



Caesar Steak Lettuce Cups with Lemon Potatoes

Prep Time: 20-40 minutes Calories Per Serving: 540
Cook Time: 10-20 minutes Serves: 2 people

Contrary to what you might imagine, Caesar dressing was actually invented in Tijuana, Mexico in 1924 by its namesake chef, Caesar Cardini. Usually made with garlic, anchovy, and mayonnaise, Caesar dressing is creamy, salty, and utterly delicious. There are many variations, but this recipe is our tastetested favorite.

USDA recommends cooking beef to 145° F.



1. Prepare Ingredients

Rinse steak and pat dry with paper towel. Rinse all produce. Halve cherry tomatoes. Pull 6 large leaves off lettuce, saving remainder for a snack. Roughly chop parsley leaves, discarding stems. Cut potatoes into ¾-inch pieces. Zest lemon, then halve. Peel onion, halve, and thinly slice. Mince garlic.



2. Boil Potatoes

Place **potatoes** in a medium pot and cover with cold water. Add a **generous pinch salt** and bring to a boil over high heat. Boil until fork tender, 9-10 minutes. Drain and return to pot. Immediately toss with **parsley**, **lemon zest**, and **1 tablespoon olive oil**. Taste and add **salt** and **pepper** as needed.



3. Cook Steak

While potatoes boil, heat 1½ tablespoons olive oil in a large pan over medium-high heat. Season steak all over with salt and pepper. When oil is shimmering, add steak and scatter around onion in an even layer. Cook until steak is browned on outside and medium rare and onions are softened, about 3 minutes per side (see Recipe Tip). Remove from pan and set aside, allowing steak to rest for 5 minutes.



4. Make Caesar Dressing

While steak cooks, on a clean dry surface, sprinkle ¼ teaspoon salt over garlic and using a large knife, carefully scrape over mixture at a 45° angle, pressing down. Repeat until garlic is broken down and a paste forms. In a medium bowl, whisk together garlic paste, anchovy paste, mayonnaise, pecorino, and juice of 1 lemon. Taste and add salt and pepper as needed.



5. Assemble Lettuce Cups

Divide lettuce leaves evenly between 2 plates. Cut steak into ¾-inch cubes. Divide evenly among lettuce leaves, along with onion and tomato. Spoon over Caesar dressing.



6. Plate Lettuce Cups

Garnish **lettuce cups** with **Parmesan**. Serve with **potatoes** alongside.

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♀-RECIPE TIPS

Be sure to read through the entire recipe before you begin cooking. Trust us-- you'll be glad you did!

Because we've sourced antibiotic-free meat, thickness may vary. For thicker cuts, cook 4 minutes per side. For thinner cuts, just 2 minutes per side.

Φ-INGREDIENTS

- 10 ounces inside round steak
- 1 cup cherry tomatoes
- 1 head Boston lettuce
- ½ bunch parsley
- 8 ounces redskin potatoes
- 1 lemon
- 1 red onion
- 1 clove garlic
- ¼ teaspoon anchovy paste
- 4 packets mayonnaise
- 1 tablespoon grated pecorino cheese
- 2 tablespoons shaved Parmesan cheese

Th- YOU'LL NEED

medium pot large pan

2½ tablespoons olive oil kosher salt black pepper

Questions or comments? Please email help@plated.com or call 855-525-2399.