

Начало

```
a = []  
max_ind = a.index(max(a))  
min_ind = a.index(min(a))
```

if max\_ind > min\_ind:

```
del a[min_ind:]  
del a[0:max_ind + 1]
```

```
del a[max_ind:]  
del a[0:min_ind+1]
```

```
print(a)  
print(sum(a))
```

Конец

