

# Facebook Group Cover Sample

Logo image belongs to The Hungry Elephant



Current Optimal Facebook Cover dimension according to research: 1640px\*856px

## Caption:

Welcome to all my keto and low-carb people! 🥳 (psst.. Even if you're not on keto or low carb you might find these recipes hard to resist)

If you prefer to follow written recipes, head to my website to print one or two (or all) of my recipes 😊 [link: hungry elephant website](#).

Alright let's face facts, we all know we're here because we just can't give up those delectable desserts 😊 or any of what would be considered junk food 🍕 on any type of diet, I know because I sure can't.

Here you will find my **most popular recipes** which have been chosen by both myself and you, the keto community.

This group is also for everyone to share ideas 💡 on keto foods. I will always encourage sharing any ideas for new foods I can make into keto (especially cultural staples). You can click here 🖱️ [link: hungry elephant website](#) to find any of the foods showcased in the image 😊.

If you haven't already, check out the video 🎥 collage on all my most popular keto recipes. I put together **18 recipes chosen by the community and myself** and showcased them in my video section.