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**INTERNSHIP VACANCY LISTING**

**Week of December 7, 2015**

**MEM-432-15** Energetic New York Democrat is seeking a highly motivated legislative **intern** to join his Washington, DC office for a part time unpaid internship this spring. Candidates should possess a professional and courteous demeanor, interest in the legislative process, excellent communication skills, the ability to multi-task, attention to detail, and a sense of humor. Main responsibilities include, but are not limited to, attending Congressional briefings, responding to constituent correspondence, assisting with flag requests, and general office duties. Candidates with New York ties and previous internship/work experience are strongly encouraged to apply. Please e-mail a resume, cover letter, and a short writing sample to [NY.ResumeInbox@mail.house.gov](mailto:NY.ResumeInbox@mail.house.gov). Equal opportunity employer. No calls or walk-ins please.

**MEM-431-15** The office of a New York Congressman seeks an unpaid full-time press **intern** with exceptional writing and editing skills. Duties will include: authoring interesting and creative content for the website on various topics and other tasks as assigned. The intern must be highly motivated and have excellent writing and communication skills. All interested and qualified candidates should email a resume and two writing samples. Please submit all inquiries with the subject "Press Internship" to: [NY.ResumeInbox@mail.house.gov](mailto:NY.ResumeInbox@mail.house.gov).

**MEM-429-15** Congresswoman Esty's Washington, D.C. office is currently seeking unpaid **interns** for spring 2015 where interns will gain valuable exposure to and knowledge of the legislative process, communications, and the United States Congress.

Duties include:

- Drafting constituent correspondence
- Greeting constituents and answering phones
- Drafting social media posts and press releases
- Performing legislative research
- Leading tours of the Capitol
- Attending policy briefings and meetings
- Conducting research and additional tasks to assist the communications team

Qualifications: An ardent desire to help others is required. We are seeking hard-working and detail-oriented college students with outstanding communication and time management skills. Applicants should have an ability to work in a fast-paced environment, have basic computer skills, possess excellent writing skills, and have an enthusiastic attitude. Interns are accepted throughout the year on both a full and part-time (at least 15 hours/week) basis. District ties preferred but not required.

To apply for an internship in the DC office, please submit a cover letter, resume, and a brief writing sample to [Conor.Douglass@mail.house.gov](mailto:Conor.Douglass@mail.house.gov). If you have any questions, please contact Conor Douglass at (202) 225-4476.

We are currently accepting spring 2015 internship applications. The deadline to apply is December 23, 2015.

Internships are available expressly for the purpose of furthering educational objectives; therefore they are unpaid and usually awarded to those enrolled in accredited educational institutions.

Thank you for your interest. We welcome your participation and look forward to receiving your application.

**MEM-428-15** The Office of Congresswoman Tulsi Gabbard (HI-02) is seeking a full- or part-time press **intern** for our Washington, D.C. office for the spring semester (January-May 2016). Candidates should be well organized, have good oral and written communication skills, and possess a strong interest in learning about press operations, the political process, and congressional affairs. The intern will assist in the day-to-day operations of a DC Congressional office by supporting members of staff with press clips and constituent communication and will help to draft press releases, prep memos, and social media posts, in addition to assisting

with legislative research and administrative activities. Hawaii ties are appreciated but not necessary. Please note that this internship is unpaid. Interested candidates should send a resume, writing sample, and cover letter detailing availability to our intern coordinator, Andres Chovil, at [Andres.Chovil@mail.house.gov](mailto:Andres.Chovil@mail.house.gov). No calls or walk-ins please.

**MEM-427-15** Congressman Jim Renacci (R-OH) seeks applicants for a part time/full time unpaid **internship** for the winter/spring of 2015. Responsibilities include, but aren't limited to, answering phone calls, assisting with the mail program, providing constituent tours, attending various briefings, and providing research for the legislative staff. Qualified candidates will have exceptional writing skills, strong communication skills, ability to work in a fast paced working environment, and have an interest in learning more about the legislative process. Send a resume and a cover letter to [Alex.Dominguez@mail.house.gov](mailto:Alex.Dominguez@mail.house.gov). Ohio candidates are strongly preferred.

**MEM-426-15** Rep. Xavier Becerra is looking for **interns** for his Leadership office. Responsibilities include (but are not limited to) transcribing videos, collecting press clips, live-streaming briefings, supporting the Operations team in preparing Caucus events, answering phones, providing constituency outreach support to Democratic Members of Congress and their staff, conducting research, extracting and formatting large quantities of data, writing detailed memos, attending relevant briefings and meetings, and assisting with team projects. Applicants should be motivated, detail-oriented, possess excellent verbal and written communication skills, and be able to problem solve and multi-task. Experience or interest in social media is a plus. Women and minorities are strongly encouraged to apply.

Applicants must be either college/graduate students receiving academic credit or congressional internship/fellowship program participants. The intern should be prepared to start working in full-time.

Applications will be reviewed on a rolling basis. To apply, please send a cover letter and resume to [caucusinternresume@mail.house.gov](mailto:caucusinternresume@mail.house.gov).

**MEM-425-15** The Office of Congresswoman Ann McLane Kuster (NH-02) is seeking qualified candidates to **intern** full time and part time in our Washington, D.C. office. Interns will have a chance to experience first-hand the operations of a U.S. Congressional office, learn about the legislative process, and gain Capitol Hill experience.

Responsibilities include administrative tasks such as answering phones, welcoming guests, and leading constituent tours. In addition, interns will be required to conduct legislative research, draft constituent correspondence and vote recommendations, attend briefings and hearings, and other projects as needed.

Candidates should have excellent writing and communication skills, strong organizational abilities, a good work ethic, an ability to work independently, and a drive to take initiative. Candidates with ties to the Northeast—especially New Hampshire—are preferred, but not required.

If candidates have any questions or wish to apply, please send a cover letter, resume, writing sample, and references to [NH02.Internship@mail.house.gov](mailto:NH02.Internship@mail.house.gov). Please include “Last Name, First Name - Internship Application” in the subject line and include your available start and end dates and weekly schedule in the email.

**MEM-424-15** Nevada Republican seeks a legislative **intern** for January 2016 and/or Spring 2016. Interns will work in a fast-paced Congressional Office, gaining valuable exposure and knowledge of the legislative process and the United States Congress. Intern responsibilities include greeting constituents, handling constituent phone calls, opening and sorting mail, guiding Capitol building tours, and assisting staff with administrative tasks. Interns will also have the opportunity to conduct legislative research, and assist with correspondence, as well as attend Capitol Hill briefings, congressional hearings, receptions, and press events.

Our office is looking for an intern with a positive attitude, strong work ethic, and excellent written and oral communication skills. Successful interns will be self-starters, take and listen to direction, and be willing to work both independently as well as part of a team environment. Applicants should have working knowledge of current events and policy topics, as well as a willingness to do assist with daily office tasks. Nevada ties strongly preferred.

Interns must be able to commit a minimum of three full days a week (9:00am-6:00pm). Students welcome to apply. Those interested please send cover letter, updated resume, and references to [kelsey.wolfgram@mail.house.gov](mailto:kelsey.wolfgram@mail.house.gov).

**MEM-423-15** Nevada Republican seeks an unpaid communications **intern** for January 2016 and/or Spring 2016. Interns will work in a fast-paced Congressional office, gaining valuable exposure and knowledge of the communications process and the United States Congress. Communication intern responsibilities include tracking and reporting on social media and news story comments, drafting social media posts, establishing and managing a twitter account, and reaching out to local/national reporters on social media. Interns will also have the opportunity to attend events and committee meetings to take photos and videos, work with the communications director to put press releases on the website, and assist with writing projects at the discretion of the communications director. Interns will also help facilitate our constituent communications program and guide constituents on tours of the US Capitol building.

Our office seeks an intern with a positive attitude, strong work ethic, and

excellent written and oral communication skills. Successful interns will be self-starters, take and listen to direction, and be willing to work both independently and as a member of a team environment. Applicants must have a working knowledge of current events and policy topics as well as a willingness to assist with daily communication tasks. Nevada ties strongly preferred.

Interns must be able to commit a minimum of three full days a week (9:00 am-6:00 pm) with the option of working full-time, spring semester beginning in January. Students are welcome to apply. If interested, please send a cover letter, updated resume, sample of a social media post for a congressperson, and references to [kelsey.wolfgram@mail.house.gov](mailto:kelsey.wolfgram@mail.house.gov).

**MEM-422-15** Congresswoman Candice S. Miller (R-MI) seeks legislative **interns** for the Spring 2016 semester. Interns will work in a fast-paced congressional office, gaining valuable exposure and knowledge of the legislative process and the United States Congress. Intern responsibilities include greeting constituents, managing constituent phone calls, and assisting staff with administrative tasks. Interns will also have the opportunity to conduct legislative research, assist with constituent correspondence, and attend legislative briefings, congressional hearings, receptions, and press events.

Interns must have a good attitude, strong work ethic, and excellent written and oral communication skills. Successful interns will be able to find information with little assistance, be able to work both independently as well as part of a team environment, and possess a strong attention to detail. Applicants should have working knowledge of current events and policy topics, as well as a willingness to perform a variety of tasks and administrative functions. Michigan ties are preferred, but not required. To apply, please send cover letter and resume to [mi10intern@gmail.com](mailto:mi10intern@gmail.com).

**MEM-421-15** Rep. Charles Rangel's Office seeks self-motivated and professional college students or recent college graduates for a part-time or full-time spring **internship**, from January to May 2016. Intern responsibilities include, but are not limited to: answering phones, leading Capitol tours, conducting research on various legislative issues, attending hearings, preparing follow-up memos, processing constituent correspondence mail and other administrative duties. This internship presents an opportunity for both a unique learning experience and an inside look at the political process.

Applicants must be hard-working, have strong writing and communication skills and have a demonstrated interest in public policy. This is an unpaid internship. New York ties a plus. Please send a resume, cover letter, a 2-3 page academic writing sample to [CBR.intern13@mail.house.gov](mailto:CBR.intern13@mail.house.gov) and a fill out the intern application found [here](#).

**MEM-420-15** The Washington, DC office of Congresswoman Doris Matsui (CA-06) is seeking

motivated, organized, and reliable **interns** to fill winter/spring positions. Intern responsibilities include, but are not limited to, answering phones, conducting Capitol tours, sorting incoming mail, attending briefings, conducting legislative research and performing other administrative tasks as necessary. Successful candidates will possess excellent written and oral communication skills, a strong attentiveness to detail, an ability to work in a fast-paced environment, and an eagerness to learn about the political process and congressional affairs. California ties are a plus. Please send a résumé, cover letter and dates of availability to [Austin.Laufersweiler@mail.house.gov](mailto:Austin.Laufersweiler@mail.house.gov) with “Internship” in the subject line.

**MEM-419-15** The Washington, D.C. office of Congresswoman Louise Slaughter (NY-25) is seeking a full-time press **intern** to work with the communications team in the Congresswoman’s personal and Rules Committee offices for the Spring 2016 semester.

The press intern will work directly with an award-winning communications staff to carry out responsibilities including – but not limited to – creating digital content, developing press lists, collecting and distributing press clips, drafting press releases, and contacting reporters. Special skills such as photography or graphic design are a plus. Standard schedule begins with aggregating news clips at 8:00 am and ends at 4:00 pm.

Congresswoman Slaughter is the top Democrat on the House Committee on Rules. [The Rules Committee](#) determines the parameters of debate for all major legislation before it can be considered on the House Floor and is a hotbed of activity.

Applicants should e-mail a cover letter, resume, and a short writing sample, and if applicable, a portfolio sample to James Blum at [NY25.InternApplications@mail.house.gov](mailto:NY25.InternApplications@mail.house.gov). Please do not hesitate to contact James at [202-225-3615](tel:202-225-3615) with any questions.

**MEM-417-15** Democratic Congressman Pete Aguilar (CA-31) is seeking highly motivated **interns** to join his Washington D.C. office. Interns will have the chance to experience the fast-paced atmosphere of a congressional office and gain valuable work experience. This is an excellent opportunity for those interested in the legislative process. Intern responsibilities include attending hearings and briefings, assisting with front office duties, answering phones, assisting with tours, researching legislation for staff and drafting constituent correspondence letters on various issues before the House. Qualified applicants must possess excellent written and oral communication skills, professionalism, attention to detail and ability to function in a fast-paced environment.

Full-time 3 month internship positions are available beginning January 4, 2016. CA-31 and/or California ties are preferred but not required. Internships are unpaid; however current students may be eligible for academic credit. To apply, please send your resume to [Chelsea.Glynn@mail.house.gov](mailto:Chelsea.Glynn@mail.house.gov) by December 9,

2015.

**MEM-416-15** Congresswoman Lois Frankel's (FL-22) DC office seeks **interns** for the Spring semester, from January to May 2016. The position requires a high deal of professionalism and efficiency, as well as strong writing and communication skills. The ideal candidate is organized, diligent, and positive. Duties include: answering telephone calls, responding to general constituent inquiries and requests for tours, assisting with constituent correspondence, and providing administrative assistance to the legislative staff. Undergraduate students or recent college graduates preferred, South Florida ties a plus. Women and minorities are encouraged to apply. Interested applicants should send a resume and cover letter to: [olivia.hodge@mail.house.gov](mailto:olivia.hodge@mail.house.gov). Please include your availability in your cover letter.

**MEM-415-15** The Office of Congressman Sam Graves (MO-06) is currently accepting applications for his Spring 2016 **internship** program in his Washington, D.C. office. The office is seeking highly qualified candidates who are motivated, detail-oriented, and personable.

Ideal candidates must be able to multi-task, have outstanding oral and written communication skills, and a desire to learn about the legislative process. Interns will have the opportunity to experience working on Capitol Hill, learn about the different career opportunities, and attend briefings of interest. Responsibilities will include answering the phone, giving tours of the Capitol, assisting with constituent correspondence, and supporting the staff on various projects. Missouri or Midwestern ties are preferred. Interested candidates should email a resume and cover letter to [Abigail.Camp@mail.house.gov](mailto:Abigail.Camp@mail.house.gov).

**MEM-414-15** The office of Congresswoman Jackie Walorski (IN-02) is seeking a full-time communications **intern** for her Washington D.C. office for Spring of 2016. Ideal candidate must possess strong writing skills, be detail-oriented and professional. Intern will work directly with the communications director and members of the media. Responsibilities would include writing releases, monitoring social media and developing media strategies. Position is unpaid and serves to provide professional and educational value to participants. Office is flexible in allowing interns to attend hearings and briefings as well as work with LA's on issues of their interest. Potential applicants must be willing to work in a fast-paced environment and be interested in learning more about the legislative process. Candidates with photography and graphic design experience strongly encouraged to apply.

Please send resume and cover letter to [internship.in02@gmail.com](mailto:internship.in02@gmail.com).

No phone calls, please.

**MEM-413-15** The office of Congresswoman Jackie Walorski (IN-02) is seeking full-time



**interns** for her Washington D.C. office for Spring of 2016. Ideal candidate would be professional, dependable and possess strong writing skills and work ethic. Responsibilities include phone assistance, constituent correspondence, Capitol tours and other legislative projects. Positions are unpaid and serve to provide professional and educational value to participants. Office is flexible in allowing interns to attend hearings and briefings as well as work with LA's on issues of their interest. Candidates must be willing to work in a fast-paced environment and be interested in learning more about the legislative process.

Please send resume and cover letter to [internship.in02@gmail.com](mailto:internship.in02@gmail.com).

No phone calls, please.

**MEM-412-15** The Democratic Staff of the Committee on Science, Space and Technology is seeking paid and unpaid **interns** for the spring starting in January. Interns are asked to work with staff to help prepare for committee hearings and markups. Interns will work on substantive research projects and press matters. Additionally, interns are critical to the daily operation of the office including tasks such as answering phones, greeting visitors, and filing official documents.

Interested applicants should visit the Committee's website at <http://democrats.science.house.gov/internships>. Please fill out the application provided and send in a resume.

**MEM-411-15** Minnesota Democrat seeks **intern** applicants for the Washington, D.C. office during the 2016 spring semester. Interns should expect to primarily assist with front office operations, but will also get opportunities to conduct legislative research, and obtain first-hand and comprehensive knowledge of the day-to-day operations of a Congressional office.

Interns will assist staff with front office duties, including sorting mail, answering telephones, data entry, and list building tasks. Assist legislative and communications staff on projects as needed. Perform research, attend briefings, and assist with constituent correspondence. Greet visitors, conduct tours of the Capitol, and other assignments as needed.

Candidates should demonstrate excellent oral and written communication skills and have a good understanding of the legislative process. Qualified applicants will be organized, dependable, able to multi-task, willing and quick to learn, able to work in a fast-paced environment and have a good sense of humor.

Internships are unpaid, but we are happy to work with your College or University to receive academic credit for your internship.  
Minnesota ties and full-time availability are preferred, but not necessary.

To apply, please submit a resume and cover letter [here](#).



**MEM-410-15** Congressman Gus Bilirakis (FL-12) seeks applicants for full and part-time **internships** in his Washington, D.C. office for the spring semester. Washington, D.C., interns are responsible for assisting staff with day-to-day functions within the D.C. office, including but not limited to constituent correspondence and legislative research. They may also assist constituents in their visits to Washington, D.C., providing tours of the U.S. Capitol. The ideal candidate will be a college student or recent graduate who is motivated, possesses strong writing and organizational skills and is willing to jump in wherever needed with a positive attitude. A congressional internship provides unparalleled value and insight into the workings of a Capitol Hill office and the legislative process, as well as networking opportunities and exposure to important issues before Congress. While the internship is unpaid, college credit is available. Both part-time and full-time applicants will be considered. Florida ties preferred, but not required. To apply, please email a current resume, cover letter, and writing sample (500 words) with the subject line “Spring Internship” to [FL12Resumes@gmail.com](mailto:FL12Resumes@gmail.com).

**MEM-409-15** Congressman Vern Buchanan (R-FL-16) has full-time and part-time, unpaid **internships** available for the spring session (December - May) in his Washington, DC office. Duties include but are not limited to answering telephones, greeting visitors, conducting tours of the Capitol, researching legislative issues and writing letters. There will also be opportunities to experience Washington DC and attend briefings, classes and hearings.

Qualified candidates should possess excellent organizational and communication skills, should have a positive attitude, and a strong work ethic. Although internships are unpaid, our office is happy to fill out any necessary forms for students to receive credit at their respective college or university.

All interested individuals should submit a cover letter and resume to [sheila.heiman@mail.house.gov](mailto:sheila.heiman@mail.house.gov) with “2015 Spring Internship” in the subject line. Include in your cover letter why you would like to intern for Congressman Buchanan’s Washington Office, why you believe you are qualified, and your availability. Potential candidates will be contacted via email.

**MEM-408-15** The Office of Congressman Raul Ruiz (CA-36) seeks highly-motivated, qualified **interns** with excellent research and communication abilities to join his District offices in Palm Desert and Hemet, California as part of the Spring 2016 Congressional Internship Program. Although congressional interns are unpaid they are considered an integral part of the office and are given an opportunity to expand their knowledge about public policy and the legislative process.

Congressional intern responsibilities may include, but are not limited to, conducting research for staff members, assisting staff at community or public events, attending meetings, transcribing documents, and providing general constituent services in the form of answering phone calls. Congressman Ruiz’s

internship program also features staff-lead workshops designed to develop essential and professional skill that students may apply in any setting.

Students interested in applying for a congressional internship in one of the offices of Congressman Raul Ruiz have the opportunity to apply to the Spring 2016 session. Applications will be accepted on a rolling basis. Prospective interns should complete an internship application (available here: <https://ruiz.house.gov/services/internships>), attach their resume, and submit to Tony Aguilar at [tony.aguilar@mail.house.gov](mailto:tony.aguilar@mail.house.gov)

**MEM-407-15** The Office of Congressman Tom McClintock (CA-04) is seeking full or part-time winter/spring **interns** for his Washington, D.C. office. Applicants should possess conservative values and hold strong written and verbal communication skills. Position duties include: attending Congressional hearings, leading Capitol tours, answering phones, sorting mail, and assisting legislative staff with research.

While this is an unpaid internship, we are happy to work with current students looking to receive college credit for their internship. Recent graduates are welcome to apply. Interested applicants should send their resume and availability to [Rachel.Long@mail.house.gov](mailto:Rachel.Long@mail.house.gov). Please use “2016 McClintock Internship” in the subject line. No phone calls, drop-ins, or faxes, please.

**MEM-406-15** The Office of Congresswoman Susan W. Brooks (IN-05) is seeking full-time and part-time **interns** in her Washington, D.C. office. The internship would take place over the Spring term, beginning in January and lasting through May (start and end dates flexible). The office is looking for both legislative and press interns. Legislative responsibilities include researching legislation for the Member and legislative staff, answering constituent letters on various issues before the House, and leading U.S. Capitol tours. Press responsibilities include assisting the communications director with gathering news clips, drafting releases, and maintain social media. Interns will also partake in administrative duties such as answering phones and maintaining the office’s constituent database. Candidates should be motivated and have a desire to learn about the legislative process. Strong verbal and interpersonal skills required. Indiana ties preferred, but not required. If interested, please submit an application on our website, [susanwbrooks.house.gov](http://susanwbrooks.house.gov). Please refer to the “services” tab, click on internships, and submit your application. In the comments section, please indicate whether you are interested in legislative, press, or both. Any questions can be directed to [mimi.strobel@mail.house.gov](mailto:mimi.strobel@mail.house.gov).

**MEM-405-15** The Office of Majority Whip Steve Scalise (LA-01) is seeking **interns** for Winter and Spring. Interns will be placed on a rotational program through both the leadership and personal offices of Congressman Scalise. Previous Hill internship experience and/or Louisiana ties are preferred, but not required. Please send any resumes and cover letters to John Woodard at [John.Woodard@mail.house.gov](mailto:John.Woodard@mail.house.gov).

- MEM-404-15** The Washington, DC office of Congresswoman Lucille Roybal-Allard is seeking motivated, organized, and reliable individuals to fill winter/spring **internship** positions. Intern responsibilities include, but are not limited to, answering phones, conducting Capitol tours, sorting incoming mail, attending briefings, conducting legislative research and performing other administrative tasks as necessary. Successful candidates will possess excellent written and oral communication skills, a strong attentiveness to detail, an ability to work in a fast-paced environment, and an eagerness to learn about the political process and congressional affairs. Spanish-fluency, California ties, and full-week availability are all plusses. Please send a résumé, cover letter, a short writing sample (no longer than one page), and dates of availability to [jhostyn.duval@mail.house.gov](mailto:jhostyn.duval@mail.house.gov) with “Intern” in the subject line.
- MEM-403-15** The Washington, DC office of Congressman Ruben Gallego (D-AZ) is seeking enthusiastic and motivated **interns** for Spring 2016.
- The ideal candidates will interact well with constituents, be able to multitask, and have a strong interest in public service. Excellent research and writing skills are crucial. Arizona ties are a plus, but not required.
- Interns will have the opportunity to gain experience working on Capitol Hill and learn firsthand about the workings of a Congressional office. Responsibilities include answering the phone, guiding tours of the Capitol, assisting with constituent correspondence, and attending briefings and hearings. Internships are unpaid, but the office will fill out any necessary forms for students to receive academic credit.
- Interested applicants should send a cover letter, resume, and a 2-5 page writing sample to [AZ07Internships@mail.house.gov](mailto:AZ07Internships@mail.house.gov) with the subject line “Name—Spring Internship Application.” Cover letters should include the applicant’s anticipated availability for the duration of the internship; writing samples may be excerpts of larger works. Interns will begin early to mid-January, depending on their availability, and end in mid-May. Applications will be considered on a rolling basis, and qualified candidates will be contacted for an interview.
- MEM-402-15** The office of Congressman Don Beyer is accepting applications for unpaid **internships** to begin in January in his Washington, D.C. office. Candidates should be self-motivated, resourceful, and possessed of sound judgment, knowledge of politics, and a sense of humor. The proximity of Virginia’s 8th District means that there is a substantial amount of work to be done in the areas of press, legislative research, and constituent services, and our interns get experience with a wide variety of responsibilities. To apply, please email resume, cover letter, and a 1-2 page writing sample to [Aaron.Fritschner@mail.house.gov](mailto:Aaron.Fritschner@mail.house.gov). No walk-ins or calls please.
- MEM-400-15** Senior Democratic Congressman Brad Sherman (CA-30) seeks highly motivated,

full and part-time **interns** for Spring 2016. Interns are responsible for both administrative and legislative duties. Legislative support includes preparing materials for hearings, attending hearings and briefings, reaching out to agencies and congressional offices, and researching legislation for the Member and Legislative Staff. Administrative tasks include answering phones, greeting visitors, leading tours and sorting mail.

Candidates should be professional, possess strong oral and written communication skills, have the ability to multitask, and have a good sense of humor. Ties to California's 30th Congressional District are a plus but not required. Interested applicants should e-mail a cover letter and resume to [brads.interns@mail.house.gov](mailto:brads.interns@mail.house.gov) with "CA-30 Internship" as the subject.

**MEM-399-15** The Office of Rep. Scott Rigell (VA-02) is seeking politically Conservative unpaid Spring 2016 **interns** in their Washington, DC, office to begin in December/ January through May. The Office seeks an outgoing, enthusiastic person with at least 3 days/week availability who would like experience working in a Congressional Office. Virginia ties are a plus but not required. Interested persons should submit resume to [Julie.Moorhead@mail.house.gov](mailto:Julie.Moorhead@mail.house.gov).

**MEM-397-15** The office of U.S. Rep. Brad Ashford seeks full-or part-time **interns** that can start immediately or spring 2016 in the Washington, D.C. office. Prospective interns should be mature, self-motivated, and enthusiastic. Candidates should also have strong research and writing skills. Duties will include answering phones, giving U.S. Capitol tours, maintaining the front office, processing mail, taking notes at hearings and briefings, as well as assisting staff with legislative research and drafting letters. Internships are unpaid and applicants for 2016 should be available from January to May. Nebraska ties are a plus but not required. For more information and to apply, please send a cover letter and resume to [zac.andrews@mail.house.gov](mailto:zac.andrews@mail.house.gov). Deadline to apply for 2016 is December 1, 2015.

**MEM-396-15** The Office of Congressman Sam Farr (D-CA) is looking to hire full and part-time unpaid Legislative **Interns** to work in our Washington, DC office. The internship will begin Jana and go through March. You'll be responsible for attending hearings and briefings, providing administrative support, guiding Capitol tours, conducting legislative research, drafting correspondence and a variety of policy related projects to assist legislative staffers. Excellent time management skills, a healthy sense of humor, creativity and a strong commitment to teamwork are qualities we're looking for. CA ties a plus, but not required.

If you'd like to be considered for a Legislative Internship position, please send a cover letter with your availability and resume to [Dushani.desilva@mail.house.gov](mailto:Dushani.desilva@mail.house.gov) with "Legislative Intern Application" in the subject line. Applications will be reviewed on a rolling basis. Please no phone calls.

- MEM-395-15** Congressman Lloyd Doggett (D-TX) is seeking **Internship** applicants for his Washington, DC office for Spring 2016. These positions offer a unique opportunity to help respond to individuals who need help with a federal problem, and to learn about broader community and national concerns. Interns assist staff with constituent services and legislative research. If you are interested in interning, email [Lloyd.Doggett@mail.house.gov](mailto:Lloyd.Doggett@mail.house.gov) with your resume and three references, a writing sample, and advise when you would be available. Candidates should have a strong work ethic and a positive attitude. Texas ties and Spanish skills a plus.
- MEM-394-15** The Office of Rep. Tom Graves (GA-14) is seeking full and part-time **interns** for the Winter/Spring 2016 semester in its Washington D.C. office. Applicants should possess strong written and verbal communication skills and a strong work ethic. Intern responsibilities include, but are not limited to, assisting the staff with general office duties, answering phones, responding to constituent mail, researching legislative issues, leading Capitol Hill tours, and attending briefings and hearings. Although internships are unpaid, our office is happy to fill out any necessary forms for students to receive credit at their respective college or university. Interested candidates should send a cover letter and resume to Ryan Diffley at [Ryan.Diffley@mail.house.gov](mailto:Ryan.Diffley@mail.house.gov). State ties preferred, but not required.
- MEM-393-15** The Office of Congressman David N. Cicilline (D-RI) is seeking full-time and part-time **interns** for the 2016 Spring semester (January – May) in its Washington, D.C. location.
- The ideal candidate will have excellent research and writing skills, be able to multi-task, and interact well with constituents. Interns will have the opportunity to gain experience working on Capitol Hill, learn about the legislative process, and attend briefings of interest. Responsibilities include answering the phone, guiding tours of the Capitol, assisting with constituent correspondence, and supporting the legislative and communications staff on various projects.
- Internships are unpaid, but both full-time and part-time positions are available. Hours are 9-6 when Congress is in session, and 9-5 out of session. To apply, please visit <https://cicilline.house.gov/serving-you/internships> or email [Annika.Lichtenbaum@mail.house.gov](mailto:Annika.Lichtenbaum@mail.house.gov) with a resume and one-page writing sample.
- MEM-392-15** The Washington, DC office of Congressman Luis V. Gutiérrez (IL-04) is seeking motivated, organized, and reliable individuals to fill **internship** positions in the Spring of 2016.
- Intern responsibilities include, but are not limited to, answering phones, conducting Capitol Tours, sorting incoming mail, attending briefings, conducting legislative research and performing other administrative tasks.

Successful candidates will possess excellent written and oral communication skills, a strong attentiveness to detail, an ability to work in a fast paced environment, an eagerness to learn about the legislative process, as well as a minimum four day per week availability. Spanish-fluency and Illinois ties are a plus. Internships are unpaid.

Please send a résumé, cover letter, and dates of availability to [gutierrezopportunities@gmail.com](mailto:gutierrezopportunities@gmail.com) with “Intern Spring 2016” in the subject line.

**MEM-391-15** The House Committee on Energy and Commerce Democratic Staff seeks qualified graduate and undergraduate **interns** for the spring 2016 semester. An internship with the House Energy and Commerce Committee is designed to give students a thorough understanding of a Congressional committee’s role in the legislative process. Throughout the course of their internship, interns will assist staff with administrative tasks such as answering phones, organizing documents, and running errands around the Capitol complex. In addition, interns will have the opportunity to perform legislative research, shadow staff at hearings, and assist in drafting letters and memos on subjects within the Committee’s broad jurisdiction.

If you are interested in applying, please send a resume, cover letter, and two references to [InternshipResume.EC@mail.house.gov](mailto:InternshipResume.EC@mail.house.gov).

**MEM-390-15** The Office of Congressman Michael Capuano (D-MA) is looking for full-time **interns** to aid our administrative and legislative teams. Responsibilities include: researching legislative issues, attending legislative hearings, answering phone calls, processing constituent mail, leading tours of the U.S. Capitol, and assisting in any other special projects/tasks that may arise. Applicants should be self-motivated, reliable, hardworking, and have strong communication skills. Massachusetts ties preferred, but not required.

Winter internships start in January and run through the end of April/May. Internships are unpaid, but academic credit is available.

Interested candidates should submit a resume, cover letter, and a one-page writing sample in PDF format to [eliza.ramirez@mail.house.gov](mailto:eliza.ramirez@mail.house.gov).

**MEM-389-15** The Washington, D.C. office of Congressman Dan Donovan (NY-11) is seeking applications for full- or part-time, unpaid **interns** for the Spring semester. Applicants must be willing to work at least two full days a week. Interns will be responsible for answering phones, talking with constituents, scheduling and giving tours of the U.S. Capitol, attending briefings and hearings for legislative staff, and supporting the office with any additional duties. Interested candidates should email a current resume, cover letter, and a list of three references, with the subject line “Spring Internship” to [NY11Resumes@mail.house.gov](mailto:NY11Resumes@mail.house.gov).

**MEM-388-15** The Democratic office of the Committee on House Administration seeks



energetic and self-motivated undergraduate or graduate level students as well as recent graduates with an interest in government and public policy to apply for its Winter/Spring 2016 **internship**. Working closely with Committee staff, interns will have the opportunity to gain first-hand knowledge of the inner-workings of a congressional committee and learn about the day-to-day administrative operations of the House of Representatives. Interns are responsible for assisting Committee staff with official proceedings (hearings/markups), elections oversight, member services, and other projects as well as providing general front office support. Please note that this is not a paid internship. Interested applicants should send a cover letter, resume, and available hours to [CHADem.Intern@mail.house.gov](mailto:CHADem.Intern@mail.house.gov) with the subject headline, "CHA Dem Internship."

**MEM-387-15** The Office of Congressman Curt Clawson (R-FL) is seeking full-time and part-time **interns** for the 2016 Spring semester (January – May) in its Washington, D.C. location.

The ideal candidate will have excellent research and writing skills, be able to multi-task, and interact well with constituents. Interns will have the opportunity to gain experience working on Capitol Hill, learn about the legislative process, and attend briefings of interest. Responsibilities include answering the phone, guiding tours of the Capitol, assisting with constituent correspondence, and supporting the legislative and communications staff on various projects.

Internships are unpaid, but the office will fill out any necessary forms for students to receive academic credit. Full-time and part-time positions are available, and hours are 8:30 – 5:30 on available days. Please contact [Alex.Krueger@mail.house.gov](mailto:Alex.Krueger@mail.house.gov) with a resume and one-page writing sample to apply.

**MEM-385-15** Congressman Ted W. Lieu's **internship** program offers college students a unique opportunity to learn about the functions of the U.S. House of Representatives, as well as the Congressman's work as the representative of CA-33, which includes parts of Los Angeles, the West Side, and the South Bay.

An internship with Congressman Lieu presents a variety of opportunities to participate in the daily operations of a Congressional District Office.

General intern responsibilities include:

Answering telephones, data entry, responding to constituent requests, assisting with special projects such as legislative research, assisting with constituent casework, and other miscellaneous tasks, as required.

In the busy atmosphere of a Congressional office, it is imperative that interns conduct themselves in a mature, professional manner, are well organized, able to take initiative, follow instructions, perform well under pressure, and work as an integral part of a team.



Skills required include:

Effective and professional phone manner, computer experience, good typing ability, punctuality, attention to detail, ability to follow instructions, ability to complete tasks efficiently and thoroughly, maturity, empathy, professionalism, and discretion.

This internship is unpaid. Congressman Lieu supports students requesting credit for their internship through their school or university. The deadlines for each internship sessions are as follows: Spring- December 11th, Summer- April 1st, Fall- August 5th. Preference will be given to residents of CA-33.

Please note that because of the competitive nature of the internship program, internship positions are available to college students only. Part time and full time internships are available.

If you would like to apply for our internship program please send your resume, cover letter, and writing sample to [internship.lieu@mail.house.gov](mailto:internship.lieu@mail.house.gov) with your name and the term in the subject line. If you have any questions regarding the application, please contact the Intern Coordinator, Ashley Fumiko Dominguez at [internship.lieu@mail.house.gov](mailto:internship.lieu@mail.house.gov) or 323-651-1040.

Congressman Ted W. Lieu serves on the House Committees on the Budget and Oversight & Government Reform. He is also the Democratic Freshman Class President and a Lieutenant Colonel in the Air Force Reserves.

**MEM-384-15** Congressman Dave Loebsack (IA/02/D), member of the House Energy and Commerce Committee, is currently hiring spring **interns** for his Washington, D.C. office. Interns are responsible for answering phones, sorting mail and faxes, giving tours of the Capitol, and assisting with constituent correspondence. Other tasks may include attending briefings and hearings, letter writing, and assisting press staff. Intern candidates should be current or recent college students, regardless of major. To apply please email your cover letter, resume, a short writing sample and a letter of recommendation to [Loeb sackInternship@mail.house.gov](mailto:Loeb sackInternship@mail.house.gov). No phone calls or drop-ins please.

**MEM-378-15** Congressman Coffman (R-CO) seeks hard-working, enthusiastic legislative **interns** for the Spring 2016 semester in his Washington, DC office. Interns are responsible for: giving tours of the U.S. Capitol, answering constituent calls, sorting constituent correspondence, assisting legislative staff with research and writing, processing U.S. flag requests, attending Congressional briefings and hearings, and attending events with the Congressman as necessary. Applicants should have strong written and oral communication skills, exceptional interpersonal skills, and have demonstrable interest in public policy and government. Attractive applicants will have completed at least 60 credit hours of undergraduate coursework. Those with Colorado ties and professional

proficiency in Spanish are encouraged to apply. Applicants should be aware that this is an unpaid internship that tentatively lasts from January through May 2016. To apply, please visit: <http://coffman.house.gov/services/internships>.

**MEM-376-15** **Intern** needed to start immediately. Remainder of Fall 2015 & Spring 2016

We are seeking energetic and proficient interns in the Washington, D.C. office of Congresswoman Corrine Brown (FL05). An internship in Congresswoman Brown's office will provide valuable experience to students as they prepare for their professional careers.

Interns have the opportunity to work with and assist all members of the staff, including legislative, administrative, outreach and press duties. Washington, DC interns will be encouraged to take advantage of the many hearings, workshops and seminars that are held on Capitol Hill.

In addition, we are happy to work with your college or university to arrange for academic credit. Applicants should be highly motivated and enthusiastic self-starters.

Responsibilities include:

- Supporting administrative staff: answering phones, database entry, and sorting mail.
- Supporting legislative staff: tracking constituent correspondence, drafting letters, and conducting research.
- Attending briefings and hearings for legislative staff.
- Compiling Social Media Post.
- Promoting constituent outreach efforts by communicating with constituents and constituent groups, attending meetings and events, and drafting correspondence.

Application process: Applicants should send a cover letter, availability and a resume. Those interested in a Washington, DC internship should email [Brown.Website@mail.house.gov](mailto:Brown.Website@mail.house.gov).

**MEM-374-15** The Office of Congresswoman Eleanor Holmes Norton (D-DC) is seeking a full-time or part-time **intern** for the Spring of 2016. This is an opportunity to learn about the inner-workings of a congressional office on the Hill in a fast-paced work environment. The internship allows access to briefings and interesting events related to a wide range of important issues. Responsibilities will include, but are not limited to, attending Congressional briefings, giving tours of the Capitol, conducting research, responding to constituent inquiries, and processing tour and flag requests. Qualified applicants should possess a professional and courteous demeanor, excellent communication skills, the ability to multi-task, fastidious attention to detail, and interest in the legislative and governmental process. To apply, please send a resume, three references, writing sample, and cover letter to [william.washington@mail.house.gov](mailto:william.washington@mail.house.gov), with the subject 'Norton

Internship.’ No phone calls or drop-ins please.

**MEM-373-15** The Washington, D.C. office of Representative Buddy Carter (GA-01) is currently seeking applicants for the fall semester. **Internships** are available to qualified college students seeking college credit or recent college graduates. Positions are unpaid and serve to provide professional and educational value to participants as well as an understanding of our federal legislative process. Georgia ties are preferred, but they are not required. Responsibilities include but are not limited to: providing tours of the Capitol, answering phones, helping staff process constituents’ mail and inquiries. Other responsibilities may include assisting staff with legislative research, writing meeting briefings, and attending committee hearings. Candidates should possess an interest in the legislative process, strong communication skills, along with organizational skills. If you are interested in being considered for an internship, please send your resume, cover letter, and any relevant writing samples to [Hart.Thompson@mail.house.gov](mailto:Hart.Thompson@mail.house.gov). No drop-ins please.

**MEM-372-15** The Democratic Staff of the House Budget Committee is currently accepting applications for full-time **interns** for spring of 2016 (January – May). Interns are given the opportunity to work on substantive projects under the direction of Committee Staff while also serving a general administrative function. Primary responsibilities include answer phones, reviewing budget news articles, conducting research, and preparing for Committee events. Interns will have the opportunity to participate in Budget Committee briefings, hearings and markups. In addition, interns are encouraged to attend events held by other committees. Preference will be given to applicants who have completed at least two years of undergraduate education. Ideal candidates can work full time from 9:00 am to 6:00 pm, Monday through Friday, or a minimum of four days per week. Interested applicants should apply at the following link:  
<http://democrats.budget.house.gov/about/internships>.

**MEM-371-15** The Committee on Science, Space, and Technology, Republican Staff is currently seeking **interns** for Spring 2016 (available to start in January).

Interns perform a variety of tasks that support the staff in our legislative and media work. Legislative tasks may include, but are not limited to, legislative research, assembling information, assisting staff during hearing and markup preparation and execution, and attending hearings, markups, briefings and meetings. Media work may include assisting staff to organize and staff Committee press conferences and assisting with the production of daily news clips relating to Committee’s issues. Undergraduate Interns are also trained to perform administrative duties, such as answering phones, and sorting and distributing mail.

Interested applicants should email their cover letter and resume to Brian Corcoran at [brian.corcoran@mail.house.gov](mailto:brian.corcoran@mail.house.gov).

- MEM-370-15** Democratic Member of Congress seeks full-time or part-time unpaid Congressional **interns** to begin immediately. The responsibilities of a Congressional intern primarily focus on helping the Congressman communicate with his 700,000-plus constituents. Interns will assist the team with phones, mail, tours of the U.S. Capitol Building, and related front office duties. Additional tasks, including drafting correspondence, research projects, and attending hearings may be assigned on a case by case basis.
- Candidates should possess excellent communication skills (both verbal and written) and an understanding of the functions of the United States Congress. Ideal candidates are positive, energetic, and eager to assist with the legislative and administrative needs of the staff. West Coast ties are preferred. Please send a resume, cover letter, and writing sample to [andy.hackbarth@mail.house.gov](mailto:andy.hackbarth@mail.house.gov).
- MEM-369-15** Congresswoman Suzan DelBene seeks late fall/winter **interns** for her Washington, D.C. office. Interns will work in a fast-paced and fun congressional office, gaining valuable experience and knowledge of the United States Congress. Intern responsibilities include greeting constituents and handling constituent phone calls, assisting staff with administrative tasks, conducting research, and assisting with constituent correspondence. Additionally, interns will have the opportunity to lead tours of the U.S. Capitol as well as attend hearings and briefings for the legislative staff. The ideal candidates will possess exceptional written and oral communication skills, a high degree of professionalism, as well as a strong interest in public service. Prospective interns should be able to commit at least 16 hours per week. Washington state ties are a plus, but are not required. Interested applicants should send a current resume and cover letter to [Internship.DelBene@mail.house.gov](mailto:Internship.DelBene@mail.house.gov). No phone calls please.
- MEM-366-15** The Office of Rep. Rich Nugent (R-FL-11) is seeking a highly motivated **intern** for its office in Washington, DC. Successful candidates will be organized, hard-working, and detail-oriented. Intern will be responsible for assisting staff with legislative and administrative duties such as greeting visitors, drafting constituent correspondence, answering phones, and leading Capitol tours. Intern will also have opportunities to attend staff briefings and committee hearings to gain firsthand knowledge of the legislative process. The position is unpaid, and the intern is responsible for finding housing in the DC area. Florida ties preferred. If interested, please send a cover letter, resume, and available dates to [fl11internship@gmail.com](mailto:fl11internship@gmail.com). No phone calls or walk-ins, please.
- MEM-365-15** The office of Congressman Marlin Stutzman is seeking an unpaid **intern** in the Washington, D.C. office for the 2016 spring semester. Responsibilities will include but are not limited to: answering phones, sorting constituent mail, attending committee hearings and briefings for staff, assisting in legislative research, and giving tours of the U.S. Capitol. Applicants should possess excellent written and verbal communication skills, be self-motivated, and able to work as part of a professional team. Hill experience not necessary.

To apply, send resume and cover letter to [in03internship@gmail.com](mailto:in03internship@gmail.com).

**MEM-363-15** The Washington, D.C. office of Congresswoman Maxine Waters, Ranking Member of the Committee on Financial Services, is offering winter/spring **internship** opportunities for students and recent graduates. First-hand experience in Congresswoman Waters' office will provide interns with an unparalleled knowledge and understanding of public policy and the legislative process. Intern responsibilities include drafting letters to constituents, attending committee hearings, writing press releases, researching various issues for the legislative staff, and assisting with additional office duties.

The internship provides different professional development opportunities with staff to discuss their experiences on the Hill and future employment strategies. Applicants should e-mail a cover letter, resume, and a one to three page writing sample to Sean Higgins at [Sean.Higgins@mail.house.gov](mailto:Sean.Higgins@mail.house.gov).

**MEM-362-15** A Tennessee House Republican seeks full-time and part-time **interns** to begin as soon as possible for the spring 2016 semester. Duties will include:

- Conducting legislative research and writing memos,
- Attending Congressional hearings and briefings on behalf of the staff,
- Welcoming guests,
- Handling constituent communications, and
- Giving tours of the Capitol.

College students, recent graduates, and those with an interest in tax, budget, and health care policy are encouraged to apply. Tennessee ties are a plus, but not required. Interested applicants should send a resume and cover letter detailing their interest and time commitment they are willing to make to [meghan.oakes@mail.house.gov](mailto:meghan.oakes@mail.house.gov).

**MEM-361-15** Congresswoman Mimi Walters (R-CA) seeks part time/full time hard working **intern** for Winter 2015.

Responsibilities include, but aren't limited to, answering phone calls, assisting with the mail program, providing constituent tours, attending various briefings, and providing research for the legislative staff. Qualified candidates will have exceptional writing skills, strong communication skills, ability to work in a fast paced working environment, and have an interest in learning more about the legislative process.

Send a resume and a cover letter to [Internshipsca45@gmail.com](mailto:Internshipsca45@gmail.com) California ties encouraged.

**MEM-360-15** Congressman Dave Reichert's Washington, DC office is looking for energetic and hard-working **interns** to start as soon as possible. Qualified candidates should have an interest in American government and working in a fast-paced

political environment.

All interns are expected to effectively communicate with staff members and constituents. Daily tasks include, but are not limited to; administrative duties, leading tours of the United States Capitol Building, communicating with constituents and other offices on Capitol Hill, writing briefings and memos, conducting research, and experiencing the city of Washington, DC. Interns will also have the opportunity to attend hearings and meetings on a wide range of topics.

All internships are unpaid. However, if your college or university offers credit hours, we are happy to complete any necessary evaluations. In addition, housing is not provided but assistance will be offered.

If you are energetic, hard-working, and interested in a position in Rep. Reichert's Washington, DC office, please contact Isaac Tobis at 202-225-7761 or send your resume and a cover letter to [Isaac.tobis@mail.house.gov](mailto:Isaac.tobis@mail.house.gov).

**MEM-359-15** The Washington, D.C. office of Representative Martha McSally (AZ-02) is currently seeking applicants for winter 2015/2016. Responsibilities include assisting the staff with front office operations, conducting legislative research, answering constituent calls and inquiries, conducting tours, and learning about the day-to-day operations of a congressional office. Ideal candidates will be ambitious, proactive, have a positive attitude, and demonstrate a strong interest in the legislative process. Unpaid **internships** are available to qualified college students seeking college credit or recent college graduates; stipends are offered commensurate with experience. If you are interested in being considered for an internship, please send your resume, cover letter, and any relevant writing samples to [keeley.christensen@mail.house.gov](mailto:keeley.christensen@mail.house.gov). No drop-ins please.

**MEM-358-15** Congressman Paul Cook's Washington, D.C. office is now accepting **internship** applications for the Winter 2015 and Spring 2016 term. Interns are invaluable multifunctional team members who manage an array of administrative tasks and traffic flow in the office, relieving the pressure on the legislative team for daily committee and voting activities. Interns will be responsible for assisting the team with phones, mail, tours, flag-requests, and related front office duties. Additional tasks, including drafting correspondence, research projects, and attending hearings may be assigned on a case by case basis. Ideal candidates are positive and energetic, have excellent people and organizational skills, and are eager to assist with the legislative and administrative needs of the staff.

Undergraduate and post-graduate students are eligible to apply. Positions are unpaid and serve to provide professional and educational value to participants, but students have the opportunity to gain academic credit. California ties are preferred. If interested, please contact our office at [Kassandra.Taira@mail.house.gov](mailto:Kassandra.Taira@mail.house.gov) with "Internship" in the subject line. Please



include cover letter, resume and a writing sample.

**MEM-357-15** Congresswoman Candice S. Miller (R-MI) seeks legislative **interns** for the Spring 2016 semester. Interns will work in a fast-paced congressional office, gaining valuable exposure and knowledge of the legislative process and the United States Congress. Intern responsibilities include greeting constituents, managing constituent phone calls, and assisting staff with administrative tasks. Interns will also have the opportunity to conduct legislative research, assist with constituent correspondence, and attend legislative briefings, congressional hearings, receptions, and press events.

Requirements: Interns must have a good attitude, strong work ethic, and excellent written and oral communication skills. Successful interns will be able to find information with little assistance, be able to work both independently as well as part of a team environment, and possess a strong attention to detail. Applicants should have working knowledge of current events and policy topics, as well as a willingness to perform a variety of tasks and administrative functions. Michigan ties are preferred, but not required. To apply, please send cover letter and resume to [mi10intern@gmail.com](mailto:mi10intern@gmail.com).

**MEM-355-15** The Office of Congresswoman Jackie Speier (CA-14) is seeking spring semester **interns** for the DC office. Qualified candidates will be able to multi-task and thrive in a fast-paced work environment, while providing high-quality “customer service” to our constituents. Responsibilities will include, but are not limited to, handling constituent correspondence, answering phones, booking and leading constituent tours, attending hearings and briefings, and assisting legislative staff where needed. Students and recent graduates with ties to California’s 14th district are strongly preferred. Interested candidates should send their resume, cover letter, and a short writing sample to [speier.internships@mail.house.gov](mailto:speier.internships@mail.house.gov). Interns will begin early to mid-January depending on their availability and end in mid-May. Qualified candidates will be contacted for interview. No phone calls, please.

**MEM-353-15** California Democrat is seeking hardworking **interns** for the winter 2015/2016 internship session. Interns will conduct legislative research, compile press clips, assist with front office operations, help with constituent relations, coordinate and conduct tours, and learn from staff about the day-to-day operations of a congressional office. Ideal candidates will be hardworking, creative, critical thinkers with a good sense of humor. Strong communications and writing skills are crucial. Northern California ties are preferred, but not required. Please submit a cover letter, brief writing sample, and resume to [bera.resume@mail.house.gov](mailto:bera.resume@mail.house.gov).

**MEM-352-15** Democratic Member of Congress seeks applicants for full-time or part-time unpaid congressional **internship** to begin immediately. Duties will include drafting memos, attending briefings, conducting legislative research for various legislative issue areas, as well as assisting with front office and administrative tasks. Strong candidates are self-starters, able to multi task, and will exhibit



strong writing and communication skills. New York ties are a plus but not required. Interest in issues under the jurisdiction of the House Committees on Energy and Commerce and Small Business as well as Caribbean affairs are a plus. Please send a resume and writing sample to [ResumeNY@mail.house.gov](mailto:ResumeNY@mail.house.gov).

**MEM-348-15** Congressman Ted Lieu (D-CA) seeks unpaid **interns** for the Spring 2016 internship cycle. Interns will assist the legislative team with research projects and constituent correspondence, compile press clips and conduct social media projects, and perform clerical duties. Interns are also responsible for writing cosponsorship, briefing, and hearing memos on topics of their choice to learn more about the legislative process and particular issues. We expect interns to be hard-working, friendly, and intelligent and possess strong writing and communication skills. California ties are strongly preferred. Please send a resume, writing sample, and dates of availability to [lieu.staff@mail.house.gov](mailto:lieu.staff@mail.house.gov) with "Spring 2016 Internship Application" as the subject line. Applications will be accepted on a rolling basis until all spots are filled.

**MEM-344-15** Democratic Leadership Office seeks highly motivated, part-time or full time **interns**. Intern responsibilities include administrative duties and a few legislative duties as necessary. Administrative support includes sorting mail, preparing briefing binders, setting up events, and other special projects as assigned by staff. The position requires the ability to multitask, strong organizational skills, and a desire to work in a fast-paced environment. The internship is unpaid, but interns will gain valuable Capitol Hill experience in a Democratic Leadership office.

Please send a resume and cover letter to [deminternship@gmail.com](mailto:deminternship@gmail.com). Please no drop bys, phone calls, or emailing staff members.

**MEM-343-15** Congressman Tony Cárdenas is looking for **interns** to join his Washington, D.C. team for a part- or full-time, unpaid internship starting as soon as possible, for a duration of three months or longer.

Candidates should be self-starters and able to exercise good judgment on a wide range of assignments in a fast-paced and busy office. Very strong writing skills with close attention to detail and a courteous demeanor are essential.

Main responsibilities include: assisting with scheduling, answering phone calls, attending briefings and writing memos, processing mail and leading tours of the U.S. Capitol. A hard-working intern in our office will eventually move on to assisting staff with more complex, legislative and press-related projects. Candidates with California ties, especially to the San Fernando Valley, and previous internship/work experience are strongly encouraged to apply. Please e-mail resume and cover letter in PDF format to [Intern.Resume@mail.house.gov](mailto:Intern.Resume@mail.house.gov).

**MEM-342-15** Democratic Member of the House seeks an unpaid **intern** for their DC office. Responsibilities include assisting staff with general office duties, drafting

constituent correspondence, attending briefings and hearings, answering phones, researching legislative issues, giving Capitol tours, greeting visitors and performing various other tasks. Candidates should be energetic, enthusiastic and able to thrive in a fast-paced working environment. Strong communication skills are a must. Candidates should have a general understanding of the governmental process, knowledge of North Carolina, and interest in the legislative process. If interested, please send a cover letter, resume, and writing sample via email to: [nc12internjobs@gmail.com](mailto:nc12internjobs@gmail.com). Absolutely no phone calls or walk-ins. Minorities, LGBT and women are encouraged to apply. North Carolina ties preferred, but not required.

**MEM-341-15** Congressman Blaine Luetkemeyer (MO-3) is currently seeking **interns** in his Washington, D.C. office for Spring 2016 (January-May). Interns perform a variety of responsibilities, including answering phones, receiving guests, and providing tours of the Capitol Building. They will also research legislation for the legislative staff, attend hearings and briefings, and answer constituent letters on various issues before the House. Interns should possess strong research, writing, analytical, and interpersonal skills. Moreover, candidates should express an interest in politics and conservative values. All internships are unpaid. However, if your college or university offers credit hours we are happy to complete any necessary evaluations. Interested candidates should contact Edward Rolwes and email their resume and cover letter to: [edward.rolwes@mail.house.gov](mailto:edward.rolwes@mail.house.gov).

**MEM-340-15** Congressman French Hill (AR-02) has available full-time and part-time **internships** for the 2015 Fall and 2015 Winter semesters in his Washington, D.C. office beginning immediately. Interns will work in a fast-paced Capitol Hill office, gaining valuable exposure and knowledge of the legislative process and the U.S. Congress. Intern responsibilities include greeting constituents, answering constituent phone calls, opening and sorting mail, guiding U.S. Capitol building tours, and assisting staff with administrative tasks. Interns also will have the opportunity to conduct legislative research and assist with correspondence, as well as attend Capitol Hill briefings, congressional hearings, and press events. Interns will have a positive attitude, strong work ethic, and excellent written and oral communication skills. Social media and other communications experience a plus.

Successful interns will be self-starters, take and listen to direction, and be able to work both independently and as part of a team. Applicants should have working knowledge of current events and policy topics as well as a willingness to assist with daily office tasks. Arkansas ties strongly preferred. Those interested please send your resume and cover letter to [ar02.applications@mail.house.gov](mailto:ar02.applications@mail.house.gov).

**MEM-339-15** Georgia Congressman David Scott seeks unpaid **interns** for spring semester. Duties will include the following: attending hearings and briefings, responding to constituent inquiries, researching legislation, conducting U.S. Capitol tours, and basic administrative responsibilities. Qualified candidates must be highly

organized, responsible, detail oriented, possess excellent communication and writing skills, and be able to multi-task. Georgia ties and/or an interest in agriculture or financial services are preferred. All interested applicants should send a resume, and cover letter to [seema.ibrahim@mail.house.gov](mailto:seema.ibrahim@mail.house.gov) with the subject line “Name – Spring Internship Application.”

**MEM-338-15** The Office of Representative Loretta Sanchez (CA-46) is seeking unpaid **interns** for her Washington, DC office for the 2016 Spring Semester/Winter Quarter. Candidates should have an interest in and knowledge of the legislative process, possess excellent writing and communication skills, and have an understanding of the American political system.

Interns will be responsible for projects such as writing congressional correspondence, fielding constituent phone calls, and other requests. Additional duties include, but are not limited to, leading Capitol building tours, attending briefings and committee hearings, and conducting research on various legislative issues. Applicants are expected to start in early January.

Individuals with Orange County, California ties are strongly encouraged to apply. Knowledge of the 46th Congressional District is strongly recommended. Applicants should send a cover letter, resume, and 1-2 page writing sample to [CA46internships@mail.house.gov](mailto:CA46internships@mail.house.gov). Qualified applicants will be contacted for interviews. No phone calls, please.

**MEM-336-15** The office of a western Republican House member is looking for an experienced unpaid communications **intern** to assist with day-to-day operations and special projects in the Washington, D.C. office. Candidates should be soon-to-be or recent college graduates with a preferred major in PR, journalism, English, or communications. Interested applicants must be able to commit to at least 30 hours per week. Qualified candidates will have a previous internship in communications, journalism, a political office or on the Hill, excellent writing skills, and a positive attitude and sense of humor. Photoshop experience is a plus. Intern responsibilities will include monitoring news on relevant policy areas and compile media reports, drafting social media posts and graphics on legislation, issue positions, and news items. Interns will also help brainstorm creative ways to concisely convey complex policy initiatives, draft press material, proof and edit documents from Senior Staff, and assist the Communications Director with special projects. Interested candidates should send their resume and two brief writing samples to [WesternStateIntern@gmail.com](mailto:WesternStateIntern@gmail.com). Writing samples may include: press release, advisory, professional Facebook post & corresponding tweet, school newspaper article, etc.

**MEM-335-15** The office of a western Republican House member is looking for an unpaid **intern** for Spring 2016. Candidates should be hardworking, detail-oriented, and professional with strong communication and writing skills. Intern responsibilities will include, but are not limited to, providing general constituent services in the

form of answering phone calls and sorting mail, leading Capitol tours, conducting research for staff members, drafting constituent correspondence, and attending hearings. Western ties are preferred, but not required. Interested candidates should send their resume, a cover letter, and a brief writing sample to [WesternStateIntern@gmail.com](mailto:WesternStateIntern@gmail.com).

**MEM-334-15**     **Internships** are currently available in Congresswoman Zoe Lofgren's (CA-19) Washington, D.C. office. Congresswoman Lofgren represents California's 19th Congressional District, which lies in the heart of California's "Silicon Valley". Interns have the chance to experience the fast-paced atmosphere of a busy congressional office and gain invaluable work experience. This is an excellent opportunity for those interested in the legislative process. Interns' responsibilities will vary—in addition to answering phones and running errands around the Capitol, interns will have the opportunity to attend hearings and briefings, research legislation for legislative staff, and answer constituent letters on various issues before the House.

Qualified applicants must possess excellent writing and analytical skills, a demonstrated work ethic, and ability to function in a fast-paced environment. A successful candidate will be motivated, able to multitask, and have the ability to work well under pressure. Full-time internship positions are available beginning November 2, 2015. Internships are unpaid.

CA-19 and/or California ties are preferred but not required. Interested applicants should apply through <http://lofgren.house.gov>.

**MEM-333-15**     Senior Republican Congressman is seeking a highly motivated, full-time **intern** that can start immediately upon acceptance. The individual should be able to multi-task and be prepared to work in a fast-paced office. Some responsibilities include attending briefings, answering phones, guiding tours of the Capitol, assisting with constituent correspondence and mail, and working on various projects for the staff as needed. North Carolina ties are encouraged, but not required. In order to apply, please send [capitolhill45@gmail.com](mailto:capitolhill45@gmail.com) a resume and cover letter with "NC Intern Application" in the subject line.

**MEM-329-15**     The Committee on Education and the Workforce, Democratic Staff is currently seeking undergraduate **interns** for Fall 2015 (available to start immediately) and Spring 2016 (available to start in January). We are also accepting graduate and/or fellowship applications for both labor and education for Spring 2016 (available to start in January).

Interns perform a variety of tasks that support the staff in our legislative and media work. Legislative tasks may include, but are not limited to, legislative research, assembling information, assisting staff during hearing and markup preparation and execution, and attending hearings, markups, briefings and meetings. Media work may include assisting staff to organize and staff

Committee press conferences and assisting with the production of daily news clips relating to Committee's issues. Undergraduate Interns are also trained to perform administrative duties, such as answering phones, and sorting and distributing mail.

Interested applicants should email their cover letter and resume to [jobs\\_ewdems@mail.house.gov](mailto:jobs_ewdems@mail.house.gov). Please visit our website at <http://democrats.edworkforce.house.gov/about/internships> for more information.

**MEM-328-15** The Office of Congressman Reid Ribble is seeking qualified candidates to **intern** in our Washington, D.C. office starting in January 2016. We are interested in candidates of all academic disciplines. Interns will assist the staff with a variety of tasks, including office administration, legislative research, constituent correspondence, and other duties as assigned. Administration will include daily tasks such as welcoming guests, being aware of the Congressman's and staff's schedules, answering phones, constituent tours, mail administration, and other duties. Legislative research and constituent correspondence will include being aware of current and pending legislation, researching legislation for constituent correspondence, attending briefings, and other duties.

Candidates should have excellent writing and communication skills, strong organizational abilities, a good work ethic, an ability to work independently, and the drive to take the initiative in a fast-paced environment.

This is an unpaid position. If candidates have any questions or wish to apply, please send a cover letter, resume and writing sample to [dominique.yantko@mail.house.gov](mailto:dominique.yantko@mail.house.gov).

**MEM-327-15** The Washington, DC office of Congressman Luis V. Gutiérrez is seeking motivated, organized, and reliable individuals to fill **internship** positions in the fall of 2015. Intern responsibilities include, but are not limited to, answering phones, conducting Capitol Tours, sorting incoming mail, attending briefings, conducting legislative research and performing other administrative tasks.

Successful candidates will possess excellent written and oral communication skills, a strong attentiveness to detail, an ability to work in a fast paced environment, an eagerness to learn about the legislative process, as well as a minimum four day per week availability. Internships are unpaid. Spanish-fluency and Illinois ties are a plus.

Please send a résumé, cover letter, and dates of availability to [gutierrezopportunities@gmail.com](mailto:gutierrezopportunities@gmail.com) with "Intern" in the subject line.

**MEM-326-15** Democratic Congressman seeks applicants for full- or part-time unpaid congressional **internship** for Spring 2016. Duties will include conducting

legislative research, drafting memos, assisting with front office duties, and performing basic administrative tasks. Candidates must exhibit strong writing and communication skills. California residents or strong ties to San Diego are preferred. Candidates should be prepared to work a minimum of 10 hours per week. Please send a resume, cover letter, writing sample (1-2 pages), and times available (start and end dates as well as days per week) to [CA52Internship@mail.house.gov](mailto:CA52Internship@mail.house.gov) with "LAST NAME, FIRST NAME, CA52 Internship" in the subject line.

**MEM-324-15** Congressman John Garamendi (CA-03) is seeking a highly motivated **intern** to join his Washington, DC office this winter. Candidates should be collegial, professional, quick learners, and phenomenal team players. Strong oral and written communication skills and close attention to detail are imperative. Duties include assisting staff with legislative, administrative, and press related projects, writing memos and talking points, attending hearings and meetings, answering constituent phone calls, leading tours of the US Capitol, assisting with scheduling, sorting and distributing mail, and managing tour and flag requests.

Interns are considered an integral part of the team and are given the opportunity to learn and grow through working with us both to achieve the goals of the office and to pursue and develop their areas of interest. First-hand experience in Congressman Garamendi's congressional office provides interns with an unparalleled knowledge and understanding of the development of public policy. Full-time candidates with California ties and previous internship/work experience are strongly encouraged to apply. Please e-mail a resume, cover letter and dates of availability to [Garamendi.Internships@mail.house.gov](mailto:Garamendi.Internships@mail.house.gov) by December 1st.

**MEM-323-15** Congressman Ben Ray Luján (NM-03) is seeking unpaid full-time and part-time **interns** for his Washington, D.C. office. Candidates should be motivated, flexible, and detail-oriented individuals with immediate availability, and a preference for those who can stay two-three months. New Mexico ties are a plus, but are not required.

Intern responsibilities include answering constituent phone calls, leading tours of the Capitol, sorting mail and faxes, writing letters, and assisting experienced staff with projects in diverse issue areas. Candidates should be outgoing and possess strong oral and written communication skills, an ability to multitask in a fast-paced environment, and a good sense of humor. Candidates with New Mexico ties are strongly encouraged to apply. Please e-mail a resume, cover letter, and a 1-2 page writing sample to [michelle.serrato@mail.house.gov](mailto:michelle.serrato@mail.house.gov).

**MEM-322-15** Congressman Joe Wilson (SC-02) is currently seeking **interns** for the Washington, D.C. office to start immediately.

Qualified candidates will possess an interest in the legislative process, excellent writing and communication skills, strong attention to detail, and a willingness to



learn and take on new tasks.

Intern responsibilities include but are not limited to, assisting staff with general office duties, attending hearings/briefings for staff members, answering phones, sorting through mail, drafting response letters, and giving tours of the U.S. Capitol. Candidates should be highly motivated and have good communication skills. This position is unpaid, but does offer a great educational experience for anyone with aspirations of working on Capitol Hill.

All interested applicants should submit a cover letter and resume to [sc02.internship@mail.house.gov](mailto:sc02.internship@mail.house.gov).

**MEM-321-15** North Carolina Democrat seeks an unpaid Communications **Intern** for her Washington, D.C. office. Duties include tracking press clips and traffic on social media networks, updating and maintaining press contact lists, drafting press releases, and assisting with the office's day-to-day communications operation. Applicants should have a strong interest in political communications, new media, or journalism. North Carolina ties are a plus. Women and minorities are encouraged to apply. Please send your resume and cover letter to [nc12internjobs@gmail.com](mailto:nc12internjobs@gmail.com).

**MEM-320-15** California Democratic Congressman Jared Huffman is seeking current college students or recent college graduates wishing to gain Capitol Hill experience for a full-time or part-time **internship**. We are seeking motivated, organized, and reliable individuals to assist the legislative and administrative staff with day-to-day duties. Such duties include attending briefings and hearings, answering phones, drafting constituent correspondence letters, doing legislative research, and various other tasks.

The internship is unpaid, though interns will gain valuable Hill and office experience as well as have access to many unique Hill opportunities. Congressman Huffman represents California's 2nd congressional district, which extends along the Pacific coast, from the Golden Gate Bridge to the Oregon border. California ties are preferred, but not necessary. Please send resume and cover letter to [DCInternship.Huffman@mail.house.gov](mailto:DCInternship.Huffman@mail.house.gov).

**MEM-319-15** Nevada Republican seeks a legislative **intern** for January 2016 and/or Spring 2016. Interns will work in a fast-paced Congressional Office, gaining valuable exposure and knowledge of the legislative process and the United States Congress. Intern responsibilities include greeting constituents, handling constituent phone calls, opening and sorting mail, guiding Capitol building tours, and assisting staff with administrative tasks. Interns will also have the opportunity to conduct legislative research, and assist with correspondence, as well as attend Capitol Hill briefings, congressional hearings, receptions, and press events.



Legislative Internship Qualifications:

Our office is looking for an intern with a positive attitude, strong work ethic, and excellent written and oral communication skills. Successful interns will be self-starters, take and listen to direction, and be willing to work both independently as well as part of a team environment. Applicants should have working knowledge of current events and policy topics, as well as a willingness to do assist with daily office tasks. Nevada ties strongly preferred.

Legislative Internship Requirements:

Interns must be able to commit a minimum of three full days a week (9:00am-6:00pm). Students welcome to apply. Those interested please send cover letter, updated resume, and references to [kelsey.wolfgram@mail.house.gov](mailto:kelsey.wolfgram@mail.house.gov).

**MEM-318-15**

Nevada Republican seeks an unpaid communications **intern** for January 2016 and/or Spring 2016. Interns will work in a fast-paced Congressional office, gaining valuable exposure and knowledge of the communications process and the United States Congress. Communication intern responsibilities include tracking and reporting on social media and news story comments, drafting social media posts, establishing and managing a twitter account, and reaching out to local/national reporters on social media. Interns will also have the opportunity to attend events and committee meetings to take photos and videos, work with the communications director to put press releases on the website, and assist with writing projects at the discretion of the communications director. Interns will also help facilitate our constituent communications program and guide constituents on tours of the US Capitol building.

Communications Intern Qualifications:

Our office seeks an intern with a positive attitude, strong work ethic, and excellent written and oral communication skills. Successful interns will be self-starters, take and listen to direction, and be willing to work both independently and as a member of a team environment. Applicants must have a working knowledge of current events and policy topics as well as a willingness to assist with daily communication tasks. Nevada ties strongly preferred.

Communications Intern Requirements:

Interns must be able to commit a minimum of three full days a week (9:00 am-6:00 pm) with the option of working full-time, spring semester beginning in January. Students are welcome to apply. If interested, please send a cover letter, updated resume, sample of a social media post for a congressperson, and references to [kelsey.wolfgram@mail.house.gov](mailto:kelsey.wolfgram@mail.house.gov).

**MEM-317-15**

Congressman Adam Kinzinger (IL-16) is looking for unpaid **interns** in his Washington, DC office for the 2015 fall and spring semesters. Interns will observe the inner workings of a Congressional office while gaining firsthand knowledge of the legislative process. Responsibilities include leading Capitol tours, answering phones, greeting constituents, assisting staff with legislative

projects, and attending briefings and hearings. Ideal candidates should have a strong work ethic, be energetic and engaging, and possess a positive attitude. Candidates with Illinois ties are encouraged to apply. Please send resume and cover letter (with availability) to [internsIL16@gmail.com](mailto:internsIL16@gmail.com).

**MEM-315-15** Seeking **intern** who will report to the Intern Coordinator/Supervisor.

**CORE RESPONSIBILITIES:**

- to assist in performing clerking duties, processing the mail, data entry, reception duties and other office errands.

**DUTIES:**

- Sorts and distributes mail;
- Performs data entry, including logging in incoming letters;
- Answers the telephones;
- Assists staff with Committee business including: Hearings, Briefings, and Business Meetings;
- Performs other duties as assigned by the Intern Supervisor.

To apply for this position, please send an email to [Brett.Cozzolino@mail.house.gov](mailto:Brett.Cozzolino@mail.house.gov) with a resume, cover letter, and a short writing sample.

**MEM-314-15** Illinois Representative Mike Bost is looking for college students or recent grads for a Congressional **internship**. These internships are available now on either a full-time or part-time basis. Qualified candidates will be highly organized, prompt, responsible, and ready to work in a fast paced environment. Strong oral and communication skills are a must. Daily duties will include assisting staff, answering phones, organizing mail, giving tours of the Capitol Building, and attending hearings and briefings for legislative staff. Interns will gain valuable Capitol Hill experience and further their understanding of the legislative process. Illinois ties are preferred but not necessary. All interested applicants should e-mail their resume and/or cover letter to [midwestinternship@gmail.com](mailto:midwestinternship@gmail.com).

**MEM-313-15** Florida Republican is seeking **interns** for early January through May 2016. Qualified candidates will be hardworking, motivated self-starters, detail-oriented, and professional with strong communication and writing skills. Daily duties as an intern will include providing general constituents services in the form of answering phone calls and sorting mail, leading Capitol tours, conducting research for staff members, drafting constituent correspondence, and attending hearings. Florida ties are a plus but not a requirement. This internship is unpaid, however, individuals will gain invaluable experience. Please send a resume and cover letter to [FloridaConservativeRepublican@gmail.com](mailto:FloridaConservativeRepublican@gmail.com) with subject line "Intern" for consideration.

**MEM-312-15** The Washington, DC office of Rep. Mark Sanford (SC-01) seeks applicants for

unpaid fulltime **internships** for the fall season. Applicants should be able to competently handle telephone calls, be well-organized, have an eye for detail, possess strong writing skills, be generally knowledgeable of legislative and related issues, and be able to complete tasks as directed. Main duties include answering telephones, logging constituent calls, giving tours of the Capitol to visitors, opening and sorting mail, and assisting with other projects. Interns will have many opportunities to take on additional responsibilities within the office, at the discretion of staff. Interest in fiscal responsibility and ties to South Carolina preferred. Anyone interested should send a resume to [Martha@mail.house.gov](mailto:Martha@mail.house.gov).

**MEM-309-15** The Office of Congressman Juan Vargas (CA-51) is currently seeking **interns** for the Washington, D.C. office for the Fall 2015 semester.

Intern responsibilities include but are not limited to, assisting staff with legislative research, administrative office duties, attending hearings/briefings for staff members, answering phones, sorting through mail, drafting response letters, and giving tours of the U.S. Capitol. This position is unpaid, but does offer a great educational experience for anyone with aspirations of working on the Hill. Ideal candidates should have good communication skills and a positive attitude. California ties and Economics/Business majors are preferred.

All interested applicants should send a cover letter and resume to [daniel.gaytan@mail.house.gov](mailto:daniel.gaytan@mail.house.gov).