

Lesson 62

interval ['ɪntəvl] n. 间隔；间距；

幕间休息

minimize ['mɪnɪmaɪz] v. 使减到最

少；最小化

The process is repeated after a short interval of time.

该程序间隔很短时间就重复一次。

Concerned people want to minimize the risk of developing cancer.

忧心忡忡的人们想把患上癌症的风险降到最低。



pledge [pledʒ] n. 保证，誓言 v. 保证，许诺

postpone [po'spon] v. 使...延期；延缓，延迟

pregnant ['pregnənt] adj. 怀孕的；富有意义的

The meeting ended with a pledge to step up cooperation between the six states of the region.

会议以加快该地区6个州之间合作的承诺结束。

He decided to postpone the expedition until the following day.

他决定将探险活动推迟到第二天。

remedy ['remɪdi] n. 治疗; 治疗药物

secure [sə'kjʊr] adj. 安全的 v. 保护, 确保

solar ['solə] adj. 太阳的; (利用)太阳能的

transform [træns'fɔrm] v. 改变; 转换

Federal leaders continued their efforts to secure a ceasefire.

联邦政府的领导人们继续他们争取停火的努力。

Your metabolic rate is the speed at which your body transforms food into energy.

你的新陈代谢率就是你身体将食物转换成能量的速度。

metabolism [mɛ'tæbəlɪzəm] n. 新陈代谢

metabolic [mɛtə'bɒlɪk] adj. 新陈代谢的

anabolism [ə'næblɪzəm] n. 合成代谢

catabolism [kə'tæbəlɪzəm] n. 分解代谢

Exercise can increase your metabolic rate.

运动可以提高新陈代谢率。

A second experiment was designed to look for signs of catabolism.

第二个设计的实验是企图寻找分解代谢的迹象。



acknowledge [ək'naɪdʒ] v. 承认, 答谢

Naylor acknowledged, in a letter to the judge, that he was a drug addict.

在一封写给法官的信中, 内勒承认他是一个吸毒者。



appropriate [ə'prɒpriət; ə'prɒpriət] adj.
恰当的，合适的

approximate [ə'prɒksɪmət] adj. 接近的，
大概的

assess [ə'ses] v. 评定；估价

It is appropriate that Hispanic
names dominate the list.

西班牙人的名字在这个名单中
占主导地位是适当的。

The approximate cost varies from
around \$150 to \$250.

大致的费用在\$150至\$250之间
不等。

chemical ['kɛmɪkl] n. 化学制品 adj.
化学的

cuisine [kwɪ'zin] n. 烹饪，烹调法

The cuisine of Japan is low in fat.
日式烹调脂肪含量低。

diploma [dɪ'pləʊmə] n. 毕业证书，
学位证书；证书；公文

diplomat ['dɪplə,mæt] n. 外交家，
外交官

diplomatic [dɪplə'mætɪk] adj. 外交
的

diplomacy [dɪ'pləʊməsɪ] n. 外交

...a Western diplomat with long
experience in Asia.

...一名在亚洲有长期经验的西方
外交官。

eager ['igə] adj. 渴望的, 热心的

entrepreneur [ˌɑnrəprə'nɜː] n. 企业家;
承包人; 主办者

extravagant [ɪk'strævəɡənt] adj. 奢侈
的; 浪费的; 放纵的

Robert was eager to talk about life
in the Army.

罗伯特渴望谈论军旅生活。

We are not extravagant, restaurant
meals are a luxury and designer
clothes are out.

我们并不浪费, 餐馆用餐是一种
奢侈, 品牌服装也与我们无缘。

integrate ['ɪntɪɡreɪt] v. 使完整 adj. 完
整的

mystery ['mɪstəri; 'mɪstri] n. 神秘
(事物/人); 迷

option ['ɒpʃn] n. 选择; 期权

He didn't integrate successfully
into the Italian way of life.

他没有成功融入到意大利的生
活方式中去。

The source of the gunshots still
remains a mystery.

枪弹来自何处依然是一个迷。

property ['prɒpəti] n. 财产; 房地产;
特性

protest ['prəʊtɛst] v. 抗议, 示威; 反
对

publicity [pʌ'blɪsɪti] n. 宣传, 宣扬

Richard could easily destroy her
personal property to punish her for
walking out on him.

理查德可以轻而易举地毁掉她的
私有财产作为对她背叛他的惩罚。

They were protesting soaring prices.
他们在抗议不断飞涨的物价。

remarkable [rɪ'mɑ:kəbl] adj. 杰出的, 卓越的, 非凡的

retail ['ritel] n. 零售 v. 零售; 转述

shed [ʃɛd] v. 流(泪)

stereotype ['stɛrɪə'taɪp] n. 老套, 刻板, 成见

He was a remarkable man.

他是个非凡卓越的人。

There's always been a stereotype about successful businessmen.

对成功的商人们总有一种成见。

thrive [θraɪv] v. 繁荣, 兴旺; 茁壮成长

undermine ['ʌndə'maɪn] v. 暗中破坏, 逐渐削弱; 侵蚀...的基础

aspire [ə'spaɪr] v. 渴望

attribute [ə'trɪbjut] n. 属性 v. 归属; 把...归于

Offering advice on each and every problem will undermine her feeling of being adult.

每个问题都为她提出忠告会逐渐削弱她的成年意识。

Women tend to attribute their success to external causes such as luck.

女性往往把她们的成功归因于外因, 如运气。



consequence ['kɒnsəkwens] n. 结果; 影响

cultivate ['kʌltə'vet; 'kʌltɪ'vet] v. 培养, 教育; 耕种

distinct [dɪ'stɪŋkt] adj. 不同的; 明显的; 独特的

domestic [də'mestɪk] adj. 国内的, 家里的

She also cultivated a small garden of her own.

她还开垦了一个自己的小花园。

Engineering and technology are disciplines distinct from one another and from science.

工程学和工艺学是互不相同的学科, 也不同于理科。



imitate ['ɪmɪˌteɪt] v. 模仿; 仿制
impulse ['ɪmˌpʌls] n. 冲动, 驱使
inspire [ɪnˈspaɪə] v. 激发; 启示
internship ['ɪntə-nʃɪp] n. 实习岗位;
实习期

Unable to resist the impulse, he
glanced at the sea again.

他抑制不住冲动, 又看了一眼大海。

Our challenge is to motivate those
voters and inspire them to join our
cause.

我们的艰巨任务是要激励那些投票者并鼓励他们加入我们的事业。

permanent ['pɜːmənənt] adj. 永久的,
永恒的; 不变的

proportion [prəˈpɔːʃən] n. 部分; 比例
v. 使成比例; 使相称

Heavy drinking can cause
permanent damage to the brain.
饮酒过量可能造成永久性脑损伤。
A large proportion of the dolphins
in that area will eventually die.
那个地区的很大一部分海豚最终
都会死去。

recruit [rɪˈkrut] v. 聘用; 征募
reinforce [ˌrɪnˈfɔːs] v. 增援, 加强
relieve [rɪˈliːv] v. 减轻, 缓解

The police are trying to recruit
more black and Hispanic officers.
警方正试图招收更多的黑人和西班牙裔的警官。

I hope this will reinforce Indonesian
determination to deal with this
kind of threat.

我希望这会加强印度尼西亚对付
这类威胁的决心。



senator ['senətə] n. 参议员, 议员
sheer [ʃɪr] adj. 纯粹的; 完全的 adv.
陡峭地

spark [spɑ:k] n. 火花 v. 触发, 激发
stimulate ['stɪmjə, let] v. 刺激; 促进
stuff [stʌf] n. 东西

trigger ['trɪgə] v. 引起 n. 扳机
utility [ju' tɪləti] n. 实用 adj. 实用的;
通用的

volunteer [ˌvɒlən'tɪr] n. 志愿者 v. 自
愿去做

attempt [ə'tempt] v. / n. 企图, 尝试

bother ['bɒðə] v. 打扰 n. 麻烦, 困
难

candidate ['kændɪ, det] n. 候选人

command [kə'mænd] v. 命令, 要求;
控制, 驾驭

His music is sheer delight.

他的音乐是纯粹的快乐

America's priority is rightly to stimulate
its economy.

美国的首要任务自然是刺激经济。。

...public utilities such as gas,
electricity and phones.

...煤气、电和电话等公用事业。

He commanded his troops to attack.

他命令他的部队进攻。

Do not undertake strenuous

exercise for a few hours after a
meal to allow food to digest.

饭后几小时内不要做剧烈运动,
以让食物消化。