

$$\begin{aligned}
E(y_i) &= E(f(x_i) + \epsilon) \\
&= E(\beta_0 + \beta_1 x_{i1} + \cdots + \beta_{n-1} x_{in-1} + \epsilon) \\
&= E\left(\sum_{j=0}^{n-1} \beta_j x_{ij}\right) + E(\epsilon) \\
&= \sum_{j=0}^{n-1} \beta_j x_{ij}
\end{aligned}$$

Where we've used the linearity of expectation.

$$\begin{aligned}
V(y_i) &= V(f(x_i) + \epsilon) \\
&= V(\beta_0 + \beta_1 x_{i1} + \cdots + \beta_{n-1} x_{in-1} + \epsilon) \\
&= V(\beta_0 + \beta_1 x_{i1} + \cdots + \beta_{n-1} x_{in-1}) + V(\epsilon) \\
&= V(\epsilon) \\
&= \sigma^2
\end{aligned}$$

Where we've used that the variance is invariant.

$$\begin{aligned}
E(\hat{\beta}) &= E[(\mathbf{X}^T \mathbf{X})^{-1} \mathbf{X}^T \mathbf{y}] \\
&= (\mathbf{X}^T \mathbf{X})^{-1} \mathbf{X}^T E[\mathbf{y}] \\
&= (\mathbf{X}^T \mathbf{X})^{-1} \mathbf{X}^T \mathbf{X} \boldsymbol{\beta} \\
&= \boldsymbol{\beta}
\end{aligned}$$

Where we've again used the linearity of the expectation.

$$\begin{aligned}
V(\hat{\beta}) &= V[(\mathbf{X}^T \mathbf{X})^{-1} \mathbf{X}^T \mathbf{y}] \\
&= [(\mathbf{X}^T \mathbf{X})^{-1} \mathbf{X}^T] V[\mathbf{y}] [(\mathbf{X}^T \mathbf{X})^{-1} \mathbf{X}^T]^T \\
&= [(\mathbf{X}^T \mathbf{X})^{-1} \mathbf{X}^T] \sigma^2 \mathbf{I} [\mathbf{X} (\mathbf{X}^T \mathbf{X})^{-1}] \\
&= \sigma^2 [(\mathbf{X}^T \mathbf{X})^{-1} \mathbf{X}^T \mathbf{X} (\mathbf{X}^T \mathbf{X})^{-1}] \\
&= \sigma^2 (\mathbf{X}^T \mathbf{X})^{-1}
\end{aligned}$$

Where we've used that if \mathbf{A} is a constant matrix, $V(\mathbf{A}\mathbf{X}) = \mathbf{A}V(\mathbf{X})\mathbf{A}^T$.

Derivation of the bias-variance tradeoff:

$$\begin{aligned}
E[(\mathbf{y} - \tilde{\mathbf{y}})^2] &= E[(\mathbf{y} - E(\tilde{\mathbf{y}}) + E(\tilde{\mathbf{y}}) - \tilde{\mathbf{y}})^2] \\
&= E[(\mathbf{y} - E(\tilde{\mathbf{y}}))^2 + 2(\mathbf{y} - E(\tilde{\mathbf{y}}))(E(\tilde{\mathbf{y}}) - \tilde{\mathbf{y}}) + (\tilde{\mathbf{y}} - E(\tilde{\mathbf{y}}))^2] \\
&= E[(\mathbf{y} - E(\tilde{\mathbf{y}}))^2] + 2E[(\mathbf{y} - E(\tilde{\mathbf{y}}))(E(\tilde{\mathbf{y}}) - \tilde{\mathbf{y}})] + E[(\tilde{\mathbf{y}} - E(\tilde{\mathbf{y}}))^2]
\end{aligned}$$

The first term in the expression above can be simplified as follows:

$$\begin{aligned}
E[(\mathbf{y} - E(\tilde{\mathbf{y}}))^2] &= E[(f(x) + \epsilon - E(\tilde{\mathbf{y}}))^2] \\
&= E[(f(x) - \tilde{\mathbf{y}})^2 - 2(\epsilon(E(\tilde{\mathbf{y}}) - f(x))) + \epsilon^2] \\
&= E[(f(x) - \tilde{\mathbf{y}})^2] - 2E[\epsilon(E(\tilde{\mathbf{y}}) - f(x))] + E[\epsilon^2] \\
&= E[(f(x) - \tilde{\mathbf{y}})^2] - 2E[\epsilon]E[E(\tilde{\mathbf{y}}) - f(x)] + \sigma^2 \\
&= E[(f(x) - \tilde{\mathbf{y}})^2] + \sigma^2
\end{aligned}$$

If we now substitute this expression in () we get:

$$\begin{aligned}
E[(\mathbf{y} - \tilde{\mathbf{y}})^2] &= (E[f(x) - (\tilde{\mathbf{y}})^2] + \sigma^2) + 2(E(\tilde{\mathbf{y}}) - \mathbf{y})E[(\tilde{\mathbf{y}} - E(\tilde{\mathbf{y}}))] + V(\tilde{\mathbf{y}}) \\
&= Bias[\tilde{\mathbf{y}}]^2 + 2(E(\tilde{\mathbf{y}}) - \mathbf{y})(E(\tilde{\mathbf{y}}) - E(\tilde{\mathbf{y}})) + V(\tilde{\mathbf{y}}) + \sigma^2 \\
&= Bias[\tilde{\mathbf{y}}]^2 + V(\tilde{\mathbf{y}}) + \sigma^2
\end{aligned}$$