C:\Users\Mark_Boehm\Desktop\GA Front End Web Development\Assignment-final\IA\Sesorium-Health-logo.png

BrightHearts is a heart-rate variability biofeedback training app, that measures and represents realtime changes in your heart rate with colourful abstract shapes and sounds, that you influence with your breathing. The app helps you to observe connections between breathing, heart rate variability and emotional focus, helping you reach a state of calm & present being.

<http://www.sensoriumhealth.com/>