CoGrammar

Welcome to this session:

Open Session:

Building and
Maintaining Effective
Professional
Relationships

The session will start shortly...

Any Questions?

Drop them in the questions section.







Safeguarding & Welfare

We are committed to all our students and staff feeling safe and happy; we want to make sure there is always someone you can turn to if you are worried about anything.

If you are feeling upset or unsafe, are worried about a friend, student or family member, or you feel like something isn't right, speak to our safeguarding team:



Ian Wyles Designated Safeguarding Lead



Simone Botes



Nurhaan Snyman



Rafiq Manan

Ronald Munodawafa



Scan to report a safeguarding concern



or email the Designated Safeguarding Lead: Ian Wyles safeguarding@hyperiondev.com





Democracy

Every person's opinions matter.

Respect

We look after each other.

Tolerance

We accept each other's differences.





Rule of Law

We keep to the rules.

Liberty

We are free to make choices.







Leadership & Management Live Lectures – Housekeeping

- The use of disrespectful language is prohibited in the questions, this is a supportive, learning environment for all - please engage accordingly.
 - (Fundamental British Values: Mutual Respect and Tolerance)
- No question is daft or silly ask them!
- Should you have a question during the lecture, please feel free to post in the Questions section and I will respond throughout.



Leadership & Management Live Lectures – Housekeeping

- Activating live captions in your browser's accessibility settings is a helpful option for better understanding, especially for those with hearing impairments or challenges with accents.
- For all non-academic questions, please submit a query: www.hyperiondev.com/support
- Report a safeguarding incident: <u>www.hyperiondev.com/safeguardreporting</u>
- Should you have any further questions or want to provide us with feedback, please feel free to post them <u>here</u>.
- GitHub Link to access L&M Presentation Slides.







Learning Objective

Understand key strategies to build and maintain effective professional relationships, fostering a winning team dynamic.







"Think of the most successful person you know in your industry. What do they all have in common?"

The answer isn't just talent or intelligence; it's relationships.

People who build strong professional connections tend to advance faster in their careers, enjoy better job satisfaction, and contribute more effectively to team success.







The Ripple Effect of Strong Relationships

- At the center: You.
- First ripple: Your direct colleagues.
- Second ripple: Your broader network (people in your industry, mentors, former colleagues).
- Third ripple: Industry influencers and thought leaders.

How each level of relationships impacts career success

- The first ripple (colleagues) directly affects your daily work and job satisfaction.
- The second ripple (network) provides opportunities, advice, and potential career moves.
- The third ripple (industry leaders) gives inspiration and new insights.



Example

Imagine two people start at the same company with the same skills. One focuses only on their work, while the other takes time to build relationships with their colleagues and attends industry networking events.



Who do you think will be recommended for opportunities first?



RESPECT

Strong professional relationships thrive on mutual respect and an openness to different viewpoints, which contributes to workplace harmony and success.





The Benefits of Strong Professional Relationships

Better Career Growth: Employees who build strong internal networks are more likely to get promotions because 85% of job opportunities come through networking.

Increased Job Satisfaction: Gallup research shows that having a "best friend" at work leads to a sevenfold increase in engagement and a 21% increase in productivity.



The Benefits of Strong Professional Relationships

Stronger Team Collaboration: A Google study on highperforming teams (Project Aristotle) found that psychological safety, which is built through strong relationships, is the #1 factor in team success.

Improved Well-being and Mental Health: The Harvard Study of Adult Development found that strong relationships increase life expectancy and happiness levels more than wealth or status.







STRATEGIES FOR BUILDING EFFECTIVE PROFESSIONAL RELATIONSHIPS

Active Listening: It involves fully concentrating on the speaker, understanding their message, responding thoughtfully, and remembering the information. This fosters trust and respect.

Authenticity: Authenticity helps in building trust and deeper connections.



STRATEGIES FOR BUILDING EFFECTIVE PROFESSIONAL RELATIONSHIPS



Offering Support: Be supportive and aid colleagues, which can strengthen bonds and promote a collaborative environment.







MAINTAINING AND STRENGTHENING PROFESSIONAL RELATIONSHIPS

Continuous Learning: Stay updated with industry trends and share relevant information with your network, adding value to your relationships.

Feedback Exchange: Give and receive constructive feedback to foster growth and mutual respect.



MAINTAINING AND STRENGTHENING PROFESSIONAL RELATIONSHIPS

Conflict Resolution: Effectively manage and resolve conflicts to maintain healthy professional relationships.

Adaptability: Being adaptable and open to change, can help in navigating evolving professional relationships.



RULE OF LAW

Fair processes and open communication ensure that professional relationships are built on trust and shared responsibility.









CONCLUSION

Key Points

Building and maintaining professional relationships require intentional effort, including active listening, authenticity, regular communication, and offering support.

Maintaining these relationships involves continuous learning, exchanging feedback, effective conflict resolution, and adaptability.







RESOURCES

Articles

- ✓ How To Build And Maintain Professional Relationships
- ✓ Top tips on building and maintaining healthy relationships
 - ✓ 10 Proven Team-Building Strategies
- ✓ How your 'social fitness' impacts your health and the best 'workouts' you can do to

<u>improve</u>



Thank you for attending







