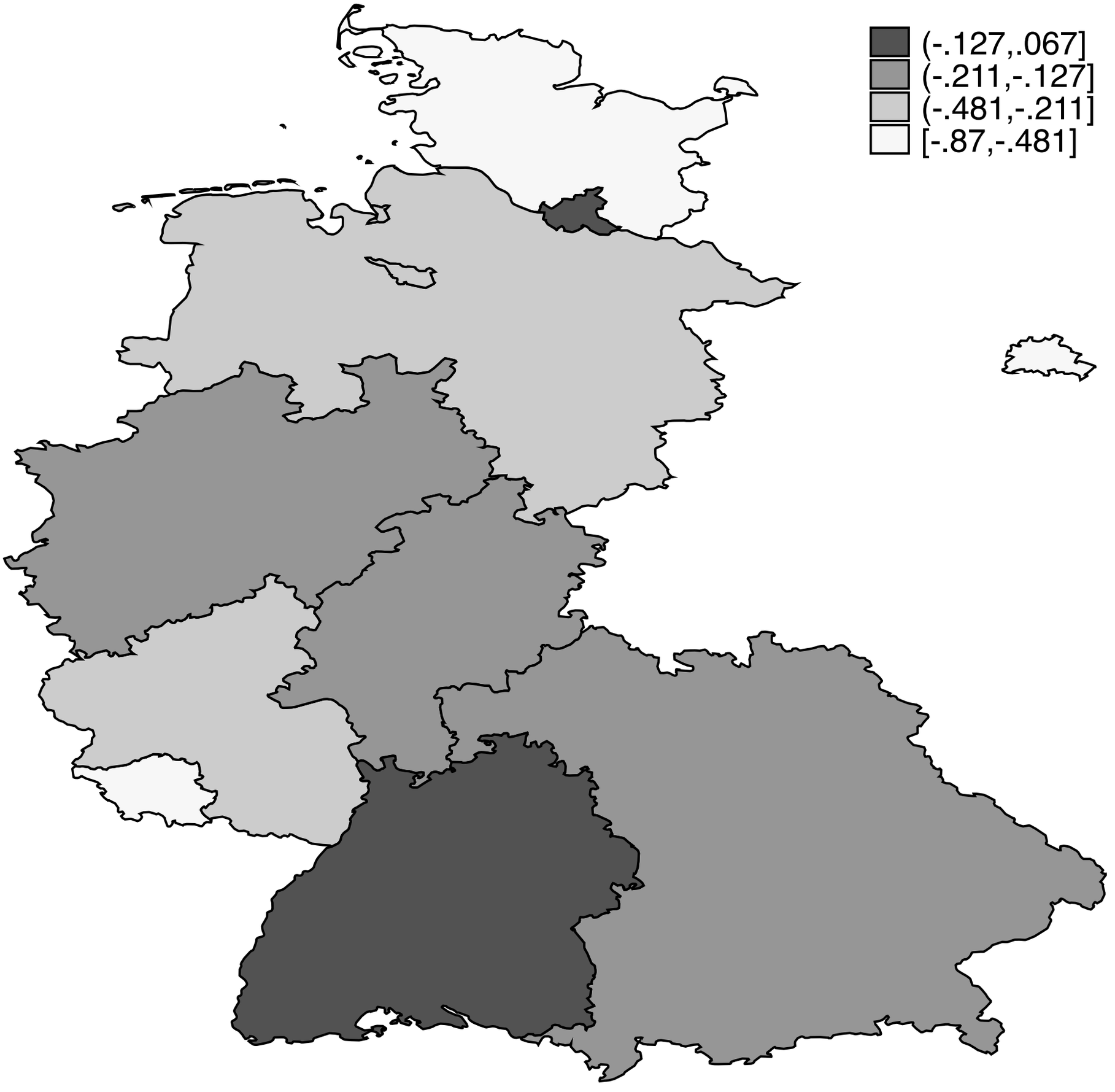Self-assessed current health (5 point scale)