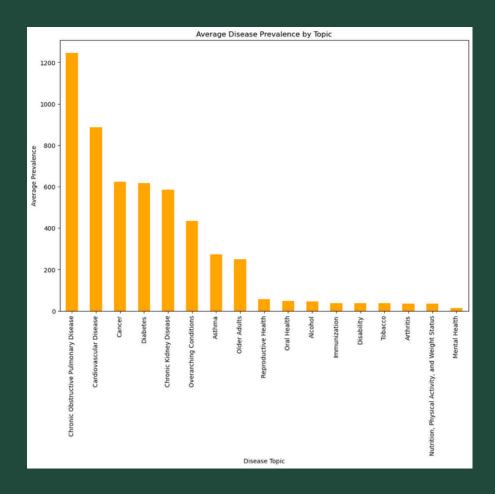
3. How do different locations (states) compare in terms of disease prevalence?



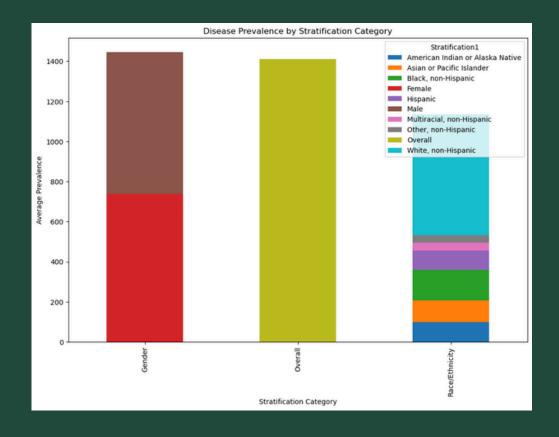
4. What is the range of confidence intervals for disease prevalence, and how does it vary across states?



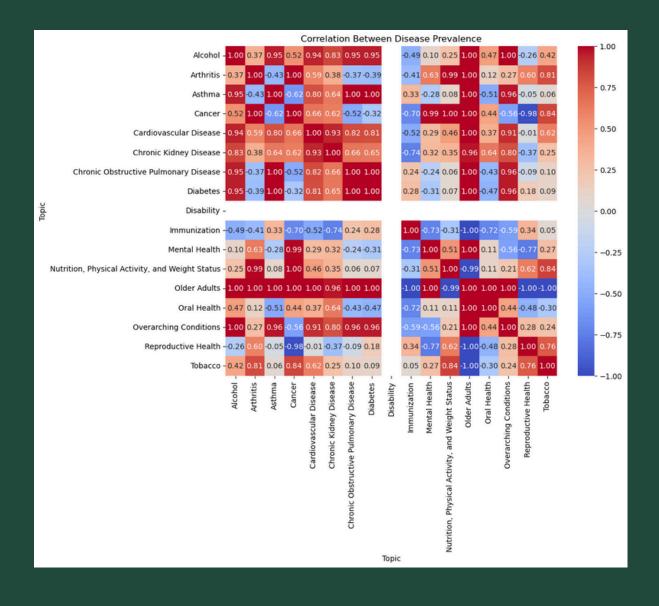
5. Which chronic disease topics (e.g., diabetes, cardiovascular disease) have the highest and lowest prevalence rates?



6. How does disease prevalence vary across different stratifications like age group, gender, or race?



7.Is there a correlation between the prevalence of different diseases (e.g., diabetes and hypertension)? Creating a correlation matrix for disease prevalence across topics



Key Benefit

1. Data-Driven Insights for Decision Making

Analysis helped uncover hidden patterns in chronic disease prevalence, enabling:

- · Identification of high-risk groups (ex: gender).
- Understanding disease correlations (comorbidities and risk factors).
- Spotting trends over time (rising or declining prevalence).

2. Improved Public Health Strategies

- Targeted interventions can be designed for vulnerable populations.
- · Resource allocation can be optimized for healthcare planning.

3. Statistical and Visualization Mastery

- data has been cleaned and processed real-world health data.
- applied exploratory data analysis (EDA) to extract meaningful patterns.
- visualized complex trends to communicate findings effectively.

4. Future Research and AI/ML Applications

- Findings provide a foundation for predictive modeling of disease risk.
- The data can be used to train machine learning models for early diagnosis.
- Further studies can explore genetic and environmental factors influencing disease prevalence.

Final Takeaway

• This analysis is valuable for public health planning, medical research, and policy-making. It bridges the gap between raw data and actionable insights, empowering data-driven healthcare decisions.