1:
$$\forall x.(R(x) \land S(x))$$
 premise
2: actual il assumption
3: $R(i1)$
4: $\forall y.R(y)$ \forall intro 2-3
5: actual i assumption
...
6: $S(i)$
7: $\forall z.S(z)$ \forall intro 5-6
8: $\forall y.R(y) \land \forall z.S(z) \land$ intro 4,7

premise