

# **Swinburne University of Technology** Faculty of Science, Engineering and Technology

### ASSIGNMENT AND PROJECT COVER SHEET

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## IT Security COS30015

### Review of Literature

Emerging Technologies for Cyber Threat Detection and Mitigation

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#### Introduction

Cybersecurity has become one of the most critical areas in modern computing, with organizations facing increasingly sophisticated attacks that threaten data integrity, availability, and confidentiality. As the digital landscape expands, especially with the rise of connected devices and the Internet of Things (IoT), the demand for advanced detection and mitigation technologies has skyrocketed. Traditional security methods, such as signature-based detection systems, are no longer sufficient to address the dynamic and evolving nature of cyber threats. This literature review explores emerging technologies like machine learning, anomaly detection, and behavioural analytics, which have become essential tools in detecting and mitigating cyber threats. These methods help prevent intrusions, data breaches, and other forms of malicious activity that often go undetected by traditional systems.

#### **Current Trends in Cyber Threat Detection**

The field of cybersecurity has undergone a significant transformation in recent years, with machine learning (ML) playing a pivotal role in this shift. One of the key developments has been the application of ML to network intrusion detection systems (NIDS), which are responsible for identifying malicious activity within a network. Traditional methods of detection relied heavily on predefined signatures or rules to identify threats. While effective against known attack vectors, these systems often fall short when confronted with new or evolving threats. This is where ML models offer an advantage. By learning from past data, machine learning algorithms, particularly supervised models such as Decision Trees, Random Forests, and Support Vector Machines (SVMs), can generalize from their training and identify both known and previously unseen attacks. These models analyse the subtle differences between normal and malicious traffic, making them invaluable in environments where attackers continuously adapt their strategies to evade detection [1], [2].

In addition to supervised learning, unsupervised learning has gained traction for its ability to detect zero-day attacks—those for which no signature exists. Unlike supervised models, which rely on labelled datasets, unsupervised learning can work with unlabelled data to find patterns and anomalies. Algorithms like clustering and autoencoders excel at detecting deviations from typical behaviour, which is crucial when dealing with previously unseen threats. Clustering algorithms, for instance, group similar data points together, and when an outlier, something that doesn't fit the group emerges, it is flagged as suspicious. This approach allows organizations to monitor for anomalies in real-time, helping to catch early indicators of a possible breach before it escalates [5].

Furthermore, deep learning (DL), a subset of ML, has revolutionized real-time network traffic analysis. DL models, such as Recurrent Neural Networks (RNNs) and Long Short-Term Memory (LSTM) networks, are particularly effective for analysing time-series data, like network traffic logs. These models excel at identifying sequences or patterns that are indicative of a threat, offering a powerful tool for detecting Advanced Persistent Threats (APTs), which often blend into regular network traffic to avoid detection. As more organizations adopt DL, the models continue to improve, providing higher accuracy in detecting network anomalies. Another emerging technique is the use of Convolutional Neural Networks (CNNs) to analyse binary malware files, detecting embedded malicious code that traditional signature-based systems might miss. The ability of these models to process large-scale, high-dimensional data is a game-changer in the fight against sophisticated cyber threats [3], [4].

Another critical trend in cybersecurity is the use of behavioural analytics. While traditional methods focus on identifying malicious files or network anomalies, behavioural analytics focuses on the behaviour of users and devices within the network. This approach tracks patterns of legitimate user activity and raises an alert when something deviates from the norm. For example, if an employee typically logs into their account from one location but suddenly attempts to access sensitive files from an unfamiliar location at an unusual time, this deviation will trigger an alert. Behavioural analytics is particularly useful in detecting insider threats or compromised credentials, which are often harder to identify with traditional security tools [3], [8].

In recent years, IoT (Internet of Things) security has become an increasingly important topic. IoT devices often come with limited built-in security features, making them easy targets for attackers. As these devices become more integrated into critical systems, the potential damage from an IoT breach grows. To combat this, new methods like context-based anomaly detection have emerged. These systems monitor the behaviour of IoT devices and alert administrators when a device begins behaving in an unusual or suspicious manner. In conjunction with this, honeypots are being deployed to lure attackers into engaging with decoy IoT devices. This allows security teams to study the attackers' methods and refine their defense mechanisms [7], [9].

In conclusion, machine learning, deep learning, and behavioural analytics are reshaping the cybersecurity landscape. By allowing systems to adapt to new threats in real-time, these technologies offer a more robust and dynamic defense compared to traditional signature-based methods. As cyber threats continue to evolve, so too must the techniques used to detect and mitigate them. Whether through the detection of anomalous user behaviour or the protection of vulnerable IoT devices, these trends are essential in maintaining security in an increasingly connected world [5], [9].

#### **Feature and Data Used for Detection**

To effectively combat cyber threats, modern detection systems rely on a diverse range of data features and sources. One of the most critical sources is event logs. Event logs, such as Windows Event Logs, provide detailed records of system activity, such as login attempts, file modifications, and software installations. Each action is tagged with an Event ID, and security teams can monitor specific IDs to identify suspicious behaviour. For instance, Event ID 4624 indicates a successful logon, while Event ID 4625 signals a failed login attempt. By correlating these events with known attack patterns, security systems can detect brute-force attacks, unauthorized access, or privilege escalation. Security Information and Event Management (SIEM) platforms collect and analyse these logs from multiple sources, allowing for the quick identification of anomalous activity across an organization's infrastructure [8], [9].

In addition to event logs, network traffic analysis plays a crucial role in identifying threats. Packet-level inspection enables security systems to scrutinize the contents of data packets as they travel through a network. By examining traffic patterns, such as packet size, frequency, and destination IP address, security teams can identify abnormal activity, such as data exfiltration or communication with malicious servers. Intrusion Detection Systems (IDS) often leverage deep learning models to analyse this traffic in real-time, flagging unusual behaviour that might signal an ongoing attack. The integration of deep learning into IDS has dramatically improved their ability to detect zero-day exploits and sophisticated attacks that traditional signature-based methods might miss [7], [3].

One of the most effective tools for detecting malware is file hashing. A hash, such as SHA256, generates a unique string of characters that corresponds to the contents of a file. When a file's hash matches a known signature in a malware database like VirusTotal, it is flagged as malicious. This method is widely used in antivirus software and file integrity monitoring (FIM) systems. By continuously monitoring critical files and comparing their hashes against known malicious signatures, these systems can prevent the execution of malware or other unauthorized changes to the system. File hashing is especially valuable in environments where maintaining the integrity of system files is paramount, such as financial institutions or government agencies [6], [10].

loT devices present unique challenges when it comes to cybersecurity. These devices generate massive amounts of real-time data, and traditional security systems are often ill-equipped to process this data efficiently. To address this, window-based analysis and ensemble learning models have been developed to manage and analyse the continuous data streams produced by loT devices. In window-based analysis, data is broken down into smaller, more manageable segments, or windows, for processing. This allows the system to detect anomalies in real-time without overwhelming the network with false positives. Ensemble models, which combine the results of multiple algorithms, further enhance detection accuracy by cross verifying the findings from different models, reducing both false positives and false negatives [9], [6].

Another critical feature in modern cybersecurity is the use of threat intelligence feeds. These feeds provide organizations with real-time information about emerging threats, such as known malicious IP addresses, domains, and file hashes. By incorporating threat intelligence into their defences, organizations can proactively block threats before they even reach their network. Firewalls and Intrusion Prevention Systems (IPS) use these feeds to automatically filter out traffic from known bad actors, providing a first line of defense against external threats. The combination of internal log data with external threat intelligence creates a more comprehensive security posture, enabling organizations to stay ahead of attackers who constantly evolve their methods [7], [8].

In conclusion, the wide array of data sources—ranging from event logs to network traffic to file hashes—provides the foundation for modern cybersecurity detection systems. As threats become more complex, these systems must continuously evolve, integrating new data streams and analytical techniques to stay ahead of attackers. Whether it's monitoring IoT devices or processing vast amounts of real-time data, the features and methods used in today's cybersecurity landscape offer a more proactive and adaptive defense than ever before [10], [6].

#### **Challenges and Research Directions**

Despite the success of machine learning and other advanced techniques in cybersecurity, several challenges remain. False positives are a common issue, particularly in machine learning models. High false positive rates can overwhelm security teams, causing alert fatigue and diverting attention away from legitimate threats [3]. Furthermore, the interpretability of certain machine learning models, particularly deep learning models, is limited. These models are often described as "black boxes," meaning that their decision-making process is not easily understood by human operators. This lack of transparency can lead to hesitancy in adopting such models for critical security applications [4], [9].

Adversarial attacks represent another significant challenge in the cybersecurity landscape. Attackers are increasingly targeting machine learning systems by manipulating input data to fool models into making incorrect predictions. For example, adversarial examples can be crafted to appear normal to a machine learning model while carrying hidden malicious intent. Researchers are exploring techniques like adversarial training to enhance model robustness, but this remains an active area of research [5].

Finally, the rise of privacy concerns in cybersecurity has sparked debates around the use of personal and sensitive data in anomaly detection systems. Regulations such as GDPR impose strict requirements on how data is collected, stored, and used, especially in behavioural analytics and IoT systems. Ensuring compliance with these regulations while maintaining the effectiveness of threat detection systems presents a complex challenge for cybersecurity practitioners [6].

Future research should focus on improving the interpretability of machine learning models, reducing false positives, and addressing the challenges posed by adversarial attacks. Additionally, with the rapid growth of IoT networks, more work is needed to develop lightweight algorithms capable of processing high-dimensional data streams without sacrificing accuracy or speed [1], [5].

#### Conclusion

The ever-evolving landscape of cyber threats requires advanced detection and mitigation techniques that can adapt to new and sophisticated attacks. Machine learning, anomaly detection, and behavioural analytics offer promising solutions for identifying and mitigating cyber threats in real-time. However, challenges such as false positives, model interpretability, and adversarial attacks must be addressed to ensure the effectiveness of these technologies. A multi-layered approach that integrates machine learning, real-time anomaly detection, and context-based analysis is essential for building robust cybersecurity defences. As research continues, the focus should be on improving the resilience of these systems, ensuring privacy compliance, and developing new techniques to address the growing threats posed by adversarial environments.

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