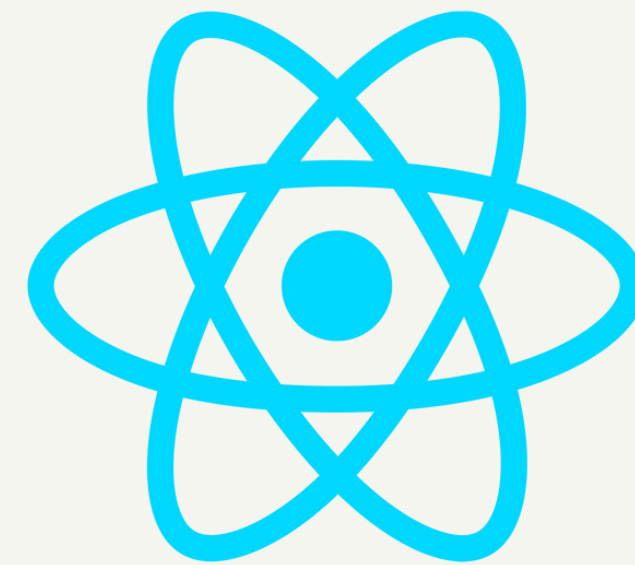# useTransition Hook (Concurrent Updates)

- The useTransition hook in React allows you to mark updates as transitions, enabling non-blocking updates to the UI.
- This is particularly useful for improving user experience during state changes that might take some time to complete.

React