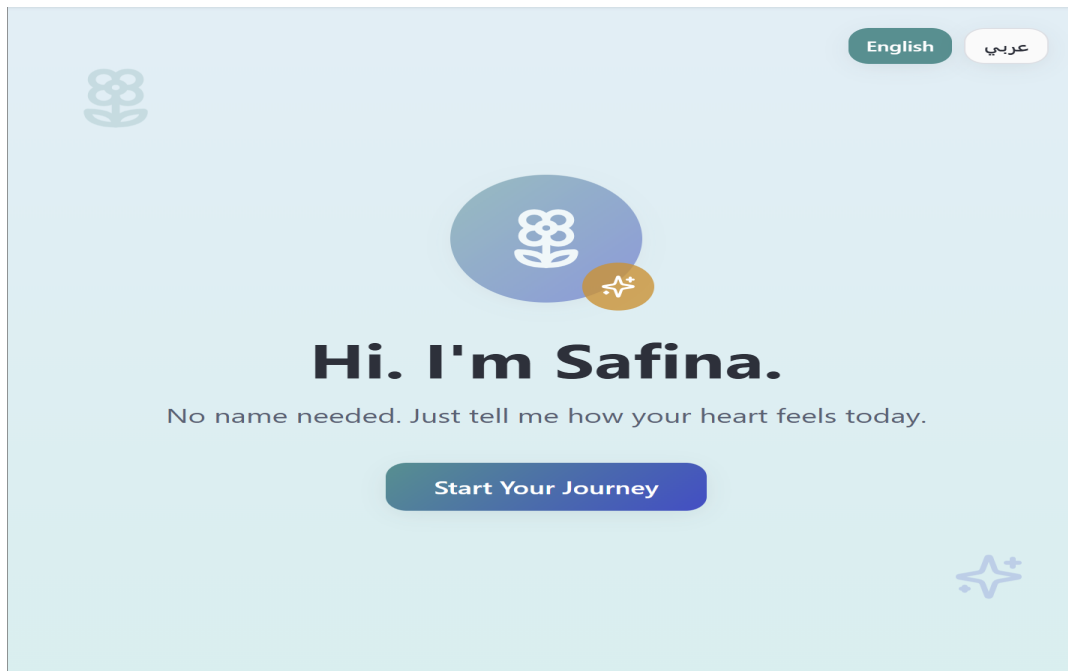


Safina User Guide

Welcome to **Safina** — your digital companion for emotional resilience and personal growth. This guide will walk you through Safina's key features and how to make the most of your journey.

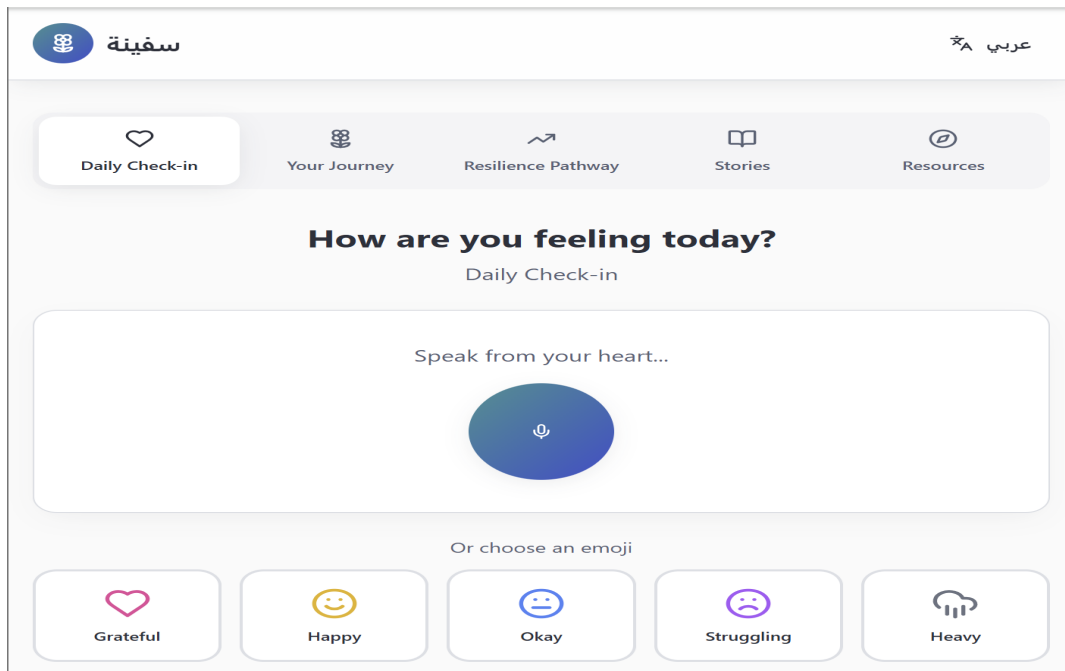
Home Screen

Hi, I'm Safina. This is where your journey begins. Simply tell Safina how your heart feels today — no name needed.



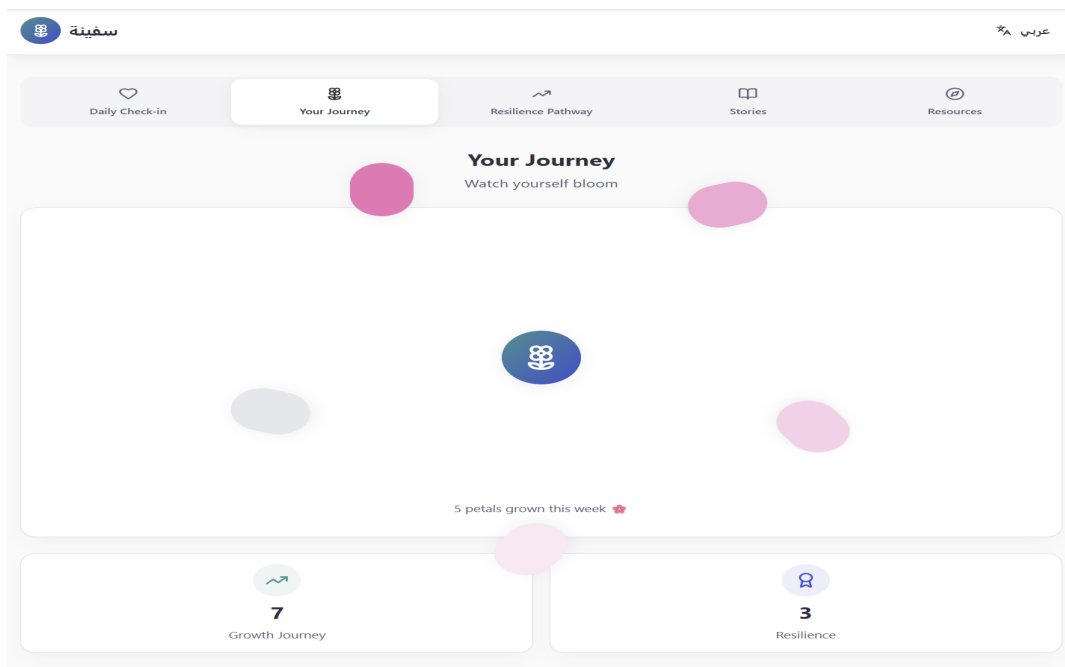
Daily Check-in

Speak from your heart or choose an emoji that represents how you're feeling. Safina helps you track your emotional well-being over time.



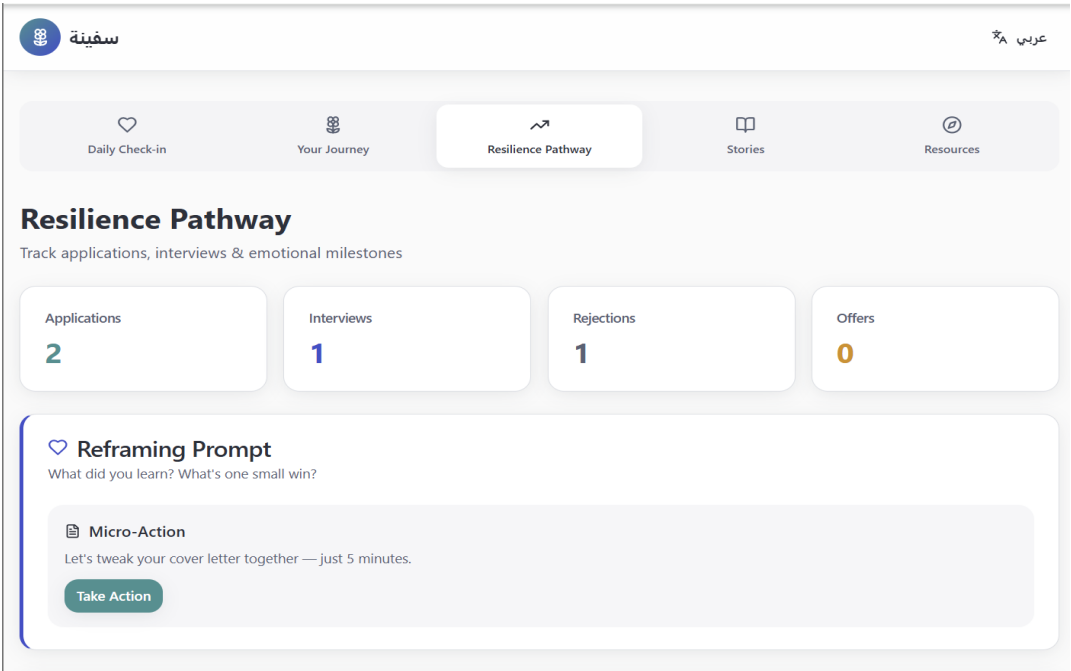
Your Journey

Watch yourself bloom! This section visualizes your growth, showing your weekly progress in petals — a symbol of your resilience.



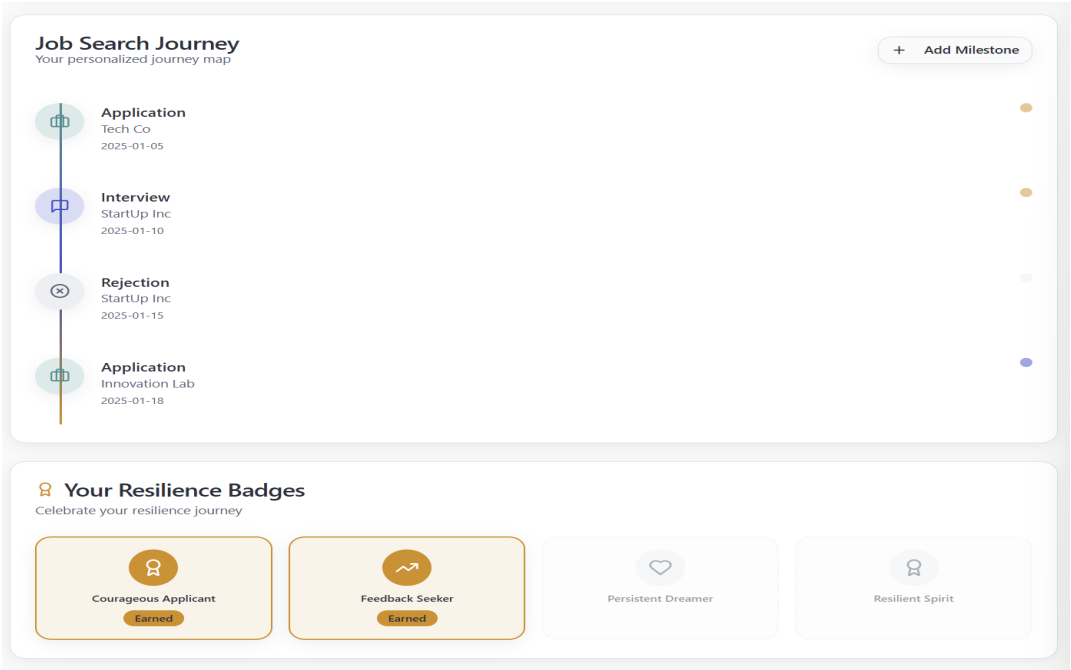
Resilience Pathway

Track your applications, interviews, and emotional milestones. Each event helps you learn, reflect, and build resilience.



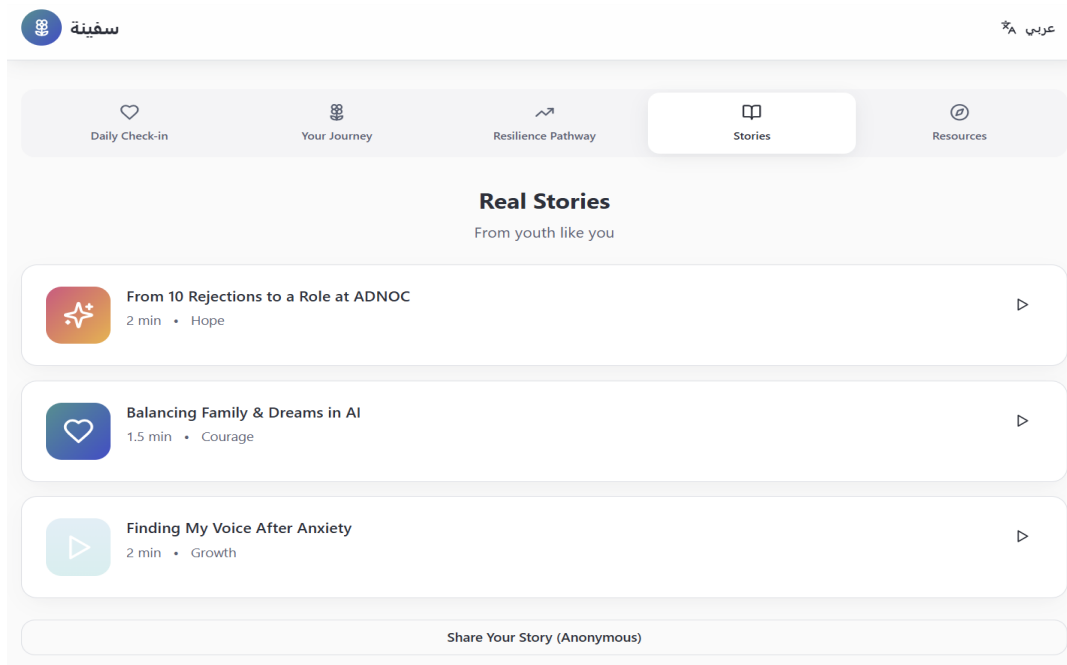
Job Search Journey

See your personalized journey map — from applications to interviews and rejections. Earn resilience badges as you progress.



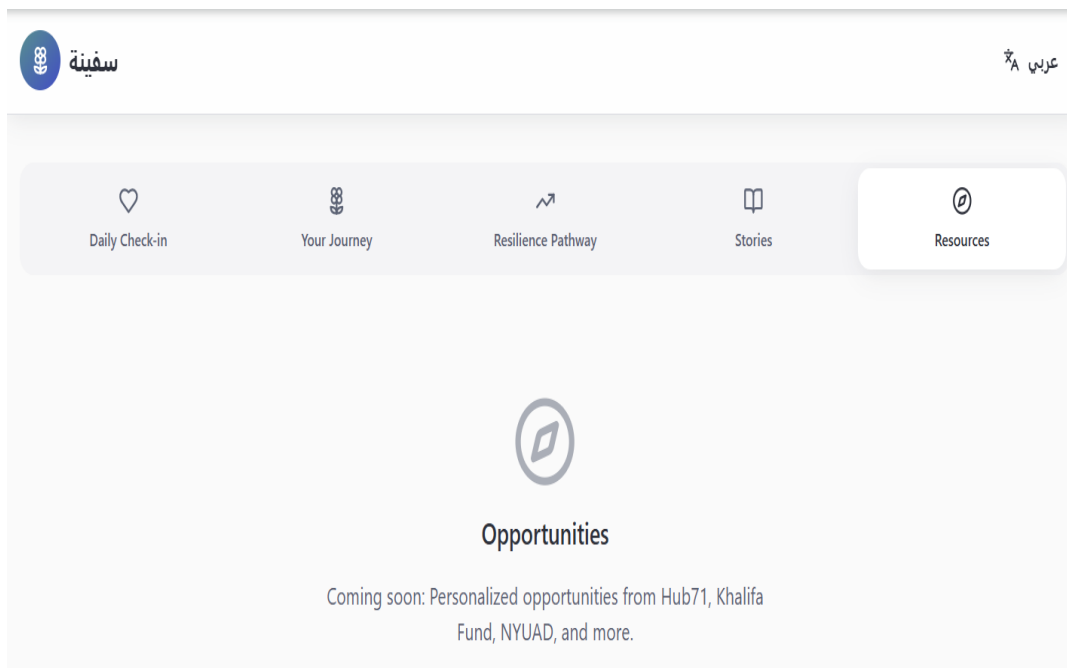
Stories

Read real stories from youth like you. Each story is a reminder that resilience grows through every experience.



Resources

Coming soon! Personalized opportunities from Hub71, Khalifa Fund, NYUAD, and more to support your journey.



Safina is here to remind you that growth is not linear — every step, emotion, and reflection contributes to your resilience. Keep showing up. Keep blooming.