



# PROMILITARES

## // QUESTÃO

“In 2016 significantly less refugees arrived in Europe than the year before. These numbers, however, are by no means an indication of improvement in the international situation of refugees.”

However is closest in meaning to

- a) Besides
- b) Though
- c) Moreover
- d) In addition



## // QUESTÃO

Besides what we need to know for our own jobs, we must have practical skills. We don't grow our own crops, build our own houses, or make our own clothes anymore; we simply buy these things. Unable to create anything ourselves, what we have mastered instead is consumption.”

Besides can be replaced by:

- a) However
- b) In addition to
- c) To the exclusion of
- d) When
- e) As a result of



## // QUESTÃO

Em “**If** you stop smoking now, you will add three ”, o termo em destaque apresenta um(a):

- a) Condição
- b) Contraste
- c) Consequencia
- d) Causa



"If you stop smoking now, you will add three years to your life. Since you are a lawyer, that's about six thousand billable hours."

## // QUESTÃO

I started to run because I felt desperately unfit. But the biggest pay-off for me was – and still is – the deep relaxation that I achieve by taking exercise. It tires me out but I find that it does calm me down. When I started running seven years ago, I could manage only 400 meters before I had to stop. Breathless and aching, I walked the next quarter of a mile, alternating these two activities for a couple of kilometers.

When I started to jog I never dreamt of running in a marathon, but a few years later I realized that if I trained for it, the London Marathon, one of the biggest British sporting events, would be within my reach. My story shows that an unfit 39-year-old, as I was when I started running, who had taken no serious exercise for twenty years, can do the marathon – and that this is a sport in which women can beat men. But is it crazy to do it? Does it make sense to run in the expectation of becoming healthier?

My advice is: if you are under forty, healthy and feel well, you can begin as I did by jogging gently until you are out of breath, then walking, and alternating the two for about three kilometers. Build up the jogging in stages until you can do the whole distance comfortably.



## // QUESTÃO

Indique a alternativa composta de duas orações cujas afirmações se opõem.

- a) When I started running seven years ago, I could manage only 400 meters before I had to stop.
- b) The biggest pay-off for me was – and still is –the deep relaxation that I achieve.
- c) It tires me out but I find that it does calm me down.
- d) My story shows that an unfit-39-year-old can do the Marathon.
- e) Build up the jogging in stages until you can do the whole distance comfortably.



## // QUESTÃO

“Food was once seen as a source of sustenance and pleasure. Today, the dinner table can instead begin to feel like a minefield. Is bacon really a risk factor of câncer? Will coffee or eggs give you a heart attack? As tv-cook Nigella Lawson recently put it: “You can guarantee that what people think will be good for you this year, they won’t next year.”

This may be somewhat inevitable: evidence-based health advice should be constantly updated as new studies explore the nuances of what we eat and the effects the meals have on our bodies. But when the media and ill-informed health gurus exaggerate the results of a study without providing the context, it can lead to unnecessary fears that may, ironically, push you towards less healthy choices.

In the text, the word ironically introduces:

- a) A situation that carries a contradiction    d) A situation that carries the solution
- b) A situation that is not true
- c) A situation that ends a problem

## // QUESTÃO

Complete the sentence below with the correct conjunction. Choose the **CORRECT** answer.

“I couldn’t go to the party \_\_\_\_\_ I was grounded.”

- a) Although
- b) And
- c) However
- d) Because





## // QUESTÃO

The underlined word conveys an idea of:

Mr. Reynold's secretary was sick yesterday, so he had to type the document himself.

- a) cause
- b) consequence
- c) doubt
- d) time



## // QUESTÃO

Many people believe him \_\_\_\_\_ he often tells lies.

- a) Although
- b) Because
- c) If
- d) Due to



## // QUESTÃO

I'm good at English \_\_\_\_\_ I am not going to help Lucas.

- a) Because
- b) Or
- c) So
- d) But



## // QUESTÃO

He can't walk \_\_\_\_\_ he fell off the chair \_\_\_\_\_ hurt his foot,  
\_\_\_\_\_ he has a lot of time to read.

- a) And – because – so
- b) Because – and – so
- c) So – and – because
- d) So – because – and





# PROMILITARES

## // GABARITOS

1. B
2. B
3. A
4. C
5. A
6. D
7. B
8. A
9. D
10. B

INGLÊS

