

Validation Model Analysis Deadlift

Athlete: 1
Bodymass: 82.5 kg
Preferred: sumo
Load: 150 kg
e1RM: 195 kg

Test date: 2024-12-19T18:25:43.511Z

Pelvis Checks, SDL, Athlete 1; Model: athlete_1_scaled_increased_force_3; Preferred: sumo

