```sql
CREATE TABLE IF NOT EXISTS "User" (
    email TEXT PRIMARY KEY NOT NULL,
    name TEXT NOT NULL,
    date_of_birth TIMESTAMP WITH TIME ZONE,
    street TEXT,
    housenr INTEGER,
    postalcode TEXT,
    city TEXT,
    country TEXT,
    telephonenr TEXT,
    is_chef BOOLEAN,
    favorites JSONB,
    preferences JSONB NOT NULL DEFAULT '{}'::jsonb,
    profile_picture TEXT,
    chef_description VARCHAR(2500),
    CONSTRAINT preferences_valid_json CHECK (jsonb_typeof(preferences) = 'object')
);

-- Create the Recipe table if it does not exist
CREATE TABLE IF NOT EXISTS Recipe (
    recipename TEXT NOT NULL,
    chef_email TEXT NOT NULL REFERENCES "User" (email) ON DELETE CASCADE,
    chef_name TEXT NOT NULL,
    description TEXT,
    duration INTEGER,
    price NUMERIC(10, 2),
    ingredients JSONB,
    allergiesrec TEXT,
    image TEXT,
    origin TEXT,
    category TEXT,
    preparation TEXT,
    PRIMARY KEY (recipename, chef_email)
);

CREATE TABLE IF NOT EXISTS Transaction (
    transactionid BIGINT PRIMARY KEY GENERATED ALWAYS AS IDENTITY,
    transactiondate TIMESTAMP WITH TIME ZONE NOT NULL,
    price NUMERIC(10, 2) NOT NULL,
    consumer_email TEXT REFERENCES "User" (email) ON DELETE SET NULL,
    recipename TEXT NOT NULL,
    chef_email TEXT NOT NULL,
    FOREIGN KEY (recipename, chef_email) REFERENCES Recipe (recipename, chef_email) ON DELETE CASCADE
);

-- Create the Review table if it does not exist
CREATE TABLE IF NOT EXISTS Review (
    reviewid BIGINT PRIMARY KEY GENERATED ALWAYS AS IDENTITY,
    comment TEXT,
    rating INTEGER CHECK (rating BETWEEN 1 AND 5),
    reviewdate TIMESTAMP WITH TIME ZONE DEFAULT CURRENT_TIMESTAMP,
    consumer_email TEXT NOT NULL REFERENCES "User" (email) ON DELETE SET NULL,
    recipename TEXT NOT NULL,
    chef_email TEXT NOT NULL,
    transactionid BIGINT NOT NULL,
    FOREIGN KEY (recipename, chef_email) REFERENCES Recipe (recipename, chef_email) ON DELETE CASCADE,
    FOREIGN KEY (transactionid) REFERENCES Transaction (transactionid) ON DELETE CASCADE
);

-- Create the Feedback table if it does not exist
CREATE TABLE IF NOT EXISTS feedback (
    id SERIAL PRIMARY KEY,
    name TEXT NOT NULL,
    email TEXT NOT NULL,
    subject TEXT NOT NULL,
    message TEXT NOT NULL,
    is_public BOOLEAN DEFAULT FALSE,
    created_at TIMESTAMP DEFAULT NOW()
);
```

```sql
-- Create indexes on the most queried columns to improve query performance

-- Add an index on the email column in the User table
CREATE INDEX IF NOT EXISTS idx_user_email ON "User" (email);

-- Add an index on the recipename column in the Recipe table
CREATE INDEX IF NOT EXISTS idx_recipe_recipename ON Recipe (recipename);

-- Add an index on the transactiondate column in the Transaction table
CREATE INDEX IF NOT EXISTS idx_transaction_date ON Transaction (transactiondate);

-- Add an index on the consumer_email column in the Transaction table
CREATE INDEX IF NOT EXISTS idx_transaction_consumer_email ON Transaction (consumer_email);

-- Add an index on the recipename column in the Review table
CREATE INDEX IF NOT EXISTS idx_review_recipename ON Review (recipename);
```