



(NOTICE OF DISAGREEMENT)

PART I - PERSONAL INFORMATION

7. MY PREFERRED TELEPHONE NUMBER <i>(Include Area Code)</i> 555-811-1100 ext 4	8. MY PREFERRED E-MAIL ADDRESS See attached page for preferred email	9. MY REPRESENTATIVE'S NAME See attached page for representative name
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PART II - BOARD REVIEW OPTION (*Check only one*)

☐ Virtual Telehearing (*I will attend using an internet-connected device*) (Important: **Provide your e-mail address and Representative in Part I**)

PART III - SPECIFIC ISSUE(S) TO BE APPEALED TO A VETERANS LAW JUDGE AT THE BOARD

☒ Check here if you are appealing a denial of benefits by the Veterans Health Administration (VHA)

<p>Area of Disagreement:</p>	1900-01-05
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C. Additional Issue(s)

☒ Check here if you attached additional sheets. Include the Veteran's last name and the file number.

PART IV - CERTIFICATION AND SIGNATURE

I CERTIFY THAT THE STATEMENTS ON THIS FORM ARE TRUE AND CORRECT TO THE BEST OF MY KNOWLEDGE AND BELIEF.

- Signed by digital authentication to api.va.gov
02/03/2021

Preferred Email:

www
www
www
www
www
www

My Representative's Name:

www
www
www

Additional Issues

A. Specific Issue(s)	B. Area of Disagreement	C. Date of Decision
www www www www www www www www www www	www www www www www	1900-01-06

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**INFORMATION AND DETAILED INSTRUCTIONS FOR COMPLETING
DECISION REVIEW REQUEST: BOARD APPEAL
(NOTICE OF DISAGREEMENT)**

NOTE: Use this form **ONLY** if the VA decision is dated on or after **February 19, 2019**, and you wish to appeal one or more issues to a Veterans Law Judge at the Board of Veterans' Appeals. **DO NOT USE THIS FORM** to submit a Supplemental Claim (if you wish to have additional evidence reviewed by a VA rater) or request a Higher-Level Review (if you wish to have a new decision by a VA senior reviewer). Instead, please file either a VA Form 20-0995 'Decision Review Request: Supplemental Claim' or a VA Form 20-0996 'Decision Review Request: Higher-Level Review.'

If you have any questions about the filing deadline in your case, ask your representative or your local VA office. **Filing on time is very important. Failing to submit on time could result in you losing your right to appeal.**

When should I fill out a VA Form 10182? If you received a decision from a local VA office or a higher-level adjudicator with which you disagree, and you would like one or more issues to be decided by a Veterans Law Judge, you **must** fill out and submit a VA Form 10182. You can choose to appeal all or only some of the issues previously decided, however, **ONLY** those issues that you list on your VA Form 10182 will be considered on appeal.

How long do I have to submit my VA Form 10182? Your completed VA Form 10182 must be post-marked or received by the Board within **one year (365 days)** from the day that your local VA office mailed the notice of the decision unless you are opting into the modernized review system from a Statement of the Case (SOC) or Supplemental Statement of the Case (SSOC). If you are opting into the modernized review system from an SOC or SSOC, your completed VA Form 10182 must be post-marked or received by the Board within 60 days of the SOC or SSOC letter or within one year of the date of the decision by agency of original jurisdiction, whichever is later. If you do not provide all the information requested in the VA Form 10182, VA will consider your form incomplete and will contact you to request clarification and explain your options.

Contested Claim: If you are one of multiple people claiming the right to the same benefit, your completed VA Form 10182 must be post-marked or received by the Board within **60 days** from the day that your local VA office mailed the notice of the decision. VA will notify you and provide additional information if you are a party to a contested claim.

What are my options for the Board's review? You must choose **one** of three options for how a Veterans Law Judge will review the issue(s) on appeal. Determine which of the below options best fits your situation. You can select different Board review options for different issues. However, if you choose to do so, you must submit a separate VA Form 10182 for each Board review option and list the issues that you want reviewed under that option.

REVIEW OPTION	DESCRIPTION
Direct Review	<ul style="list-style-type: none"> - Choose this option if you do not want to submit additional evidence, and you do not want a hearing with a Veterans Law Judge. - The Veterans Law Judge and Board team will review the issue(s) you appealed, and make a new determination based on the evidence of record at the time of the decision on appeal. - Choosing this option will often result in a Veterans Law Judge at the Board being able to issue its decision most quickly.
Evidence Submission	<ul style="list-style-type: none"> - Choose this option if you want to submit additional evidence, but you do not want to have a hearing with a Veterans Law Judge. - The Veterans Law Judge and Board team will review the issue(s) you appealed, considering the evidence of record at the time of the decision on appeal, along with any additional evidence that you submit with your VA Form 10182 or within 90 days after VA's receipt of your VA Form 10182. - After 90 days, any additional evidence added to your claim will not be considered by the Board. - Choosing this option will extend the time it takes for the Board to decide your appeal.
Hearing Request	<ul style="list-style-type: none"> - Please note that a Board hearing is optional, and may increase the wait time for a Board decision. - Choose this option if you want a hearing with a Veterans Law Judge, which includes the option to submit additional evidence. - The Board will contact you to schedule your hearing and provide additional information. - After your hearing, the Veterans Law Judge and Board team will review the issue(s) you appealed, considering the evidence at the time of the decision on appeal, along with your hearing testimony and any additional evidence that you submit within 90 days after the hearing. - If you do not appear for your scheduled hearing, the Veterans Law Judge and the Board team will review any evidence you submit within 90 days following the date of the scheduled hearing. If you choose to withdraw your hearing request, the Veterans Law Judge and the Board team will review evidence you submit within 90 days of the Board's receipt of your hearing withdrawal request. - Choosing this option will extend the time it takes for the Board to decide your appeal.

Find more information on the review options at <https://www.va.gov/decision-reviews/>

Where can I get help with filing my appeal? A Veterans Service Organization or a VA-accredited attorney or agent can represent you or provide guidance. Contact your local VA regional office for assistance or visit: <https://www.va.gov/ogc/accreditation.asp>.

Where do I submit my VA Form 10182 once I have completed it? When you have completed the VA Form 10182, signed and dated it, you must send it to the Board at the address below:

**Board of Veterans' Appeals
P.O. Box 27063
Washington, DC 20038**

What if I want to modify my VA Form 10182? You may make a request to modify your VA Form 10182 for the purpose of selecting a different review option in Part II. Any such request must be made by submitting a new VA Form 10182 form to the Board within one year (365 days) from the date of mailing of the notice of decision on appeal or within 60 days of the Board's receipt of the VA Form 10182, whichever is later. *You cannot request to modify your VA Form 10182 if you have already submitted evidence to the Board or testified at a hearing with a Veterans Law Judge.*

