Beginner's Guide - Before You Start

What you need installed:

- Python (download from python.org)
- Code editor (VS Code recommended)
- · Python packages:

```
pip install pandas matplotlib seaborn scipy
```

Where to write your code:

• Inside main.py in your project folder

Where to get data:

- Use your heart.csv file (it already contains useful columns)
- · Columns in your file:
- age : Age of the person
- sex : 1 = male, 0 = female
- cp : Chest pain type
- trestbps: Resting blood pressure
- chol : Serum cholesterol (mg/dl)
- fbs : Fasting blood sugar > 120 mg/dl (1 = true, 0 = false)
- restecg: Resting electrocardiographic results
- thalach: Maximum heart rate achieved
- exang: Exercise-induced angina
- oldpeak: ST depression induced by exercise
- slope , ca , thal : Additional heart disease indicators
- target : 1 = disease present, 0 = not present

Where to save files:

- In your medical_test_analyzer folder:
- | main.py | \rightarrow Python code
- data.csv → Dataset (can be your heart.csv renamed)
- README.md → Project explanation
- plots/ → Graphs you generate

How to run your code:

• Open terminal in project folder and run:

python main.py

Project: Medical Test Analyzer (Using Python and Statistics)

Goal: Use statistics to analyze health-related metrics in your dataset.

Example questions you can explore:

- Is the average cholesterol (chol) different between males and females?
- Do people with higher trestbps also have higher chances of heart disease (target)?
- Are thalach (max heart rate) values normally distributed?
- Do certain chest pain types (cp) correlate strongly with heart disease?

Total Time Needed: 9-10 hours\ Time Available: Friday, Saturday, Sunday, Monday (4 PM - 12 AM)

Friday – Quick Start (0.5 hour)

- 1. Make folder medical_test_analyzer
- 2. Create:
- 3. main.py
- 4. data.csv (copy/rename your heart.csv)
- 5. README.md
- 6. Install packages
- 7. Add project header in main.py

📅 Saturday – Data Setup & Checking (3.5 hours)

- 1. Load dataset in pandas
- 2. Explore basic stats (mean , | max , | min , | describe())
- 3. Draw:
- 4. Histogram for chol, trestbps, and thalach
- 5. Boxplot for chol and trestbps

17 Sunday – Hypothesis & Statistics (3.5 hours)

- 1. Form hypothesis (e.g., "Males have higher average cholesterol than females")
- 2. Check normality (histogram, optional Shapiro test)
- 3. Run statistical tests (T-test for two groups, ANOVA for more)
- 4. Calculate confidence intervals for means
- 5. Bonus: Compare thalach values for people with and without heart disease (target)

Monday – Final Touches & Extra Feature (2.5–3 hours)

- 1. Refactor code into functions (load_data() , analyze_data() , etc.)
- 2. Write README with analysis results and explanations
- 3. Save all graphs into plots/
- 4. Optional: Ask user for cholesterol or blood pressure value and output whether it's high based on dataset stats

Final Deliverables:

- main.py Python code
- data.csv Dataset (your heart.csv)
- README.md Project explanation
- plots/ Graphs