Marieslynn

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PROFILE

I am deeply motivated to learn and grow as a compassionate and resourceful social worker, dedicated to empowering individuals and strengthening communities. With a strong commitment to advancing my education and gaining hands-on experience, I aspire to become a skilled professional who can navigate complex challenges, advocate for vulnerable populations, and drive meaningful, lasting change within my community.

EDUCATION

Minmahaw Higher Education Program (MHEP) | GED Program

Mae Sot, Thailand | Jun 2024 – Apr 2025

Deeku Education Center (DEC) | Pre-GED Program

Mae Hong Son, Thailand | Jun 2023 – Mar 2024

Basic Education High School, Sintgaing

Mandalay, Myanmar | Jun 2019 - Mar 2020

EXPERIENCES

English Summer Course at DEC | Volunteer Teacher

April-May 2024

- Taught interactive English grammar and vocabulary lessons to 60 students
- Planned group activities, social games, and Earth's Day activities
- Managed course teaching schedules and recorded students' information and course expenditures

Sone Yay Foundation in Mae Hong Son | Volunteer

Jun-July 2023

- Assisted in buying and managing dignity kits a collection of hygiene and sanitary items that are designed to help women and girls in war or disasters at the Thai border
- Contributed to women's dignity kits to Internally Displaced Persons (IDP) camps due to war and violence

Nway Oo Guru Lay Myar Education Center in Karenni | *Volunteer Teacher*

Feb 2022- Feb 2023

- Taught basic English 4 skills to over 100 students
- Assisted in extracurriculars like basic environmental science, public speaking skills, and guest speaker sessions on leadership
- Planned group activities on environmental awareness, and social games
- Managed and listed the school's teaching materials and general expenditures

Nway Oo Guru Lay Myar Non-profit Organization in Karenni | Office Management Team

Nov 2022- Jan 2023

Bookkeeper for daily expenditures

TRAINING

Peace Training Sep 9 – 13, 2024

- Learned non-violent communication, conflict types, levels of oppression, and societal gender norms through the 'gender box' concept.
- Facilitated group discussions to identify solutions collaboratively and presented findings to an audience of 30 students.

Debate Training Aug 23-26, 2024

- Learnt to debate, especially British Parliamentary Debate.
- Practice debate competition with other groups among 30 students.

Social Determinants of Health (SDOH)

Fed-Mar, 2025

- Analyzed SDOH's impact on community well-being and identified key challenges.
- Collaborated with peers to propose solutions and presented findings in a thesis to the professor.

Social and Emotional Learning, and Peace

Oct-Dec. 2023

 Learnt self-awareness, self-management, social awareness, relationship skills, responsible decision-making, and problem-solving.

Facilitation and leadership training

July 16-21, 2022

 Developed skills in active listening, conflict resolution, and facilitative leadership; practiced leading and facilitating meetings with a group of 20 students.

SKILLS

Computer

Microsoft Excel, Microsoft Word, Microsoft PowerPoint, Coding (VBA and HTML)

Teaching

Mathematics, English

Language

Burmese (Native), Kayah (Native), English (Intermediate)

REFERENCES

1. Daw Zin Mar Thu, Founder, Sone Yay Foundation

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2. Saw Kwel Ka Lu Htoo, Academic Coordinator, and Social Studies Teacher

Minmahaw Higher Education Program

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