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Project RED (Re-Engineered Discharge)

Project **Re-Engineered Discharge** is a research group at Boston University Medical Center that develops and tests strategies to improve the hospital discharge process in a way that promotes patient safety and reduces re-hospitalization rates. The RED (re-engineered discharge) intervention is founded on 12 discrete, mutually reinforcing components and has been proven to reduce rehospitalizations and yields high rates of patient satisfaction. Virtual patient advocates are currently being tested in conjunction with the RED. In addition, Project RED has started to implement the re-engineered discharge at other hospitals serving diverse patient populations. We are also looking at the transitional needs from inpatient to outpatient care of specific populations (i.e., those with depressive symptoms). Finally, we are about to start a patient-centered project to create a tool that hospitals can use to discover factors (i.e., medical legal, social, etc.) in patients' readmissions.

Project RED is supported by grants from the **Agency for Healthcare Research and Quality** (AHRQ) and the **National Institutes of**

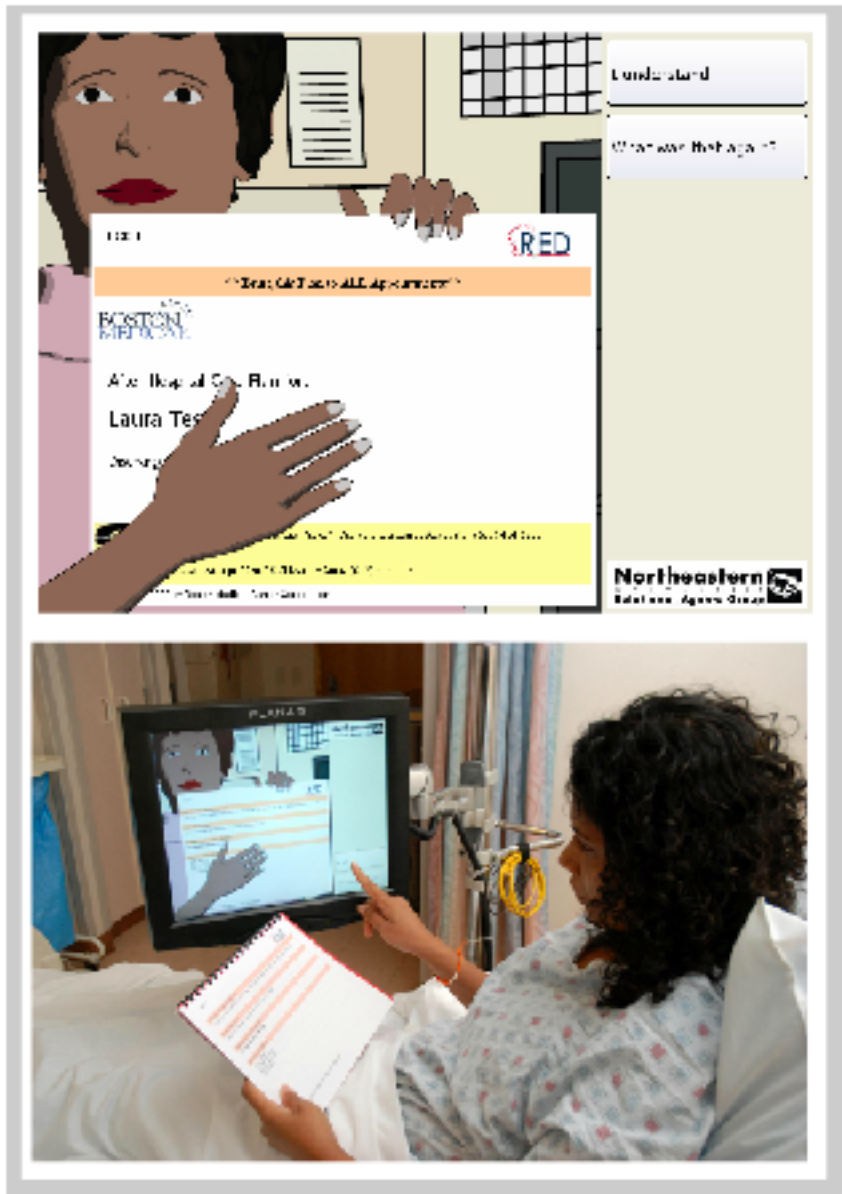


Photo: Glenn Kulbako

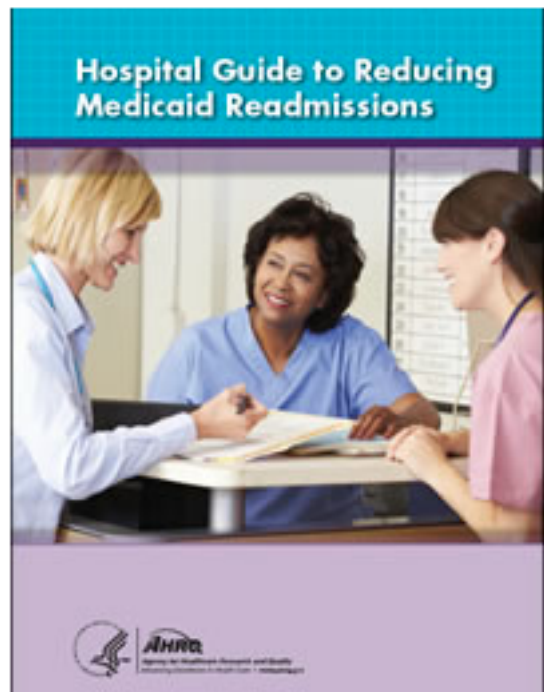


Latest Project RED News

The most recent Project RED tool — **Tool 7: Understanding and Enhancing the Role of Family Caregivers in the Re-Engineered Discharge** — was highlighted in the *Care Alliance Ireland Exchange – Summer 2014 Newsletter* (page 16).

[Click here to download the Newsletter](#)

Now available, the new resource titled Hospital Guide to Reducing Medicaid Readmissions Medicaid readmission reduction efforts. It helps identify readmission risks, transitional care needs, and adapt best practices from proven strategies like AHRQ’s Re-Engineered Discharge, the Institute for Healthcare Improvement’s State Action on Avoidable Readmissions, and the Society of Hospital Medicine’s Better Outcomes for Older Adults Safe Transitions to serve the transitional care requirements of Medicaid patients. Hospitals at different stages of readmission reduction work can benefit from implementing this guide.



August 2014

How depression affects readmissions: Even mild symptoms make patients a higher readmission risk
Today's Hospitalist
By Phillis Maguire
August 2014

BMC Releases Update to Project RED
America's Essential Hospitals
By Matthew Buechner
June 6, 2014

Taking a cue from Big Brother: A hospital tool for long-term care providers
McKnight's
By James M. Berklan
June 04, 2014

Announcing new chapter in the RED toolkit: **Understanding and Enhancing the Role of Family Caregivers in the Re-Engineered Discharge** (PDF) written by Carol Levine and Jennifer Rutberg of the United Hospital Fund and Brian Jack MD and Ramon Cancino MD of Boston University School of Medicine.

Project RED wins the 2013 Peter F. Drucker Award for Nonprofit Innovation
BU Today
By Leslie Friday
October 2, 2013

Health (NIH)-
**National Heart,
Lung and Blood
Institute** (NHBLI),
the Blue Cross
Blue Shield
Foundation, and
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Patient activation level affects likelihood of 30-day rehospitalization: Patient Safety and Quality of Care

Agency for Healthcare Research and Quality
March 2014

Visit the newsroom for additional Project RED articles