



Learning Log: Think about data in daily life

Instructions

You can use this document as a template for the learning log activity: Think about data in daily life. Type your answers in this document, and save it on your computer or Google Drive.

We recommend that you save every learning log in one folder and include a date in the file name to help you stay organized. Important information like course number, title, and activity name are already included. After you finish your learning log entry, you can come back and reread your responses later to understand how your opinions on different topics may have changed throughout the courses.

To review detailed instructions on how to complete this activity, please return to Coursera: [Learning Log: Think about data in daily life](#).

Date: 09/15/2021	Course/topic: Course 1: Foundations: Data, Data Everywhere
	Learning Log: Think about data in daily life
Everyday data	<p>Create a list of at least five questions:</p> <ol style="list-style-type: none">1.How long sleep time do I need to feel energetic again?2.What time should I wake up to make best use of my time in a day?3.How many cups of coffee do I drink in a day?4.What's the best time for studying?5.How many hours do I exercise in a day? <p>Now, select one of the five questions from your list to explore. <i>Selected question: What's the best time for studying?</i></p>
Reflection:	Write 2-3 sentences (40-60 words) in response to each of the questions below.
Questions and responses:	<ul style="list-style-type: none">• What are some considerations or preferences you want to keep in mind when making a decision? <i>If I'm feeling ready to learn and alert, If my daughter is napping or entertained, and if I have all the material available.</i>• What kind of information or data do you have access to that will influence your decision? <i>MY daily routine</i>• Are there any other things you might want to track associated with this decision? <i>Time. If it would better to wake up earlier while my daughter is still sleeping.</i>