







Try to have a new life style

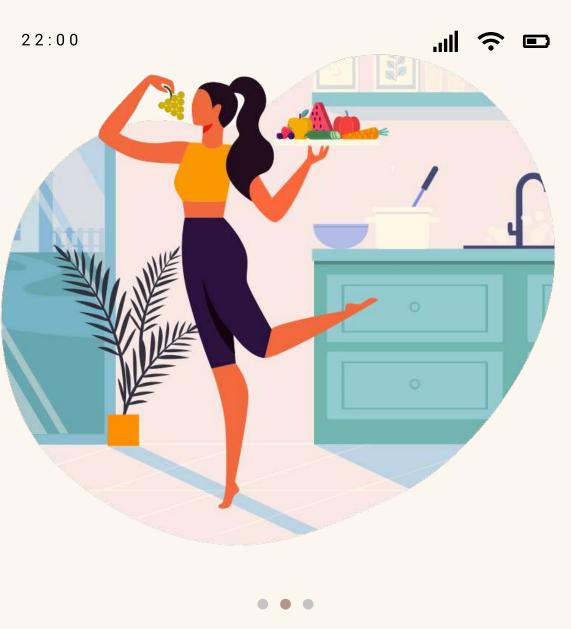
Get started



YOUR YOGA

Set your intention

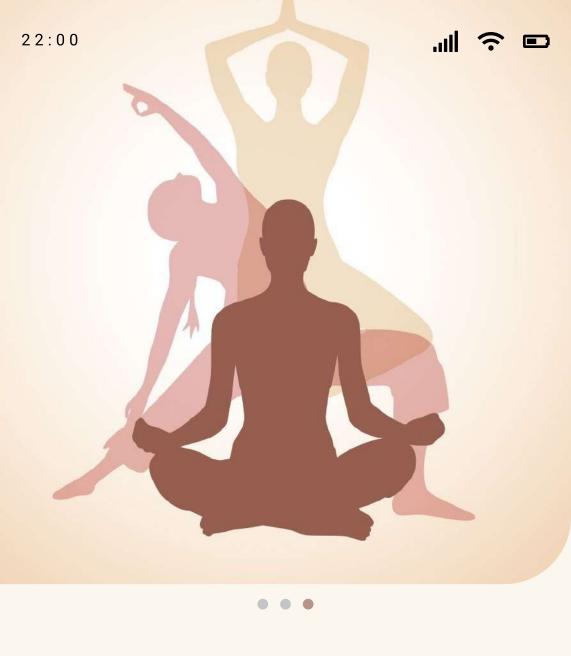
CREATE ACCOUNT



Healthy Diet

Healhy weight, gain meal plan

CREATE ACCOUNT



The power of habits

Good habits improve your health

CREATE ACCOUNT