

# A Systematic Literature Review of Agents Applied in Healthcare

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**Abstract** Intelligent agents and healthcare have been intimately linked in the last years. The intrinsic complexity and diversity of care can be tackled with the flexibility, dynamics and reliability of multi-agent systems. The purpose of this review is to show the feasibility of applying intelligent agents in the healthcare domain and use the findings to provide a discussion of current trends and devise future research directions. A review of the most recent literature (2009–2014) of applications of agents in healthcare is discussed, and two classifications considering the main goal of the health systems as well as the main actors involved have been investigated. This review shows that the number of published works exhibits a growing interest of researchers in this field in a wide range of applications.

**Keywords** Intelligent agents · Healthcare · Review

## Introduction

Healthcare is a complex environment, subject to a continuous pressure to find increasingly more complex solutions to problems, and at the same time, improve the efficiency of current solutions in terms of costs and resources. In this scenario there are a lot of participants with different roles, such as health

institutions, governments, and health professionals and patients paying a more active role daily. Nowadays, current trends go towards the use of distributed solutions such as intelligent agents, cloud environments and application-dependent systems. This paper is focused on the study of agents in the healthcare domain.

The use of health information technology has been shown to improve many aspects of care such as efficiency, cost-effectiveness, quality, safety of medical care delivery, access to the information and healthcare equity [1, 2]. Currently, information systems offer a wide range of functionalities to managers, health practitioners and patients [3, 4]. Just to name a few, they allow automating labour-intensive and inefficient processes, dealing with administrative and financial transactions, managing multi-functional electronic health records and computerised physician order entries, assisting practitioners in hard tasks such as diagnosis, prognosis and guideline enactment, monitoring in real time the state of patients, and supporting medical students in their learning process.

*Agents* are described as autonomous entities that can sense the world and act (proactively or reactively) on it in order to achieve specific goals [5]. Autonomy, reactivity and proactivity are three features that permit agents to operate in dynamic and uncertain environments. *Cognitive agents*, which are the focus of this work, maintain an explicit model of the environment, have one or more goals to be accomplished, perceive external events, make plans to change the world taking into account their goals, and finally implement them by acting upon the environment [6]. These basic characteristics of agents can be extended. For instance, *intelligent agents* learn about their observations to improve their performances over time. *Socially intelligent reasoning agents* are collections of agents capable of cooperating with other (similar) entities in a rational way [7]. The social ability of agents is supported by communication acts, which permit

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agents to coordinate their activities, negotiate about a particular issue, or simply share a particular fact among a set of agents.

On the other side, drawing on [8], *health systems* exhibit the following characteristics: 1) they are loosely coupled and composed by heterogeneous components, 2) they require fault-tolerance, reliability, security and privacy awareness, 3) data (e.g. patient's health record, medical processes) are generated and used by a wide range of devices, and 4) nowadays, unobtrusive networks of sensors enable to gather physiological information from patients. Taking into account the similarity between the properties of agents and the characteristics of healthcare problems, several researchers have proposed agents as a solution to implement pervasive and ubiquitous e-health systems.

One of the key factors of this success is the smart use of computation and communication tools to support healthcare organizations, and agents are one of the technologies that can be adopted to achieve this challenging task [9]. In this setting agents can support healthcare organizations, patients and caregivers, but one of the most important changes is how the assistance is provided through these entities.

One of the features of agents is the natural integration of different entities with different roles. Daily care consists in a distributed endeavour carried out by multidisciplinary teams that plan, schedule and execute complex tasks [10]. There is a wide variety of sources of information (data from electronic medical records, data from medical devices, notes taken daily) that should be taken into account to deliver care to the patient, and artificial agents may cooperate with humans to facilitate the development and enactment of a care plan. From this cooperation, future applications should mitigate the errors in care (human, organizational, ergonomics), be more efficient (in terms of data available, use of up-to-date evidences), and be more equitable (implementing similar processes based on their success).

A previous survey on this area [11] showed the advantages of this paradigm in several areas such as the management of medical data, the implementation of decision support systems, planning, and remote care. However, new works in the last years have increased these areas of application. Thus, the main goal of this systematic survey is to collect all these works and classify them according to the current trends, providing a new up-to-date view of the field.

The rest of the paper is organised as follows. First of all, Section 2 explains the methodology followed to find the papers included in this review. The following section explains the conceptual framework for the classification of articles dealing with the applications of agents in healthcare. Section 4 uses the conceptual framework to classify and summarize all the relevant papers. Section 5 discusses the main features shared by the analysed works. Finally, the last section

gives some conclusions and proposes some lines of future research.

## Methodology

The main goals of this paper are to perform a systematic analysis of the literature on the application of agents in the healthcare domain, and then to suggest a classification framework of the collected papers. The methodology followed in this paper is similar to the ones used in previous works like [12], which analyses the adoption of RFID in the health domain, and also [10], which analyses the implementation of smart strategies in daily care to improve the care given to patients.

This paper is an extension of a previous well-known survey in this field [11], which covered the works from 2005 to 2008. For this reason we only consider the papers published between 2009 and 2014 (some papers of 2015 were also included because they are already available). Then, taking into account both reviews, the reader can observe the evolution of the field during the last decade and the research lines that can be followed in the future.

Several selection criteria were established in this study. First of all, we have only considered papers written in English. Second, after reading the title, the abstract and, in some cases, the whole content, only articles that deal with *intelligent agents* applied in any field related with *healthcare* have been considered. Finally, papers published in journals have been preferred to other publication venues (such as workshops, PhD dissertations or Master thesis). Regarding the inclusion or not of papers published in conferences, we have also included some conference papers when there are not any other papers published on the same topic by the authors in journals, and the conference is relevant enough (CORE rating A or B). When some papers are related to the same application, the most recent one has been used.

The search was performed in December 2014 across the following databases: ProQuest, ACM Digital Library, SCOPUS (Elsevier), IEEE Xplore, and Science@Direct. We also considered some papers cited in the retrieved articles in order to complete the search. The expressivity of the search procedure depends on the database, but in all the cases we considered the words “intelligent”, “agent”, and “health” in the search. Additionally, other combinations such as “agent-based”, “MAS”, “medical education” were also used to help disambiguation.

From each database, we found the following number of relevant papers:

- ProQuest: from a potential set of 161 articles, we selected 17 to review.

- ACM Digital Library: from a potential set of 72 articles, we only considered 4 to review later.
- SCOPUS (Elsevier): from a potential set of 132 articles, 55 were selected for the review.
- IEEE Xplore: 7 of the 10 potentially interesting articles were chosen.
- Science@Direct: 56 more papers were added from this source, from a potential set of 83.

After eliminating the duplicates and reading carefully all the selected articles, 97 works were finally included in this study. The disparity of percentages accomplished in each database depends on several circumstances. For instance, some databases search the keywords in the entire document, not only in the abstract and title, and references can include papers which are not completely related with the scope of the search. In other cases, some documents are not related to computer science. For instance, the word ‘agent’ is widely used in medicine and all collected documents had to be carefully revised.

## Classification framework

The adoption of agents in healthcare has increased in the last 10 years and this technology has been widely used in different care domains. Early studies on agents applied in healthcare such as Nealon and Moreno [13], Družovec et al. [14], and Fox et al. [15] are focused on demonstrating the feasibility of the adoption of intelligent agents in some domains of healthcare and on identifying some benefits that agents can provide in the resolution of some distributed and complex problems. The most well-known initial applications were developed in patient scheduling, organ and tissue transplant management, community care, health information access, decision support systems, and internal hospital management tasks.

Drawing on Villar et al. [9] and Vieira-Marques [16], the classification framework used in this review identifies three broad categories of applications, depending on the intended audience of the application: tools designed for healthcare organizations, tools centred in professionals and tools centred in patients. Furthermore, we identified seven groups of key goals addressed in the analysed applications: data management, monitoring systems and alarms, security and privacy mechanisms, decision support systems, task planning and scheduling, simulation environments, and general care management platforms.

One of the difficulties of this study was to classify the papers taking into account both classifications because in both frameworks, some papers exhibit an overlap among different possibilities. In the case of users, all papers have been classified in only one category (the most prominent in each case), and in the case of types of application, some papers have been

classified in more than one category, allowing an overlap (with a maximum of four possibilities). One of the goals of this paper is to detect and analyse the works published in this field of research, and also to detect tendencies or areas of research where agents paid the attention of researchers. For this reason, we tried to identify the main targeted users in all papers, and the main areas of application in order to provide general statistics of usage.

## Classification of works based on the intended users

The target user of the application determines several features. We can distinguish among applications that provide services to patients, applications that offer services to health staff (e.g. practitioners, nurses), and applications designed to support healthcare organizations in the implementation or adoption of some rules or guidelines in patient care:

- *Patient-centred applications* are applications in which the main objective is to provide a particular service to patients. This group includes applications that personalize the care given to patients, for instance, adapting general care treatments according to the particular circumstances of the patient [17–21]. Another kind of applications applies Ambient Intelligent concepts in healthcare, relying on a network of sensors that observe a subject and learn/predict his/her behaviour. A good example of these applications is the supervision of elder people, in which these systems can send alerts to a supervisor if an abnormal situation is detected [22–24], or recommend the patient some tasks to perform during the day to improve his/her lifestyle and well-being [25–28]. Nowadays, some of these applications use the mobile device of the patients to give advices or to collect their data [24, 29, 30]. Additionally, this field includes innovative human-computer interaction elements, such as virtual agents designed to dialog with the user about some domain [25, 31, 32] or by integrating other devices as wheelchairs [33].
- *Staff-centred applications* are designed to support medical practitioners (basically doctors and nurses) in daily care. Most of these applications are designed as *personal assistants*, whose aim is to collect and provide the most appropriate medical data to the appropriate point of care [34–37]. These systems are usually composed by two main parts, one that collects the data in a distributed manner, and a second one that filters them before providing them to the medical practitioner. Other applications are designed as decision support systems [38–43]. Usually they analyse medical images or check the patient’s health record and recommend the next step to follow in his/her treatment. Finally, another group of applications are designed to manage teams of practitioners taking into account some criteria [44].

- *Healthcare organizations-centred* applications, along with care simulations, are the most common ones. They include a (usually ontological) representation of medical staff and patients, and the internal dependencies among them in a healthcare organization. These systems mimic real relationships in medical organizations in order to follow a treatment (managing the current state of the patient, delivering care, managing outcomes) [45–51], learn about the internal behaviour of the organization and detect weaknesses [52–54], improve the exchange of information among heterogeneous sources (results of tests, results of medical visits, reminders) [29, 55–57], simulate the behaviour of a complex diseases [58–67], or implement some tele-assistance platforms [68, 69]. In this classification, all works related with the management of medical records are also included [70–76].

### Classification of works based on the types of applications

The previous classification was made taking into account the main user of the system: a patient, a medical practitioner, or a healthcare organization as a whole. It is also interesting to know the main domains of application of these applications. The seven main types of applications found in the 2009–2014 period are the following:

- *Data-management systems.* These types of systems focus on the efficient retrieval and processing of medical data. These medical data include the patients' data, contained in their electronic health record, and also medical data about treatments collected from the most recent evidences available on repositories. Most of the works in this area go towards the implementation of an electronic health record by maintaining the data scattered physically and providing a virtual view, or by trying to concentrate the data from distributed sources to a central node inside a healthcare organization. Other works propose models that include the integration of agents with existing information systems [55, 56].
- *Implementation of secure platforms.* As mentioned previously, security is a mandatory feature that any distributed system in healthcare should provide but, unfortunately, in some cases security measures must be added a posteriori due to constraints of the programming languages [77, 78]. Some platforms such as JADE provide external libraries that can be added easily to the implemented MAS in order to protect their communications but, in other cases, researchers must implement these features from scratch in a particular system. This area includes general-purpose mechanisms to protect agent-based systems against security threats. It is necessary to guarantee key security properties like confidentiality, integrity, availability,
- accountability and non-repudiation through different mechanisms such as authentication, authorization, trust management, etc. Additionally, agent-based systems have particular vulnerabilities such as control of the origin of information, access control, unsecure communications among agents, presence of malicious agents or hosts, or the provision of access to the resources and the internal status of other agents [79]. Moreover, in the healthcare area there are particular security threats that should be treated such as preserving privacy and confidentiality in shared access, maintenance of privileges to permit the access to the whole data or to a subset of them, and also anonymisation of the data in order to reuse existing knowledge [80].
- *Decision support systems (DSSs).* A DSS acquires patient data as the input and provides back patient-specific assessments and recommendations by using healthcare processes or knowledge-based models, such as diagnostics or treatments. From the analysed works, two different types of DSSs are identified. The first one uses a knowledge base of examples in order to give an answer to the manager (e.g. by using a decision maker in a distributed way) [81]. Other works model a medical workflow (e.g. a treatment) and locate the patient inside this procedure, taking into account his/her current circumstances [47].
- *Planning.* Systems centred on the coordination and scheduling of human and material resources taking into account preferences, constraints and goals. Planning and distributed coordination of resources are fields where agent technology researchers have paid special attention, exploiting inherent features of agents such as autonomy, social ability and pro-activity [31, 82, 83]. A particular case in point is the deployment of mid- and long-term treatments over patients, which requires the execution of standardized clinical guidelines taking into account the actions and decisions embedded into them [47].
- *Simulation.* Agent-based platforms have been traditionally used to make rule-based simulations of the behaviour of complex systems (e.g. economy [84], agriculture [85], biology [86]). Agent-based simulations in healthcare are one of the current trends with more published papers. According to Koelling and Schwandt [87], in this area the following classification may be considered: health systems, patient-related systems, care delivery, prevention and epidemiology. For instance, simulations are used to compare the assignment of human resources to departments [43], or to evaluate the impact of particular treatment taking into account the evolution of a disease [53, 60, 66, 88, 89]. Another important area in which simulation is used is medical education, in which we may find systems that permit to understand the behaviour of a



complex disease such as diabetes or to use a corpus of patient's scenarios to simulate the effects of mid- and long-treatments [27].

- *Care platforms.* These applications are designed to emulate real health delivery systems using an agent-based approach. In this case, healthcare-based platforms permit to simulate departments such as intensive care units, or a whole healthcare organization [45]. Usually, agents are used to integrate existing information systems through wrappers. Additionally, some platforms are designed to integrate remote care in the daily attention to patients. Remote care includes different levels of interaction between patients and practitioners. A first type of systems just collects and analyses data from sensors connected to the patients at home [68]. A second one permits remote medical visits through video meetings between patients and practitioners [69, 90]. A final kind of systems permits to advise or recommend actions to be performed by the patient [22].
- *Monitoring and alarms.* This category includes agent-based platforms that monitor the current state of a subject (patient) and, taking into account general non-desirable patterns, warn the patient (or a supervisor) about problematic situations [25]. These applications include those designed in Ambient Intelligence, and they are usually applied in hospitals with elder people that should be continuously monitored. These systems are complex because they should include information about sensors (e.g. positioning a patient through RFID mechanisms, vital signs of patients) and information about the domain of application (e.g. map of a building) in order to detect abnormal situations [18, 22, 91].

This classification is intended to identify the main tendencies in the use of agents in the healthcare domain. However, there is a correlation between these areas and also an overlapping among them. All papers have been classified attending to their main goal avoiding overlapping as more as possible.

A previous work by our group ([11]) surveyed the period 2002–2008, which found five main lines of research and explained in detail some relevant works in each area. The paper identified the following areas of interest: management of medical data, decision support systems, planning and resource allocation, a group of applications that include remote care, telemedicine and pervasive care, and finally, composite systems that integrate several of the previous aspects. In this review, we refined this classification adding more areas such as simulations, secure platforms, and monitoring and alarm systems.

## Results

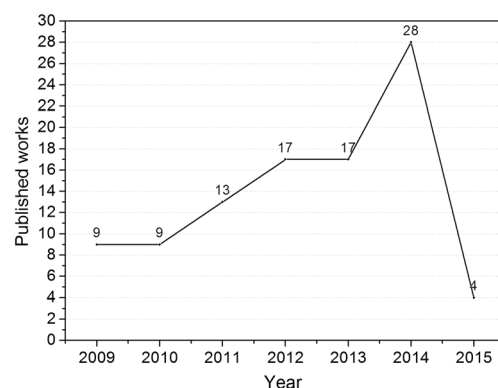
This section presents the results of the review of articles dealing with agents applied in the healthcare domain. First of all, we highlight the distribution of articles per year, per journal, per actors and finally, per types of application.

### Distribution of articles by year of publication

Based on the literature reviewed, Fig. 1 shows the number of articles considered in this review per year (period 2009–2014). Since 2009 the number of published papers has increased each year. Additionally, after the first month of the year 2015 it has already 4 papers. Clearly, this field of research has been paid more attention in the last years with more results, more published papers and more specialised conferences, workshops and special issues of journals.

The years 2012, 2013 and 2014 supposed important milestones due to the number of published articles (17, 17 and 28 respectively). It should be mentioned a special issue dedicated to this field published in 2014 [92] that has given a boost to the interest in the area. Additionally, since 2003 different workshops and conferences include agents applied in healthcare as part of their topics (see Table 1 for a list of related conferences and workshops in the period of study).

As mentioned before, our work ([11]) surveyed the period 2002–2008. Despite the fact that this work was not a systematic literature review and the goals were not the same, it is possible to analyse also the frequency of appearance of papers in this period. In 2002, there are no referenced papers; 2003, 6 papers; 2004, 5 papers; 2005, 6 papers; 2006, 6 papers; 2007, 5 papers; 2008, 7 papers; and 2009, 3 papers. These figures show a clear growing tendency since 2003, but most of these works are papers published in conferences and workshops due to the low maturity of the field. The present work confirms two assumptions: the increase of interest in this field, and also the increase of quality, because most of the papers referenced in the present work are journal papers instead of conferences and workshops.



**Fig. 1** Distribution of articles by year of publication

### Distribution of articles per journal

Table 2 lists the journals containing two or more of the selected articles. This selection contains 46 articles out of 97 articles (49.48 %). The most popular journal publishing articles related to agents applied in healthcare is the “Journal of Medical Systems” with 12 articles (12.37 %), followed by the “International Journal on Artificial Intelligence Tools” with 6 papers (6.19 %), and “Expert Systems with Applications”, “Artificial Intelligence in Medicine” and “IEEE Transactions on Information Technology in Biomedicine”, each of which has 4 articles (4.12 %). Most of the journals are present in the last list of the JCR and belong to the “Medical Informatics” and “Artificial Intelligence” fields but the list also includes more general journals about information systems such as “Information Sciences” and “Journal of Ambient Intelligence and Smart Environments”.

### Distribution of articles by actors

Table 3 shows the distribution of articles by actors, where it can be seen that more than half of the articles focus on the organizational level (54 articles, 55.67 %). After that we can find the applications that have the patient as the main actor (26 articles, 26.80 %), finally followed by staff-centred applications (17 articles, 17.53 %).

### Distribution of articles by topics

Table 4 shows the distribution of articles by topics. The topics to which researchers have paid more attention in the period of study are agent-based care platforms and simulation (both 29 articles, 21.80 %), and monitoring and alarms applications (24

articles, 18.05 %). After that, we found applications dealing with clinical data (16 articles, 12.03 %), decision support systems (15 articles, 11.28 %), planning (11 articles, 8.27 %) and finally, security issues (9 articles, 6.77 %).

Some works analysed in this review show overlapping between topics. One between “management of data” and “platform”, and another one between “management of data” and “decision support system”.

### Discussion

The previous section showed the classification of the selected works using different criteria. The number of works and applications which apply agents in the healthcare domain has increased in the last five years, as shown in Fig. 1. In Table 3 it can be seen that the platforms that enable healthcare organizations to provide some distributed services concentrate the major contributions in this field. This result is not very surprising due to the nature of the e-health environment. Usually, these applications exploit the physical distribution of resources, services and data in order to achieve a goal. Some researchers proposed whole technological applications applied to one or more departments, sometimes even including resources from different healthcare institutions with different information systems [55]. However, the previous section has shown that there are other types of applications and actors that have captured the attention of the researchers in which agent technology has been instrumental in the design and development of distributed systems that improve the performance with respect to centralized ones in terms of reliability, scalability and, more importantly, enable dynamic, flexible and evolving systems.

**Table 1** Conferences and workshops about agents applied in healthcare (2009–2015)

Name of the event	Year	URL
2015 Agent-Directed Simulation (ADS'15) Symposium	2015	<a href="http://www.scs.org/springsim">http://www.scs.org/springsim</a>
A-Health. Agents and multi-agent Systems for AAL and e-HEALTH held at PAAMS 2015	2015	<a href="http://www.paams.net/ahealth15">http://www.paams.net/ahealth15</a>
IX Workshop on Agents Applied in Health Care, A2HC 2015 to be held at AAMAS 2015	2015	<a href="http://www.fe.up.pt/A2HC15">http://www.fe.up.pt/A2HC15</a>
Agents and multi-agent Systems for Ambient Assisted Living and e-HEALTH held at PAAMS 2014	2014	<a href="http://www.paams.net/a-health14/">http://www.paams.net/a-health14/</a>
Multi-Agent Systems for Healthcare 2014 held at AAMAS 2014	2014	<a href="http://paginas.fe.up.pt/~mash14/index.html">http://paginas.fe.up.pt/~mash14/index.html</a>
Agent Based Simulation held at WIS 2014	2014	<a href="http://www.wintersim.org/2014/agentbasedsim.html">http://www.wintersim.org/2014/agentbasedsim.html</a>
Agents and Multi-Agent Systems for Ambient Assisted Living and e-HEALTH held at PAAMS 2013	2013	<a href="http://www.paams.net/a-health13/">http://www.paams.net/a-health13/</a>
VIII workshop on agents applied in health care held at AIME 2013	2013	<a href="http://deim.urv.cat/~itaka/workshops/aime2013/">http://deim.urv.cat/~itaka/workshops/aime2013/</a>
Agents for Ambient Assisted Living held at PAAMS 2012	2012	<a href="http://www.paams.net/AAAL12/">http://www.paams.net/AAAL12/</a>
VII workshop on agents applied in health care held at AAMAS 2012	2012	<a href="http://deim.urv.cat/~itaka/workshops/aamas2012/">http://deim.urv.cat/~itaka/workshops/aamas2012/</a>
Agents for Ambient Assisted Living held at PAAMS 2011	2011	<a href="http://www.paams.net/~dcai2011/home/anto/webs/aaal2011/">http://www.paams.net/~dcai2011/home/anto/webs/aaal2011/</a>
VI workshop on agents applied in health care held at e-HEALTH 2010	2010	<a href="http://deim.urv.cat/~itaka/workshops/ehealth2010/">http://deim.urv.cat/~itaka/workshops/ehealth2010/</a>

**Table 2** Classification of the articles per journal (with a minimum of two publications)

Journal	No.	Percentage	Impact factor (2013)	5-year impact factor	Quartile (area)
Journal of Medical Systems	12	12.37	1.372	1.482	Q3 (Medical informatics; Health Care Sciences & Services)
International Journal on Artificial Intelligence Tools	6	6.19	0.321	0.478	Q4 (Computer Science, Artificial Intelligence)
Artificial Intelligence in Medicine	4	4.12	1.356	1.632	Q2 (Computer Science, Artificial Intelligence); Q3 (Medical Informatics)
Expert Systems with Applications	4	4.12	1.965	2.254	Q1 (Computer Science, Artificial Intelligence)
Computers in Biology and Medicine	3	3.09	1.475	1.547	Q2 (Biology); Q3 (Computer Science, Interdisciplinary Applications)
IEEE Transactions on Information Technology in Biomedicine	3	3.09	2.072	2.584	Q1 (Computer Science, Information Systems); Q2 (Medical Informatics)
International Journal of Environmental Research and Public Health	3	3.09	1.993	(**)	Q2 (Environmental Sciences)
Procedia Computer Science	3	3.09	(*)	(**)	
Applied Intelligence	2	2.06	(*)	(**)	
Applied Soft Computing	2	2.06	2.679	2.970	Q1 (Computer Science, Interdisciplinary Applications; Computer Science, Artificial Intelligence)
IEEE Intelligent Systems	2	2.06	1.920	2.344	Q2 (Computer Science, Artificial Intelligence; Engineering, Electrical & Electronic)
Information Sciences	2	2.06	3.893	3.969	Q1 (Computer Science, Information Systems)
Journal of Ambient Intelligence and Smart Environments	2	2.06	1.082	1.252	Q2 (Computer Science, Information Systems)
<i>Total</i>	<i>48</i>	<i>49.48</i>			

(\*) Journal not included in the last JCR list; (\*\*) Value not available.

### Current types of applications

Taking into account the classification of the applications considering the targeted user, as summarised in Table 3, the most common agent-based systems are general healthcare-systems, followed by patient-based ones and, finally, systems designed to support health staff.

General agent-based healthcare systems are designed to be used for health managers and researchers of healthcare organizations. In many cases they include simulations to evaluate and compare different policies to tackle a healthcare problem [93]. For instance, an agent-based simulation may discover those interventions that increase population wellness and quality of care, while simultaneously decreasing costs, or evaluate the dynamic evolution of an infectious disease [43].

Another field of research is the implementation of generic platforms that enable distributed health entities to interact. These platforms model different roles and patterns as well as internal relationships within departments in order to create a complex system. In those platforms humans and resources interact, usually creating and maintaining a shared data structure containing the medical records of patients [94–96]. Most of these care applications, such as decision support systems and monitoring and alarm systems are used to manage and facilitate the daily work of practitioners.

Patient-centred applications put the focus on patients. Personalization of daily care is one of the main goals of these applications, giving special emphasis to the implementation of standardised clinical processes based on the general evidence but taking into account the circumstances of the patient and the human and material resources available in a medical centre. The main aim of these systems is to increase the satisfaction of the patient while, at the same time, making an efficient use of resources and saving costs. Patient-based systems also pursue the enhancement of home-based self-care by using networks of sensors and remote assistance [97]. These systems are centred in two main aspects: preventive care to guide the patient in daily activities [98–100] and monitoring systems able to detect abnormal situations [101, 102].

**Table 3** Classification of the articles based on the distribution by users

Dimension	Number of articles	Percentage
Healthcare organization-centred	54	55.67
Patient-centred	26	26.80
Staff-centred	17	17.53
<i>Total</i>	<i>97</i>	<i>100</i>

**Table 4** Classification of the articles based on the distribution by issues

Dimension	Number of articles	Percentage
Platform	29	21.80
Simulation	29	21.80
Monitoring/alarms	24	18.05
Management of data	16	12.03
Decision support system	15	11.28
Planning	11	8.27
Security	9	6.77
<i>Total</i>	<i>133</i>	<i>100</i>

Some articles are counted more than once because they cover more than one issue

Finally, staff-centred systems are designed to be used by healthcare professionals in daily care. They include the management of complex processes (usually through the adoption of clinical guidelines) [103] and the facilitation of the monitoring of current health states and medical results of the patients [104, 105]. Most of these applications fall into the categories of decision support systems and monitoring and alarm systems [106]. This group of applications permits the adoption and evaluation of workflow processes with the inclusion of the latest clinical practice evidences [107].

The inclusion of security mechanisms is a key feature common in all applications, independently of the intended audience [108].

### Current domains of application

Taking into account the domain-based classification of the applications, it has been noticed that care platforms, Ambient Intelligence and management of medical data cover most of the agent-based proposals in e-health.

Agent-based platforms were the first contributions in e-health on the 00's. These systems create distributed complex models that improve the performance, flexibility and reliability of current centralized approaches and permit to understand in more detail the current management of (medical) processes. In some cases, these platforms are designed as open frameworks that can be customized under particular circumstances. Additionally, some works propose to check the validity of those processes and evaluate their temporal and economic impact in all involved actors (general population, medical staff).

Nowadays, one of the most active areas of research is the creation of health monitoring systems, which are sometimes categorised under the Ambient Intelligence (Aml) label [109]. In these systems a network of different kinds of sensors (from mobile devices, RFID, cameras, wearables) provide data about a constantly observed subject (location, vital signs),

which are usually stored on a central repository (directly or after a first local analysis that transform raw data into qualitative information on which high-level reasoning processes may be applied). Intelligent agents analyse all these data and they may raise alarms if abnormal or unusual situations are detected, they may provide pro-active advice and reminders about relevant facts (such as medications), and they may understand the behaviour of a patient [23, 29, 110]. Current Aml applications include smart homes, assisted living, health monitoring and also assistance in the community, hospitals, emergency services and homecare of the elderly, among others [22, 25].

Agents act socially by exchanging information among them. Thus, a critical element on their efficiency is how medical and procedural data are shared. Representation of knowledge in healthcare is a traditional field of research due to its application in numerous and different domains [111–113]. Agent-based systems normally use ontologies shared among all entities, which can be created ad hoc for a particular application or adopted from existing ones [17, 47]. Researchers commonly use OWL as ontological representation language, in conjunction with standard large corpuses of medical terms such as SNOMED and MeSH that ease the integration with legacy applications. Additionally, some agent-based systems use information provided by existing health information systems (HIS). This integration is made through existing web services or following the protocols defined in HL7.

Agents permit the creation of distributed electronic health records, transmitting its information in a secure way. In this scenario, data can remain physically scattered among nodes (healthcare institutions, departments, or services that generate some data), and agents are in charge of collecting them when it is necessary or providing a virtual unified view. Other approaches propose the creation of a central repository of patient's related data, and in this case agents are in charge of accessing the appropriate data when it is required or created. Both approaches can be deployed using traditional agents and also mobile agents.

There are two domains where agents have been widely applied in the last years: decision support systems and planning and coordination activities and services. The first field pursues the implementation of distributed decision-making tools using the best evidence-based practices (e.g. fetal monitoring). In the second case, systems create plans of actions that require the coordination of different partners (human and/or resources), which usually act and plan together and share resources, activities and goals (e.g. emergencies, clinical guidelines).

From a developer's perspective, there are currently some programming languages that may be used to deploy agent-based systems. The most referenced ones are two Java-based APIs called Java Agent Development Environment (JADE, [114]) and NetLogo [115]. Both are freeware and they have been widely adopted by researchers. JADE is used practically



in all types of applications, whereas NetLogo concentrates on agent-based simulations.

Another field that has been paid increasing attention in the last years is the adoption of security measures in these distributed systems [78–80, 116, 117]. Health records are very sensitive data and systems that manipulate them must ensure a high level of confidentiality. Security mechanisms in Multi-Agent Systems should be applied from the lowest level of communication to ensure reliable transactions between agents. In this sense, frameworks such as JADE provide several mechanisms that can be adopted in any agent-based application. However, some works of this review have been directly designed as secure platforms in the healthcare domain; for instance, to manage the communication of health medical records across agents enabling different types of roles and permissions [73, 75, 118]. Other works have considered security mechanisms just as an added value of their proposal [47, 81].

Finally, agent-based simulations provide a fine-grained framework for describing complex human behaviour. They formally describe each individual agent's behaviour and let the crowd's global one emerge as a result of the local interactions. Simulations try to model realistic agent behaviour while at the same time trying to keep the computational complexity to an acceptable upper limit. Most of these works are designed for medical education purposes [119–122]. In those systems, the most important requirement is to define the internal rules of behaviour of each agent and the relationships between the agents. Agent-based simulations in healthcare deal with epidemiology (e.g., simulation of hepatitis-C [58]), clinical treatments (e.g. evaluate long-term treatments [123]), health systems (e.g. management of emergencies [88], simulation of large structures of sensors [124, 125]), prevention and delivery of care [38].

## Conclusions and future lines of research

The rise of agent-based applications in the healthcare domain permits to foresee a promising future to this area. Their flexibility and modularity permits to create complex distributed systems with a good trade-off between development time, cost and performance of the final product.

Agents are autonomous software entities which can perceive the dynamic character of the surrounding environment and decide in a proactive way the most suitable actions to achieve a given goal, taking into account the preferences of a user. Some agents act on behalf of their users and by being socially active they can

communicate with the user, with other agents and with the environment through message exchange or auxiliary devices. The complexity of some healthcare problems and their relatedness to the usual characteristics of agents lead to think that this technology is indeed suitable to design, implement deploy and maintain medical applications.

The activities performed by these agents and their sources of information require to address the issue of the legal implications of the performed actions. Although there are several parties who might be potential perpetrators of a wrongful act (such as the programmer, a third party, the supplier, etc.), most analyses of the responsibility for the use of such software systems (as well as the consequences of such use) focus on the human users or the legal entities on behalf of which these systems are operated, and adopt the legal fiction that anything issuing from these systems is considered to be really issued by the natural or legal persons who use them [126]. In these terms, inappropriate transmission of sensitive data, damages or errors in forecasts of results should be considered as risks and mitigated as much as possible and should be explicated in the contracts before designing, developing and delivering implemented systems.

This survey has analysed a set of papers, mainly published in indexed journals and conferences, which have reported recent applications of agents in the healthcare domain (see Tables 5 and 6). It has to be noticed that only a small subset of these works show a real implementation in healthcare organizations of the presented works, so there is still a long way ahead before agent-based systems are routinely used in medical settings. It must also be remarked that, being a purely academic survey, this study has not analysed agent-based commercial products that may be already in use in medical centres. The enhancement of this survey with the analysis of these solutions is one of our lines of future work.

**Table 5** Agent-based applications in healthcare based on intended users

Dimension	References
Healthcare organization-centred	[8, 29, 31, 45–76, 82, 83, 88–90, 93–96, 108, 110, 118–122, 124, 127, 129]
Patient-centred	[17–28, 30, 32, 33, 64, 91, 97–102, 123, 125, 130, 131]
Staff-centred	[34–44, 81, 103, 105–107, 132]

**Table 6** Agent-based applications based on type of applications

Dimension	References
Platform	[17, 19, 22, 28, 33–35, 37, 38, 44, 45, 47, 48, 55–57, 62, 63, 66, 68, 69, 73, 75, 76, 90, 102, 106, 108, 118]
Simulation	[26, 27, 29, 30, 38, 40, 43, 49, 52–54, 58–61, 64–67, 70, 88, 89, 110, 119–124]
Monitoring/alarms	[18, 21–25, 29, 32, 36, 42, 44, 57, 91, 97–102, 110, 125, 130–132]
Management of data	[20, 34, 35, 50, 51, 55, 56, 74, 76, 94, 96, 103, 105, 107, 108, 129]
Decision support system	[17, 32, 36, 38–40, 47, 67, 72, 81, 82, 107, 108, 127, 132]
Planning	[8, 19, 31, 41, 46–48, 82, 83, 93, 95]
Security	[35, 71, 73–75, 81, 108, 118, 129]

One of the current lines of research in agent-based applications, which is shared with other disciplines in Computer Science and Artificial Intelligence, is the adoption of Semantic Web data and technologies [127, 128]. Future developments in this field will require the creation of large and structured repositories of ontologies, terminologies, and information models that represent general healthcare processes as well as medical knowledge, services and specialized workflows in order to ease the integration or the re-use of agent-based solutions in more general health systems.

The use of networks of sensors, which monitor the current circumstances of patients, eases the implementation of home-based care and, at the same time, reduces the amount of hospitalizations and its high associated cost. In a near future, these living-at-home systems could add more and more intelligent services in order to proactively prevent abnormal situations that affect the current status and the predicted evolution of the patient. Every day there are news about novel wearable devices that offer more advanced functionalities and collect more physiological signs. These devices can be used by patients but also by the general public, and they can employ unsupervised Machine Learning techniques to build predictive models that can foresee the future health problems the user may suffer. In this sense, the management of these data is crucial in preventive care. Additionally, agents can also change their behaviour dynamically according to the current circumstances of the patient, creating systems that can adapt to a wide range of scenarios. Agents acting autonomously and remotely can be a useful solution to tackle these challenging goals.

Finally, agent-based simulations are a good example of reusing knowledge. Agents enable reusing knowledge easily by defining basic behaviours in a group of collaborative agents. The complexity of agent-based simulations in

healthcare is continuously increasing, allowing the study of complex diseases such as diabetes or hepatitis C and even some kinds of cancers. In this context, new studies reuse previous ones and improve their accuracy, precision and coverage. Simulations permit to define and compare current healthcare policies, evaluate new alternatives, and consequently, improve near and future workflow procedures. Thus, this kind of systems may be instrumental in the provision of more efficient and effective care procedures.

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