

| Complexity Level | Project Number            | Project name   | Five Core Competencies | Pathways Path and Project Matrix    |    |    |    |    |    |    |    |    |    | Required | Elective | Version 2019/2/16 |   | My Path: | L1 Projects minimum |   | L1 R |  | R   |  | R |  |
|------------------|---------------------------|--|------------------------|-------------------------------------|----|----|----|----|----|----|----|----|----|----------|----------|-------------------|---|----------|---------------------|---|------|--|---|--|---|--|
|                  |                           |  |                        | DL                                  | EC | EH | IP | LD | MS | PI | PM | SR | TC | VC       | L2       | R                 | R |          | R                   |   | R    |  |   |  |   |  |
| Level 1          | 8101                      | Ice Breaker (First Project of a path)  |                        | R                                   |    |    | R  |    | R  |    | R  |    | R  |          | R        |                   | R |          | R                   |   | R    |  | R   |  |   |  |
|                  | 8100                      | Evaluation and Feedback  |                        | R                                   |    |    | R  |    | R  |    | R  |    | R  |          | R        |                   | R |          | R                   |   | R    |  | R   |  |   |  |
|                  | 8102                      | Researching and Presenting   |                        | R                                   |    |    | R  |    | R  |    | R  |    | R  |          | R        |                   | R |          | R                   |   | R    |  | R   |  |   |  |
| Level 2          | 8207                      | Understanding Your Leadership Style  |                        | R                                   |    |    | R  |    | R  |    | R  |    | R  |          | R        |                   | R |          | R                   |   | R    |  | R   |  |   |  |
|                  | 8206                      | Understanding Your Communication Style   |                        | R                                   |    |    | R  |    | R  |    | R  |    | R  |          | R        |                   | R |          | R                   |   | R    |  | R   |  |   |  |
|                  | 8204                      | Introduction to Toastmasters Mentoring   |                        | R                                   |    |    | R  |    | R  |    | R  |    | R  |          | R        |                   | R |          | R                   |   | R    |  | R   |  |   |  |
| Level 3          | 8205                      | Managing Time  |                        |                                     |    |    |    |    | R  |    |    |    |    |          |          |                   |   |          |                     |   |      |  |   |  |   |  |
|                  | 8202                      | Cross-Cultural Understanding   |                        |                                     |    |    |    |    |    |    |    |    |    |          |          |                   |   |          |                     |   |      |  |   |  |   |  |
|                  | 8200                      | Active Listening   |                        | E                                   | E  |    | E  |    | E  |    | R  |    | R  |          | E        | E                 |   | R        |                     | E |      | E  |   |  |   |  |
| Level 4          | 8201                      | Connect with Your Audience   |                        | E                                   | E  |    | R  |    | R  |    | E  |    | E  |          | E        |                   | E |          | E                   |   | E    |  | E   |  |   |  |
|                  | 8203                      | Effective Body Language  |                        | E                                   | E  |    | E  |    | E  |    | E  |    | E  |          | R        |                   | E |          | E                   |   | E    |  | E   |  |   |  |
|                  | 8208                      | Know Your Sense of Humor   |                        | E                                   | E  |    | R  |    | E  |    | E  |    | E  |          | E        |                   | E |          | E                   |   | E    |  | E   |  |   |  |
| Level 5          | 8307                      | Negotiate the Best Outcome   |                        | R                                   |    |    |    |    |    |    |    |    |    |          |          |                   |   |          |                     |   |      |  |   |  |   |  |
|                  | 8313                      | Reaching Consensus   |                        |                                     |    |    | R  |    |    |    |    |    |    |          |          |                   |   |          |                     |   |      |  |   |  |   |  |
|                  | 8320                      | Engage Your Audience With Humor  |                        |                                     |    |    |    |    |    |    |    |    |    |          |          |                   |   |          |                     |   |      |  |   |  |   |  |
| Level 6          | 8312                      | Present a Proposal   |                        |                                     |    |    |    |    | R  |    |    |    |    |          |          |                   |   |          |                     |   |      |  |   |  |   |  |
|                  | 8309                      | Planning and Implementing  |                        |                                     |    |    |    |    |    | R  |    |    |    |          |          |                   |   |          |                     |   |      |  |   |  |   |  |
|                  | 8316                      | Understanding Emotional Intelligence   |                        |                                     |    |    |    |    |    |    |    | R  |    |          |          |                   |   |          |                     |   |      |  |   |  |   |  |
| Level 7          | 8315                      | Understanding Conflict Resolution  |                        |                                     |    |    |    |    |    |    |    | R  |    |          |          |                   |   |          |                     |   |      |  |   |  |   |  |
|                  | 8308                      | Persuasive Speaking  |                        |                                     |    |    |    |    |    |    |    |    |    | R        |          |                   |   |          |                     |   |      |  |   |  |   |  |
|                  | 8314                      | Successful Collaboration   |                        |                                     |    |    |    |    |    |    |    |    |    |          |          |                   |   |          | R                   |   |      |  |   |  |   |  |
| Level 8          | 8303                      | Develop a Communication Plan   |                        |                                     |    |    |    |    |    |    |    |    |    |          |          |                   |   |          |                     |   |      | R  |   |  |   |  |
|                  | 8306                      | Make Connections Through Networking  |                        | E                                   | E  |    | E  |    | E  |    | E  |    | E  |          | E        |                   | R |          | E                   |   | E    |  | E   |  |   |  |
|                  | 8300                      | Connect with Storytelling  |                        | E                                   | E  |    | E  |    | E  |    | E  |    | E  |          | E        |                   | E |          | E                   |   | E    |  | E   |  |   |  |
| Level 9          | 8301                      | Creating Effective Visual Aids   |                        | E                                   | E  |    | E  |    | E  |    | E  |    | E  |          | E        |                   | E |          | E                   |   | E    |  | E   |  |   |  |
|                  | 8302                      | Deliver Social Speeches  |                        | E                                   | E  |    | E  |    | E  |    | E  |    | E  |          | E        |                   | E |          | E                   |   | E    |  | E   |  |   |  |
|                  | 8304                      | Focus on the Positive  |                        | E                                   | E  |    | E  |    | E  |    | E  |    | E  |          | E        |                   | E |          | E                   |   | E    |  | E   |  |   |  |
| Level 10         | 8305                      | Inspire Your Audience  |                        | E                                   | E  |    | E  |    | E  |    | E  |    | E  |          | E        |                   | E |          | E                   |   | E    |  | E   |  |   |  |
|                  | 8310                      | Prepare for an Interview   |                        | E                                   | E  |    | E  |    | E  |    | E  |    | E  |          | E        |                   | E |          | E                   |   | E    |  | E   |  |   |  |
|                  | 8317                      | Understanding Vocal Variety  |                        | E                                   | E  |    | E  |    | E  |    | E  |    | E  |          | E        |                   | E |          | E                   |   | E    |  | E   |  |   |  |
| Level 11         | 8318                      | Using Descriptive Language   |                        | E                                   | E  |    | E  |    | E  |    | E  |    | E  |          | E        |                   | E |          | E                   |   | E    |  | E   |  |   |  |
|                  | 8319                      | Using Presentation Software  |                        | E                                   | E  |    | E  |    | E  |    | E  |    | E  |          | E        |                   | E |          | E                   |   | E    |  | E   |  |   |  |
|                  | Meeting Role Requirements |  | E                      | E                                   |    | E  |    | E  |    | E  |    | E  |    | E        |          | E                 |   | E        |                     | E |      | E  |   |  |   |  |
| Level 12         | 8406                      | Manage Change  |                        |                                     | R  |    |    |    |    |    |    |    |    |          |          |                   |   |          |                     |   |      |  |   |  |   |  |
|                  | 8403                      | Improvement Through Positive Coaching  |                        |                                     |    |    | R  |    |    |    |    |    |    |          |          |                   |   |          |                     |   |      |  |   |  |   |  |
|                  | 8415                      | The Power of Humor in an Impromptu Speech  |                        |                                     |    |    |    | R  |    |    |    |    |    |          |          |                   |   |          |                     |   |      |  |   |  |   |  |
| Level 13         | 8405                      | Leading Your Team  |                        |                                     |    |    |    |    | R  |    |    |    |    |          |          |                   |   |          |                     |   |      |  |   |  |   |  |
|                  | 8411                      | Motivate Others  |                        |                                     |    |    |    |    |    | R  |    |    |    |          |          |                   |   |          |                     |   |      |  |   |  |   |  |
|                  | 8404                      | Leading in Difficult Situations  |                        |                                     |    |    |    |    |    |    |    | R  |    |          |          |                   |   |          |                     |   |      |  |   |  |   |  |
| Level 14         | 8401                      | Communicate Change   |                        |                                     |    |    |    |    |    |    |    |    |    |          |          |                   |   |          |                     |   |      | R  |   |  |   |  |
|                  | 8408                      | Manage Projects Successfully   |                        |                                     | E  |    | E  |    | E  |    | R  |    | E  |          | E        |                   | E |          | E                   |   | E    |  | E   |  |   |  |
|                  | 8409                      | Managing a Difficult Audience  |                        |                                     | E  |    | E  |    | E  |    | E  |    | E  |          | E        |                   | R |          | E                   |   | E    |  | E   |  |   |  |
| Level 15         | 8412                      | Public Relations Strategies  |                        |                                     | E  |    | E  |    | E  |    | E  |    | E  |          | E        |                   | E |          | R                   |   | E    |  | E   |  |   |  |
|                  | 8400                      | Building a Social Media Presence   |                        |                                     | E  |    | E  |    | E  |    | E  |    | E  |          | E        |                   | E |          | E                   |   | E    |  | E   |  |   |  |
|                  | 8402                      | Create a Podcast   |                        |                                     | E  |    | E  |    | E  |    | E  |    | E  |          | E        |                   | E |          | E                   |   | E    |  | E   |  |   |  |
| Level 16         | 8407                      | Manage Online Meetings   |                        |                                     | E  |    | E  |    | E  |    | E  |    | E  |          | E        |                   | E |          | E                   |   | E    |  | E   |  |   |  |
|                  | 8413                      | Question-and-Answer Session  |                        |                                     | E  |    | E  |    | E  |    | E  |    | E  |          | E        |                   | E |          | E                   |   | E    |  | E   |  |   |  |
|                  | 8414                      | Write a Compelling Blog  |                        |                                     | E  |    | E  |    | E  |    | E  |    | E  |          | E        |                   | E |          | E                   |   | E    |  | E   |  |   |  |
| Level 17         | 8504                      | Lead in Any Situation  |                        |                                     | R  |    |    |    |    |    |    |    |    |          |          |                   |   |          |                     |   |      | R  |   |  |   |  |
|                  | 8512                      | Deliver Your Message With Humor  |                        |                                     |    |    |    | R  |    |    |    |    |    |          |          |                   |   |          |                     |   |      |  |   |  |   |  |
|                  | 8507                      | Manage Successful Events   |                        |                                     |    |    |    |    |    | R  |    |    |    |          |          |                   |   |          |                     |   |      |  |   |  |   |  |
| Level 18         | 8511                      | Team Building  |                        |                                     |    |    |    |    |    |    |    |    |    |          |          |                   |   |          |                     |   |      |  |   |  |   |  |
|                  | 8501                      | Develop Your Vision  |                        |                                     |    |    |    |    |    |    |    |    |    |          |          |                   |   |          |                     |   |      |  |   |  |   |  |
|                  | 8503                      | High Performance Leadership  |                        |                                     | E  |    | R  |    | E  |    | E  |    | E  |          | E        |                   | E |          | E                   |   | E    |  | E   |  |   |  |
| Level 19         | 8509                      | Prepare to Speak Professionally  |                        |                                     | E  |    | E  |    | E  |    | E  |    | E  |          | E        |                   | E |          | E                   |   | E    |  | E   |  |   |  |
|                  | 8505                      | Leading in Your Volunteer Organization   |                        |                                     | E  |    | E  |    | E  |    | E  |    | E  |          | E        |                   | E |          | E                   |   | E    |  | E   |  |   |  |
|                  | 8502                      | Ethical Leadership   |                        |                                     | E  |    | E  |    | E  |    | E  |    | E  |          | E        |                   | E |          | E                   |   | E    |  | E   |  |   |  |
| Level 20         | 8506                      | Lessons Learned  |                        |                                     | E  |    | E  |    | E  |    | E  |    | E  |          | E        |                   | E |          | E                   |   | E    |  | E   |  |   |  |
|                  | 8508                      | Moderate a Panel Discussion  |                        |                                     | E  |    | E  |    | E  |    | E  |    | E  |          | E        |                   | E |          | E                   |   | E    |  | E   |  |   |  |
|                  | 8510                      | Reflect on Your Path (Last Project of a path)  |                        | D                                   | R  |    | R  |    | R  |    | R  |    | R  |          | R        |                   | R |          | R                   |   | R    |  | R   |  |   |  |
| PW Mentor        | 8311                      | Prepare to Mentor (After L2 of any path)   |                        | Pathways Mentor Program Project 1/3 |    |    |    |    |    |    |    |    |    |          |          |                   |   |          |                     | R | 0    | No speech. Clarify your personal goals and interests related to Mentoring. Meet with VPE to discuss your readiness to mentor. Submit Project completion form to VPE.   |   |  |   |  |
|                  | 8410                      | Mentoring (After Project 8311)   |                        | Pathways Mentor Program Project 2/3 |    |    |    |    |    |    |    |    |    |          |          |                   |   |          |                     | R | 1    | 5-7-min speech on what you have learnt as a mentor. Work with a protégé to complete a project (VPE pairs you with protégé), set goals and develop a plan to help protégé.  |   |  |   |  |
|                  | 8500                      | Advanced Mentoring (After Project 8410)  |                        | Pathways Mentor Program Project 3/3 |    |    |    |    |    |    |    |    |    |          |          |                   |   |          |                     | R | 1    | 5-7-min speech on what you have gained as a mentor. 6-month mentoring commitment, communicate regularly with protégé, record meeting dates and times and giving feedback.<br>- After completing Pathways Mentor Program and an entire path, you will be designated as a Pathways Mentor. |   |  |   |  |
| DTM              | 8599                      | Distinguished Toastmaster (Email educationawards@toastmasters.org after completing Level 3 of the second path, Master Q&A Log #1054) |                        |                                     |    |    |    |    |    |    |    |    |    |          |          |                   |   |          |                     |   | R    | 2  | 5-7-min speech (Plan), 8-10-min speech (Review). Select, lead & complete a project that benefits an organization with a team. Peer 360° evaluation by team & organization. ★<br>- Complete two paths; club officer and district officer for 1-year term; club mentor or coach; club sponsor or Speechcraft or Youth Leadership program; Complete DTM project. |  |   |  |