



# Lezione 5

21 Aprile 2023

assistenza-sanitaria-e-intelligenza-artificiale-vwhqhqb5flmhnpr

Padlet

Gabriella Balestra + 12 • 1m

## Assistenza sanitaria e intelligenza artificiale

### Cosa vi aspettate da questo corso?

Vedere e studiare il funzionamento di alcuni dispositivi che utilizzano l'intelligenza artificiale in ambito medico

1 0

Aggiungi commento

Lezioni più leggere in cui parlare di argomenti legati all'attualità ed al come la tecnologia influenzi la società

### Process modeling

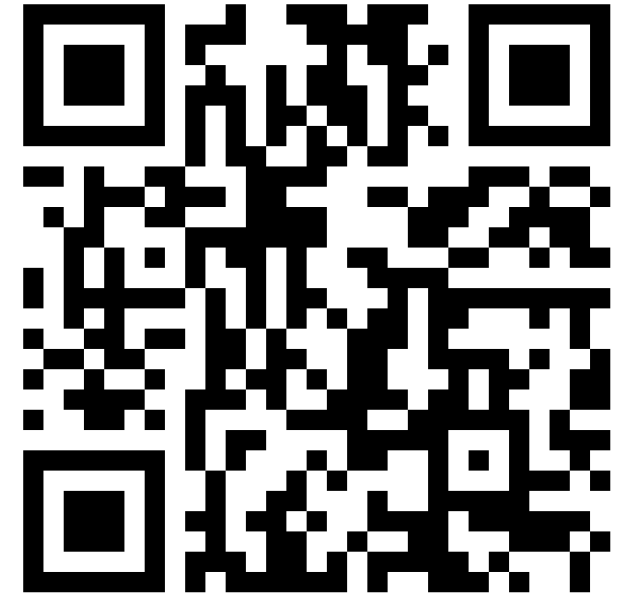
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Aggiungi commento

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Aggiungi commento

### Assistenza domiciliare (home care) e telemedicina



# Telemedicina in generale

## Telemedicina

Il complesso delle applicazioni della telematica alla medicina, per diagnosi e terapie a distanza.

L'home care è un forma di assistenza alla persona, in favore di malati, disabili o anziani, che viene prestata a domicilio, senza che debbano recarsi in ospedale o ambulatorio

<https://www.nbst.it/1517-sanita-digitale-in-italia-tra-pnrr-e-telemedicina.html>



1517-sanita-digitale-in-italia-tra-pnrr-e-telemedicina

<https://www.medicair.it/ar-ee-terapeutiche/telemedicina-e-monitoraggio-clinico-a-distanza/>

## Telemedicina per le zone rurali



makeuseof.com  
How Technology Is Improving Access to Medical Services for Rural and Remote Areas

La telemedicina diventa un servizio essenziale per le persone che abitano in zone rurali o difficili da raggiungere, oltre che un servizio aggiuntivo per le persone in zone più accessibili.

## EU cross-border Telemedicine



euractiv.com  
EU ministers to scrap cross-border  
telemedicine from health data space

<https://www.euractiv.com/section/health-consumers/news/eu-ministers-to-scrap-cross-border-telemedicine-from-health-data-space/>

## Panoramica situazione telemedicina in Europa



aboutpharma.com  
Sanità, ecco le tante velocità dell'Europa  
digitale

[Sanità, ecco le tante velocità  
dell'Europa digitale - AboutPharma](#)



orticalab.it

Telemedicina, parte dal Cedim di  
Montoro la prima sperimentazione in  
Campania - Orticalab.it

<https://www.orticalab.it/Telemedicina-parte-dal-Cedim-di-Montoro>



notizie.tiscali.it

Telemedicina per pazienti oncologici,  
progetto pilota in Puglia

<https://notizie.tiscali.it/salute/articoli/telemedicina-pazienti-oncologici-progetto-pilota-in-puglia-00003/>

**Applicazioni per la salute  
mobile mHealth: le  
applicazioni mHealth  
consentono ai pazienti di  
monitorare la propria salute  
e comunicare con gli  
operatori sanitari utilizzando  
i propri smartphone o tablet.  
Queste applicazioni possono  
fornire promemoria per i  
farmaci, monitorare i sintomi  
e consentire ai pazienti di  
accedere alle informazioni  
sulle loro condizioni**

Manca il riferimento

**Teleconsulto:** Il medico o il  
professionista sanitario fornisce  
una consultazione virtuale tramite  
videoconferenza. Questo consente  
ai pazienti di ricevere una diagnosi  
e una prescrizione di farmaci senza  
dover uscire di casa.

**Monitoraggio remoto:** I dispositivi  
di monitoraggio a distanza, come i  
sensori di pressione sanguigna, le  
bilance e le cuffie per la pressione  
arteriosa, possono essere utilizzati  
per monitorare la salute del  
paziente da remoto. Questi dati  
vengono inviati a un professionista  
sanitario che può effettuare il  
follow-up con il paziente e  
apportare eventuali modifiche al  
piano di cura.

**Telemedicina diagnostica:** La  
telemedicina diagnostica permette

Manca il riferimento



## Tele-ICU

I programmi di tele-ICU utilizzano la tecnologia di monitoraggio remoto e le videoconferenze per collegare gli specialisti di terapia intensiva con i pazienti delle unità di terapia intensiva (ICU) in aree remote o poco servite. Ciò consente di monitorare in tempo reale i segni vitali, i farmaci e altri dati importanti dei pazienti e di intervenire rapidamente in caso di eventi critici.

### Progetto THALEA: Telemonitoraggio delle terapie intensive nell'UE



cordis.europa.eu

Il telemonitoraggio: una svolta per la terapia intensiva

Il progetto THALEA ha sviluppato un sistema di telemonitoraggio che consente ai principali ospedali di integrare e analizzare i dati dei pazienti dell'unità di terapia intensiva (ICU) ovunque si trovino, consentendo loro di monitorare le loro condizioni e rilevare



techcrunch.com

Russian insurtech and telemedicine startup BestDoctor raises \$26M B from Winter Capital Partners



chinamoneynetwork.com

Chinese Healthcare Platform Miaoshou Doctor Closes \$84M Series D Round

La telemedicina si è resa sempre più indispensabile per gestire l'aumento delle malattie croniche che hanno imposto l'esigenza di intensificare l'assistenza domiciliare integrata con quella a distanza, soprattutto nei confronti dei pazienti più fragili. È a questo scopo che è nato il **Progetto Fragilità di VIDAS**, un servizio rivolto a pazienti anziani con una o più patologie croniche e un quadro clinico tendenzialmente stabilizzato, ma che necessitano di un monitoraggio clinico e di un'assistenza multidisciplinare continuativa, sia sanitaria sia sociale, psicologica e assistenziale. Il servizio è organizzato per offrire una rete di assistenza capillare con **medici e infermieri attivi 24 ore su 24** e integrati in équipe multidisciplinari.

## Esempi in Italia

<https://www.digital4.biz/executive/digital-transformation/telemedicina-che-cosa-e-definizione-tecnologie-adozione-in-italia/>



lastampa.it

Arrivano le cabine della salute a Macugnaga e Formazza, mini ambulatori con dispositivi per consulti medici a distanza

[https://www.lastampa.it/verbanocusio-ossola/2023/03/07/news/arrivano\\_le\\_cabine\\_della\\_salute\\_a\\_macugnaga\\_e\\_formazza\\_mini\\_ambulatori\\_con\\_dispositivi\\_per\\_consulti\\_medici\\_a\\_distanza-12679643/](https://www.lastampa.it/verbanocusio-ossola/2023/03/07/news/arrivano_le_cabine_della_salute_a_macugnaga_e_formazza_mini_ambulatori_con_dispositivi_per_consulti_medici_a_distanza-12679643/)



agendadigitale.eu

Dalla telemedicina alla medicina digitale: il passo da fare in Italia - Agenda Digitale

<https://www.agendadigitale.eu/sanita/dalla-telemedicina-alla-medicina-digitale-il-passo-da-fare-in-italia/>



regione.piemonte.it

Telemedicina, al via il progetto sperimentale

<https://www.regione.piemonte.it/web/temi/sanita/telemedicina-al-via-progetto-sperimentale>



italiaoggi.it

Telemedicina, realtà in Svezia - ItaliaOggi.it

<https://www.italiaoggi.it/news/telemedicina-realta-in-svezia-2276492>



sesamo.sanita.fvg.it

SESAMO

<https://sesamo.sanita.fvg.it/sesamo/>

Digital Health in some European Countries



healthcareitnews.com

The European digital health revolution in the wake of COVID-19

<https://www.healthcareitnews.com/news/emea/european-digital-health-revolution-wake-covid-19>

Piattaforma nazionale telemedicina

pnrr.salute.gov.it

Telemedicina

Creazione di una **Piattaforma Nazionale per i servizi di Telemedicina** e finanziamento di progetti che consentano interazioni medico-paziente a distanza e le iniziative di ricerca ad hoc sulle tecnologie digitali in materia di sanità e assistenza.


# Telemonitoraggio

## Monitorare i pazienti con biosensori indossabili

Per quanto riguarda il monitoraggio remoto dei pazienti, cosa succederà? I biosensori indossabili sono in gran parte la risposta. Indossati discretamente sul torace, questi sensori possono misurare e trasmettere segni vitali come i dati respiratori e la frequenza cardiaca, nonché altri dati del paziente come la postura e il livello di attività.

Dopo l'epidemia di COVID-19 e le carenze di DPI che l'hanno inizialmente caratterizzata, gli ospedali hanno tratto grande beneficio dall'uso di biosensori indossabili per monitorare da vicino i pazienti nei reparti dedicati al COVID-19 senza esporre il personale a rischi inutili. Tuttavia, la loro applicazione potenziale si estende ben oltre, da scenari di assistenza minima in ospedale fino alle case delle persone.

Manca il riferimento



**COMARCH** Soluzioni ▾ Per Settore Clienti Chi siamo

### Cos'è Comarch HomeHealth?

Comarch HomeHealth è un sistema di telemedicina composto da un'applicazione per tablet integrata con dispositivi di misurazione dei parametri vitali (registratore ECG, pulsossimetro, termometro, glucometro, sfigmomanometro e così via) che permette il monitoraggio da remoto delle condizioni di salute del paziente.

Comarch HomeHealth può essere utilizzato in modo autonomo dal singolo paziente direttamente a domicilio oppure in modalità multipaziente da personale sanitario presso strutture sanitarie o sul territorio.

La procedura di misurazione è semplice e viene guidata passo dopo passo dall'applicazione. I dati raccolti vengono registrati e inviati alla piattaforma di telemedicina in cloud Comarch e-Care, dove sono analizzati e disponibili in tempo reale da personale medico.



Telemonitoraggio domiciliare e patient engagement

<https://digitalhealthitalia.com/telemonitoraggio-domiciliare-patient-engagement/>



Immuni - Sito Ufficiale

Immuni è un esempio di app di healthcare.  
<https://www.immuni.it/>

Screening e coinvolgimento dei pazienti a distanza prima del loro accesso a strutture sanitarie

Tra i molti esempi di telemedicina spinti dalle necessità emerse durante la pandemia, uno che probabilmente resisterà è lo screening e il coinvolgimento dei pazienti tramite supporti digitali, anche prima di accedere alle strutture sanitarie.

Con la crisi di COVID-19, ospedali e organizzazioni di assistenza domiciliare hanno utilizzato questionari online per effettuare il triage e il monitoraggio dei pazienti con sospetta COVID-19, mediante call center incaricati di contattare i pazienti ad alto rischio per fornire ulteriori informazioni prima di indirizzarli alle cure appropriate. Questo ha aiutato a evitare che sia il personale che i pazienti fossero esposti a rischi inutili e ha

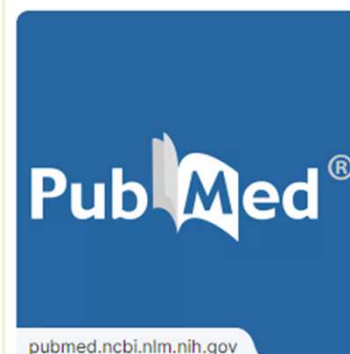
# Riferimenti scientifici

## App-based telemedicine program for COVID-19 primary care

<https://pubmed.ncbi.nlm.nih.gov/3733868/>



## Regulatory, Legal, and Ethical Considerations of Telemedicine



Regulatory, Legal, and Ethical Considerations of Telemedicine - PubMed

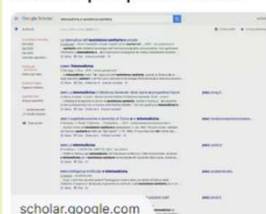
<https://pubmed.ncbi.nlm.nih.gov/32762973/>



ncbi.nlm.nih.gov

Telemedicine for healthcare:  
Capabilities, features, barriers, and applications

## La telemedicina in Medicina Generale: dove siamo e prospettive future



scholar

[https://scholar.google.com/scholar?hl=it&as\\_sdt=0,5&q=telemedicina+e+assistenza+sanitaria+&btnG=#d=qs\\_gabs&t=1681829679770&u=#p=Iq8ZJHIINhAJ](https://scholar.google.com/scholar?hl=it&as_sdt=0,5&q=telemedicina+e+assistenza+sanitaria+&btnG=#d=qs_gabs&t=1681829679770&u=#p=Iq8ZJHIINhAJ)



# Normativa

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Telemedicina e assistenza domiciliare. In Gazzetta le linee guida del ministero. Dalle visite on line col medico al controllo dei pazienti da remoto - Quotidiano Sanità

[https://www.quotidianosanita.it/m/governo-e-parlamento/articolo.php?articolo\\_id=105038](https://www.quotidianosanita.it/m/governo-e-parlamento/articolo.php?articolo_id=105038)

# Strumenti di aiuto/wellness

## Startup di telemedicina in italia

ALLIED  
FOR  
STARTUPS  
12/18

TELEMEDICINE  
IN EUROPE  
Opportunities and  
Challenges

PDF

Telemedicine-report-2020

La startup DoctorsinItaly fornisce aiuto ai turisti stranieri per trovare medici che parlino inglese in Italia per consulti online e di persona.

non so se possono essere incluse tra le app di telemedicina anche quelle riguardanti il benessere psicologico delle persone. in caso la possibilità di fare psicoterapia online attraverso per esempio unobravo o serenis credo ne sia un esempio

La misurazione domiciliare della pressione arteriosa è un mezzo di screening estremamente efficace per tenere sotto controllo le patologie del sistema cardiovascolare, grazie alla semplicità di utilizzo e all'immediatezza dell'intera procedura che consente al medico di avere sempre sotto controllo in tempo reale il quadro pressorio del paziente.



Costruire una presentazione  
power point che riassuma  
questi temi

# How internet is changing healthcare

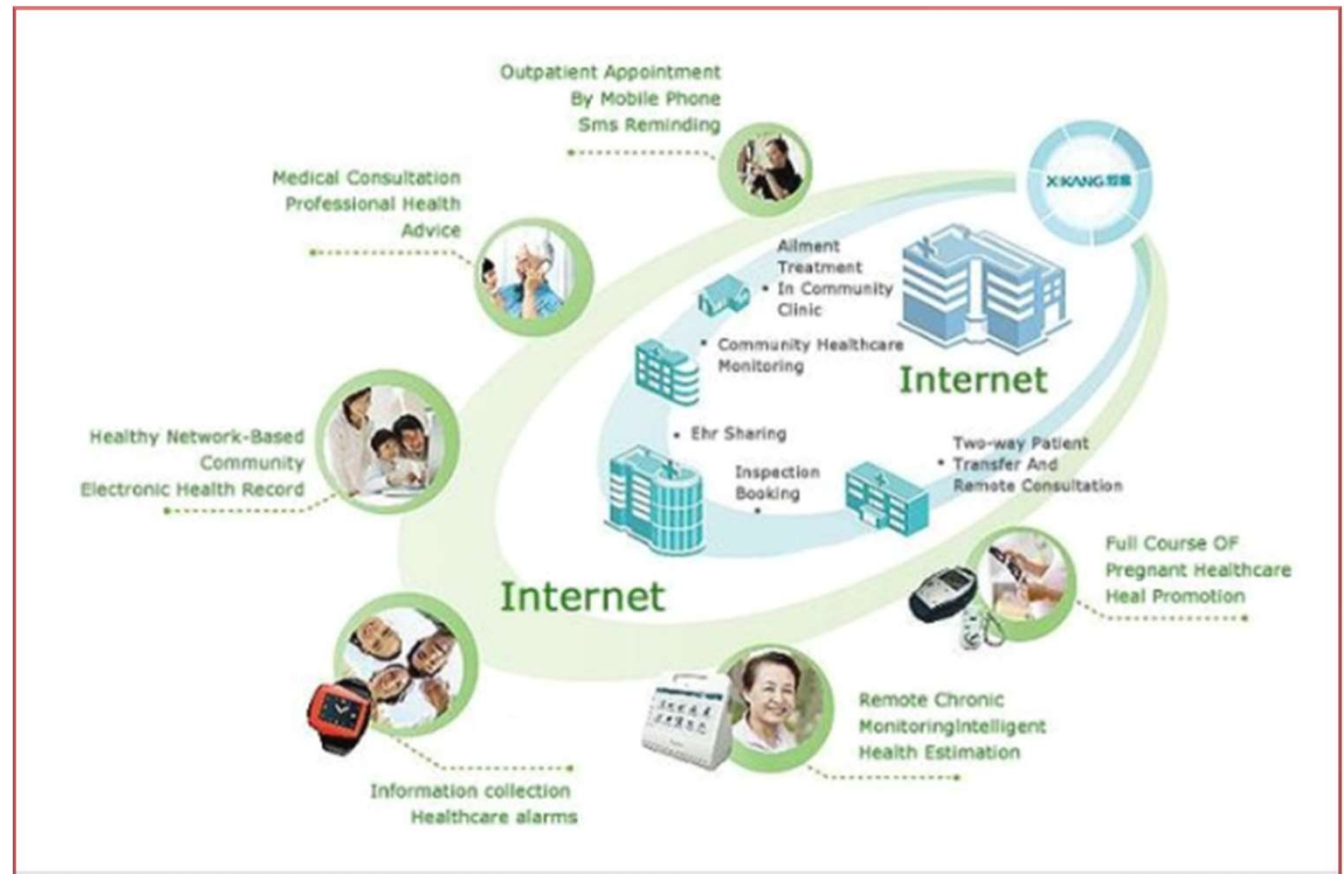
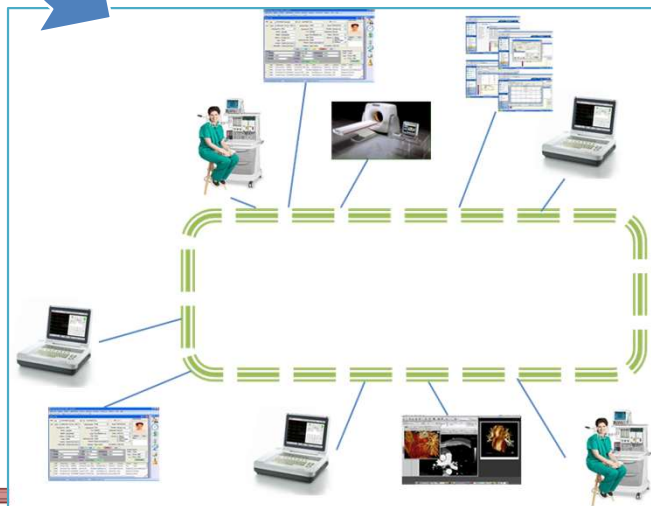
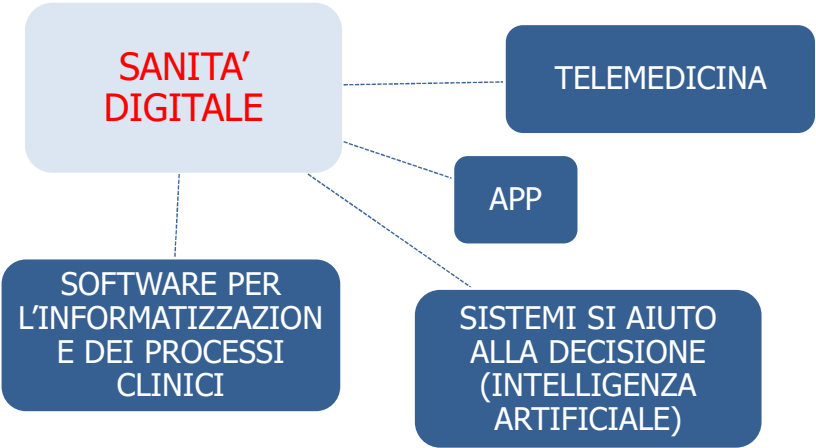


Fig1 (from A Survey Paper on Internet of Things based Healthcare System)



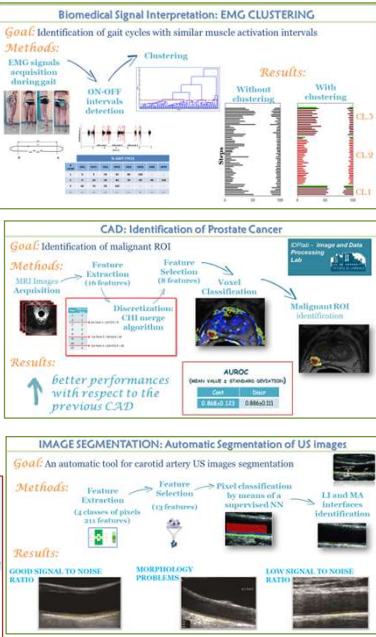
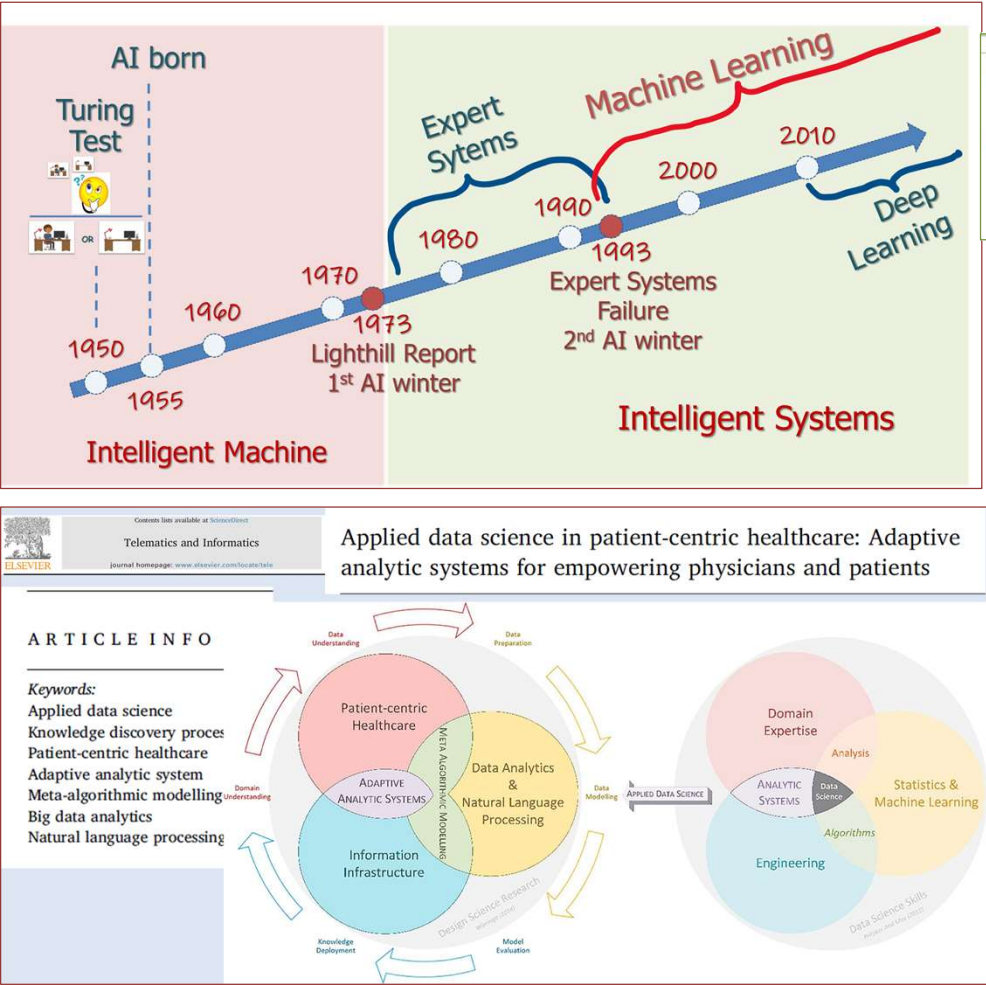
# La tecnologia al servizio della cura: Intelligenza Aritificiale

13

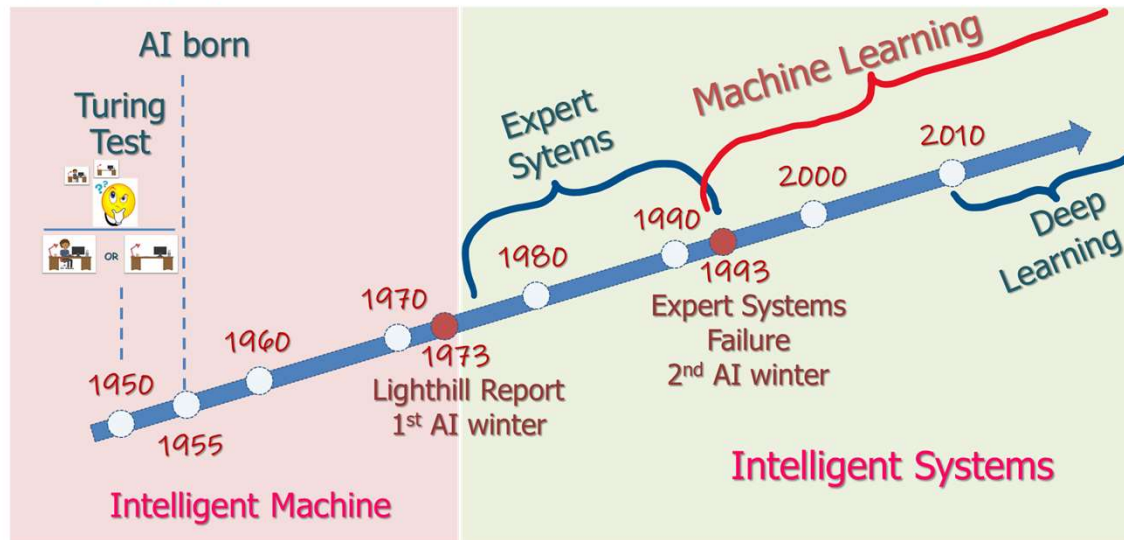


Automated machine learning (AutoML) and automated data science (AutoDS) aim at automating standard and modular analytical and learning tasks and processes.

Autonomous AI (AutoAI)



AI: Timeline



Today AI applications are based on

machine learning

and

deep learning

Knowledge is  
data driven

- ☐ **Supervised Learning:** learning from labelled training data (the correct classes of the training data are known)
- ☐ **Unsupervised Learning:** discovering patterns from unlabelled data (the correct classes of the training data are unknown)

## AI applications may support diagnosis, treatment and patient monitoring

Four main distinct ways in which AI is being employed:

- ☐ in the assessment of risk of disease onset and in estimating treatment success prior to initiation;
- ☐ in an attempt to manage or alleviate complications/adverse events;
- ☐ to assist with patient care during the treatment or diagnosis;
- ☐ in research aimed at elucidating the pathology or mechanism of and/or the ideal treatment for a disease.

Artificial intelligence in medicine: What is it doing for us today? (2019) Aliza Becker

THE DREAM

TO HAVE MACHINES  
THAT DO THINGS  
LIKE HUMANS DO

As soon as computers were born  
people started trying to put  
*intelligence* in them



# The origins of AI

COGITO ERGO SUM

'I think, therefore I am'

René Descartes,

1596–1650



David Hume (1711–1776)

brought computations to the discussion, deeply embedding a widely believed premise in Cognitive Science that

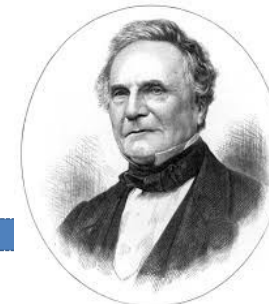
*cognition is computation*



George Boole (1815–1864)

challenged human presumptions of complexity using three binary operators: 'and,' 'or' and 'not.'

Boole demonstrated that these are sufficient for universal computations.



Charles Babbage

(1791–1871)

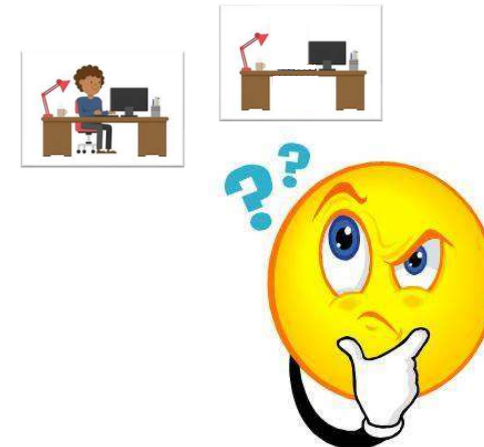
invented the first mechanical computational device, the *computer*.

Alan Turing  
(1912–1954)  
designed the Turing machine as a *general-purpose computer*



# Turing Test

In 1950, Alan Turing defined the *intelligent behaviour of a computer* as the ability to achieve the human-level performance in cognitive tasks.



A computer passes the test if the interrogator cannot distinguish the machine from a human on the basis of the answers to their questions

## *“AI means...” An historical perspective*

The story of AI started in the 50s



Five of the attendees of the 1956 Dartmouth Summer Research Project on Artificial Intelligence reunited at the July 2006 AI@50 conference. From left: Trenchard More, John McCarthy, Marvin Minsky, Oliver Selfridge, and Ray Solomonoff. (Photo by Joseph Mehling)

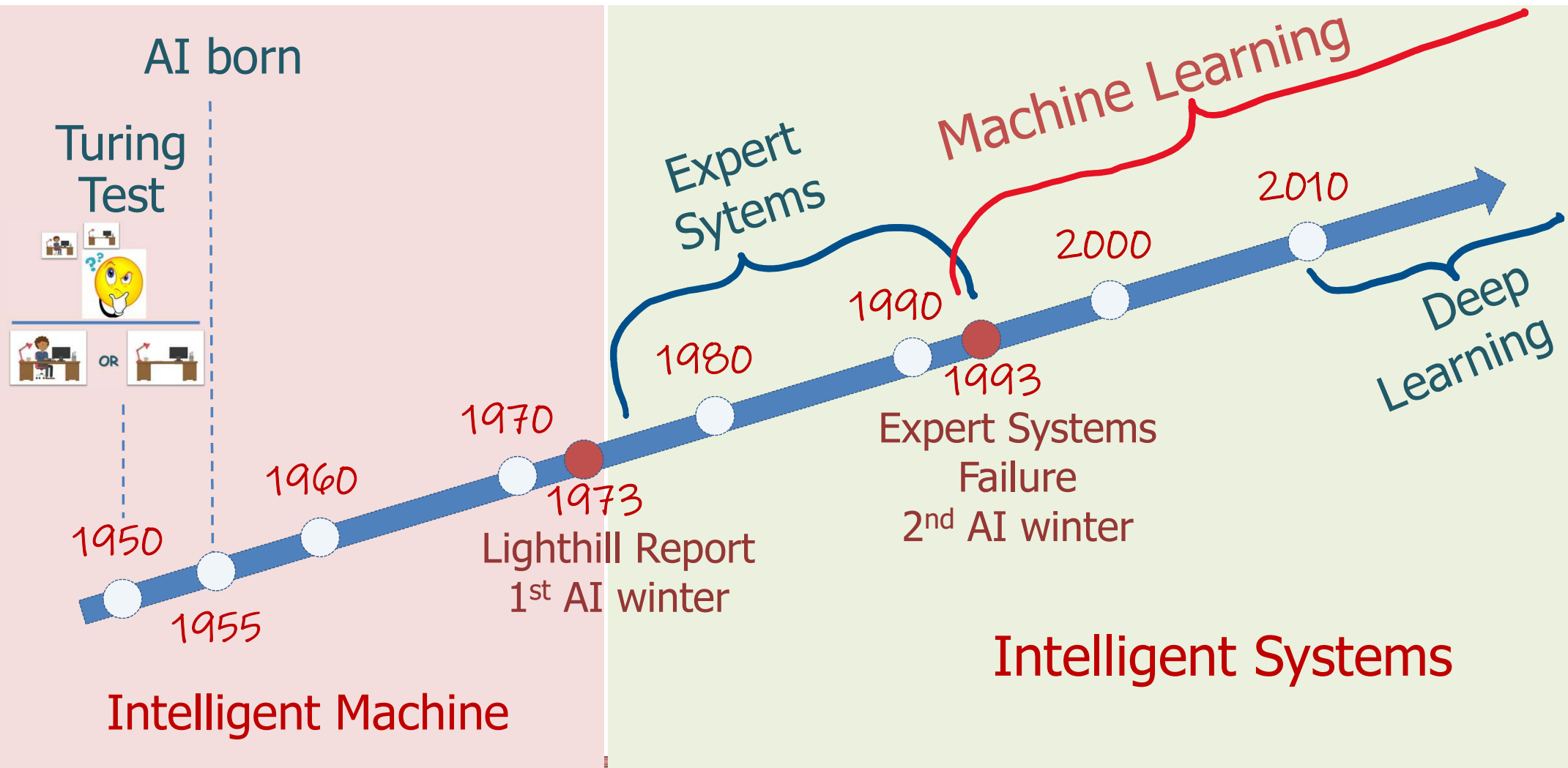
<https://www.forbes.com>

August 31, 1955

The term “*artificial intelligence*” is coined in a proposal for a “2 month, 10 man study of artificial intelligence” submitted by John McCarthy (Dartmouth College), Marvin Minsky (Harvard University), Nathaniel Rochester (IBM), and Claude Shannon (Bell Telephone Laboratories).

The workshop, which took place a year later, in July and August 1956, is generally recognized as the official birthdate of the new field.

# AI: Timeline





## Different AI approaches

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*Automated machine learning (AutoML)* and *automated data science (AutoDS)* aim at automating standard and modular analytical and learning tasks and processes.

AutoML and AutoDS focus on automating standard and decomposed tasks, such as data cleaning, feature selection, hyperparameter optimization, algorithm selection, and pipeline selection.

They rely on predefined and design-time techniques such as search, selection, and optimization. The resultant systems offer standard workflows, and neutral techniques for search and selection, independent of data characteristics, problem domain, analytical and learning objectives and tasks, algorithm and model design methodologies, and business expectations.

These enable the standardization, production, manufacturing, and commercialization of machine learning and data science for applications.

*Autonomous AI (AutoAI)* aims at constructing autonomous systems ...

# Intelligent Systems

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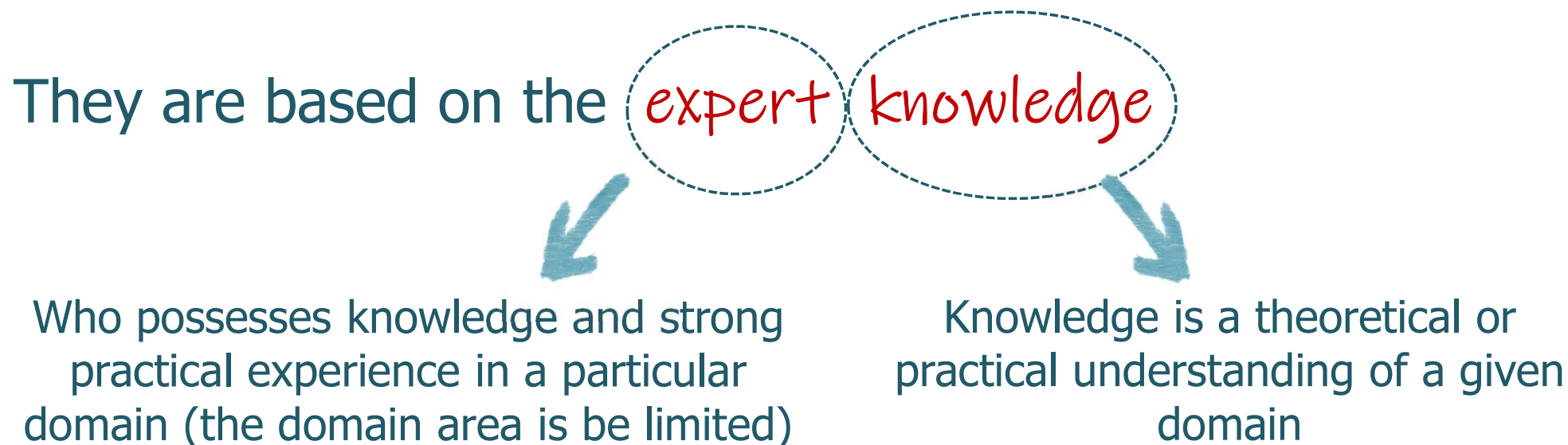
Intelligent Systems are systems allowing to represent the *knowledge* in a form that can be processed by a computer

❑ Knowledge from experts → Expert Systems

❑ Knowledge from data → Machine Learning, Deep Learning

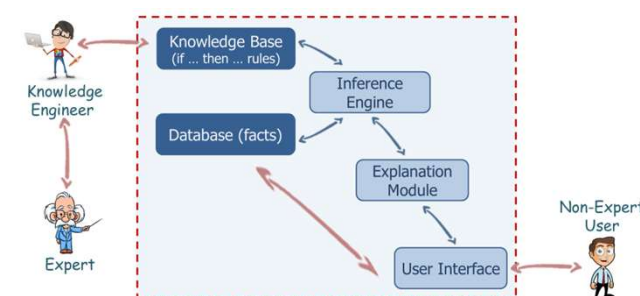
# Expert Systems (ESs)

Building an ES means to develop a computer program capable of performing at the level of a human expert in a narrow problem area or in a specific domain of expertise.



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They are based on the **expert knowledge**

Who possesses knowledge and strong practical experience in a particular domain (the domain area is be limited)

Knowledge is a theoretical or practical understanding of a given domain



## How to represent expert knowledge?

- ✓ The human mental process is internal, and it is too complex to be represented as an algorithm.

Consider a simple example:

Imagine, you meet an alien! He wants to cross a road.

Can you help him? You are an expert in crossing roads – you've been on this job for several years. Thus you are able to teach the alien.

How would you do this?

- ✓ However, most experts are capable of expressing their knowledge in the form of *rules* for problem solving.

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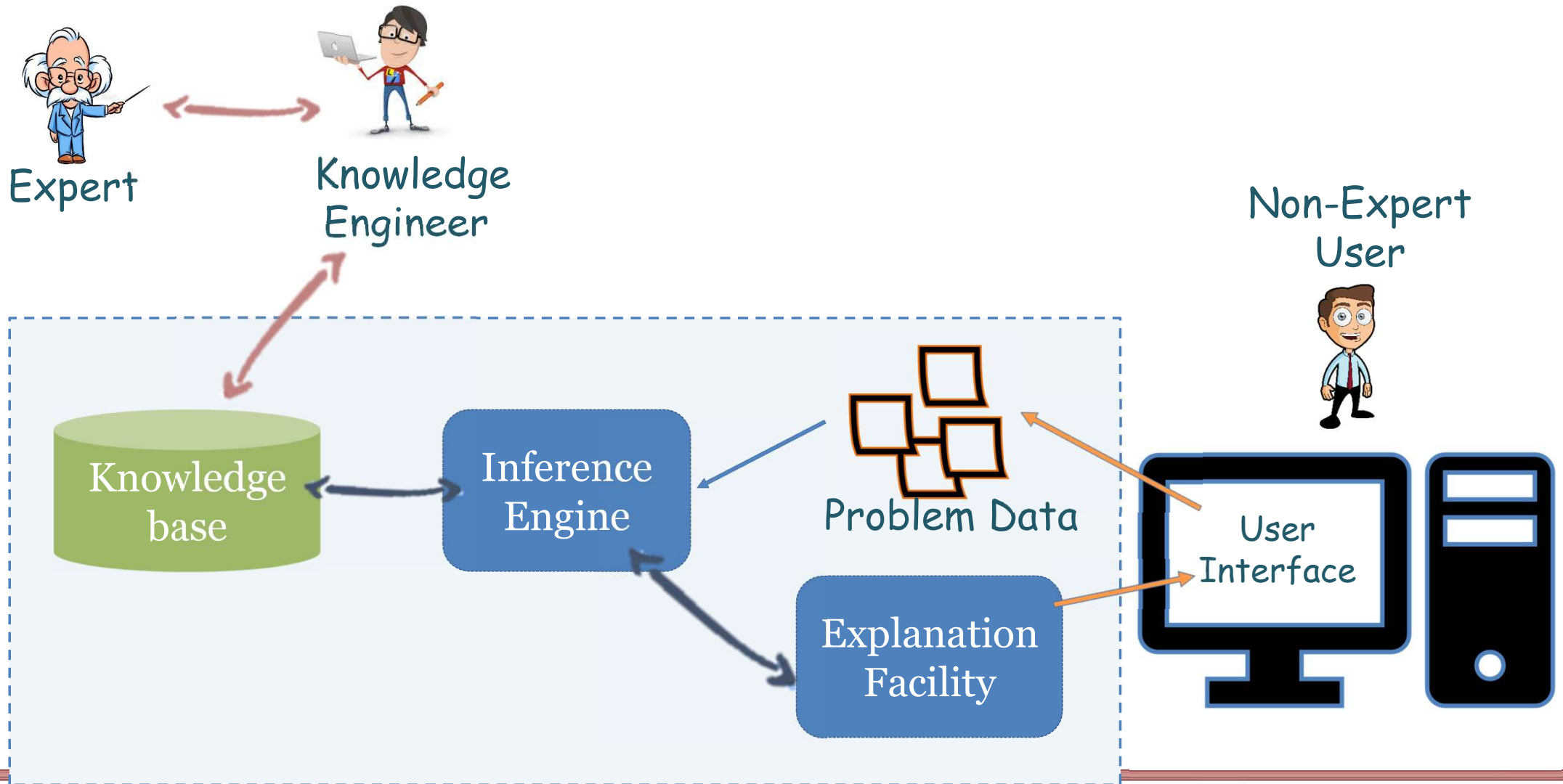
## Rules as a knowledge representation technique

The basic syntax of a rule is:

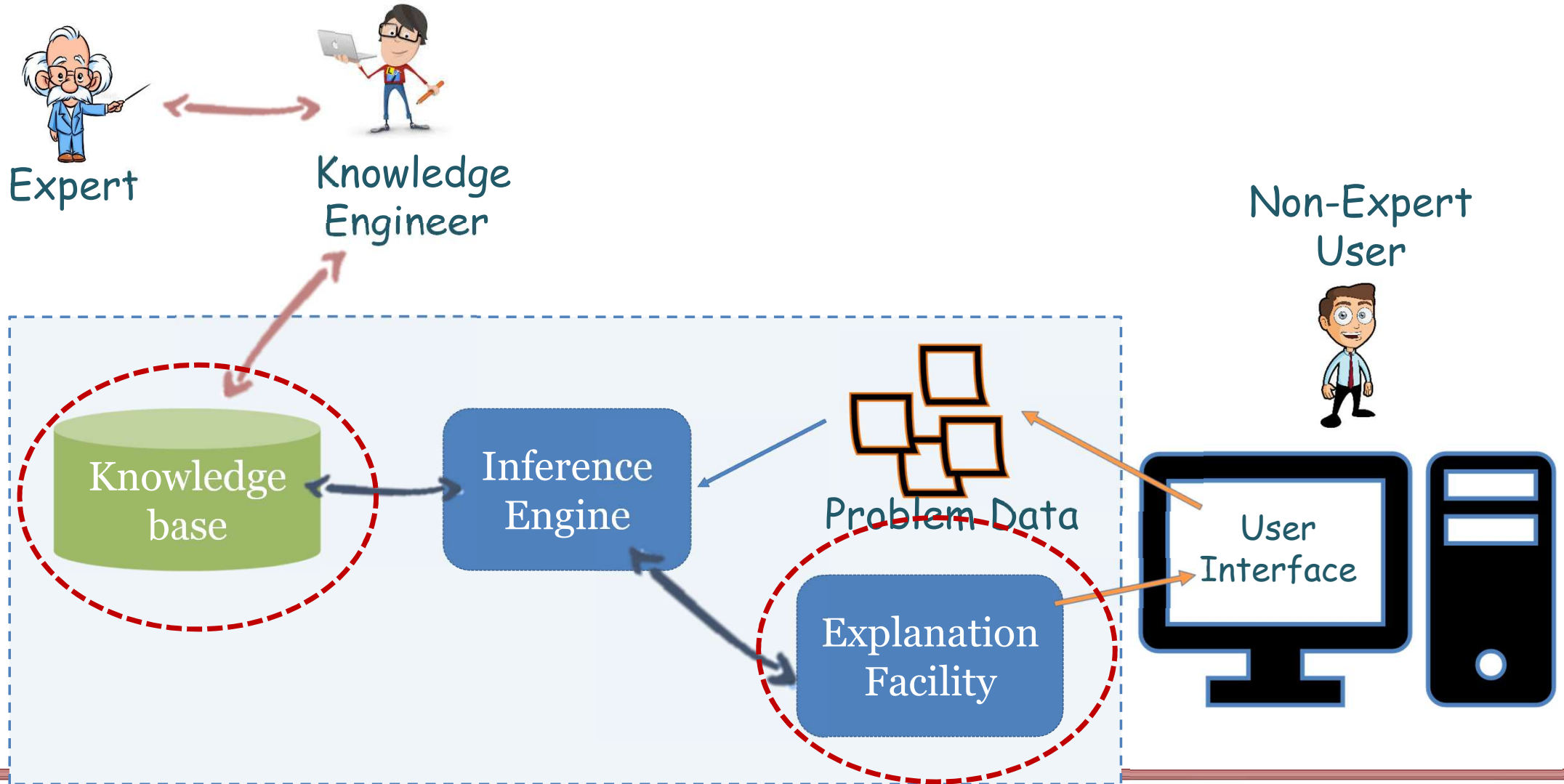
IF ... THEN ...

the **IF** part, called the **antecedent** (premise or condition) and the **THEN** part called the **consequent** (conclusion or action).

# Expert Systems Architecture



# Expert Systems Architecture



## The new era of AI

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It turns out to be difficult to extract knowledge from human experts -> failure of ESs in the 1980's.

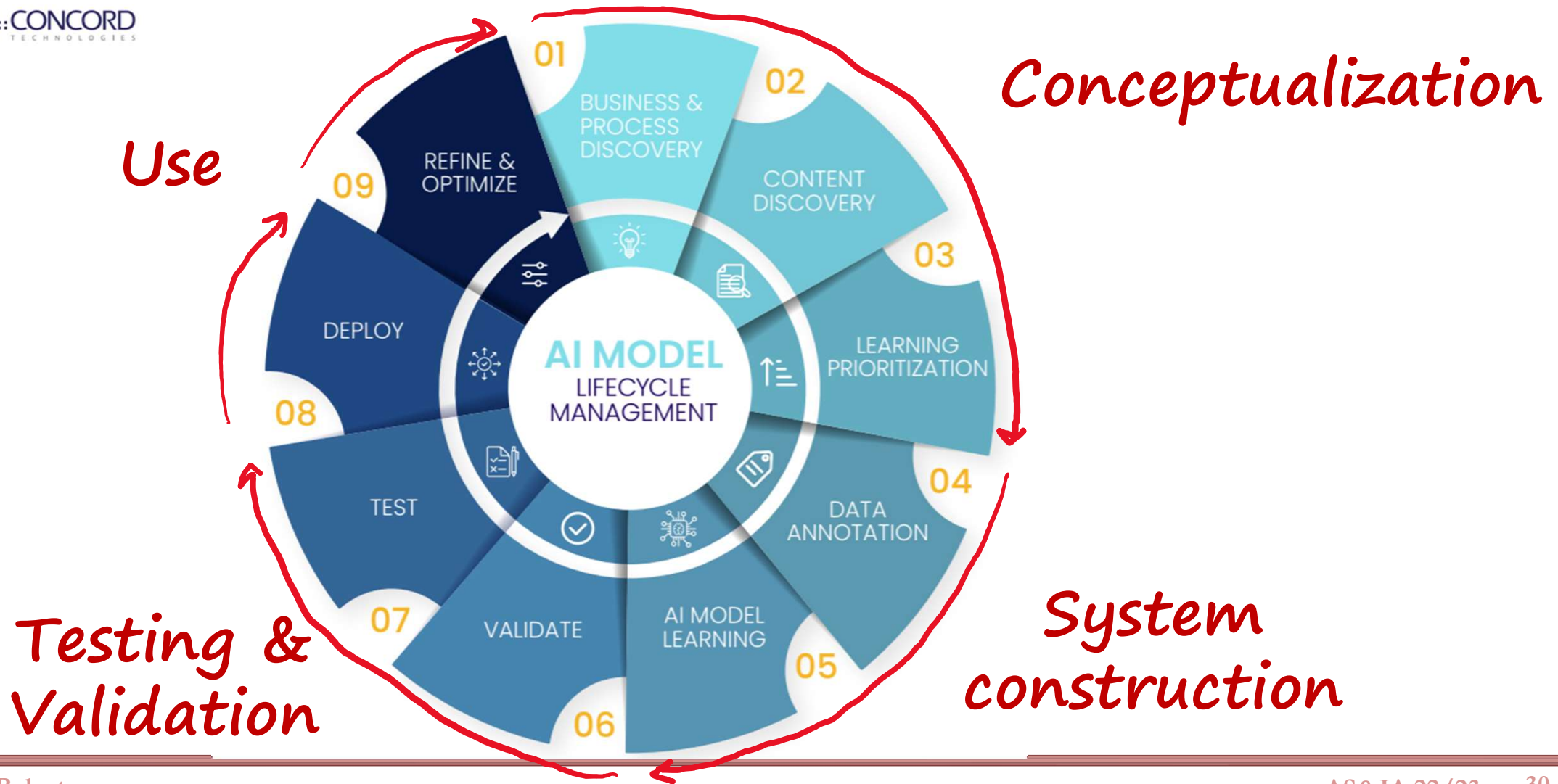
Today AI applications are based on *machine learning* and *deep learning*

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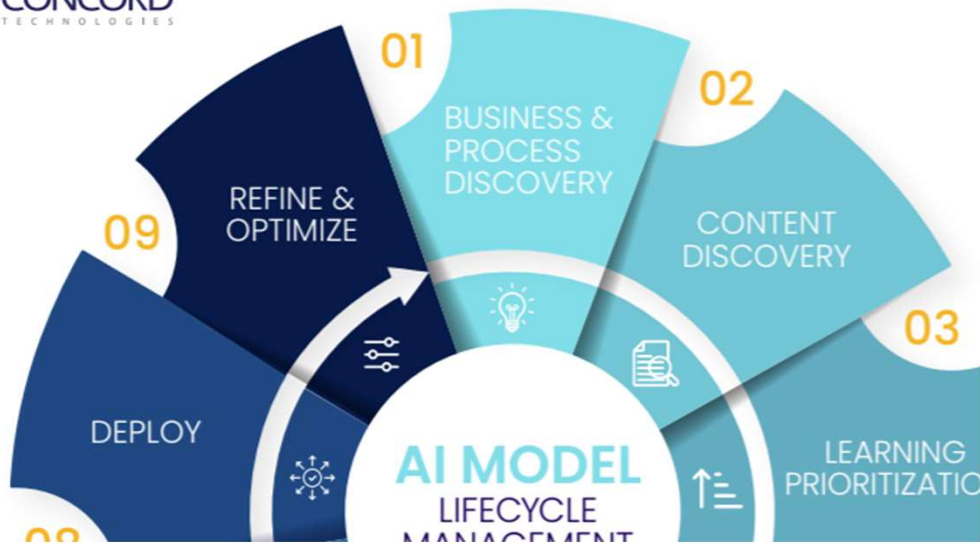
Knowledge is  
*data driven*



# AI tools life cycle



# AI tools life cycle



## Conceptualization

1

### BUSINESS AND PROCESS DISCOVERY

What do we expect AI to learn? Think of Business and Process Discovery as a teacher developing a syllabus for a class. A narrow syllabus may limit the AI's ability to execute. A broad syllabus will increase the time needed to train the AI.



3

### LEARNING PRIORITIZATION

Which subjects should AI learn first? How well should the AI know each subject? In healthcare, this could mean the AI first learns how to identify a patient names, social security numbers and charts numbers.



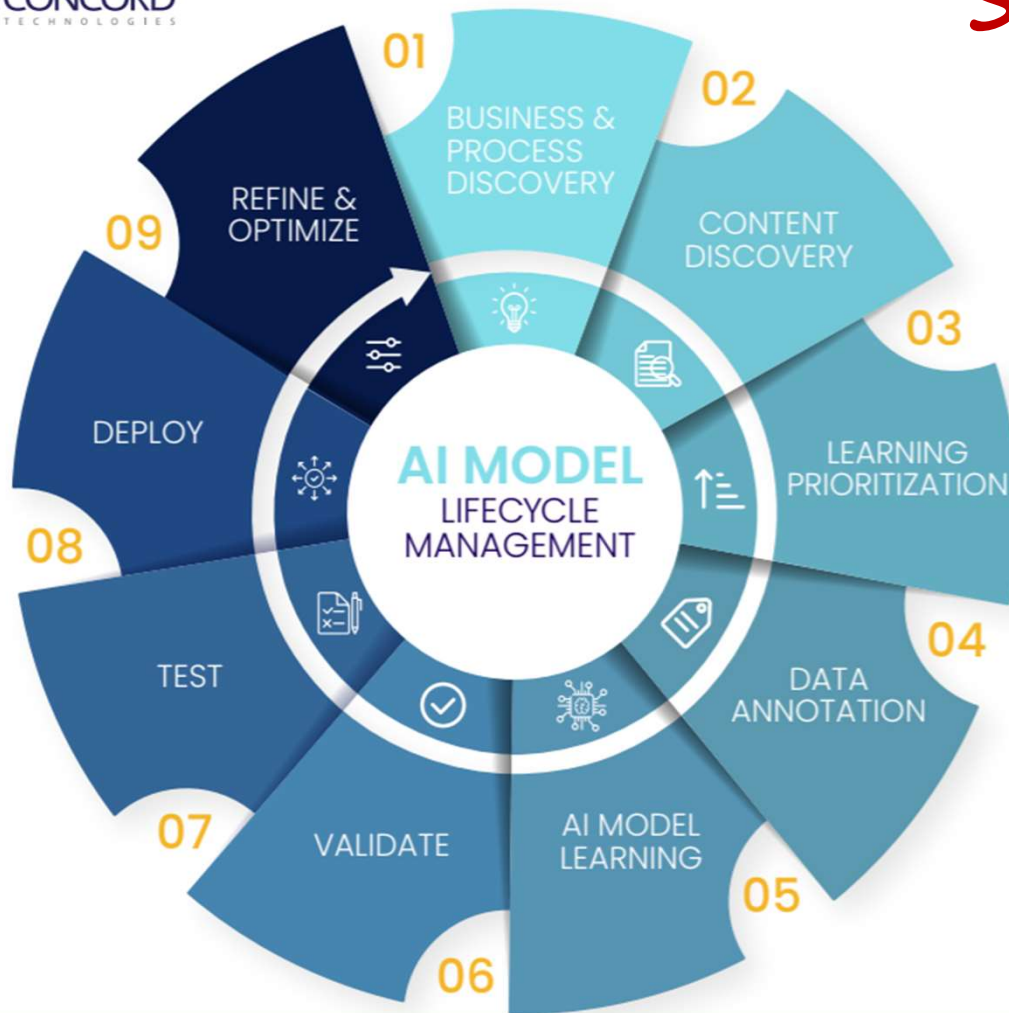
2

### CONTENT DISCOVERY

What *kind* of information will the AI learn from? How *much* information will be available for the AI to learn from? Think of Content Discovery as a teacher defining a curriculum for a class. The quantity and quality of data will directly impact the AI's accuracy and performance.



# AI tools life cycle



## System construction

4

### DATA ANNOTATION

The annotation process tells the AI what information it needs to find, where to find it and most importantly, what to do with it. For example, how will the AI differentiate the patient's name from the physician's name or the surgeon's name?



5

### AI MODEL LEARNS

This is the first phase of the AI working independently. AI models take into account the annotated data from Step 4 to make decisions or produce outputs. This will be the first indicator of how well the AI is performing.





# AI tools life cycle

## Testing & Validation

6

### VALIDATE

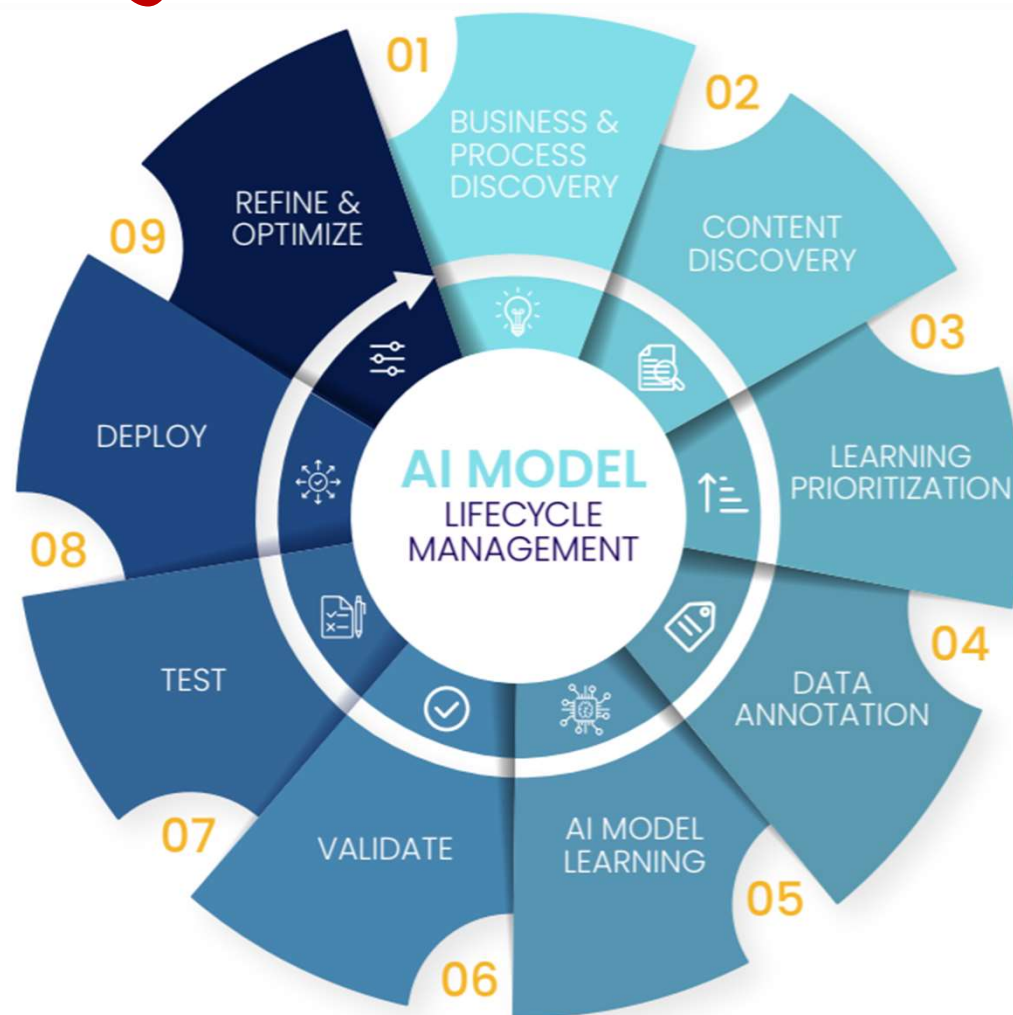
Is the AI executing as intended? Do significant gaps exist in how the AI is learning? Is additional annotation required? These gaps need to be filled before the AI is ready for prime time.



7

### TEST

The AI is now working with test data without any human assistance. The test step can be considered the AI's first full performance review. How the AI performs in this step will dictate what additional learning may be needed.



# AI tools life cycle



8  
9

## DEPLOY

The lessons are over. The exams have been taken. The AI is now ready to graduate and go out into the real world. The AI will begin working with live, production data. This is where the AI's performance benchmarks are established.

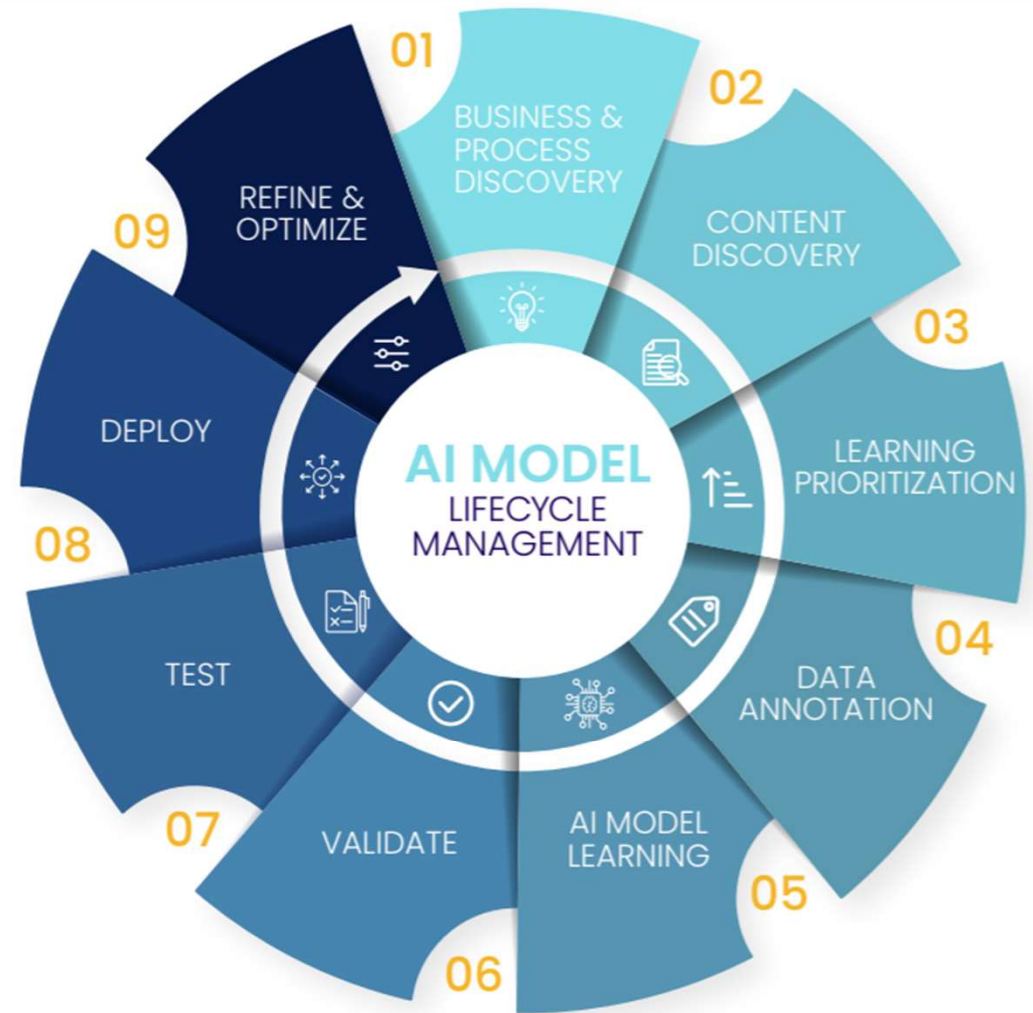


## REFINE AND OPTIMIZE

Once the AI is deployed into production, refinements to the model can be made. Refining and optimizing is an iterative process. Over time, AI's accuracy will continue to improve as it learns more about the data it is processing.



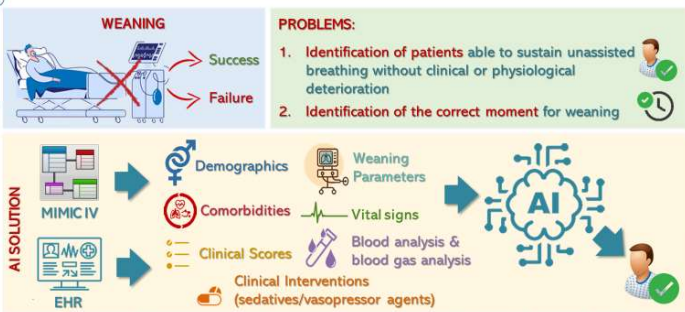
Use





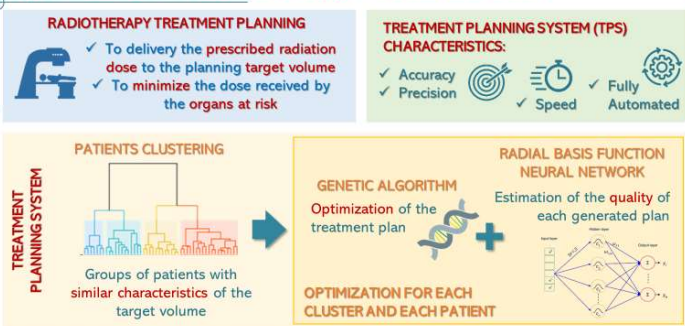
# EXAMPLES OF APPLICATIONS

## Weaning from Mechanical Ventilation: Outcome Prediction



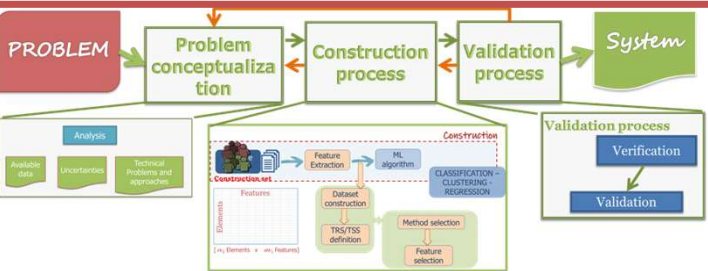
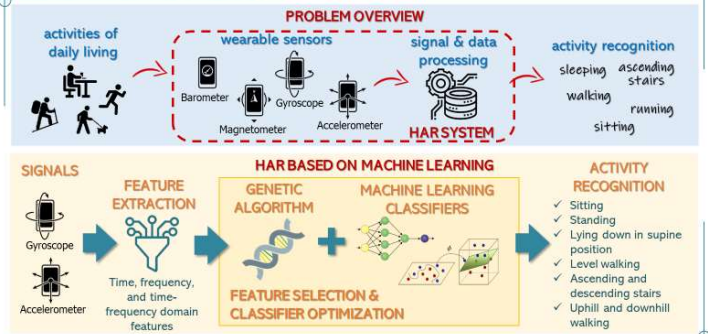
In collaboration with: Dept. of Surgical Science, Section of Anaesthesiology and Intensive Care, Città della Salute e della Scienza di Torino - San Giovanni Battista Molinette Hospital, Turin

## Optimization of Radiotherapy Treatment Plans

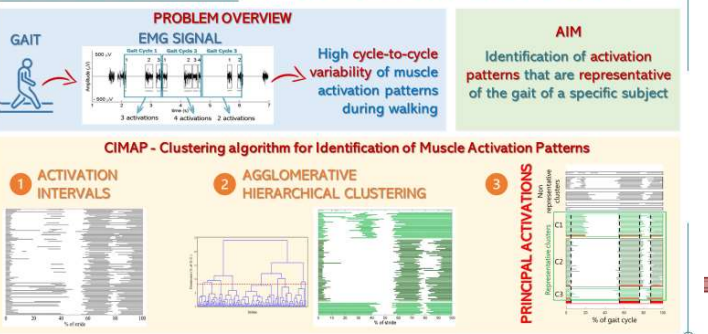


In collaboration with: Dept. of Oncology, Radiation Oncology, Università di Torino, Torino

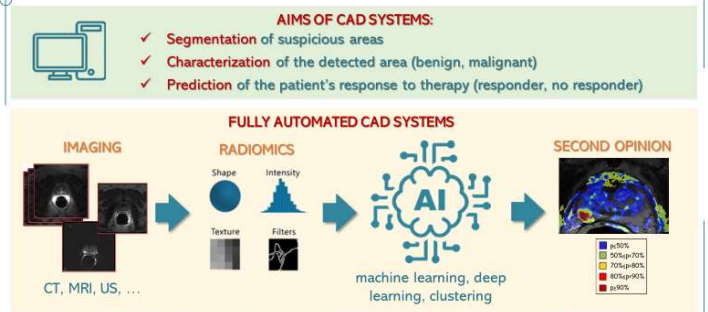
## Human Activity Recognition



## Identification of Muscle Activation Patterns from sEMG

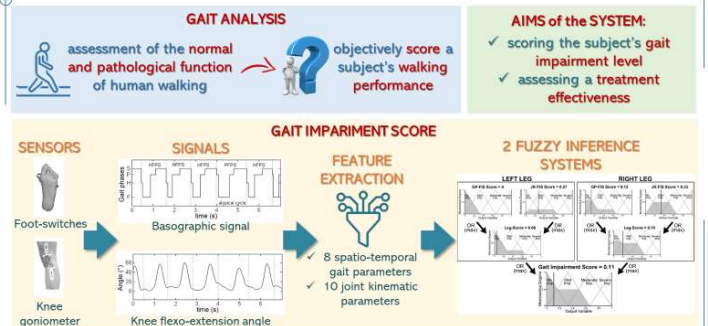


## Radiomics and AI for CAD System Development



In collaboration with: Dept of Surgical Science, University of Turin, Turin & Candiolo Cancer Institute FPO-IRCCS, Candiolo

## Gait Impairment Score





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### Two healthcare apps available for prescription in Germany for first time

Eleven months after the German federal government passed the Digital Healthcare Act (DVG), two health apps are now officially available for prescription.

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### FDA action plan puts focus on AI-enabled software as medical device

The agency plans to take a "multi-pronged approach" to advancing oversight of machine learning-enabled devices – with an eye toward ensuring patient safety, algorithm transparency and real-world results.

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### FDA issues landmark clearance to AI-driven ICU predictive tool

CLEW Medical's ICU tool uses machine learning models to identify patients whose conditions are likely to deteriorate.

By [Kat Jercich](#) | February 04, 2021 | 11:42 AM



The U.S. Food and Drug Administration has authorized the use of CLEW Medical's artificial intelligence tool to predict hemodynamic instability in adult patients in intensive care units, the company announced on Wednesday. The tool, CLEWICU, uses AI-based algorithms and machine learning models to identify the likelihood of occurrence of significant clinical events for ICU patients.



THE DREAM

WILL COME TRUE?

Computer are faster than humans to  
perform computation

But

Humans in most cases are still better in the  
generalization of their knowledge