

ALL THINGS SNOW



SKI AND SNOWBOARD HIRE

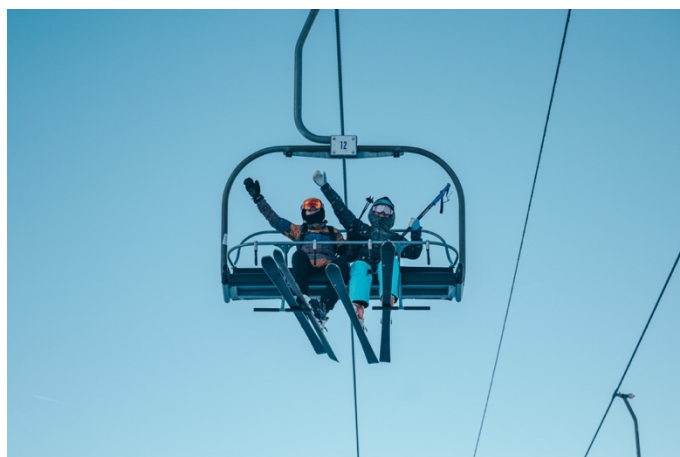
If you have booked hire through us you will be emailed your hire shop location just before you arrive to resort – look out for this and head to that shop to pick up your kit.

We highly recommend taking out the daily waiver insurance at the ski shop when you collect your skis to cover loss/ damage- a small charge and gives peace of mind.

You will be able to collect your hire on Saturday afternoon or if you arrive late, on Sunday morning.

LESSONS

If you have booked lessons through Rise you will be sent your specific meeting point and time just before the event. All lessons start on Sunday 15th and the meeting point is the main square by the Rise office. Your specific group number and time will be sent to you the week before you arrive so keep an eye out. Should lessons ever change due to bad weather, you will be sent an SMS.



YOUR LIFT PASS

Lead bookers can collect lift passes at the same time as festival wristbands from the Rise arrivals area. Please ensure you have the right number of passes for your order before signing the receipt to confirm you have received them all. Keep the receipts that go with the lift pass and take a photo of it. You will be able to go to the lift pass office to replace your lift pass if you ever lose yours with this information. They are worth over €200- so look after it! If you wish to add additional insurance (Assur Gliss), you can do this at the lift pass office: <https://www.skipass-2alpes.com/en/assurance>

ON THE PISTE

Piste maps will be available on arrivals day, from the Rise Hub, Tourist office or you can also access online. The pistes in Les Deux Alps are incredible, with something for everyone. You can get to the top of the glacier on the cable car and the views are second to none. Use the Jandri express to access the Apres shows at Pano as well as the Lunch lodge (all accessible as pedestrians if your ski legs are tired) Tip: ALWAYS carry a piste map!



RISE TOP TIPS ON SNOW

- **NUMBER 1 RULE:** Be safe on the slopes; look after yourselves and others. Don't go off piste unless with a qualified person.
- Be aware of any avalanche risk
- Tell people where you are going and what time to expect you back
- Wear a helmet! Skiing/ Snowboarding can be a dangerous sport. Whether you are gently skiing down a green run (Beginner run) or hitting the snow park, wearing a helmet is an absolute necessity on the mountain.
- Take a backpack out with of food, money, phone and spare clothing for changes in the weather.
- Always have your travel insurance details to hand on the mountain as well as a credit card in case of injury (often French authorities will not administer any transport or treatment until they have been provided with these)
- Don't over stretch or pressure newbies into taking the same runs as you- everyone should stick to what they know and feel safe doing it.
- Check the opening and closing times of the lift every day in case it changes due to weather

WHAT TO DO IN AN EMERGENCY

If you or a friend injure yourself and cannot ski, remain calm, put skis / a snowboard in an 'X' above you on the mountain so people don't ski into you. Have an able skier go to the nearest lift and ask for the pisteurs and wait for assistance. Alternatively, call the piste security: +33 (0)476797502

Hospitalisations

If you or your friends require medical attention make sure you/your friend has their passport, a credit card and insurance details with them (collect them if needs be). If they are so badly injured that they are required to go down to the valley hospital try to ensure they have all of this before they leave, as well as a phone with a working charger as you will not be permitted to go to the hospital with them. Please inform the Rise Hub in resort if there are any hospitalisations for our records.

HAVE A GREAT TIME IN THE SNOW: STAY SAFE