

Behavior Log – Cerberus

This log helps you track Cerberus's behavior each day. Use it to write down what happened, what you did, and what worked. Share the log with the foster team or trainer if needed.

How to Use This Log

- Write in the log once or twice a day.
- Be clear about what happened and what you did to help.
- Track things like eating, sleeping, bathroom habits, and reactions to people or pets.
- Write down small wins or improvements you notice.

Behavior Log Table

Date	Trigger (What Happened?)	Behavior (What Cerberus Did)	What You Did	Outcome (How He Calmed)	Notes / Wins
2025-07-26	E.g., Visitor at the door	E.g., Barked and paced	E.g., Guided to crate with treat	E.g., Calmed in 5 minutes	E.g., Barked less than last time