Title goes here

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# Contents

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[Heading 2](#heading-2)

[Appendix](#appendix)

[References](#references)

# Tables

[Table 1: Sample table layout 5] This should reference the first sample table @ref(tab:sample\_table)

# Figures

This should reference the Figures ??

[Figure 1: Insert graph or chart here 6](#X56b2f097d424d94da601f37607a122d80ea71f0)

# **Heading 1**

## Heading 2

This is an example of how to cite papers from a bibtex library. A recent increase in global wave power is a consequence of oceanic warming (Reguero, Losada, & Méndez, 2019).

### Heading 3

Body text.

#### Heading 4

Body text.

Quote quote quote

##### Heading 5

Body text :

* bullet
* sub-list.[[1]](#footnote-29)

Table 1: Sample table layout.

| am | carb | gear | mpg | drat |
| --- | --- | --- | --- | --- |
| 1 | 4 | 4 | 21.0 | 3.90 |
| 1 | 4 | 4 | 21.0 | 3.90 |
| 1 | 1 | 4 | 22.8 | 3.85 |
| 0 | 1 | 3 | 21.4 | 3.08 |
| 0 | 2 | 3 | 18.7 | 3.15 |
| 0 | 1 | 3 | 18.1 | 2.76 |

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Figure 2: Insert graph or chart here

Figure 2: Insert graph or chart here

| **CASE STUDY** |
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| Green heading — case study |
| • Green bullet — case study |
| — Green sub-bullet — case study |
| Green text — case study |

# Appendix

# References

Author. Date. *Title of publication*. Place of publication: Name of publisher.

For example:

Ministry for the Environment. 2007. *Environment New Zealand 2007*. Wellington: Ministry for the Environment.

Reguero, B. G., Losada, I. J., & Méndez, F. J. (2019). A recent increase in global wave power as a consequence of oceanic warming. *Nature Communications*, *10*(1), 1–14. Springer US. Retrieved from <http://dx.doi.org/10.1038/s41467-018-08066-0>

1. Footnote style. [↑](#footnote-ref-29)