**using System;**

**using System.Collections.Generic;**

**using System.Linq;**

**using System.Text;**

**using System.Threading.Tasks;**

**namespace loop1**

**{**

**class loop**

**{**

**public static void Main(string[] args)**

**{**

**int j, sum = 0;**

**Console.Write("The first 10 natural number are :\n");**

**for (j = 1; j <= 10; j++)**

**{**

**sum = sum + j;**

**Console.Write("" +j);**

**}**

**Console.Write("\nThe Sum is :"+sum);**

**}**

**}**

**}**

**Output:-**

**The first 10 natural number are :**

**12345678910**

**The Sum is :55**

**Process finished.**