

Marc de LaSalle

# The Couple Connection

NEW CONSCIOUSNESS  
IN COUPLE RELATIONS



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## **BY THE SAME AUTHOR**

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# The Couple Connection

NEW CONSCIOUSNESS  
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Edited and translated from French by Elizabeth Winton

*To Elizabeth, thank you for  
joining this great adventure.*

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Mont-St-Hilaire, (Québec) Canada J3H 5H1  
E-mail : [information@marcdelasalle.com](mailto:information@marcdelasalle.com)

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## EDITOR'S NOTE

**Marc de LaSalle** is an inspired writer with much to share. His capacity to filter the essence of the life messages most needed today, is his great asset. His writing and speaking lets us study human consciousness and its direction for the future. Contrary to the masters and gurus who are self-appointed to teach binding initiations in a closed system of spiritual politics, Marc shares information clearly and inclusively from an open system of reality in a time when the great majority of people really need a simple outlook on life that leads to self-direction.

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## Preface

Living in a couple is more than a custom or necessity. It is a harmonic life rhythm that, when in evolution, invites two people to generate individuated freedom on Earth. This is a dimension of communication which takes the couple from cultural group tradition, to find peace in a new comfort zone. Prepared by ego transparency, a free spirit expresses a unique self, uniting the couple with the complicity of mutual participation in individual life decisions wished for within the couple, from where comes the timeless expression, "...love is living alone together".

Couple life becomes simple for its two guests when ego is no longer the issue of the relation. This exercise is achieved when self-observation replaces criticism of the other. As soon as ego interferes, the storm clouds accumulate to sooner or later drench the victim in guilt and lack, and from there on, invidious clouds take shape in feelings and dialogue. This is ego domination in verbal and non-verbal couple behavior.

The singular challenge for the couple is the will of each partner to be present to the spirit of the other. If spirit is present, the union is fortified, since beauty is seen in the other, and critical discernment for change is turned upon self. Communication always answers to the common will to let the other express his or her own life freely.

In the movement of life, there is the stormy couple who lives in defense and offence, and the harmonious couple. The first couple lives its time making up and breaking up, and the second couple is free to refine and continually discover its two

respected paths in one. In the first couple there is lack of will of one to leave the other free to self-situate; in the second couple is forged between the two a permanent will to communicate freely one's problems to solve with self or couple, and thanks to this communicative freedom, life together becomes harmonious due to self-study and openness to the other.

The proposal to men and women in this study is of a look at an eventual couple dynamic. The author has no intention of suggesting truths, but rather, the situation of self in relation to the couple remodeled according to life values that differ from those of the past. The fulcrum of this book is the presentation of a way of living without reflection, but objective self-observation, leading finally to the goal of instantaneous self-correction in a permanent alliance with intelligence.

The Couple Connection is not a book to engender a tyrannical dialogue between men and women, only an invitation to better understand one's self and opposite sex in all the nuances of life. The main objective is to realize that each one in the couple, to communicate without negativity and judgment, must keep the freedom of his or her identity. This lecture also exposes the conditioning of a dreamy past, to present a future that has not yet been necessarily lived, in order to awaken the reader to the possibilities of greater presence in life, and particularly, a more objective mental assurance of what life really is, and of what men and women are to each other.

*Marc de LaSalle*

## PART I

### The Long Awaited Meeting

Rare are the individuals on Earth that do not want one day to have a couple. It goes without saying, the couple is thought of as the perfect match, even if life itself is imperfect. However, the perfect match would necessitate that both he and she be knowledgeable of the principles of life. The obstacle meets the measure, since both sexes would have to find in the other a sensitive partner who would be able to participate in the communication of individual reality in relationship to the couple. On the other hand, this situation is not possible when happiness is sought after through the fairy tale illusion, because it does not allow the partners to see each other as their real selves.

Mutual will towards perfection of the couple is not a reality of life. Certainly it is sought after, but only the transparency of the ego in association with the freedom of the other party within the couple, can assure the capacity for this process. The primary goal of all couples in potential, should not be to meet the perfect match, but to meet the one with whom one can build a couple which will be real. This means that the implication of each partner is aligned with the mutual goal to be real with one another, as much in communication as in action, short and long term.

Everything needed to build a relationship depends on the will of each one in the couple to self-observe at all times. This exercise is sufficient to correct the *faux pas* which presents

itself here and there to discourage the couple from persisting with this life process. Contrarily, if there is a lack of will to self-correct, the insidious illusion to correct the other rather than facing one's own weaknesses, can gradually engender the incapacity to communicate openly or to manage a personal situation.

In the couple, the need to correct the other denotes a lack of communication with the other. With time and resistance, the life in each partner begins to reveal a sclerosis, since exchange is based on egocentricity. The pleasurable illusion that the other is and always will be the imperfect one, or insecurity, the illusion that one has the perfect catch, becomes detrimental to the life of the couple. These reflections are useless because they do not force each individual to open new doors to communication within and about the couple. Each one becomes more and more alone, because neither possesses the vision to know that the freedom of the couple cannot be built on the basis of ego reflection.

The constant need to manage the partner's behavior, is a manifestation of the imaginary fear that the other's imperfection will be reflected onto one's self. In reality, the other has become a mirror for the imperfections of the self. The big mistake is the desire to be the one in control, since sooner or later they fall into the illusion that they are the controller, or worse, that they are the perfect one in the couple. The necessary adjustment is a simple one, and easy to correct. When finally they become aware that perfection is a never-ending process, and is a constant that exists only in

the nature of a non-judgmental reality, it becomes clear that the comprehension of each partner in that couple in relationship to life, will effectively lead to a perfect match. It is important to know that life is not perfect, and that consciousness issues from a genesis of life that tends towards harmony. Affirmed by the actions from each one in the couple when freely manifested, this results over time in a life psychology that is evolutionary. This is the oxygen necessary for a harmonious couple.

Spirit is the oxygen that each partner brings to his and her couple every day in their exchanges. If presence is lacking, there will also be a lack of proximity from one to the other, a distance which engenders negative repercussions for the future of the relationship. The desire of both partners to be present to that which each one is separately, and as a couple, should never be lost. The capacity to see the reality of the other and to watch one's own behavior, is an integral part of couple life, bringing the couple together in body and mind.

To not wish to see the other in the light of day, so to speak, is to live the fairy tale rather than the couple. The real couple is an exchange of energy through communication, indispensable to the construction of the individual as well as the mental and psychic structure of the couple. It is this last, psychic component that closes the distance between the two in the couple. For example, this is the phase where, separated or together, either is no longer without the other. When the couple as energy has been realized, the possibility of the perfect match can be materialized. Since this is the medium

in which each partner can have access to a more peaceful life on Earth, this lifestyle must be accessible to each individual. The condition requires that the couple permanently and consciously elevates itself so that each partner is benefitted by the intelligence of the other. It is this mutual presence of mind in the couple, vibration intelligence, contributed freely from each, elevating the consciousness of both, that liberates each from irreversible obstacles within the couple.

The sign of an evolving couple is their mutual well being, making both winners, as opposed to perfect, in life. When the essence of the couple becomes freedom, expressed clearly even in small gestures and attentions, there is no need to wish for the fairy tale.

In the fairy tale, the illusion of beauty places the couple in a vulnerable situation. When life takes a dip, the ego forgets about his other being beautiful and nice. The ego ultimately wants to be right, thus blocking the possibility of creative dialogue; assuredly it is the fairy tale being recounted, and not freedom being expressed.

The deciding element in any meeting between a man and a woman should not be the need for the other. The symbiosis of the two must allow each one a greater study of life itself. If this is absent, it becomes very easy to fall into rejection and denial because the will to self-observe and correct has become secondary to the natural weakness in the self of feeling threatened. For example, the dishes are not washed adequately according to one, so the other immediately brings

up his equivalent reprimands in defense. To summarize, the natural ego-weakness to not be able to self-observe, will be studied in part to make the connection between the element searched for and the relation which will one day surface. In order for a couple to have continuity, the fairy tale element must be outgrown.

## **CHAPTER 1**

### **The Fairy Tale**

The fairy tale couple is the one who has difficulty to individually verbalize his or her consciousness of life. She remains a young girl in life, and he is immature in his approach to her. Both are blindly ready for the experience. The fairy tale depends upon a certain naiveté of those living it, such as the premise that life is easy. This of course is never the case since life is what brings opposition with it, being an evolutionary process. This nuance often eludes the couple, and in so doing, life rushes in to present its obstacles, forcing the individual to become conscious of mental, emotional, and actuated habits. Inextricably, no one wants to live the fairy tale to work on one's self, since this first childhood deception is the apotheosis of the ego which, through the soul, knits the illusion of an easy, "happily ever after" life. This is why many people cannot refuse a passionate affair. It temporarily gives them a symbiotic rebirth.

Every couple relationship that is based on soul experience is susceptible to the fairy tale plot. In fact, the fable is far from recounting life together, self-observing and correcting through communication. The fairy tale is the adventure of the soul searching for the status quo, and not the construction of the couple through mutual consideration. In this soul-based couple, each partner is in it for himself. There is an egocentric need to be fulfilled. Point blank, there is an

ego assured of the power to fulfill his needs, which are forcibly those of his soul. But what of the soul, cozying up to the heart, it contains all the emotional energy that feeds the self coming into contact with the power to be desired. Some would define this power as seduction, but it is more a force of attraction related to the physical, sexual, or emotional constitution in each one, animal magnetism which is not based on the beauty of spirit. This force of attraction, as old as the moon, ignites the soul-need to feel fulfilled, delivered from solitude and boredom, the need to be loved, or ultimately, the need to have a couple at any price.

The fairy tale assures everyone that he is good looking and nice. In this movement of soul forces through the ego, everything else is ignored, for a time, as soul takes precedence over individual consciousness in order, no matter what, to live the desired experience through the ego. In reflection, all that is negative in the experience goes unnoticed by the ego, as thought manipulation of the values of involution that accompany the soul into unconscious ego life, allow it, vicariously through the ego, to live the fairy tale illusion.

The fairy tale is a lie shared unconsciously by the ego and the soul, of the two individuals involved, until human nature takes over and weaknesses reveal themselves, putting a rude end to this illusion. If the tale is played out with what is called the *soul mate*, a soul that corresponds in vibration to the karmic programming of a similar soul, the couple has less difficulty believing it, since they have more ego-compatibility to adjust to each other, for the sake of the fairy tale. Yet even

here, the couple being in constant adjustment, harmony is fraught with malaise, sometimes slight, sometimes languorous, by his and her respective suffering.

Major changes confront the soul when suffering attacks something greater than the superficialities of life. Fleeting harmony deserts the cause when life interferes with the fairy tale. The soul is forced to unveil the ego's faults in order to save its couple experience, or the ego will have the couple blaming each other for its suffering, sabotaging the soul experience. If two people live together for years and the only conclusion is that the other was at fault, there has been no evolution, only soul experience.

The particularity of the soul mate is the notion that there is more knowledge of life, rather than simply more compliment, thus facilitating dialogue and compatibility. Sooner or later however, solutions will run out when there is not sufficient knowledge of life to raise the vibration of the couple. There must exist a mutual exchange in the study of life, for the couple to build itself on the will to make it last. The manner in which a couple exists will always be tested by a greater reality of life, that of the necessity for the communication of one's being within the couple. The free expression of what one is, beyond the magnetism of desire or cultural pressure to stay together, is the design of the structure of the new couple. Communication is the key object of the relationship, in order that each partner be well with his and her self, more and more each day. If this is not the case, there must be a revision of the reasons for being

together, if the couple is not living freely together while being at peace within one's self.

When the principle of being free together is not respected, the fairy tale is working behind the scenes, eventually revealing mutual weaknesses, and perturbing the status quo. The ego, never ready to study self, will always manifest the tendency to correct the other. This is where the hidden element of the fairy tale lies, taking form in the ego's greatest illusion, blame. As soon as the couple can no longer be regenerated, it crumbles like a sand castle on the beach, because it is dominated by the soul objective of the fairy tale experience, rather than the freedom of the individual to evolve within the couple relationship.

The errors particular to each individual surface to the ego from the soul, to destroy harmony, like a soap opera with surprises reserved for each actor. The more surprises there are in the drama, the more suffering, in order to feed the soul its never-ending search for experience; but on a higher level of intelligence, this same soul-suffering is used to force the individuals to evolve.

Life is a principle of evolution. In order for every couple to gain intelligence in its unique, creative configuration, there must be within each partner, the capacity and will to communicate one's self to the other. Each must also be able to observe one's self, without wanting to correct the other instead. These are creative actions which eventually bring each partner to be a great support and comfort for the other.

There are few people on Earth that are well into this new cycle of evolution, who are ready to renounce the fairy tale. This is a beautiful illusion, until the honeymoon is over, passion wears out, and emotions are high because the soul is vibrating. These signs are the interception of the role of the prince and princess being nothing more than the actors of soul forces working through the ego, for the accumulation of the soul's experience in its eternal lunar repetition.

## **CHAPTER 2**

### **The Princess**

The princess is a future woman who, like all young girls, looks for a certain friendship with a young man, that she calls love. What she doesn't know, is that rarely does the young man in question want that friendship. His needs are more basic than the romantic nature of young feminine desire. He is looking for the opposite sex, and that is where his search for love ends. He is harder on life than the young woman. As conqueror and builder, he hasn't realized that a woman is a flower, picked to be admired and protected. Even in spite of his strong apprehension of being the conqueror, he rarely knows how to protect this woman who, like him, is subject to the manipulation of the laws of life working on her consciousness.

Every thought that one experiences is a side-track of the reality of life. A woman can perceive herself to be the vehicle of love in her couple, just as the man may more often carry the sentiment that the intelligence comes from him. In each of these situations there is an illusion, because the ego gives itself an anchorage point by believing incoming thoughts. Behind the scenes however, it is the soul that sends a recomposed thought scenario from an accumulated bank of reflected memories from present and past lives. For example, it is easy for a woman today, to wish for a couple in order to experience love. The very motivation in her life becomes the need to be with the other in order to experience being loved.

The following scene is the pressure to have a family, that he has difficulty supporting because first and foremost, he does not even yet know himself well enough to be able to prolong for three, the life he has difficulty supporting for two.

As long as a woman searches for the pleasure of being loved, rather than the knowledge of how to love her own self, for her own uniqueness, in order to be able to stand on her own in life and in her mind, she will suffer from her dependence and lack of maturity. Until she can prioritize herself in her couple, she will systematically be second when she chooses to love. That she holds the strong sentiment of love is natural, since she is in alliance with the energy of love in her mental and emotional make-up, and physiologically as a potential mother. As such, she knows how to love without effort; however, when her need to love is aligned with the affection based on soul memory, she loves in order to feel that she is herself, following intrinsically the collective current of society. She composes with life according to the karmic or soul reference, that she will be a woman when she can love a man and live with him the biological outcome of the couple, which is the family.

As long as a woman makes it her duty to renew the karmic reference of a relationship based on love with a man, she will not seize the essence of what is represented by an intelligent man. Only from her psyche can she live the love energy intelligently from her mind, seer of what life together means. From this vantage point her consciousness can spontaneously seize that which is hidden by the subjective

values of soul life, that love is not a possession of the ego, but simply a cosmic energy manifested in a couple through their individual consciousness when they are able to see their relationship as an intelligent and equal partnership, building in life together.

A woman cannot live in her emotions, and experience the energy of the ray of love in her psyche. This energy is from the mind and cold in nature, and when lived, raises the vibration of her psyche, catapulting her into her intelligence. This state of being is her identity, not interfered with by emotional soul forces, and living it, her life and that of her partner becomes very easy to understand.

The vibratory force of the evolution of every couple depends on the capacity of the woman and the man to be conscious of their own mental energy in life. If neither is able to rise above the soul experience, the inevitable transpires. The woman remains the princess, the man a prince, and each one expresses the memorial egocentricity of the soul on Earth. Love is conditioned by the illusions of each, according to the culture in which they are raised.

Man and woman would not be at war before their respective tribunals, if the term love had been intrinsic to the genesis of evolutionary life. The couple would be defined and unified by their own will to know first of all, themselves, and the other, based on the knowledge that conscious life calls for the freedom of the other within the couple. Inexorably, if the couple does not know to define itself according to the pre-

personal need for freedom, it falls back on the collective soul memory wherein each partner has the wish for a couple in order to expulse from the soul, the sentiment of being in love, and harmony unhappily, becomes a second thought.

Reality resides in the perfect expression of what is perceived of life from the conscious mind or spirit. This vast and infinite movement of spontaneous intelligence is available to the individual or the couple, since the intelligence to know reality is an undifferentiated principle. It never responds to the ego desire to be in love, but only to the needs of the spirit of each individual to live in harmony with the other, whether in a couple, friendship, or any other social dynamic where mind intelligence is present.

The term love is used today in every sauce. It has become the magic pill for every illness, notably that of the ego, appropriated by the soul in its canonized exercise of planetary love, as sung by every poet in every civilization. To return to the example of the princess, this young ego developing in an unconscious collectivity, immature in knowledge and overburdened with media pollution, reminds her continually of her definition of self through her capacity to be "in love". At a young age she gives in to the game of dolls, an early reminder of her future role in society. The next step is to present her to the crystallized idea of beauty; with make-up and fashion she learns how to attract the boys. The only intelligent segment of this apprenticeship, love and appreciation of one's own life, is traded off for the necessity of loving the other in order to fall into line with society's

configuration of the family hierarchy. The mental element that the young woman would want to retain, is simply to learn to define herself as who she is, her own process of self-discovery as being a unique and constantly changing creative process.

Today it is the older woman in modern society that usually begins the journey of self-discovery, for the simple reason that she has suffered enough in love. That she is the flower ready to be picked in love is real. What is wrong is that she does not know who she is, in love and life, and can as a result, easily love without being respected. This is the weakness of the woman in a couple. She forgets herself to love the other. She can certainly be in love in her mind, but has she chosen a love who respects her at all times, or as is more often the case, has irreparable damage been done to her psyche along the way? The wound of a love lost can prevent her from wanting to love all together, especially since he is usually a being who has not yet arrived at the maturity of his intelligence to know how to love.

A woman naturally possesses a comprehension of love much more than a man. Because her psyche is more sensitive to love for obvious physiological reasons, her psychology of life has brought her to ask herself more questions. Instead of playing games of competition like the boy, she has advantageously searched for answers to more understand herself in her experience. Her capacity to communicate has thus developed far beyond that of a man, who, in the exercise of his power games, has developed only his muscular ego. To

summarize, it has always been easier for a woman to favor harmony in her interpersonal relations, than the exponential measure of her ego. Therefore, if she is more in tune with herself through her psyche from where her intuitions are fished, she will remain more closely aligned with what her sensitivity lets her know in her material life. She is given the incidental advantage connected to the freedom to love the other without being in conflict with him. In this harmony, she is also free of the origin of all wars, religious and racial, on Earth, since the nature of her innate intelligence does not naturally vibrate towards war to define her life. Of course she has known competitiveness, without it becoming her goal in life. Contrarily, the boy who always bet everything to win, insures himself of the male virility needed to conquer his unconscious ego. Egocentricity limits a man's and woman's view of life to the frontiers of the soul, where the term love is associated with passion and reproduction.

Conscious love manifests itself as generosity and respect, and coming from the mind, is only able to be lived by an evolved ego that has become transparent enough to know how to recognize the other. This is part of the atomic configuration of the psyche in evolution of each ego on Earth. It must be communicated in order to achieve freedom from the illusion of the need to be loved. Once realized, a woman becomes totally reformatted in her consciousness. The love energy from the mind now enables her to willfully live in the pre-personal life of her couple without suffering. She now has the capacity to choose her partner on the basis of his consciousness, the unique quality of his intelligence that

offers the permanence that appearance, situation, and material wealth promise, but can never deliver.

Living the princess, is the adventure of the soul trying to navigate the life forces through the ego. The quest is formidable, at the limit mystical, because what the woman is searching for in a life with her soul at the helm, is to experience being in love, and finding her soul mate. In itself a noble task, since there is the desire to find harmony with the opposite sex, but here is the trap of easily being seduced by the good prince, who will not have the consciousness to match her level of sensitivity, with respect. What is the next scene of the relationship when the prince, unconscious man, does not know how to be intelligent with life? Gradually, he will not only lack respect, but he will also want to dominate the couple.

Evidently, to be a princess is not sufficient. In order for a woman to be free in her couple life, she must first be able to respect herself. The soul forces working through a man's psyche will be preponderant if his partner lacks the shield of self-respect. The man who remains a prince in life cannot see a woman for what she is because he is not present to that which defines him in life through his own intelligence. Because he is unconscious, his ego constantly gravitates towards memory and power, entertaining a pernicious relationship with women, based on his need to complement his life with false modesty and narcissism. To prove the point, volumes of religious works produced through the centuries make abstraction of the real evolutionary potential

of the woman on Earth. According to religious institutions, she will always remain a “rib” in man’s side, or worse, a burden to own.

In order to know life, it must be communicated correctly. As long as the man is not able to appreciate the psyche of the woman with whom he shares his life, he is egocentric and ignorant of the evolutionary principles of the energy of life. He is therefore limited by an unconscious (involutionary<sup>1</sup>) soul life, unable to vehicle the knowledge of reality or spirit, resulting in his domination of women through his egocentric discourse on the terms of love.

It is a woman’s intelligence that demands a man’s respect at all times. That the man knows how to give this, is another story. Suppose that he possesses the mental capacity to act through his consciousness, with his spirit, in order not to dominate her. This is the most difficult task for a man, the great test of the leap from animal soul involution to spirit-mind evolution, because if he is not a seer of life, he remains the prince. He does not know how to recognize the evolutionary value of love and what it means to be a woman. This will not prevent him from living the couple, on the contrary, he will systematically identify the princess who is attracted to him, for the simple reason that the princess does not place her intelligence over her love, as the priority in her

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<sup>1</sup> *Involutionary* refers to unconscious soul experience as opposed to the evolution of the conscious human psyche.

freedom, but rather her prince, thus relegating herself to second place in life.

The main fault line of soul life for a woman resides in her incapacity to determine the self-respect she needs to live freely within her couple. This is the weakness she must eliminate in order to live her couple in harmony with herself. As soon as a woman is seduced by the romance of karmic soul-love, she forgets her psyche and loses respect for her own sensitivity. Before she even perceives it, she has forgotten herself to give her prince full reign over her life. Unconsciously, she lives the agenda of karmic suffering that will one day push her ego to leave the prince who dominates her.

If the young woman had been fore-warned of the weaknesses that her loved one is also victim of, in his experimental process of involution, that is, of rational ego intellect, she would not fall under the domination of the man she had met. Rather, she would, instead of loving him for what she does for him, reverse her situation to see what he does for her, and where his intelligence is situated. This reversal of vision would bring her to recognize the fast talkers. She would know how to immediately recognize the level of ego versus intelligence in his discourse.

Once a woman has identified a man's intelligence quota, she will know if she can build a harmonious relationship with him. By watching the "savoir faire" of small attentions, his capacity to respect her when she is vulnerable, she develops

the discernment of her decision-making. For example, she lives a difficult situation at work. He is at the supper table, and doesn't know how to receive her with affection, to soothe her. This lack of generosity is a red light, she can know instantly that he is unable to listen to her and cannot see her. Obviously, if a man cannot see his couple, he cannot see his queen, and he remains the prince searching for himself in the fairy tale. She will always be pretty, since femininity is part of her; she likes her lipstick, her earrings, she knows beauty because it is part of her being, to which a man only has access through her. She is naïve as long as she is relegated to live her femininity through her soul experience. When her ego uses her femininity for seduction, she falls into the trap of attracting the male whose unconsciousness is always readying him to be seduced by his own conquest. Without intelligence, he lets the woman be used mechanically to arouse his animal passions, but he is never initiated to the beauty of the feminine mystique.

Between the choices of wishing to look good and wishing to please, there is a big difference that a woman must recognize. If not, she exposes herself in her psyche to the domination of the man she meets. If he is unconscious, he will systematically dominate, because his ego carries the soul memory of the conqueror, and he will automatically respond to the call. This soul principle is easy to understand but so difficult for men and women to accept, because each one considers the other as formatted according to a life principle that is animal. He likes to be satisfied in his male energy and he knows the corresponding need that is unconscious in the

woman. That which dictates the thought process in each partner remains banal, so much so, that the woman is separated from the freedom to live the expression of her sensitivity. Worse still, the man remains the conquering animal in life, instead of becoming a conqueror of life. Little aware that he is often abused in his psyche and his thoughts concerning the evolutionary consciousness of a woman, he is attracted to her by his sexuality to the exclusion of other dimensions of life.

Is it possible for a woman to always be queen of her kingdom? Happily yes, if she does not forget the first principle of her couple life: she must not need to be loved to the exclusion of establishing for herself, that the man she accepts as her life partner must be intelligent at all times.

## **CHAPTER 3**

### **The Prince**

The prince becomes a man when he no longer needs to flatter himself with artificial grandeur. Beyond this phase lies generosity, the life element that affords him control over his own verbosity in order to listen to the one who shares his life. He becomes gallant when she has chosen the right partner, because he will always be proud of what he is, having few worries about life. When he leaves the prince behind, he will have reached the point of being able to appreciate the elegance of his partner. He then becomes generous if she asks a favor of him. He becomes a good soul because he does not look for an advantage, but wants to become useful and agreeable for the one he loves. This is, by the way, the reason that he is a good companion in life. When he has reached beyond a self-reflecting, materialistic ego always pushing his strategy, he will make good company.

A man looks for, above all in life, a woman who will know how not to be in conflict with him, especially in his amorous advances. He loves, but not the same way as a woman. What he loves is the natural logic of being in a couple, that life is easier being together than being alone. For this, he remains authentic in all his romantic advances towards the woman. Finally, he becomes charming, and disarming with a transparent ego, manifesting spirit and intelligence. He is no longer the little prince who is looking for his perfect princess, a sexual object, to hold in his arms, and to possess.

Is material beauty man's only interest? Yes and no. Yes, if he does not mature beyond his status of prince, always looking for a sure thing in his partner. She will be called to exploit for him the game of seduction in order to nourish his male energy; and no, if he can appreciate his partner for her essence, not only her being coquette and beautiful for the one she loves. One of the most important feminine talents is the capacity of a woman to be romantically beautiful in her man's eyes. And who is this woman? She is the one who never stops taking new steps towards him, in her manner of approach and in her capacity to lighten his life. As soon as she dresses to catch his eye, this spark, which comes from the beauty of her spirit, ignites an interest in her man and lets him enjoy the feminine principle through her. Even more, she communicates a new element of herself to him, which in turn lightens her own steps in life. Since he is the conqueror and the builder, he needs to balance his life with the grace of his generous partner, who will know how to make him forget the problems of the world that he carries on his shoulders. For example, after a difficult day at work, she knows that a simple gesture of affection, a touch of the hand or a caress through his hair, brings him back to the one he loves, as her charm frees him from the weight of the world.

The beauty of a man is that he is not complicated. As soon as heaviness and darkness takes over his mind, he becomes rapidly absent and more distant in his communication. Because he is a ferocious competitor in life, it is difficult for him to be in touch with his intuition in order to study that which is affecting him. He is more subject to fighting, a

warrior by nature, he often forgets that the woman is brutalized by these silences and absences on his part. If he has not learned that couple life also means communicating with affection rather than domination, then he has not learned to be psychologically responsible. What he must be able to communicate to his partner is that his interest in her is not only physical, but also psychological and constant. For example, if she lives insecurity he must rebalance her with communication. By the simple presence of mind of his consciousness to the emotions of his partner, he will know how to balance and redefine her psychic tendencies. In other words, acrimonious thoughts will no longer control her mental life.

Basically, man is a mental being, at least to the extent that he can speak freely without being sensitive to the psychological consequences. What he knows of life rarely pre-occupies him, rendering him available to communicate more freely when he feels the need. His logical thought process allows him to be a builder. He knows how to find solutions to numerous problems because he is relatively self-assured. Where these qualities fail him, is with his partner, who does not want him to be a builder with her. Moreover, she wants even less a prince needing to conquer his territories to valorize himself.

What a woman wants from a man is an attentive ear that knows how to listen to her and understand her at all levels, which is unfortunately where the major fault lies with her male partner. It is often difficult for him to discern just when

he must stop talking and start listening, to retrieve harmony with his partner. Certainly, the woman has always admired in her man his capacity to be intelligent, on the condition that it does not become for her a form of domination. When a man is asked to be a builder, his life is simple. He can build a kingdom in a day without even necessarily living in it. His weak point is his incapacity to verbalize his real self when being the prince. It is forcibly at this stage that the life of the unconscious man courses on the level of the couple. He looks for the basics in his couple. If the relation does not work with her, it is easy enough for him to imagine that there is another one. This is the stage where the gap widens between the man's comprehension of what love is, and the woman's. Ineluctably, the man will rarely stay in a couple which limits his freedom, or which makes him suffer. For this reason, the more the couple relationship becomes aggravated, the more he has a tendency to retire from it. If he is unconscious he will certainly stay, but this decision is the sure indicator that the direction of the couple has begun to turn entirely around him, when his partner is the princess who wants to stay in love.

The mature man who is not a prince in his life, is able to present himself with intelligence to his partner. When he is a seer of that which he is, he knows how to become, with her, a vector of real emotions which reach her more and more as she frees her emotions from the subjective values that she attaches to love. The more she becomes intelligent in life, the less she is subjected to her illusionary need to love her prince more than anything.

It is evident that the main difficulty of the man in his couple is to conquer the competitive little prince within himself, when his partner is already in a more harmonious element in her life. If the man wishes to live with this woman, he must become conscious at all times of his intelligence in life and his generosity in his couple. He knows that having her regard is his motivation for all the small attentions he gives his partner that eliminate the insecurities that she suffers from in life. When he knows how to be real in his presence with her, she has no difficulty recognizing the intelligence that she chose him for. In this sense, he does not dominate the woman he loves. He will never take her for granted because he will know above all to be attentive to the harmonious role that he must assume in the relationship, thus preserving the peace of mind of each one within the couple.

The intelligent man is naturally cold in his emotional body, which makes him a good communicator. This quality in itself, when he knows how to listen, may help eliminate the emotional unbalance in his partner which assails her psyche. In a couple, it is possible to receive the other mentally, without manipulation and strategy. It is this state of mind that lends an attentive ear to the other, alleviating pressure caused by the unconscious soul always hungry for more experience.

The intelligent man is conscious of his mind, neutral and generous in life, preserving the little clarity he has, from the habits of inebriation so devastating to the human condition.

As he is free in his mind from the need to be the conqueror in the life of the other, he knows how to build with his partner a couple that is free from all forms of domination. He is intelligent in life because he is sensitive to the psyche of his partner. Present to the ideas of the other, he knows how to manage this communication. He is thus responsible for keeping his couple, since he knows how to neutralize the emotional charge of a discourse, in order for each one to find peace of mind in his own consciousness, a difficult enough task in itself, and impossible with the handicap of alcohol and drug addiction. The conscious man is a being for whom the reality of life holds no fear, so he does not need to annihilate his intelligence with substance and prescription abuse, and he is therefore available to developing creative dialogue with his other. His conscious mind allows for the communication of his knowledge of life, and his psyche, unaltered by warped belief patterns and drugs, leads him to live his life principles intelligently.

## PART II

### **Exasperation**

Exasperation is caused by the need of the soul to relieve its suffering through the ego. This has nothing to do with the reality of the needs of life, but with an unbalanced emotional state caused by soul interference in the material life of the ego. For example, a woman feels lonely so she goes shopping to balance the uncomfortable feeling. In an already impatient emotional state, the choices made on the shopping trip risk becoming errors of judgement of the real needs and tastes of the already exasperated ego. Without sufficient neutrality, the actualization of a true need is impossible, and error ensues. Exasperation has now pushed the ego's needs into a position of such urgent priority, that cause becomes hidden behind a myriad of reaction, and this is only a shopping trip. The same principle is at work in all echelons of societal life, from legal and medical to industrial and military, in every area of life where ego needs are prioritized ahead of objective intelligence.

Exasperation always provokes disequilibrium. In the couple, it does not involve the will of both partners because it is an egocentric movement. It causes a psychic separation by a centripetal frenzy around its possession, the involved partner. The need to be fulfilled becomes the omnipresent illusion, and the presence of the other is forgotten. The soul

experience has become more magnetizing than the mutual attraction of the couple.

Exasperated need offers little insight relative to the life situation within the couple. Rather, life becomes a debacle when the taciturn ego loses its capacity to self-situate within the couple. At this rate, the couple cannot become an expression of life of each partner, since one ego in its manner of imposition upon the life of the other, reduces the freedom of the other to grow and harmonize within the couple. One loses sight of the other due to the domination of an over-present ego, weighing down both partners like a stone in the water. Vision is blurred, communication ceases, and clarity is lost when sadness takes over.

Life is a process of evolution and the couple is not exempt, on the contrary, there is no more perfect place to learn to give and receive freedom, as much as it is the place to give and receive new life. This means that there is no room for exasperation in this contract, where mutual respect is the key to success. In other words, the less mutual freedom within the couple, the less respect there is, and the couple becomes a battleground rather than a haven of peace.

## **CHAPTER 4**

### **Fighting for Freedom**

The main weakness in every couple is that of domination. The tendency of the ego to want to exercise its authority within the couple is a visceral reflex, and must be realized and replaced by a conscious effort to liberate the other from these imposed ego limitations. Domination destroys the quality of life of the couple, shackling one to the other, and reducing the couple to an arena of planetary experimentation. Both become prisoner to a subtle competitive underground, where the expression of individual liberty is lost, and both become losers in a closed system that breeds suffering rather than creative exchange and development.

When the need to block the partner's movement, by speech or jest, is manifested, the ensuing exasperation traps both egos. The partner in need is unknowingly prevented from receiving the other's generosity, as the silenced partner is exasperated instead. The quality of exchange has been reduced from its creative vibration, to a psychology of conflict. In this compromise, one puts water into the wine, or in other words, better to be accommodating than to speak freely and risk the loss of ending up alone.

Assuredly, in a compromised couple, there is always a lack of freedom, preventing both partners from living their respective realities. This lack of will breeds a negligence of

self, distancing the potential of self-knowledge and finally individuation. The key factor of living one's freedom within the couple, lies in a level of communication that functions with mutual consideration and respect. This means that there is no need for strategy and negotiation; there is no fear, therefore no need to be politically correct or manipulative. The couple becomes a mutual talking and listening partnership.

Psychically, mentally, and verbally, the couple is healthiest when its future is always discussed freely. When each partner is able to break the solitude of life to express with more and more latitude, the individual lives freely within the couple. As soon as one has latitude in life, there develops an ease within the couple to speak freely at all times of what works and what needs to be worked on. Although seemingly evident, this principle is subtly stifled in the compromised couple, due to ego interference, where latitude is destroyed by attitude, for example, "...it's just a bad day ...everything will be alright tomorrow".

Any attitude of dictating to the other becomes banal within a couple. This is the dominating ego manifesting itself. Indirectly, this is the insecurity of not controlling what the other brings to the couple. When the subject is disconcerting, the desire to negotiate pulverises the other's proposal and it is swept under the carpet like dust on the floor. So the dominating ego forces a one-way monologue, loses a talking partner, never learns to listen to the other, and

loses valuable input because of a self-preoccupation with needs, anxieties, and other illusions.

Behind every ego proposing or disposing, its real motor is the soul expulsing energy into the ego to play out its own agenda at the expense of the couple's freedom, since this occult intruder will always destabilize the one reflecting the thoughts sent through the soul. When the degree of emotion rises to self-announce, and clarity in the choice of words is lost, this is the sign of soul interference in the couple's communication. One partner dominates the other through the thoughts whispered to the ego by the soul. The other in turn is sent into a negative reaction of self-defence, or apologetic guilt, whatever emotional extreme that can be grabbed by the soul, like the table scraps grabbed by a dog.

Communication will always be a major study. If all the nuances of life are expressed in the choice of words, constructive or destructive in their result, the choice of words used in communicating is not easy because life in its nuances is not evident. If life was easy to understand, communication would be resolute and mature, and much more experienced than it is today to face the avatars of life. In the couple it is the double-edged knife, the saving grace when the initial mystery of the unknown becomes known, the olive branch brought to the table of bargaining and reconciliation. It reveals the soul in its sounds of emotion, or the spirit in the resonance of its call to action. It expresses imagination or reality, it veils with emotion, reflects in the soul, and trumpets the ego. Communication is sent and received in

every dimension of life, and couple life lives on it or stifles without it; but the most important level of communication comes from the dimension of the mind to every human to bring freedom from suffering, whether physical, emotional, or psychological. When the human mind is ready to listen to reality, it hears the communication of intelligence from the mind. It can come through any human, and what is discerned is not its source but its essence. It can come from the wife in the couple, the youngest child in the family, the homeless or the minority; if the mind is intelligent, the ears will receive it and act on it to move to a higher place of creative freedom for one's self and other.

How do we know if what is said is heard? It is only in the way in which the listener treats the information. If he answers with what he desires to be heard, he is not listening, and therefore will not be communicating, just conversing. Evidently there is evasion of the issue, there is subconscious ego insecurities seeping into the conversation of the soul, there is indirect contradiction blocking the creative development of communication. The subtlety is significant and palpable. It obliges the one who expresses the need, to carry all the weight in the couple. For example, she tells her partner that she would like to go for a week at the beach with a girlfriend. He replies that he had planned the same week for two, to a getaway she can't refuse. Maybe so, but now the need of the other must be explored or studied together. This means that the communication must receive the other in the expression of freedom, whatever choice that may be. There must not be the need for compromise, but instead, the

integrated will of each partner to at least understand the need of the other, if not to concretize it. Putting off freedom is in itself a way of imposing one's own insecurities on the other. If she expresses the need to take a vacation with a friend, he must be present to her need. This goes both ways, even if her insecurities may be more intense, for reasons often less material. That she is more vulnerable because she is in a physical body more indisposed, renders her more circumstantially emotional.

Freedom is hindered as soon as one or the other in the couple is putting off what is essential and present in their life. The need to be free to live one's personal solitude, the permanent need of each individual to know where he or she is in life and with life, is short-circuited. When the need to live in a couple is greater than that of individual freedom, the couple becomes an illusion. However, when each partner lives consciously, the preference of the company of his or her other, the need to be two becomes permanent, without hindering the need to live one's own consciousness, omnipresent in the mind, and complementary to the other. Finally, if there weren't consciousness with one's other, there would eventually be paralysis in the mental structure of the couple, and respect would slip away, leaving the couple crystallized in morose suffering. One suffers more than the other without necessarily realizing it, until there is a real shock in life, often too late for the need for freedom to at least be able to evolve, in life and in the couple.

## **Chapter 5**

### **The Importance of Respect**

The biggest trap for any couple is taking the other for granted. What seems automatic for one may not be evident to the other. Also, there are always those elements of life that must be explored in order to bring individuals into real communication where flexibility replaces conviction. When partners are able to study together what may be conflicting, shocking, or simply a state of being or life situation, intelligent communication develops and respect is preserved. The winning card for any couple therefore is respect, for without it the level of intimacy in communication that allows the exploration of virtually any subject, cannot be developed.

The future of a couple without developmental communication is compromised. Since this level of communication is dependent on respect for self and partner, the growth of freedom and harmony within self and couple is essential to the development of the intimacy that opens the circuits of intelligence to the quality of communication necessary to harmonize the couple relationship through all the obstacles and shocks that comprise life. At this level of intelligently intimate communication, the couple becomes flexible rather than convinced. The way of one is respected by the other. The sensitivity of each partner is communicated to the other.

As it is part of the evolution of each individual to consciously know and communicate with his or her own intelligence energy, so it is eventually within his and her own couple.

Imperceptible to the physical eye (at first), this subtle body of energy that doubles the physical being, has a vibration that conforms to the level of intelligence and consciousness of the individual to whom it is tuned. Inevitably, the more this energy field is balanced, the higher the vibration and thus the more advanced in intelligence the communication; intelligence here refers to the level of freedom and harmony one is psychically able to communicate to one's self.

The more the couple becomes conscious of the principles of vibration, whether in word or jest, the more respectful they will become of each other's sensitivity. With this gradual harmonization, there develops a gradual complicity, then intimacy that shields the couple against the indifference and violence that prevents an individual from building or even forming a couple in his life experience. With time, the lack of the experience of intimacy can be manifested by energy blockages that can go as far as to isolate the human from not only his couple but his own fraternity.

As soon as a human being is held back from communicating, the couple is the example here, there is a distance created between the two energy fields, which separates the two psychically. There is an insecurity created due to the ensuing lack of communication, exposing each partner to a latent stress, and all the minor issues from the beginning of the

relationship resurface in a crystallized connotation of the unsaid. The unsaid becomes a reciprocal weight on the couple, and little by little, breaks apart the couple's mental structure. This is to say that each partner's psyche becomes more vulnerable because there is less presence within the couple, and so the partners are no longer able to situate the other in each other's life.

A mental separation between two people in a couple has the effect of taking hostage the partner who needs most to communicate. This changing structure is an occurrence which creates the most suffering for that partner in the couple who has more difficulty with communication. The blockage virtually forces either communication or separation, in that there is created a diminution of what that partner means to the other, if the situation is not corrected.

It is not always the man in the couple who lacks communication, although invariably he is often less adept than the woman in a life together. If the man is intelligent however, he will protect his couple from insecurities, since he knows that this is the greatest principle of respect that he can offer. He will achieve this by learning how to communicate in his couple, listening and developing to situate himself with his partner. His offering will be the "savoir faire" of developmental communication in the construction of his couple. In doing so, he eliminates the worries about his love life, and the anxieties imposed on his ego by the emotional instability caused by his soul experience. Communication with his partner replaces the interminable thought pollution

experienced by the illusions of the solitary ego, the me-myself-and I.

A woman's couple saves her from a panoply of negative experience. Once a man has realized that he must invest every day in the quality of his psychic and mental experience for his partner, respect is forever present. Since it is he that breaks the harmony within the couple, which pushes her to constantly insist on a re-affirmation of his love for her, it is up to him to protect her psyche from this painful doubt. These pernicious invasions of the mind whittle away at the psychic scaffold of the couple structure, if their communication is not real enough to override the unconscious soul effort to undo human happiness. When the weekend with the boys is no longer more exhilarating than time in the couple, when the in-laws and social climbers come second to the evening for two, the couple is leaving the forefront of soul experience and going into a level of permanence that is indestructible, a level of intimacy where doubt is nonexistent, and a fortress of respect supported by two equally strong partners with very different but inseparable roles.

Without respect, a couple is never formed as the relationship remains on the level of soul experience, unstable, waxing and waning with the cycles of the moon, and open to all of the instruments of destruction operating to re-isolate the two unlucky souls in their close encounter. As soon as the presence of one diminishes, the door opens for another adventure to commence, and the traps of seduction are reset

in another direction. Emotional disequilibrium prevents the mind from even envisioning a future, and immediate gratification becomes the fast food relationship in an eternal repetition where there is no communication to build upon; there is too much egocentricity to give room to the other, and too much distraction by the soul's illusions. As soon as there is a meeting, one of the two suffers, which left unexplored, brings along its lot of consequences, already creating a distance. With time and repetition, the magnitude of accumulated suffering makes it almost impossible to even want to stay around to identify what it is that is worth building a couple.

It is always indispensable for each partner to be able to identify the mutual life style of the couple, in order to simplify their life and retain their mutual attraction. This cementing fixes the soul forces, advantageous to the couple's peace of mind, without falling victim to the insecurities of life. On the other hand, the couple life must never become an absolute, since the freedom of the individual within the couple is part of that peace of mind that comes from the mutual respect to let each one live what must be lived individually. Greater communication without judgment and blame is required to carry on the study of self within the couple life. Presence of mind within this range of communication guards against neurotic analyzing and ego domination in the couple.

There is no pleasure in the company of a partner that needs to be the center of public attention. One partner is missing;

the duo dynamic must be either broken or redefined. External forces push into their minds to either separate them, or force them to generate the verbal fortitude to begin building their psychic mind structure and a future for their couple. It takes a lot of individual freedom to allow a couple to evolve. The simple act of speaking openly to one another without reactions is a creative dialogue that cannot be denied. It always has the effect of keeping the two close to each other because respect is present. Then, with time, the reality of all that is communicated establishes a foundation where the couple is drawn to more and more. In this life continuum, each partner finds his and her own comfort zone *à deux*. Peace for the couple becomes the priority over any surprise that life can conjure up, be it financial, emotional, or health related.

The real couple is a living entity in itself. The danger to this life entity is stagnation, when one's spirit is no longer present to the life of the other. One has taken the other for granted because there has not been sufficient study of self within the couple. Into the gap the ego slips, to take over his exercise in the illusion of his right to control the other, respect forgotten in a moralizing or narcissistic discourse.

When respect is absent in the couple, a misplaced will to reprimand replaces and destroys the delicate psychic balance of freedom. Ego defense becomes eminent, and the discourse that follows becomes harsh instead of just. Here begins the debacle, and ends the couple, since the speaker in the ego cannot hear or see the self in the theatre of domination, but

wants more to be right than to respect the other. There is no more room for two.

When respect is forgotten, freedom of the other is lost and the constrained ego lashes out at the partner who for whatever reason had lost presence in the couple. Rationalization is due, justification is pushed, explanations are forced, and the accused in turn loses freedom and respect. The couple has been duped by the evolutionary forces that direct each one in the couple to live according to the reality of the needs of individual evolution, even and especially within the couple, the perfect base to force rapid evolution, within such a psychic grid as the triangle of the two individuals with their creation of a third pole, the couple.

Certain life experiences cannot be avoided, since the result corresponds to a genesis of life called evolution. This life principle cannot be chosen on a personal level since the ego is unconscious of the evolutionary agenda of its future being. Through the eyes of personality, one would never choose to live his “Waterloo”, but this very experience allows the ego to suffer enough for the purpose of becoming conscious of life as a process, above all, of self-adjustment in order to evolve. Even the beginning of a couple is never, in reality, a personal choice. On a strictly pre-personal level, couples stay together or not, all within the larger agenda, to say the least, of human evolution.

Any life study demands mental objectivity, since each human experience is unique to the individual, not because of the

situation, but through the way it is experienced. Neither can that experience be transferred, it is unique to the one who lives it; but it can be communicated, understood, and learned from, thus the value of not living alone, and of not judging the other, and most of all, not assuming, especially in a couple.

Communication of experience to understand the other and learn for one's self, is the goal of dialogue, the mutual development of intelligence, for the experience of comfort and peace together. If ego takes over, dialogue breaks down to monologue, none of the above mentioned conditions are reached, and experience re-imposes itself all over again through different and more difficult avenues, until the message is understood. When the ego has suffered repeatedly difficult experience, enough transparency is reached to share, to listen, to understand the other. However, if insufficient intelligence prevents communication, there is a psychic and eventually a physical separation.

Life is evolution, and the couple is not sheltered from its storms. The one who leaves the partnership is expressing a need, whether it is real or not. Either he or she must be alone to verify life individually, with respect to self or the couple, and sometimes to better live the couple afterwards. If the spirit of the couple has not been broken there is continuity at one level or another. If the experience has ended, it is useless to wait for a return, and with communication, suffering ends quickly in the understanding that there is no rejection, only the end of one experience, and the beginning of two new

experiences. Communication is accompanied by respect when each partner is invited to voice individual needs within the intimacy of their life together, even at their parting. Whether parting from family, couple, or life, intelligent communication gives the proper teaching of the reality of evolution, that is to say, leaving is essential to arriving, but suffering from these inevitable life changes is due to improper education, disinformation, and human ignorance of reality.

Communication is involved with the study of self. For example, the study of women will be forcibly more of her emotionality than that of men, because it has to do with her major weakness in life, love. As such, when she becomes aware of this primarily female life condition at its source, she can already identify it as the barometer of her capacity to self-navigate in her life. This knowledge allows her to identify more rapidly what she wants to live in the future of her couple. For example, if she lives more guilt than rejection or doubt, she must be able to study and express this state objectively rather than in an emotional reaction, that is from her mind rather than from her heart. In going through this self-study, she expulses the illusion of guilt to free her psychic system from mentally and emotionally crystallizing a form that isolates her from reality and hampers her human relations. Until this exercise is achieved, she gradually turns her suffering towards her surrounding relations, in this case the couple. In an unconscious effort to return to balance, she unbalances herself and others. Until she can face the study of her emotional reality, and the source of the problem which

always originates from conditioning and belief, she rehashes her past and becomes neurotic.

Women and men often see unexpected or unauthorized activity in their couple as a fault. If they realize that each is psychically very different from the other, and that they rarely live experience in parallel, they can free themselves from doubt, guilt, and blame, to engage in a study of the needs of the couple as two individuals growing together. This study usually poses more of a problem for a woman, since it happens in her life arena, the nest, and love. This is where her male partner can help her because he is uninvolved at her level of total love. He is emotionally impervious to love when he is driven to new experience; his weak spot is not in the stability of his couple which can easily come to the brink of disaster before he becomes aware of any change. When she is pushed to live intimacy outside of her couple, the red light of unhappiness turns on, not necessarily so for him. He can live through a "clandestine" adventure like a duck in water because his life arena is in the marketplace, not in love. This is where the couple life becomes the ideal instrument of individuation for man and woman. If they are intelligent, that is, conscious of their different but equally essential place in life and the couple, respectful of the other's area of expertise, her in inner life, and he in outer life, then he can bring her into the outer world, and she can reveal his inner subtle dimensions to him.

A woman is balanced in her life if the man with whom she shares her life is intelligent. The real need in her evolution is

harmony, whereas for the man, it is his identity. She can very well be balanced psychically and physically if her man is present to her. As long as she is assured of his love, she can live in peace in her feminine development. Since harmony in her love and life is her reason for being in the physical world, she is forced to constantly redefine psychically, her life as a woman. In her soul life she has to tack with every psychic perturbation, like a sailboat in the wind, until her spirit brings her to port.

Simple evidence brings us to the conclusion that a woman does not develop her consciousness in the same manner as does a man. When needed, if her psyche will suffice in the couple, it is not so for a man. His mind must have organized an identity for his ego, before he can be well in a couple. It is more difficult to be in harmony with another, if he is not secure in his self-identity, and he cannot realize this until he feels unified with the indivisibility of his life. In other words, he must feel that he has control over his mental and material life.

There is a parallel between a man's need to feel undivided from his life, and a woman's attachment to the importance of having a child. The two big storms on the couple's horizon, both caused by illusion, in that as much as it is not under his control to be knowledgeable of an intelligent life, it is not under her control to have a child. Notwithstanding probabilities, it is the agenda of individual destiny that answers to the needs of the soul, and knowing this fact frees the ego from much suffering. When a man needs to feel

unified with a life principle greater than just his job, he comes to the point where he must conquer his own intelligence in order to find peace in his couple, to free himself once and for all from the principle of domination that has coveted him since the beginning of time. Only then can he realize that his life is multidimensional and that intelligence is also, coming to him from a pre-personal dimension that is the source of peace in his couple, or alone. Without this peace, or freedom in his couple, he cannot be sensitive to his partner, and harmony must constantly be rebuilt with respect, after every storm on the horizon of couple life.

Respect for the other is primordial in couple life. Their intimacy cannot be based on ego games, but on individual respect for the stature each holds within the couple. The woman does not think like the man, and vice versa, and to think everything must be verbalized is unrealistic; however, the more one is present to the other, the more communication will be psychically harmonious to the point of binding them as strongly as unadulterated food binds health to the body. This is the perfect example of the main principle of dialogue uninterrupted from its pre-personal source, in that it allows individual continuity of each partner to freely self-define life. He is no longer duped by negative imaginings based on emotional susceptibility, so that finally he can offer his partner the level of respect that destroys the doubt of his capacity to always be intelligent in his couple. This is where she is intrinsically protected from all forms of eventual neuroses that she would otherwise live in her close planetary relationship with love, or indirectly, her couple.

Especially since he lives very little emotional rapport with her stumbling block, the couple, he becomes the responsible *seer* in its genesis.

Let's not imagine that he is without his own weakness; his work. This is his arena of experience, and the principal vantage point from where he can live and work out his emotions. Because his job is too intensely linked to his self-identity, he often loses his couple in this struggle with the outer world. If he hasn't the presence of mind to leave his conflicts at work, he can impose a subtle domination on his couple, consciously or not. It is up to him to control this energy that if brought into his couple, can affect her with an unhappiness that cannot be materially balanced. Then she will distance herself as much from him as if he were having an affair with another woman. He does have an affair, with his work, until he realizes that his identity and his job are as different as his spirit and his ego.

Since men and women live different insecurities, they do not have the same psychic mandate in the couple. She is the one who brings lightness and joy to the couple, while he is the one who must protect its mental, emotional, and physical structure. In his task he must be above all, intelligent about life. Being naturally more in his thought process, he must communicate to protect the mental and psychic structure in the couple by filtering at all times the basis of exchange in view of respect for his other. Through his conscious life study based on respect for her, he will psychically free her to live her gaiety within and for her couple. She is made for the

couple, and this is precisely what he must understand, because he is psychically formatted for his work. In other words, if he wants to live a happy couple, he must provide for her happiness to build it within their couple. If he likes a good fight, since he is forced to fight for his work, he must leave the fight in the work place.

If both partners in the couple are free to work their psychic territory, each can aid the other with mutual respect. The base is thus solidified, and the future holds the necessary life adjustments in order that each one study life more and more in depth in order to evolve and let the couple evolve. Vulgarity, egocentricity, and bruised sensitivities are less and less capacitated, and the intimacy of the couple is cemented by harmony. The couple is not exhausted by continuous recommencement brought on by emotionally and psychologically destructive affairs, nor is there the lack of maturity of the prince and princess, blind to the beauty of the other without the experience and intelligence of the self.

When one or both in the couple is far from knowing the mind, there cannot be a harmonizing energy to bring them together in spirit, even if they are present one to the other physically. Consequently there cannot be an experience of the beauty of life and healthy sexuality, but only the animal need manipulated by human imagination, devoid of the tenderness and affection that, if even learned from the animal kingdom, could teach a wisdom found in nature but more and more rare in humans. A couple without the natural beauty of communicated intelligence manifested in all its

dimensions, is temporary, or experiential. Their sexuality, which is only a part of their psychic unification, cannot have its balanced place where there is no harmony. If one or the other is not present to this nuance of life, the distance between them widens with time to end their experience, and forces them both into separate directions still thirsting for something they cannot yet put a finger on without having lived it as a couple.

## **Chapter 6**

### **Harmony in Danger**

Magnificently, harmony is explained as complicity and liberty, both with consideration for the other, and in self-identity. This is of the greatest value to the couple since it is not affected by the hazards of life, but by the will of each to communicate life intelligently. As soon as harmony is menaced within the couple, both experience a loss of liberty, and this problem is rarely caused by the feminine source, in either partner. When the individual is in equilibrium psychically, the ego is not trying to overpower the other, so that simplicity and tenderness can reign naturally.

The above observation leads to the following nuance. Since it is the male partner who is responsible for beginning and keeping the couple, inevitably it is he who is the greater menace to the harmony within his couple. She can invite him, but he must decide to build the couple. If it is not he that makes the choice, sooner or later he will be the one who leaves. Even when he has chosen, he must watch over her thoughts in order to protect her psychically from not only his own insensitivity, but also from mental perturbation, which when not dealt with, can eventually result in a state of neurosis.

To begin with, a woman is in harmony with life because of her natural tendency towards peace. In these circumstances,

it is in the interests of her partner to protect her and keep her as she will also bring him peace. His tool most needed for this task is intelligent communication. Attentive to her psychic state, he can bring harmony to his couple by changing her darker states of mind. For example, with a simple, “Are you alright?” affectionately whispered, he will be able to bring her back to the lightness and joy she offers her couple.

To be able to communicate the vibration of life, changes one’s reality instantaneously. To be unconscious of the laws of life brings its share of woes, specifically those in the couple. One imagines the other to be distant and uncaring of the harmony in their couple.

Harmony must be maintained for the couple to renew itself, rather than gradually falling into a negative mind set. To not be conscious of this most important life principle prevents the couple from constantly studying itself in order to renew and adjust. Expectations in an internal status quo, and of necessary adjustments happening without having to communicate them, leave the couple vulnerable to the kind of disequilibrium that is impossible to rectify when time and misunderstanding have been left to slide into conflict.

Every couple life has an undetermined duration, and not to be vigilant over harmonizing the time together, leaves the door open to domination, whereby there is a false effort of self-involvement to facilitate one’s own life, at the expense of the other. In reality, life together must be noble, defined as

something shared; from the beginning it is based on the harmonious exchange in the lives of two individuals, equalized through sharing. This is the key to freeing the relationship from mere soul experience, all the way to its highest virtue of kindness, as a vector of life that leads us to harmony within self and couple. Consciousness within the couple can lead the individual to discover the cosmic origins of the shared configuration.

What is kindness but the practical knowledge that she is never the menace for him, either mentally or psychically, on the contrary, she can make his life intelligent, if she is not destabilized by his excess male ego. She is not sufficiently negative to go to war against him, but she is sufficiently psychic to protect him from his own ego, and that of others. When conscious of this, he will know to protect her from all susceptibility conducive to her particular neurosis. He will war against this invasive state of mind that affects her psyche, because he knows that the influence is not her reality. Protected by this level of benevolence, she becomes harmonized, her psyche is balanced, and like magic, her neurosis has been dissipated by the vigilance of her partner.

When he addresses himself consciously to her psyche, he will be able to immediately define her state, and by simple presence of mind, he will be able to alter the thought that perturbs her. He has already psychically and integrally looked after her state of mind, since he has picked up on the foundation of her emotional susceptibility. He knows how to deploy sufficient mental force to free her mind from the

insecurity that had disturbed her peace, so that she can redefine and realize her life. When a woman becomes free in her psyche, she becomes *centric*, which means, as opposed to being egocentric, she connects with a higher level of her mind that gives her ego transparency. Her consciousness frees her from ego reflection to give her communication with her intelligent mind.

What does centricity imply? When a man or woman becomes conscious, there is a liaison with one's spirit that links by vibration to the ether of life. This ether vibrates to the construction of life and its future on the planet, and spirit links one individual to another through this vibration, when he or she is conscious of it. Centricity is this vibration which is lived uniquely by each partner, and yet harmonizes them verbally. For example, when a man in a romance is centric, the whole nature of the romance is ethereal because he is free of the need to please, and he knows for sure that he is received because she is conscious and therefore programmed to live beauty on Earth through the vibration that harmonizes the couple. This is the state of grace that she lives, being the element of love and generosity in life. She is without equal when the beauty of her consciousness permeates her creative mind. It is remarkable to know that women are cosmically programmed to live harmony and beauty. From an early age she conducts herself like a small princess, whereas he usually expresses his warring nature. He sometimes becomes the prince in adolescence but she develops her sociability very young.

Harmony is the expression of centricity. When one is conscious enough to become centric, that is, when the ego becomes transparent because the mind is free from emotion, the expression of that balance is harmonious. In balance, he is not only the expression of male energy, nor she of only the feminine. The two poles in equilibrium are stabilized in a conscious being, since spirit is beyond the polarity of sexuality. This fusion is so overwhelming, that the psyche of whoever lives it is instantly tuned to the harmony of their life force. The result is the development of creative sensitivity, invaluable to the peace and harmony within the couple. The freedom to manifest, like she, his generosity, and like he, her intelligence in matter, not to mention the freedom from manipulation and domination for both partners, creates a couple that cannot be arranged by family or religion, but must be brought together by the harmony of vibration.

Gentleness is the prerequisite for harmony in the couple, as much from the man as from the woman, indicating the high level of spirit that knits gentleness into the relationship. This is when romance becomes sincere, from his gallantry, initiating her lightness of being, coquette in simplicity, and generous in intelligence. The vulgarities of manipulation and strategy have lost their existence to the gentleness of two beings toward each other in harmony. Of essence in the feminine psyche, harmony is favored when she lives with gentleness, and in turn he is invited into the ethers of the beauty of spirit. Like decorating a room, he will pay attention to the form, to the spaces, and use what he can. She, from another point of view altogether, will provide the subtle

nuances that have to do with color and beauty, that touch of unexpected originality that creates atmosphere, and goes beyond practical comfort into the mysteries of atmosphere.

A man is totally engrossed with matter when it comes to the woman that brings harmony into his life, from her physical attraction to the psychic support she brings to him when she frees herself through her confidence in him. This mutual support, hers psychic and his material, allows him to extract through her psyche the knowledge to conquer life and the invisible, and for her the acceptance of his intelligence frees her psyche to explore and develop freely the consciousness in which they live.

Men have in the past had more self-power than women, to denounce the manipulation that creates the separation of human consciousness from knowing the occult mysteries. Not only because he is a natural warrior, but also because, as being his world, and in it having supported the forms of religion in spite of female intuition, he is contracted by the nature of reality to undo what he has done when it no longer serves soul experience through suffering. Throughout his period of involution or ego development, not that his women lacked intelligence, but that they lacked a voice, his was the dominating voice, or rather the only voice in most of the planetary cultures. Today still there are few women seen in the public places of power, yet less and less women using masculine pen names. Was this a fault of the feminine nature or simply the wisdom to avoid the corridors of involutionary power? Was his the time of fighting with darkness and the

illusions of power, and her time that in which his consciousness would lead him to heed a soft voice ushering in a new age of evolution, where her intelligence is able to re-equilibrate a world disastrous of war. Knowledge of the reality of life, once heeded, will be orchestrated, documented, and ultimately will change the entire nature of a constantly destructive power struggle, to a new level of creative cooperation to protect Mother Earth and her children, and to introduce man to his cosmic future.

Life is lived multi-dimensionally, and it is up to every resident of it to respect self, and others, no matter what level of existence they are faced with. Intelligence is everywhere in the universe, although man's subjective judgment of it prevents him from enjoying its limitless diversity in all cultures, genders, and walks of life. The opening of man's vision to it will be seen in the writings of a creative science, the beginnings of which are today manifested in the new endeavors of a non-polluting science in every domain. In this sense, the race of men to come will be of an intelligent root, tuned to the reality of creative life from birth, not tampered with by the soul forces which from the beginning of time had withheld from him his own true compass, leaving him in the dark and unable to self-correct, forcing him to repeat the same scenarios of war and destruction throughout history. Finished forever with "personality", his renewed connection with the dimension of intelligence will speak his life to him at all levels, diurnal and nocturnal, occult and scientific. From a level of cosmic reality that has not yet been largely diffused on Earth, beauty and harmony will begin at a

new source of communication between men and women that demands respect and generosity. When the awakening of consciousness of men and women will happen on Earth, the illusion of death will be destroyed by the harmonious structure of the sounds of this new speech.

Looking at harmony in its most common simplicity, we see the sensitivity of a balanced ego, masculine and feminine. Harmony is the greatest protection of the couple because the current of communication is never broken. In a tone of voice, a jest, the way of speaking to one's partner is delicate, affectionate, and reassuring. In return, there is no attitude, no insecurity, only freedom to communicate one's reality to the other. The beauty of peace within the relationship emanates into their sphere of effluence. They become a model for those around them. Others grow from their example, and in return they develop the will to free themselves from personal negativity to self-harmonize at a higher vibration of intelligence. Within this couple, he knows how to show his appreciation of her, and it is then that she brings beauty to him through her freedom of being. Harmony reigns, and is his responsibility as builder, to finally come home to build harmony, after building everywhere else to no avail, since peace on Earth comes from peace of mind.

Harmony is one of the beauties of undifferentiated life. Essentially all human relationships must arrive at a level of harmony in order to develop, whether in a couple, a family, a friendship, or a society. It is one of life's most essential nomenclatures, and that which is most actualized in the

physical world today to allow those in relation, to reappropriate the *ethers* of universal life on Earth. It is via the harmony between humans, that one day the uncontested right to power to reverse the negative polarities from the Earth's habitat, will be achieved.

The Earth is not a planet destined for darkness. Proof of this today is the change in consciousness within the couple. Freedom from the religious yolk, for self-development and integration of past eons of spiritualization, is bringing individuals closer to the mind consciousness that has always been waiting for them. Leaving material science for the science of life permits individually and therefore within the couple, to reconnect the cosmic teachings of the higher principles of love, with the mind on Earth. Leaving the destructive, partial, and inaccurate pseudo-science attempted for egocentric reasons of power and domination to realize the future of science that brings harmony to the human domain through knowledge of its cosmic laws of synthesis in an open system, signals the age of the universal alliance of harmonizing knowledge on Earth. The couple benefits first from this new energy in peace and beauty, as much as it is victim of suffering and loss without it. The same-sex couple will finally be left in peace to live as any other couple, part of universal life whose plan concerns only those involved, to live as any other couple in harmony, intelligence, respect for the other, and to become free one day, from matter. The Earth benefits globally as the man and woman of tomorrow recuperate the loss of its beauty by de-polluting and protecting its flora and fauna. The laws of nature are too

subtle for industry today, and yet so simple for the original peoples, who should be the guides to protecting the Earth that material science destroys in the name of progress.

Men and women will definitely be self-guided in the future, in every way that touches their couple, in order to avoid the potential of relational chaos that is a permanent danger to harmony, which is fragile, and easily menaced. Without it, the couple is left with nothing before the avatars of life and the thought systems that can penetrate the psyche to divide and conquer. Without harmony, the psyche of one or the other in the couple is open to aggravation, and the pillage of the freedom and beauty in their lives. When this happens, harmony is already far gone, since one or both in the couple is living narcissism or self-destruction. The absence of self-knowledge, or consciousness of reality, is psychically disturbing to the point of mental epidemic. Respect is lost, communication is disjointed seeding doubt and stormy allegations, reality of the couple is nonexistent. Harmony cannot survive in, or even begin to form a couple when the ego is colored with attitude; and communication has been short-circuited beforehand by the narcissistic ego who cannot receive another.

The more a couple is intelligent with life, the more aptitude is developed to communicate openly, with the goal of building centricity into the couple, thus instilling permanence as a vibration, as opposed to a religious, legal or cultural regulation. Since harmony is not possible without the application of uncontested will to study the life that awaits

the said couple, it is this conscious effort that renders the couple intelligent with their life together. Once consciously experienced, they will always be ready to bring to the table this profound and intelligent study, so as to not let ego interference unbalance one or the other partner, in the preservation of harmony. This is the structure of the couple configuration, that prevents domination within the couple, just as it is the ego, unconscious of its domination over the other, that eventually ends togetherness in life and destroys human relationship.

Only a serious study of life allows a man and a woman to still the ego pendulum. This mental vigilance is fundamental to both partners, since it is the presence of the other that lets emerge a universal knowledge, when the time comes for the couple to receive it. When a partner is given to see his or her other's ego, without judgment, and through communication bring that partner to live the state of neutrality that makes it possible to see exactly what is happening in the couple, each one becomes present not to himself but to the other, and that is the moment that becomes the mutual protection of a couple, so difficult to find, and so vulnerable in the influences of life's constellations. Only knowledge of life makes one watchful of it, and within the couple two vigilant minds preserve harmony, thus freeing each partner to remain individuated and therefore pre-personal in the vision of their couple. This pre-personal state of mind brings consciousness to life dynamics and creative intelligence to the couple relation. He becomes generous in diffusing his knowledge of

life, and she distills new perfumes of beauty and joy in the life vibration.

If the knowledge of life remains occult to this day, it is because the couple has never discovered its nuances. They have been relegated to follow the masses, orchestrated by religion and philosophy, to follow but not to see, to believe but not to know, for imaginings of better and disillusionments of worse. Without reproach, the failures of this dreary past are now giving way to a new reality of individuation, which is for the couple, a revelation of peace. So little is as yet written of the future of human psychology to allow men and women to educate themselves about their life as a multidimensional panoply of self-knowledge; but the process has already begun. Concluding a great absence of intelligence in today's world societies, to break through the limitations of an obsolete planetary psychology based on collective unconscious personality, the human must finally connect with his own universal intelligence via the individuation of the mind, in order to jump from the psychology of personality to the consciousness of pre-personal science.

Looking into the past of the human race in general, we see that men and women alike were wholly obedient to invisible forces manipulating them throughout repetitive generations of unknowing soul experience. In this sense they were ignorant of reality, that is, they could only repeat the past, express desire, and believe imposition. Life was a veiled mystery beyond collective dictates. Desires were expressed,

emotions developed, egos were built, all pushing towards the capacity to *express life*. It was the discourse of the ego in the past that was solicited by the soul to define life. Today, this phase called involution is at its end, since it could never free men and women to let them define their unique, individuated psyche; and they have yet to define Love with exactitude. The reason for this is the fact that they have always been tyrannized in their minds, right and left, by poets, prophets, minstrels, priests, or pop stars, always pulling them back into the age-old prince and princess fairy tale role.

## **PART III**

### **Love is Energy**

Love is a cosmic energy that has not yet been experienced except in its animal or spiritual-emotional form as a composite of the soul-ego planetary experience. In its pure form, it is a vibration of light, which can only be captured in the conscious mind that lives the presence of intelligence and will. The nature of this intelligent will is the evolutionary movement of life in manifestation through the human who is conscious of it; and it is diffused in the physical world as harmony in human relations.

The theme of Love must be discussed as an energy that is taught to the race of man through the ages, reposing upon the capacity of the ego to give it a material form, palpable and supportive against the ignorance of life. In this sense, what was called love, synonymous with possessive, parental, and karma, had the function of securing the ego and creating the belief that the ego was the vector of this energy.

The men and women of tomorrow will live another dimension of energy concerning love. No longer limited by material life, they will consciously be able to channel it, to the detriment of egocentric aggrandizement.

Love is the movement of solar energy, named by the subtle life planes as infinite light. From this essence, planetary love cannot be associated with emotional faculties of the ego that

spiritualize the term. The fact that men and women do not know themselves as entities of evolutionary life, is directly related to the absence of an intelligent definition needed to establish the real frontiers of the term Love in each being.

## **Chapter 7**

### **Who is Woman?**

At first glance a woman is femininity, but more than that she holds beauty in her subtle energy, which is both feminine and masculine. It is this configuration of equilibrium in her ego that allows her to live what is called in the modern search, “inner peace”, an ego transparency that neutralizes the yin and yang polarities in the physical world. When this life force is balanced, she is strong, her ego is not inundated with the feminine principle that otherwise sends her into the dream world of supernatural love and enslaves her to the lunar psycho-chemical prison of the hormonal tempest. Her force of mind balances her hypersensitive feminine psyche, and her ego finds peace in this inner communication with her spirit intelligence.

Once a woman has invested her higher intelligence in willfully calibrating her feminine and masculine polarities, her ego becomes transparent. She becomes free in her material life because she now has access to her own identity through the conscious will to discern her inner communication, the result, authority in her word. For example, she can use her femininity to charm and vitalize, without being a victim of this naturally seductive ether, since her ego is not involved in strategy, and her spontaneous mind connection is freeing her from any psychological form of

domination. She is constantly freeing herself to live in the creative movement of her real identity.

Whether at work or on the beach, the woman who's inner communication comes from her mind intelligence to keep her balanced wherever she is, feels beauty and knows it comes from this connection, and that is her joy. She can use all the perfumes and jewels of the cosmetic world, or not, knowledgeable of that ethereal perfume that is her, at the source of life from where beauty is born. Whether her style orientation tends towards a classic or sober look, sexy evening elegance, or rough riding country leathers, she will use all the colors and forms in the right place, at the right time, since she is no longer dominated by religious fears, nor decadent fashion, nor father nor husband nor neighbor, but only by her sensitivity to the style that suits the occasion, and the occasion that merits her style. What about that man she has to please? She will move the way she moves, and do what she has to do, but Mr. Right will find her, because she has finally destroyed the age-old myth that she has to run after him bowing and scraping, dressing and undressing, and pleasing at all costs, only to lose him again in the night. When he finds her, he will love her style, and she will love to have him participate in her choices, since he is balancing his feminine side by sharing life with her, his joy.

It goes without saying, that a woman's psyche possesses everything necessary to have generosity. She knows how to make life pleasant, to make one smile, and her passage through life carries with it the beauty of life; without her

participation, a society is void of these treasures. She has direct access to high planes of life when her psyche is in alignment with them, vibrant in the masculine and feminine polarities of her ego, because she is a universal being. Her role is to vehicle this universal vibration to the planet, where men benefit, receiving from her the fresh air of life, to which “he” so seldom has access in his masculine energy.

Her smile is not just for laughs, but for the lightness of being in her consciousness of the beauty of her world. Even her peals of laughter and giggles of amusement are regal when untarnished by masculine domination. If her sensitivity is not damaged by her male counterpart, the builder, conqueror, warrior, she brings him her gaiety and her facility to find amusement in life. She lifts the seriousness and silence off him with her charm and elegance. This is she without sorrow and restraint, his perfect partner.

He will often have difficulty with life due to lack of spirit, his ego heavy with self-importance. This is not a problem for her. Conditional to being a free spirit, she rarely takes herself seriously, is rarely without a topic of conversation, and is even less competitive, unless she visits the masculine side of her ego; on this male side, animal expression and emotion are blocking the mind. Whether she goes there consciously or not, she will have to deal with the energy of anger.

A woman must be cold in her mind about her life choices, in order to develop will. She does not have to worry about love or intelligence, after 2000 years of representing the first

principle and learning the second principle through ruse for lack of muscle. Only the power of her will can bring her to a new destiny of consciousness that will heal her of the anemia that is her planetary role called love.

When this new mind energy becomes integrated, the atomic source of Love brings the woman into her phase of evolutionary life, and in turn she brings planetary love into its phase of intelligent love and the beginning of consciousness. As her universal self, which will nevermore desert her, and in which she will lose forever her karmic memory of planetary involution, the force of her will to express who she is, remains impressed upon those she meets. Her transparency frees her from the emotional need to constantly secure herself as a soul incarnated in matter, to finally exercise her right to be intelligent in life and to communicate it.

Contrary to man, the woman does not systematically appropriate her access to the coldness of the mind to express her life. Since she is closer to her emotional center than a man, she does not consider the use of anger to establish a vibration in the material world. She has been considered guilty for so long in her history with authority, that it has become a permanent battle for her to manifest anger and use it perfectly. She must rip this part of her conscious life from the invisible soul forces that would keep her in her historical feminine past, in order to be totally at ease within her realized authority; and to do this she must not use thought. She must

use will as her weapon to conquer the soul and manifest her intelligence in life.

The key element of feminine weakness within the couple is the abusive manipulation of her sensitivity, to the point of unbalancing her emotions. Not only has her experience with planetary love always been connected to animal maternity, her emotions have been culturally manipulated to desire to love above all, in the interests of developing the religious and family structure as such, with the feminine principle giving and passive, and the masculine principle dominating and active. In order to love from her mind the intelligence of her partner, she must burn the soul desire for the eternal prince charming to love and to cherish. Through romantic deception and maternal exhaustion, the feminine pendulum swings away from her emotions, finally letting her own intelligence oxygenate her mind.

The challenge of evolving is great for the woman, as it is for a man, since it is only through knowledge of the evolutionary structure of life energy that brings will into intelligence. This is the turning point for every individual to free his and herself from the collective past traditions, to be able to extract from life the necessary principles unique to each, to lead a life freed by the individuated mind. Without individuation, the soul forces connected to the collective unconsciousness remain an influence in the ego, where a woman is not free to love her self first. Knowing her free mind, discerning her real needs rather than those dictated to her in her soul involution, she

no longer suffers from emotions programmed by the karma of love.

A woman kneeling before life will find herself as such in her couple. As long as she is suffering, she is not able to access the principle of beauty that is her own cosmic brilliance in the material world. She cannot access a free psyche, which explains why she lets herself be lulled by illusions offered to her by suitors of exploitation. That a woman does not know how to live in the Love energy that she has always perceived since the beginning of time, is an affront to her intelligence and her sensitivity. That she loves her man is real in that she has no malice in her regard for a man. But that her love makes her suffer is not reality, and is irreconcilable with what will come tomorrow. There is no doubt that the woman of tomorrow is the equivalence of a man. She must, as much as he, manage her connection with the mind vibration, which a conscious man does more naturally since his warrior nature, the basis of his male psyche, has always been forced to confront life. Oppositely, she has always lived the social configuration of being “taken in hand”. For example, all the characteristics of finance attract him, but in her can easily create fear, for lack of experience. She on the other hand, has always dealt with the weak and suffering, and the invisible worlds, subjects which he avoids at all cost, having no real knowledge of birth or death.

The woman tomorrow will know how to eliminate from her psyche all that is false in her life. The freedom of auto-intelligence has no ascendance of power over it. The fact that

women are still not recognized as a vector of intelligence on the Earth today, leads humanity on a false route and destroys the balance of all societies, since man cannot become intelligent alone. Historical proof is evident in all aspects of human endeavor, and continues today. A woman who is centric has as much knowledge of life as a man, but this wealth remains unheard and untapped, and still in most countries she remains slave to man's Machiavellian wars, her karmic involution until her soul runs over with this suffering and her mind commands the will to change and to know.

A woman is simplicity if she is given peace. When she is conscious of her being, she represents creativity in communication. Look back in time to see that her only weapon was her tongue. In her cosmic stature she is a psychic monolith deploying the energy of love on Earth through its communication. Whole in spirit and present to the future of a new race of life, she will participate conjointly with man in the evolution of the next age where men and women are equal and different, each weaving a new world of peace, she speaking it and he building it, two distinct societies working in harmony for a common goal, she the bridge between the universal and the planetary, just as he in the past was the bridge between religion and man.

It is illusory to think that the force of war belongs to men, or that generosity is unique to women. These masculine and feminine forces act in both sexes, and it takes the vibration of will, i.e. intelligence centered in the mind and not the ego, to put these two forces into fusion in one's life to better master

and diffuse intelligent action. When knowledge of this life principle of self-will, channeled from the cold centricity of objective spirit we call a clear mind, so precious and yet so polluted in this dark age of self-destructive inebriation, becomes activated by a new age of evolution, this rare commodity will be guarded for life, and only then human consciousness will turn to look back on the devastated Earth and the overwhelming pollution poisoning the human body, and will be forced to rebuild clean systems for nature, and for humanity to survive. This is the turning point from involution that is the soul experiment, to evolution or spirit intelligence.

It is extremely difficult today for men and women to define the knowledge of life, but it is absolutely necessary that the individual move into a pre-personal freedom in order to define for his or her self, what is intelligent for peace in life. To then materialize the defined conditions takes force of spirit, the necessary first step to the will to freedom from the karmic prison of soul memory, to individuation, to command the will to action to make one's life intelligent. In the case of the woman, this is how she will break free from the chains of the immortal prison of illusory sentiment that she must love him forever, even if he is not intelligent.

The will to free oneself from the karma of soul life, frees the psyche, in a woman's case, freedom from suffering from love. Her pre-personal intelligence is drowned in all the emotions concerning soul love, which separates her from her mental intelligence. When she has suffered enough from her soul,

she will have the force to communicate with her mind, which will bring her to focus on the discernment of reality, burning up the memories of emotional suffering. She will finally see through the myriads of involutionary forces that retard human evolution with repetitive suffering, at the expense of intelligent will.

The woman will automatically lose her naivety when she is able to live the energy of love from her mental consciousness. This state of being translates into who she is rather than who she is in love with. It is precisely by being in her own identity that makes her intelligent in her relationship rather than needing to be with someone to live love through her emotions. If she is in her mind vibration, she has access to her intelligence, and she has authority. Just by her words, neutral and spontaneous from the mind, she can eliminate domination. Her ego is made transparent by a conscious mind, so the need to be right is replaced with the need to develop reality through communication. Ego imposition due to fear is replaced by the intelligence to express what is real. Men and women must one day bring their conscious evolution to the material world. Implicitly, spirit represents the contact of mind with human intelligence to know, instead of to believe. It is the evolutionary axis of light in the human psyche, to leave thinking which necessitates a belief system, for knowing, a state of being in the vibration of intelligence.

Looking at the past from an evolutionary point of view, the infinite volumes of life drama can be identified as the repertoire of involutionary forces of soul life, the finality

always associated with the helplessness in life of the men and women of planet Earth. Take the example of all that is related to the word love, the innumerable subterfuges used to trap the individual in polarities of good and bad, true and false, right and wrong, a maze of emotions in the interminable cycle of thought chaos we call life. Apply the same process to every word connoting human memory, there is enough fuel per word to make the world rotate on an axis of emotion for many ages of soul involution, before the realization that collective belief is at its end and individuated knowledge is the beginning of evolution and thus a new era of human consciousness.

There is no doubt that the woman who is conscious that life is not intelligent except through her own discernment, will not live her couple in the same way as her predecessors. Free from the domination of unconscious man, she will not be dictated to in the operation of her life, nor in the personal difficulties she endures to find out about life. She will express what she knows and sees in life, without having to even live in a couple to do so. She will love a man for his qualities without necessarily having to change him, because she will know what his spirit is capable of and what it is not.

The permanence of spirit of the conscious woman will be so great that she will love a man only on the condition that he respect her at all times, in the couple or not. She will no longer live the in-love experience, but will choose the one who can bring peace and freedom to her life. The psychic alignment that consciousness brings to the woman will place

her in a position of force, equal with the man of her couple. The vibration of intelligence will become the first criteria in her choice of partner. She will love the man who has the sensitivity and intelligence in life to be able to accompany her, and she will love him for his spirit.

The woman who has conscious will, shares her life because she has the capacity to neutralize her neuroses. Free from the pressure to please or seduce, she can live her couple if her needs are not minimized. Because she chooses her partner for his capacity to be intelligent in life, her choice protects her life style and that of her partner in the knowledge that both will live peace and individual freedom together.

Harmony is the mind force that an evolving woman generates when she has peace. This vibration extends from her ability to dip into the ethers of her consciousness at will to rebalance her psyche. By the same principle, when her will manifests itself in speech her life changes. The language she uses to define her relation to the principle of Love is transformed. She can no longer attach a value to the need to love. She lives harmoniously within the vibration of Love in her mind, where self-doubt can no longer thrive, freeing her from any possibility of being dominated. Her manifestation of this self-knowledge forces her partner to live at the same level of intelligent freedom so that he may benefit from her reality.

The repositioning of the evolutionary woman in the couple, forces the unconscious man to adjust to what she is, a woman

of science, specifically that of psychic freedom. This new adjustment for her which is unconditional, gives the man no choice but to treat her with tact and intelligence. First of all, his mastery of a delicate approach is proof of his awareness of who she is, but if he is only able to self-reflect his illusion of being intelligent, he will not be able to see her, nor benefit from real intelligence in his partnership. She will seek to protect the ethers of her mental life since she lives harmony through them, the antipode of those of man which tend toward domination and violence; and until she is able to appoint to herself this atomic knowledge or vibration, she will not be free of the emotional need to love and she will therefore not reign over her life.

From ancient times, the woman always knew how to create harmony around her, although she has never been associated with this unique life value. Her capacity to calm her loved one has been without match, since she is psychically present at all times to what he is. Being thus, we can say that the woman has long been conditioned to live an imperfect life, that of the unconscious man, having been given the necessary affective insecurities and emotional dependence to remain dominated by the egocentric male. Her day will come however, to free herself from the impingement on her psyche, because she will prioritize what she wants to live rather than what she wants to feel. She will have listened to and waited for all the plans and promises of unconsciousness on Earth, never to subject her life to his again. She will henceforth generate for her own reality, the life forces that had in the past been exploited by society to build a hierarchy for him.

In a new configuration she will transmute love into consciousness and turn the old hierarchy on its head; that is to say self-love will come first only when consciousness has rendered the ego transparent, and the other will come second, if he is intelligent.

Freedom for a woman in her couple has never really existed. For example, she serves her man after her day's work, which is irreconcilable with her objective intelligence. Even though it is in her nature to love him and by extension take care of him, especially if he is able to appreciate what she gives him, but freed from her contract to love him, she has no more limitations in her life. When she is no longer in a couple for the wrong reasons, which are to want to love to feel useful, or to feel complete because she has a man in her life, she no longer hesitates in life, she is Love. She is born from the genesis of the ray of creation, infinite in the evolution of worlds.

Down to earth, the woman has always been waiting for her *chevalier* who has never known how to conquer her heart for the right reasons, those real reasons like wanting to share his life with her. He will know how to establish what is intelligent in life only when he can love the woman, his polar opposite, without dominating her. It is therefore the meeting of the life ethers of man and woman that will one day bring harmony on Earth. This new cosmic chapter of life on Earth is known as the Jupiter cycle of evolution in astrological time, where men and women together will consciously generate the ethers of beauty called the infinities of life. The Woman will

know how to educate any individual who has the faculty to listen, because she will have above all, triumphed over the mystery of who she is, without doubt, Love.

## **Chapter 8**

### **When Does a Man Become Intelligent?**

A man becomes intelligent when he stops bringing the warrior into his couple, which means essentially, that he has been able to remain uninvolved in his fight-to-win ego with regards to his partner. He is able to stand back to let the fighting energy dissipate. The imposition of the builder, with his authority over the life of his other, is transmuted into neutrality and presence. He abstains from imposing what his psyche makes him live, upon his wife. Reality becomes inclusive because the self is becoming aware of intelligence.

What the conscious man must conquer is his psyche, whereby he will instantly take control over his inner knowledge to not be dominated by it. The impression in the ego of being intelligent is obliterated, so he can no longer dominate others. The ego is now aligned with dimensional mind intelligence, integrating subjective memory. It is thus freed from its lower self, or intellect, that holds onto the illusion of thinking. The consciousness of being a receiver of intelligence energy, or vibration, rather than being the intelligent source of thought, is taking over in order to necessarily destroy egocentricity that is coming from reflection. His ego can no longer accumulate attitudes that he appropriates in his speech.

The conscious man is present to his own life, as well as to the reality of life, and to the psyche of his partner, so that he does

not impose upon the other, *his* self-knowledge. Free of belief systems, he lives his consciousness according to what he knows from his spirit and his will. This consciousness of reality brings peace to his ego. Finally he is free of the psychic tortures of collective thought systems imposed upon him through ages of involution for the single goal of soul experience; and finally he has the peace of the pre-personal mind, neutralizing the polarized thought process without a single meditative effort. He no longer has to drug himself to avoid non-intelligent thoughts that wreak havoc with his emotions. His conscious mind gives him ego transparency so that his speech is freed in his psyche, and in his world. He is now a universally creative man.

When a man becomes a *seer*, he gradually leaves behind the known. He leaves behind the belief that the future is a repetition of the past. The mysteries and the occult no longer need truths, but a way of life that maneuvers through the unknown. He can no longer treat life with naivety, but with eyes wide open and a mind that is clear with intelligence so that he can define and conquer it. He is no longer interested in conquering others, since his own source of intelligence has become an infinite conquest.

Intelligence is an energy that can dominate a man's or woman's psyche, and by ricochet, those with whom he or she is in relation. Anyone can easily be dominated by knowledge that can result in abuse of power, which is the greatest obstacle to consciousness. Through the manipulation of others, one is seduced by a power he mistakes for his own,

the most subtle form of inebriation. A conscious being receives knowledge to render life more intelligent, not to have power over others, especially in the couple.

When speech is used to dominate, it is not adjusted in the ego, and the mind connection cannot assure its management. It is subjected to occult forces that have ascendance over the psyche of the individual, in other words, the soul is intercepting thought and reflecting it to the ego as its source. The result is the rapid chaos of a life that should be simple and open. For example, men and women have always accepted respectively that life is larger than they are. This belief leaves them open to domination from invisible forces of lives already lived but not necessarily more advanced. Rather than distancing themselves from the past, believing gives credibility to these occult forces that are not reality but are seen as superior. Unrelated to creativity, and with no guarantee of how to live a couple, these forces are simply reflections of past lives trying to repeat themselves.

The fact that man today has not developed a strong link with speech in order to deal with his life correctly, forces him to depend on established belief systems that he takes for granted without question or study, preventing him from developing a critical mind. These crystallized beliefs from collective memory provide him with a mental crutch called truth. The culturally approved truth is a psychic manipulation providing him with the illusion of being intelligent. The unconscious ego, being a natural power monger, creates the constant psychic pressure of wanting to impose on others these

“truths” that give him the impression of knowing. This egocentric state explains why man has always pursued the occult knowledge of the hierarchical institutions of society. If he could study the past from a creative mind, he would see that what was the truth long ago can mean the opposite today, and truth can be different for each religion, and each culture.

The level of a man’s authority determined his power of domination in the past, and gave him a sentiment of great control over the hazards of life. Although he was the triumphant one in life as an ego in matter, that very condition prevented him from having contact with his spirit to know of his indivisibility from the invisible worlds, impossible to know from the seat of the ego. He believed that he alone possessed knowledge, the illusion that was to permit his domination, patriarchic and institutional, and that which prevents him still today from tapping into the spirit intelligence of his partner, and those who are not interested in power but whose creative force brings an intelligent reality to the world that ego-consciousness cannot conceive of. This condition of domination brought on the suffering of the feminine race for millennia, and consequently lost him access to the subtle worlds of spirit consciousness where knowledge is an open and infinite system, and peace rules instead of the dominating parole of the ego-based hierarchy.

As long as a man places his others below himself, the sign of his being manipulated by the forces of the past, he is not in reality, absent to the needs of those around him. As long as

he is unable to free himself from his addiction to self-importance, his only references remain egocentric and therefore unconscious of the life principle that the other must be respected as he or she is. This principle of consciousness begins with the self and the couple. A good barometer for political choice, this same principle, so intimate as to be a key to self-reality, must also be so for family and then public life. He cannot render himself available to those around him until he attains the presence of mind to respect his own spirit and that of others.

The conquest of a man's psyche is conditional to his total recognition of his animal energy, which means that if he dominates through his speech, he is not intelligent. Since his primary responsibility is respect for others and not the manipulation of others, he must be conscious of the effects of his speech. Is he communicating or dominating?

When he is conscious of reality, he is conscious of others when he speaks. He is now able to manage speech creatively towards inclusive development, rather than manipulating words in a strategy of self-interest. He has reversed the polarity in his psyche from ego-attractive beliefs to the science of the real self, freeing the other from domination. He learns to love the woman in his regard, because he can finally forget his own self-portrait of what he knows, to give her a place.

It is the conscious man who knows that intelligence is energy that represents a form of domination over his psyche if he

does not first manifest his will over this mind energy. In the past his error was to always impose upon the psychic territory, i.e. the consciousness in the mind structure, of the woman. He has always used his dominating ego to dictate the life of his couple, just as the soul forces use beliefs to dominate him. By the time the woman realized her position as victim of this domination juxtaposed onto her own weakness, that of loving him, for better and worse, she was already a long time prisoner of her own powerlessness over love, plunging her into the lowly position of servant in the couple.

There are so many segments of life, even today, that have no reality of individual freedom within the couple. The obvious, dominant rapport of the man is not the only one. The woman always shows quasi-solidarity for the man's capacity to see to the needs of the family. Because of this seemingly unbalanced partnership, the relational value of communication must become the priority that opens the couple up to real life, eliminating domination by the man while preventing the woman from fading away. Without communication, the couple exposes itself to the long silences that become for the woman an obstacle to the expression of her sensitivity.

Certainly the man has always been the builder in the couple, invested with the physical force that gives him the advantage of affirming, in the physical world, his status of conqueror and builder of his society. With his stature, he could always conquer physical matter, but he remained totally

unconscious of his veritable role in his couple. In order to manage his couple life, he must become responsible for communicating with her, without which, he can never become intelligent with his life. This is the great discovery of the reason for life together, the magical number two above and beyond the family. Without couple communication he can never conquer his own psyche, to receive and share a wealth of self-knowledge that becomes common sense, and to pass down real intelligence to a family, the priceless inheritance that he alone is responsible for.

Assuredly, a man cannot be reproached for building cities and beautiful buildings for the good of his society, but once realized, he must look inward to the psychic edification of his consciousness, that will one day assure him of peace. If he does not accomplish this psychic building feat, he will remain a man subjected to dominating his couple, and forego the pleasure of receiving from his feminine other, the subtle development of intelligent communication and protection. He will silence her with the force of his ego, conquering his psychic partnership to remain alone in his illusion of togetherness.

The emerging consciousness of life is individual. A man must first of all question his capacity to free his partner within his couple, if he is to free himself from the domination of his male animal instinct. To discover his higher mind, he must make the realization that his only real conquest is that of his own psyche and his spoken word. This means that he will acquire total presence in mind and speech, in identity

and in communication with his other. He will triumph over his lower self to become attentive to his couple and observant of his behavior. Knowledge of life cannot be transmitted through domination. Consciousness is not exercised by the ego on the mind, it is just the opposite, the psyche through suffering eventually makes the ego present to the mind, finally enabling intelligence to communicate life through ego transparency. To see this principle in action, the couple is the best place. If he is not present to her when he speaks, he is not real in what he says, there is no mind connection with his ego, the conversation remains centripetal. It is more often the man who dominates since his ego is much more invested in the idea that he controls his life so therefore his capacity to impose these egocentric thought forms on his couple is greater.

Until a man realizes that intelligence does not come from him, he is not able to establish for himself the necessary points of reference he needs to really be intelligent and responsible for his couple. The more he will be able to discern what is intelligent for him and what is not, the more freely he will be able to communicate his psyche to his partner.

When he becomes aware of what is happening in his couple life, he is already aware of everything happening in his mind. To have power over his words, a man must become the master of his psyche. Without this passage in life from the ego to the mind, he remains vulnerable to life, not knowing it, and so he imposes upon his couple, the domination of his

energy that penetrates him from the corridors of thought. Consequently, he entertains a kind of behavior that is non-intelligent in the sense that it dominates him without him realizing it and he does not have the tools to identify its influences and their source. For example, he demands that his partner adopts a pattern in a way that enables him to maximize his sentiment of being in control of his life, there are many of these patterns: he wants her to stay at home instead of working, he prefers she not see a friend, he imposes a style of clothing, not to mention those of the emotions and thought, and even more subtle patterns imposed on the other's psyche.

The main weakness of the unconscious man is situated in his incapacity to speak life without coloring it. Because he is always being taken over by his own ego, he is unable to discern what values come from collective belief systems, and which are evolutionary or real. Collective beliefs automatically dominate to create uniformity in society, whereas real values are part of the psychic framework of the human spirit to free the creative impulse and render the race more and more knowledgeable of its origins, its purpose, and its direction. A man who has not yet tapped into his built-in psychic gift, has not seen through the illusion of believing, and because he cannot grasp his own reality, he remains rigidly connected to his beliefs and imposes them on his couple, his family, etc. Since he has never auto-censured his domination, he pays the price of losing an intelligent partner to communicate with, for someone whose psyche is dominated by his beliefs, with no room for discussion.

Living the impression that he is intelligent gives him the false security necessary to domination. Where he is duped is in his ignorance of real intelligence, which does not dominate but improves the life of those who communicate it.

The conscious man liberates himself from the principle of domination when he can no longer believe in his own illusion of being intelligent in his life. Even though he can talk himself and others into his illusion, having access to power in his ego does not mean that he manages his life intelligently. Without spirit, the potential for domination prevents him from becoming conscious, and his life remains purely soul experience, as does his relationship with his partner. Even worse, he can never develop real communication within his couple, since his vision is arrested at his own ego satisfaction, he lacks the ability to see her identity or hear her needs. As long as his attention is centered on his needs only, his couple has no reality.

The moment a man becomes aware of his psyche, he automatically becomes aware of the life of his partner. He becomes a conqueror of life, conscious of his status as an evolving being. He becomes essentially intelligent to speak life without judgment and is now able to approach his partner knowing her consciously. He becomes a good listener because he knows that all intelligence comes to him from the mind dimension; and finally, he is freed from the need to prove or convince, knowing from his psyche rather than believing from his ego. The beauty of this life knowledge is its capacity to free the psyche, that of the one

communicating as much as that of the listener. From this perspective, although it is the role of a man to protect his partner, the conscious communication within the couple becomes pre-personal. Here, to protect means that there already exists the acquired knowledge of the vibration of the word and its impression. To communicate means without imposition upon the psyche of the other; and inversely, a woman who is conscious of her real identity has this self-protection from any man wanting ascendance over her. She is therefore free of the negative manipulation of the unconscious ego.

Equilibrium is reached within a couple when the man becomes capable of knowing who he is, and what he says, and the impression it creates. This is when he can become responsible for the life of his couple, by refusing to dominate his wife. He becomes a communicator and kills the dictator. She becomes unique in her consciousness and an entirely harmonized communicator because her peace of mind is assured. When he is intelligent, he is the protector of the freedom of his partner, and of the couple facing the unknown in life. For this task he needs the intelligence of mind, not the self-serving strategy of the ego. He must possess the mind force to tear away the lies from reality in order to define a harmonious couple. He must establish the principle that neither one in the couple be enslaved by the life of the other, meaning that each one must live a pre-personal consciousness assuring peace with self, to have a harmonious couple. Every union that will protect each other's freedom of mind, merits the assurance of psychic evolution in that

couple. This is the consciousness connection between men and women in a new era.

The Age of Aquarius is a new cosmic life cycle that will establish freedom from domination in the physical world. Domination through the man in the couple will be amended, since it has always been the cause of neurosis in the feminine psyche. The woman who chooses to stay with a man for the wrong reasons does not know how to identify for herself what she needs to live, and so she lives the soul's program, and not the evolutionary future of her spirit in her couple. The day she realizes that she cannot live with a man who dominates her, she is freed from the karmic soul experience to become intelligent with her own mind, and selective with her men. Her mental peace will become a greater need than her soul's need for the love experience. In her intelligence of life, she will prefer to compose with the man who is conscious of his actions and his knowledge. He is "formatted" to intelligence which makes his generosity without equal, and knowledge will give him sight of his indivisibility with life's infinity. In fact, the freedom of a man and a woman does not depend on one or the other, but on their conscious intelligence working in harmony to create a new genesis of life on Earth.

For a man to be in equilibrium in the physical world, he must know the occult side of life, even more than his partner since she already has one foot in that part of life often explained away as "feminine intuition". Her mind is already lighter than that of a man because she is closer to the ether, the

source energy of physical life. When her partner is communicative and respectful with her, it is very easy for her to live in total psychic and physical balance, which is by consequence transferred to him as she is aligned with her spirit of generosity and love, and he with material life.

The first indication of a man's domination in his couple is the imposition of his presence and his will. Both in jest and in speech, he is characterized by his ego as a dominator. With little consciousness of his other, he cannot realize that she has never been a menace to his couple. Every man should take note of this fact that will force him to become aware of his attitude before communicating his thoughts to his partner. An intelligent man observes objectively his thoughts, words, and especially his actions, in every aspect of his couple life. He is an excellent manager of his role because he is responsible for the harmony within this dynamic that he has willfully chosen. Consequently, this man who is conscious of who and how he is, will always be welcome in the psychic life of his partner because he knows how to respect her identity and way of being, that is free from the density of material life. He loves this beauty in her consciousness of life because she is his opposite as well as his compatibility in sensitivity, generosity, and harmony.

The conscious man will be easily recognizable by his feminine counterpart, as a conqueror of space. His individuated spirit will have conquered his soul and reined in his ego, making him attractive to her as a life partner. Incomplete in her own reality, he will become her intrigue to

discover the rest, through sharing life with him. She will see through his eyes the cosmic lie imposed upon men and women to keep them from evolving consciously as spirit on Earth, and to keep them in the ignorance of their past so that they may be collectively dominated by the forces of involution that depend on the repetitive soul experience of human suffering, feeding the invisible worlds that dominate humanity until such time as the human ego is strong enough, yet transparent enough, to take the shock of standing alone and knowing.

When a man is dominated by his ego, a woman always knows he lacks respect for her, generous, loving, and forgiving of all his sins though she is. Simply put, he will have a lot of work on self to do in the future to catch up to the woman who has been for a long time, very conscious of who she is. By the same token, it will be very difficult for her to find her match, because he will first have to live the shock in his dominating ego, of the realization that it is not he who is intelligent, but intelligence contacting him, when his ego is ready to meet the mind dimension.

The spirit rapport with the ego will be lived intrinsically when an individual passes from the ego development of involution to spirit contact which is the beginning of conscious evolution. Both men and women must know and live this to free themselves from entrapment in the past life scenarios of involution. Freedom from lies is freedom from the karmic relationship in communication. Each partner understands the occult functions of the other's psyche.

Knowing so assures intelligent communication from the summit of the mind. It is clear that the conscious man will be living within his intelligence. He will be anonymous in diffusing this knowledge on Earth, as a channel for new intelligence in the vibration of creative speech that is free of karma. Since his individuated consciousness will be in development, his psyche will no longer be able to correspond to the orchestration of soul involution on Earth. He will have become an evolutionary being because he will know how to communicate life without domination.

Consciousness means that those whose thoughts have become vibration, whose psyche has become individuated, will speak from a point of contact that is absolute in the invisible worlds. This point is the spirit travelling with the atomic force of infinite lives that belong to the psychic genesis of an individual who has reached the end of soul experience. It is here that will is manifested, and deception can no longer exist. Mystery is unveiled by the authority of one who has passed from soul involution to spirit evolution, which means that life is communicated directly to the mind without the interception and reflection of this energy into a form which protects and prevents the ego from knowing reality before the soul forces have been entirely integrated. Life depends on little when one is conscious. When harmony is the priority in a relationship, the evolutionary potential is maximized for those involved. Derogatory and futile thought is discerned by the conscious mind as inadmissible before the vibration even forms a thought. Consciousness is evolution, without frontiers of sex, race, or age. It is the knowledge of

how to eliminate the presence of subjectivity in speech, of having freedom of intelligence, and freedom of love, and it is the knowledge of the reality of identity.

Consciousness is freedom. Little did the fathers of the American Constitution know that their inheritance of freedom, written for the individual, would be the stepping stone to a renaissance for the entire planet. Men and women have never in the past been able to define life according to what they wish to establish for the freedom of each one in the physical world. There is no consciousness in the treatment of women on Earth as unequal to men. The entrapment of the feminine psyche retards the evolution of the planet as a whole, and reduces a nation's intelligence potential by half where her voice is sequestered. Not to hear the feminine voice goes against freedom of speech in the couple's creativity, and prevents harmony from balancing the entire planetary life force. This is the last form of domination that man will have to conquer to regain paradise on Earth, his own domination of his feminine counterpart that can only bring him peace once she is freed from his shadow. He can never become conscious on a planet which has been so unbalanced by the negation of its own creative fire. The couple configuration of Earth must be manifested in freedom in order to build intelligence within the human family.

Freedom of the individual goes much farther than the fathers of America ever dreamed. Not only must it include freedom for women from male domination, but it must eventually go right to the human source, its creators. This is the greatest

conquest of evolutionary destiny. Without going into the cosmic aspects of man's consciousness, it must be said that the origins of his ignorance, and his becoming conscious, has to do entirely with his cosmic origins, and the key to this freedom is the force of using anger consciously. Since the beginning of time anger has been a destructive, subjective, emotional human trait. It has been the nemesis of civilized culture; and it has been the perfect tool used to manipulate human emotions throughout the age of soul involution.

When a man becomes conscious, the energy of anger in his individuating self changes his mental structure to be able to use this energy to develop will to creative action, rather than being manipulated through the emotions of destructive feelings and actions towards others or self. When he turns this immeasurable force towards communication with his cosmic counterparts, the only human force at this time on Earth that can be heard from such perfect dimensions, it will be received as the signal that the human planet is maturing. This is not the destructive anger that kills love, hardens arteries, and sends blood pressure to sickening heights, and in extreme, starts war. This is a cold focus that tunes the mind and calls on the creators to turn away from their own perfection to heed their creation. This is the beginning of the manifestation of the third creative principle that Earth needs in order for man to free himself from his immaturity towards his fellow man, and his constant need for a father. To form his couple, educate his family, and create in his work, he needs to develop conscious will. Love is for his people, intelligence is for himself, and will is for channeling his anger

to free his psyche from the domination of its cosmic source, so that he may in turn become a creator on his own planet instead of destroying it.

Without illusions of grandeur, the intelligent man will become the perfect protector of his other against the unconsciousness in life. Apt to block any intruders, whether people, emotions, thoughts, or other forms of pollution, he protects his consciousness to then be able to protect the communicative structure of his couple. He will become telepathic with higher intelligence of the mind dimension in order to fulfill these tasks, which will enable him to identify and measure the real impact of thought levels. This state of mind will also develop his authority to speak of life without imposition. This new psychic authority in his mind will also allow him to confront and observe in-coming thought with a critical mind; and his partner, who although representative of love and harmony, is just as agile to meet him in any critical study, knowing as well as he that the couple needs both minds to communicate and develop intelligently.

The individual grandeur of each partner in the couple is important for human evolution on Earth. Both he and she will one day have to know life perfectly, in all of its subtle occult influences. Because men and women have been subjected to eons of thought manipulation, it is in the last chapter of the life of religion that reality must come to light. For this to happen, individual reality which is consciousness in creative movement, must be initiated by the mind and communicated to the individuating self. This task is most

critical for the man, who must first conquer his own essence, since he is the destructive one of the Earth and its beauty.

Today man has arrived at the point of no return in the development of his ego, and he can no longer ignore the extent to which he is manipulated, for the development of ego on the Earth. Neither can he deny his domination of the woman in her consciousness and every part of her life, although he is manipulated in turn by the forces of involution until he becomes conscious. Only then he can know that he had never been able to identify intelligence, let alone live it, and this realization in itself is the shock that frees him from involution to live the reality of his creative intelligence, with ego transparency that can finally harmonize with an equal partner, to form a conscious couple.

When a man attacks the lies in life to free himself from the yoke of the domination of these forces on his psyche, he has become consciously intelligent. This is the honorable amendment to the incommensurable suffering he has imposed on the feminine psyche as a beguiled agent of these invisible forces acting through his illusions of intelligence. As thus, any form of occult indoctrination that distorts the exceptional nature of each human, is a lie that prevents men and women from living the human reality of free spirit. When a man is free at this level, he is the king of his life, and has realized that the woman who is free from domination no longer lives with the neuroses that unbalance her. She is free to receive his attentions that unite her to the psyche of the one she loves, but most of all to manifest her reason for being

on the Earth, which is to create the ether of beauty. When he has the consciousness to surround her with psychic freedom, she has the confidence in his intelligence to communicate and share with him the study of the most hidden subjects of life.

The woman has never been egotistical, able to recognize the intelligence of the man she chooses to share her life. He is the one at fault, unable to triumph over himself to maintain harmony in his couple. Even though he may be a refined form of intelligence in the physical world, the woman of today is no longer taken in by his strategy. He must become consciously intelligent, rather than dominating which is the nature of egocentric intelligence. Real intelligence means that he is in communication with his spirit. He is centric rather than polarized by his masculine and feminine elements. He is in harmony with himself and brings peace to his couple. His speech is the creative manifestation of a force of mind that neutralizes the ego, to communicate the reality of life to free him rather than dominate him.

The conscious man possesses natural harmony in his couple. It is as easy for him to pay attention to his partner in a restaurant and forget his iphone, as it is difficult for the egocentric male to do. He never leaves her to walk behind him, because he has the genetics of chivalry, most important in the intimacy of his couple. He knows their unique combination depending only on the two, and he is influenced entirely by their delicate chemistry, and not by the collective influence of drug-induced perversions. Since she is totally

receptive to the man she loves, he is totally in tune to her sensitivities as the element of harmony in his life. He frees her from sexual domination, and she frees him from the density of difficult material life. In all the different energy exchanges in this couple, one towards the other, there is no effort. When each partner respects his and her own capacities, leaving the other free, both become situated in the very foundation of a pre-personal future. The union of a couple in freedom is much more solid and unites them with consciousness rather than with the needs of the ego.

To conclude discourse on male involution, the experiential man, chronic complainer, lame communicator, and his greatest obstacle in life, indifference to the sensitivity of his wife, he is sumptuously unconscious and energetically insensitive to feminine affairs. He cannot be intelligent with his life because he has not suffered enough in his psyche from the soul forces dominating his male ego. Today man is at the crossroads, a harmonious life for two depends entirely on the adjustment of his mind with his ego, so that the woman can be free in his couple. The obvious illustration is all around us in every region of the world, the woman is still a possession of the unconscious male ego. Invariably it is up to the man to put order into his world, one of the few tasks he must do for himself. As long as he is not sufficiently conscious of his identity, and therefore cannot access intelligence, she is forced to retire from his life. As long as he remains oblivious to the suffering he imposes on others by dominating their lives, he cannot see what it is to be unconscious.

A woman has never been a menace to a man. If she has been attracted to his male virility for the thousands of years of her existence, this is attributable to the fact that she always knew how to love this man even though he has always, and heavily, made her suffer. His domination has controlled almost every facet of human life on Earth, but the conscious woman is still without reproach for the man who becomes intelligent in his life. It is up to him to become conscious of the thought process that nourishes his psyche, and begin to dominate his lower self rather than his environment. Intelligent thought is his first step in determining an intelligent life, and this he cannot do alone. Communication is the only tool to develop a critical mind needed to discern thought, and there is none better than the woman who sees clearly after having been historically sequestered from communication, dumb witness to his deaf world of control.

The intelligent man will know one day to make a calculated and justifiable jest in his couple life, to free her from the role of mother to a man who never grows up. She will clear the way for him, knowing that he has the constitution to build, not fearing his status as conqueror, and as his partner in communication, she will no longer live insecurity in her life. He will travel all the avenues of life, destroying fear in his marathon of consciousness, to bring spirit into matter. That is to say, he will bring the energy to Earth needed for a new time of evolution that can begin only when the occult forces that eat up the life of the planet, begin to recede. Knowledge will then be channeled, and not indoctrinated by forces hidden behind belief systems that dominate the human spirit.

This man was always the one that she saw as her prince, and becomes a king when he has consciously conquered his own planetary experience, to take upon his shoulders the life that belongs to him, that of being intelligent all the time.

The conscious man lives with universal intelligence, exempt from domination; but his predominant weakness remains, since the beginning of time, that of being unable to establish a life that would be greater than that of the invisible world. He was manipulated and lied to, subjected to ego reflection and the illusion of thought as belonging to him, all part of the equilibrium of return on a karmic scale with the ignorance of life. Whether man or woman, false sentiment and false power in ego life was the experience of involution, used to bring human intelligence to the realization that the soul would never be able to give universal knowledge to man, since evolution belongs to consciousness of the spirit mind. Each person becomes king or queen in a conscious life, after walking all the paths of soul experience, an incommensurable number of obstacles in order to reach contact with their spirit, where the couple is lived only for better.

## **Chapter 9**

### **The Cosmic Alliance**

The cosmic alliance has never been lived on Earth. This is the human future, universal knowledge from the cosmic mind, consciousness of life's multidimensionality, and freedom from the illusions of both spirituality and materialism. Even today humanity is dominated by the negative polarities of ego, the cause of its psychic poverty. Mind consciousness thus remains evasive, disconnected, momentary, mistaken for the overly measured intellect, or overly stimulated emotions. Eventually men and women will evolve through their mental connection in a dimension that will allow them the intelligence necessary to balance their lives and that of the planet. They will care for and protect a clear mind, their lifeline with reality.

The ego without its universal knowledge is dense and impressed with the illusion of being the creator of thought. In reality thought manipulates man. Due to the reflection of light from his mind source, he cannot perceive reality and so he mistakes reflection for the source. Since he is not conscious of this subtle dimension, he believes that his energy and thought comes from him rather than to him. The result is soul intention, crediting the ego with the pleasure of establishing what is true and what is not. From this root, the birth of different religions on Earth was given to justify the existence of blind faith in an invisible power. The grandeur

that should have been human was waylaid instead by a self-designated hierarchy to the worship of unknown form, interpreted by the hierarchy to the detriment of the evolution of the human potential.

Humanity has never known the freedom of direct connection from spirit to ego. A soul reflects thought to the ego in its effort to re-live, until the ego through many incarnations, has suffered enough from the imposition; then, in a first cosmic moment of telepathy with intelligent mind, he is freed from his reflected thought prison. When the individual is at the end of experience, he will be able to know his real self, no longer suffering question, doubt, and belief. He has finally rejoined the mind dimension that connects with human life to make the ego conscious of its source, and he begins to evolve as spirit in matter.

The great Punchinello, the secret of the soul, is the illusion of thought coming from man. Kept alive by cosmic forces through the soul process, the thought illusion would make the ego suffer enough to eventually become transparent, and begin to evolve consciously. Since the soul always nourished the certainty that human intelligence came from the 'I' it whispered into the human memory, men and women were always manipulated by the invisible forces of past lives reflected onto the living ego. This effect on the couple is visible through ages of male domination, for him a biological repetition without evolution or consciousness, and female neuroses, for her an incessant combat. The so-called couple alliance would least of all know freedom and peace.

The cosmic alliance is not yet lived on Earth because the real couple has never taken back its freedom from the soul forces manipulating the unconscious mind. Real freedom in the physical world is hardly existent because consciousness of the real mind is not yet sufficient in the ego to be able to receive the evolutionary value of its spirit. Thought will separate the ego from its cosmic mind until such time as the ego has finished all the experience, or “soulness”, it has mandated to itself. In the past, physical death was the only reprieve from thought. In the future, consciousness will replace thought to connect with a world in dire need of an alliance with cosmic intelligence. The couple will benefit in a new reality of individuated partnership, communicating from an equal basis of life knowledge.

Soul life is collective in order to have experience, so that the ego can suffer to the limit of self-ignorance. This suffering eventually frees man from the collective unconsciousness, to begin a new evolution, with a mind free from belief, ready for the reconnection of his universal psyche with his egoic self, long prepared by collective soul suffering through the ages. It is this universal time change that will free men and women from the chaos of an unconscious society, one by one, through vision untainted by thought manipulation, no longer magnetized by belief systems. Astrologers call it the Age of Aquarius, in esoteric science it is the ether, in the evolution of the human psyche it is consciousness. There is no manual or meditation, no drugs or prayers, only the end of experience. The time arrives one day, individually like a birthday, like waking up from sleep. It is the place where the couple can

live in harmony, and a society can solve problems through developmental communication, without domination, drugs, or violence. This is the cosmic alliance.

As history proves, the end of a major cycle of human evolution involves the breakdown of old forms, followed by disruption, decadence, and epidemics of fear. In the void between the past and an unknown future, superstition replaces education, old occult practices resurface like magic, mediums, and inexplicable melancholy for the past. Fear mongers spread conspiracy and cultivate rumours of coming disasters. War and other orgies are in the air. As social balance disappears, these more opportunistic viruses spread. The un-natural takes over through pornography and violence in sciences and arts, music and dress, lack of respect and civility, and the disappearance of romance and gallantry. A general decadence draws morbid attention to the growing lack of love and beauty in a world with less and less balance. Where does the couple fit into this portrait? It regrettably does not fit, since we see the experiential couple breaking up, new generations married to cell phones and computers, epidemics of over-medication and drug-ravaged insanity, leaving no place for the true couple as the manifestation of love and beauty in the human dynamic.

At the end of a time, when fear dominates the human thought process and it's every man for himself, the height of egocentricity has been reached. From the top down, the multinational corporations to the single family unit, materialism and greed have infected the global psyche.

However, there are always two currents to movement in time, that moving toward its death, and the embryonic beginnings of a new age. At the height of the corporate pyramid of greed, the next step is down. Contrarily, the new configuration begins with a partnership of one. The conscious couple will survive wind and rain as the one base of the open pyramid destined to infinity. Regenerating the Earth with love and beauty, emanating from the most evolved point of consciousness in the next age, the two polarities unite to form the triangle of unity, the cosmic alliance that regenerates the Earth. These conscious beings own the great beauty of a self-correcting spirit. They give love to the world through their science of reality. The young Prince and Princess of the soulful fairy tale have been replaced by the cosmic partnership of intelligent love and discernment. A resulting child is not torn by separate maternal and paternal domination, but protected by parental complicity, to grow up as a free and creative spirit. This is the triangle of love, the couple of intelligence, and the unity of will. This is the planetary base of the inverted pyramid, the open system rejoicing its cosmic origins, free of death and deceit.

Life as we know it will be unimaginably different for the next age of Aquarians. Born free of soul experience, they are in vibration with their mind. Rather than living a thought, they live the energy that exists before the form of thought. Being in tune with their thought-free psyche, this energy is directly channelled into a creative movement without reflective hesitation. Incarnating on Earth without the need for suffering to learn, building a balanced environment comes

easily and naturally. Waste and overabundance, poverty, drugs and violence disappear like plagues of an ancient war. Clarity and harmony are necessities, since order and balance result.

The experiential couple of the past, separated by suffering, he from work, she from love, has always had difficulty to communicate across this gulf of non-understanding. For the sake of self-interest, his to build power, hers to build a nest, one goal undoes the other and compromise is always the tool of choice to pressure the couple into their respective roles, which with time undid the couple while benefitting the collective hierarchy in its divide-to-conquer pattern. Add children to an already misunderstood dynamic where all rights of the ego are permitted, and the family becomes the perfect tool for soul experience. How can the adult love, educate, and discipline a child if he or she cannot do the same for self or couple?

The more soul maturity the couple has, the less dominated their child will be, and the easier it will be for the parents to break the soul temperament from the child before the ego begins developing. Conscious parents will work together to free the child from temperament when he still has the diaper to receive the spanking. The child is thus awakened from his lunar repetitions, becomes more conscious of his new surroundings, and begins orbiting around the parental nucleus. The diaper cushions the blow so that he is jolted out of his past-life state, and he is not harmed since the spanking is received at the right place. With this vision, all the work of

disciplining has been done by the age of three, and the child can evolve much faster, safe from external nefarious influence. It is so easy to give love to the baby, his helpless beauty and animal magnetism assures him this protection, but it takes will and the intelligence of the right timing to use discipline to wrestle him away from the spiritual guides that accompany him into his new life, but are also magnetized by him and must give way so that his ego he needs for the physical world can begin, around age three, to develop strongly and healthily. Gentle discipline brings him into consciousness of the physical world, and his parents are the guardians he has chosen to guide him until he is autonomous. Discipline is just as essential as love for his psychic survival, on the condition it is carried out to free him from his temperament and attitudes, and not to free a frustrated parent from anger mismanagement. If he comes to conscious parent-guides, he becomes an intrinsic part of their cosmic alliance.

In the couple alliance, the two will build together, tracing their unique creative path towards the future with communication. They will choose together with intelligence rather than being pushed by soul experience in a direction they do not know or want. For example, she being naturally formatted for love and children, will consciously choose this path or not, rather than being caught by accident or pressured by tradition. He will respect her integrally, her intelligence and her freedom, and her life decisions since he knows that she has him in view to harmonize and protect their individual freedom. If a child joins the duo, the baby

will be welcome and loved for his spirit, not as a reflection of parental ego. It will be cherished and educated to become a conscious being and free spirit, not to be dominated by family patterns and cultural limitations. This child educated with freedom, will live with joy.

Incidentally, a conscious friendship, notwithstanding the differences that prevent cohabitation, all the same communicates the sympathy and intelligence which recognizes an alliance. The long road on the way to the conscious alliance of mature being will eventually see collaboration in separation, consideration for children, maturation and experience before cohabitation, and especially, a mutually protective contract instead of a religious wedding. Eventually in these most human of relationships, subjective emotion will be replaced by the vibration of harmony, the most important element for the future of human relations in a universal life. The cosmic alliance is free of the psychological ultimatum.

A cosmic alliance cannot be the objective of living together. It is the will to protect the harmony that preserves the couple that is the reality of a cosmic alliance; and this state can only be reached when there is no longer ego interference to the freedom of each partner within the alliance, without compromise from either. This is a rare match. It only happens when the process of self-individuation has begun and ego experience has ended. There is no mistake and no doubt, in other words, no experiment. There is however, recognition, peace, intelligence, permanence, and so the

relationship can evolve in permanent intelligence, can transform psychically, in the vibration of love. The manifestation of the two cosmic elements of love and intelligence, intrinsically juxtaposed, depend upon men and women living them, for a cosmic alliance to exist on Earth. The cosmic alliance is the result and not the source of the conscious couple.

One day, in the Age of Aquarius, a couple will represent freedom. This life is not understood until men and women come together out of vision, to live in peace together. Their freedom is not to be mistaken for what is lived in excess today, promiscuity and irresponsibility. They will be free from karmic passions, cultural influences, and most importantly, drugs of every kind, in order to protect their cosmic freedom to know, to have vision, to speak reality. They will be born intelligent, conscious at an early age of their life plan, and the freedom to follow it. They will be the warriors of life, protecting the permanence of their spirit, and their well-being. They will have the wealth of this knowledge that frees them from need and fear. This is the future of the couple in evolution, their consciousness that is infinite in its development, cosmic in origin, and free of death.

The new adventure of man and woman on Earth is one of Love, the cosmic destiny of the couple. Generosity and respect are the only manifestations of cosmic love on Earth in our time. These two principles of cosmic love come from the spirit; and the process of individuation of each human consciousness depends on these two principles. Intelligence

is at stake in this great cosmic migration, since it depends on individuation or becoming conscious; without generosity and respect (love), there is no intelligence, and without intelligence there is no consciousness. Without consciousness or spirit, there is no will, and without will, humanity cannot use negative energy creatively, and so it remains a closed system doomed to death; when negative energy is not infused with spirit intelligence it remains destructive. However, when negative energy is used consciously, it is transmuted into creative will, the third cosmic principle of the human spirit. To infuse love and intelligence with creative will, frees the human consciousness from death, and the blue planet from its quarantine of pollution, to rejoin its universal alliance of worlds.

## **Postscript**

This is not a work to be believed or disbeliefed, but an evolutionary approach to reality and future, neither provable nor improvable. Observational study of necessary changes in human consciousness attempts to help the individual to see from his or her own mind and time, a certainty of individual freedom, and peace in togetherness, for every unique relation with one's self and with others. The life principles and their nuances are meant to find their place through recognition within the self, so as to pave the way to new consciousness that can criticize and discern to free the mind more and more from thought pollution in all its forms and manipulation. Being conscious that there is subtle energy behind every form in physical, emotional, and mental life, brings a new vision to life, and the intelligence of its beauty.





# The Couple Connection

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A woman is regenerating sunshine,  
a lightness of being  
that revitalizes the couple.

A man is a swift river, with a strong current  
flowing towards peace in his couple.

The woman's permanence meeting the  
man's transparency,  
are the elements of being together.

The meeting of these two energies  
is inevitable when building a couple,  
in order to cement the relationship  
with pleasure and harmony.

Then life together becomes  
an oasis of peace.



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