Validation Model Analysis Deadlift

Athlete: 1

Bodymass: 82.5 kg

Preferred: sumo

Load: 150 kg

e1RM: 195 kg

Test date: 2024-12-19T18:25:43.511Z

Pelvis Checks, SDL, Athlete 1; Model: athlete_1_scaled_increased_force_3; Preferred: sumo

