



Welcome to the SherpaTech.AI Week 2 Training Program.

Each week includes 3-5 hours of curated content including videos, online classes, recommended connections, podcasts, and reading materials.

* Required

Videos and Online Learning

1. Please enter your name. *

Enter your answer

2. Week 2 - Videos

Short and long form video content about AI

- ☐ Feeling Lost with AI? Start with These 3 Simple Tools (7 mins)
https://youtu.be/73OJK8YITZM?si=IPFznPWn_uTHhwb3
- ☐ Satya Nadella on AI Agents, Rebuilding the Web, the Future of Work, and more (20 min)
<https://youtu.be/K1UHxkNwSfl>
- ☐ 10 New Use Cases of ChatGPT (30 mins) <https://youtu.be/DZWF8CDAQtQ>

3. Week 2 - Online Classes

- ☐ OpenAI Academy - <https://academy.openai.com/public/videos/openai-llms-and-chatgpt-2025-02-13>
- ☐ Google AI Essentials - Introduction to AI <https://www.coursera.org/learn/google-introduction-to-ai>



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4. Week 2 - LinkedIn recommended follows

On LinkedIn you should follow

- ☐ <https://www.linkedin.com/in/sol-rashidi-mba-a672291/>
- ☐ <https://www.linkedin.com/in/jwmunsell/>
- ☐ <https://www.linkedin.com/in/jonathanjmast/>
- ☐ <https://www.linkedin.com/in/jackrowbotham/>
- ☐ <https://www.linkedin.com/in/mustafa-suleyman/>

5. Week 2 - Recommended Podcasts

Podcasts you should listen to

Using AI for Upscaling You...–Using AI at Work –

- ☐ <https://podcasts.apple.com/gb/podcast/55-using-ai-for-upscaling-your-career-trajectory-with/id1724086897>

What are AI agents? Agent swarms? Autonomous swarms? What's all the buzz about?

- ☐ <https://podcasts.apple.com/us/podcast/what-are-ai-agents-agent-swarms-autonomous-swarms-whats/id1721855892>

Future-Proofing Your Career and Income in the Age of AI with Dr. Joan Palmiter Bajorek

- ☐ <https://podcasts.apple.com/us/podcast/future-proofing-your-career-and-income-in-the-age-of/id1721313249>

6. Week 2 - Recommended Books

Reading

☐ INGRAIN AI: Strategy through Execution - The Blueprint to Scale an AI-first Culture by John Munsell <https://a.co/d/3WvGf9q>

☐ Superagent: Enable Immersive Reader with Our AI Future by Reid Hoffman <https://a.co/d/3WvGf9q>



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7. Week 1 - Progress Tracker - Please fill out a few hours before your appointment. *

Have you completed the work for Week 2?

☐ Feeling Lost with AI? video

☐ Satya Nadella on AI Agents, Rebuilding the Web, the Future of Work video

☐ 10 New Use Cases of ChatGPT video

☐ OpenAI Academy - LLM basics

☐ Google AI Essentials - Introduction to AI

☐ Started Following AI leaders on LinkedIn

☐ Added Podcasts to your feed

☐ Reading one of the AI recommended books

8. What was the most impactful thing you learned about AI this week? *

Enter your answer

9. How much time did you spend learning about AI this week? *

☐ Less than 1 hour

☐ 1-2 hours

☐ 3-5 hours

☐ 5-10 hour

☐ 40 hours!!!



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10. During your learning this week, what was something you really don't understand and want to know more about.

Enter your answer

11. What did you do with AI this week? *

☐

Online searching

☐

Editing of emails/documents

☐

Complile data for research

☐

Create a Studio Ghibli image of yourself.

☐

Vibe Code

☐

Built an Agent

☐

Absolutely nothing.

You can print a copy of your answer after you submit

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