

Visoka škola za informacione i komunikacione tehnologije

<https://marko2073.github.io/GymGYM/index.html>

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Broj Indeksa:33/21

Smer:Internet Tehnologije

Modul:Web Programiranje

Predmet:Web Programiranje 1

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1.Uvod

1.1 Korišćeni programski jezici

Za kreiranje interaktivnog sajta korišćeni su:

- HTML
- CSS
- Bootstrap
- JavaScript
- jQuery
- jQuery –plugin
- Adobe Photoshop
- XML (sitemap,rss feed)

Okruženje u kome je rađeno je Visual Studio Code.

1.2 Opis funkcionalnosti Funkcionalnosti sajta su:

- Dinamičko ispisivanje navigacionog menija
- Na manjim rezolucijama klikom na taster hamburger otvara se padajući meni
- JQuery plugin menja reci na baner sekciji.
- Dinamičko ispisivanje usluga u sekciji Features (Programs) sa ikonicama i tekstom.
- Dinamicko menjanje background slika u sekciji call-to-action.
- Klikom na dugme about u sekciji trainers, prikazuju se podaci o treneru, Klikom na close, zatvara se.
- Dinamicko ispisivanje tabele Schedule u sekciji schedule.
- Provera polja u kontakt formi sa regularnim izrazima
- Provera cele kontakt forme koja prilikom klika na dugme submit daje povratnu informaciju o popunjenosti forme

1.3 Template

Za izradu sajta korišćeno je gotovo rešenje: <https://www.free-css.com/free-css-templates/page268/training-studio>,uz modifikaciju css. JavaScript kodovi koji su inicijalno postojali na stranici su izbrisani I kod je kucan od početka.

2. Organizacija

2.1 Šema organizacije

Sajt je višesranični, odnosno, postoje dve stranice(index.html I about.html).

Templejt je inicijalno bio single page.

2.2 Mapa sajta(sitemap)

```
</> sitemap.xml
1  <?xml version="1.0" encoding="UTF-8"?>
2  <urlset xmlns="http://www.sitemaps.org/schemas/sitemap/0.9">
3      <url>
4          <loc>https://marko2073.github.io/GymGYM/index.html</loc>
5          <lastmod>2022-12-13T09:25:00+00:00</lastmod>
6          <changefreq>daily</changefreq>
7          <priority>1.0</priority>
8      </url>
9      <url>
10         <loc>https://marko2073.github.io/GymGYM/about.html</loc>
11         <lastmod>2022-12-13T09:25:00+00:00</lastmod>
12         <changefreq>weekly</changefreq>
13         <priority>0.95</priority>
14     </url>
15 </urlset>
```

2.3 Organizacija sajta I funkcionalnosti na tim delovima

2.3.1 Navigacioni meni



Ova slika predstavlja meni koji se inicijalno pojavljuje prilikom učitavanja stranice koji je dinamički ispisan.



Prikaz menija na manjim rezolucijama, gde se umesto celokupno menija vidi samo hamburger



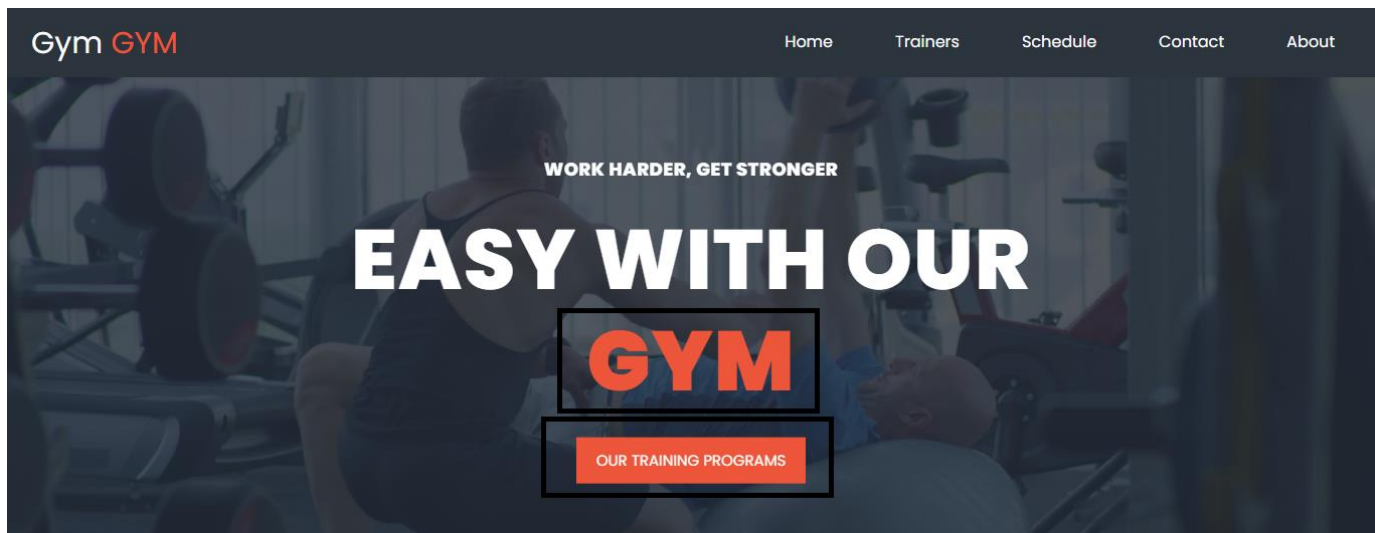
Blok za navigaciju dobija pozadinu prilikom otvaranja menija nezavisno od toga da li je korisnik na vrhu stranice ili ne.

Ako korisnik klikne na neki link, meni se automatski zatvara I vodi korisnika na odabrani deo stranice.

U slučaju da korisnik ne klikne na link vec počne da skroluje dok je meni otvoren, meni se zatvara.

U slučaju da korisnik klikne van menija, meni se takodje zatvara.

2.3.2 Main Baner









U ovoj sekciji, pomocu Jquerz plugin-a, vrši se dinamičko menjanje oznacene reci(GYM).

Označeno dugme (out training programs) vodi korisnika na sekciju features(programs).

2.3.3 Our programs

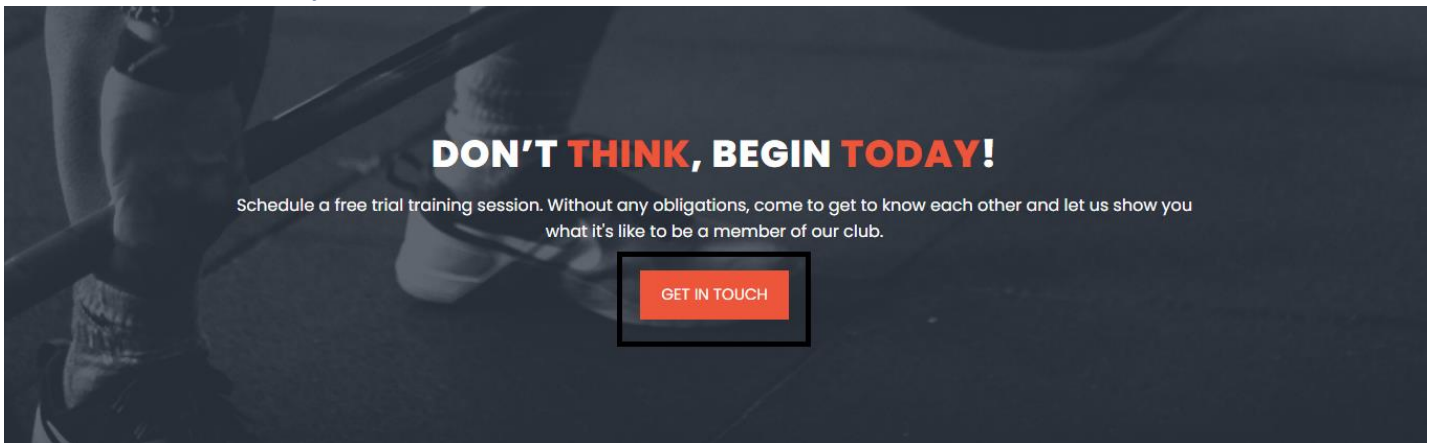
CHOOSE PROGRAM

Modernly equipped and comfortable space, with over 30 cardio machines, TechnoGym machines, zone for functional training, hardcore zone, hall for group training on 200m2.

 Basic Fitness <p>The program called body toning is typically for women, which emphasizes those parts of the female body that are first affected by cellulite and fat deposits.</p>	 Full Body Workout <p>Full body workout is quality training for engaging the muscles of the whole body. It is a fitness program that is a combination of cardio and strength exercises.</p>
 Bodybuilding <p>Bodybuilding is a sport that is based on the development of harmonious muscle musculature or the aspiration to bring our body to perfection.</p>	 Functional Training <p>The program is intended for everyone. The trainer is there to take care of the regularity of your movement, and to adapt each exercise to your physical form.</p>
 Cardio Training <p>Cardio training activates large muscle groups, and the exercise intensity is adjusted to a range of 55-90% of the maximum heart rate calculated for each individual.</p>	 Body pump <p>The combination of science-backed movements, great music and motivating instructors will allow you to achieve more than when you train alone.</p>

Označeni elementi ove sekcije su dinamički ispisani sa sve ikonicama.

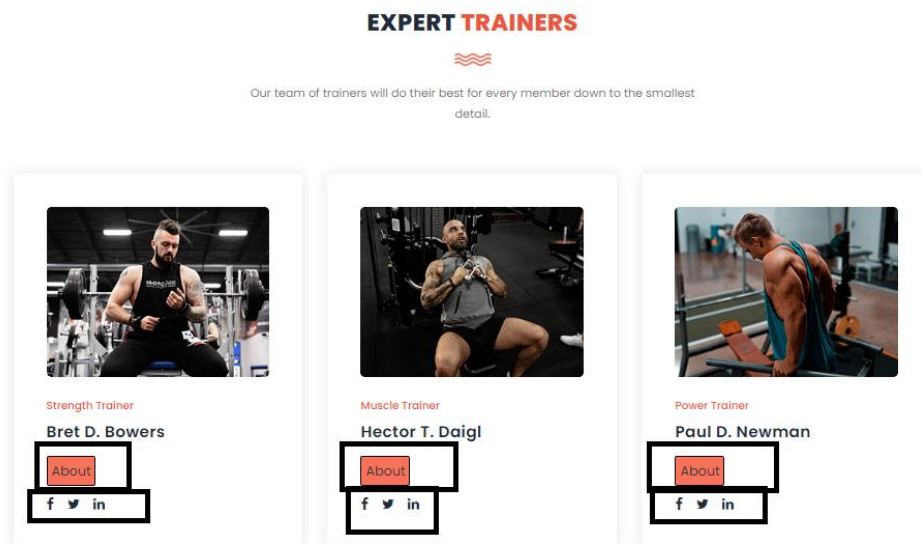
2.3.4 Call to action sekcija



U ovoj sekciji oznaceno dugme vodi na sekciju Contact us.

Pozadinska slika se dinamički menja na svakih 5 sekundi.

2.3.5 Trainers sekcija




Označena dugmad na kojima piše about na klik prikazuju informacije o svakom treneru.

Ikonice ispod dugmeta su društvene mreže svakog trenera.

EXPERT TRAINERS



Our team of trainers will do their best for every member down to the smallest detail.




Strength Trainer
Bret D. Bowers

Brett D. Bowers is a strength coach who will work hard to help you reach your maximum.

[Close](#)


f t in Be



Muscle Trainer
Hector T. Daigl

[About](#)

f t in Be



Power Trainer
Paul D. Newman


[About](#)

f t in Be

Kada se klikne dugme about, prikazuju se informacije, I dugme close, kada se klikne na close, sve se vraća na početak.

2.3.6 Schedule sekcija

CLASSES SCHEDULE



Nunc urna sem, laoreet ut metus id, aliquet consequat magna. Sed viverra ipsum dolor, ultricies fermentum massa consequat eu.

From Monday to Friday - Every day

Strength Training	10:00AM - 18:30AM	Bret D. Bowers
Muscle Training	10:00AM - 18:00AM	Hector T. Daigl
Power Training	08:00AM - 20:00AM	Paul D. Newman

Tabela u ovoj sekciji je dinamički ispisana.

2.3.7 Sekcija contact us

CONTACT US

Full name *

Email *

Trainer *

Choose...

Program *

Choose...

Informations about you *

Height, Weight...

☐ Agree to terms and conditions *

Send

U slučaju da korisnik klikne da send, a da pritom u formu nije ništa upisano, desiće se sledeće.

Full name *

Field can't be empty.

Email *

Field can't be empty.

Trainer *

Choose...

Please choose the trainer

Program *

Choose...

Please choose the program

Informations about you *

Height, Weight...

Field can't be empty.

☐ Agree to terms and conditions *

You have to agree in order to send.

Send

Dok god sva polja nisu popunjena kako treba, korisnik neće moći da pošalje formu.

Full name *

Change the format of the name. Example: Marko Markovic

Email *

Change the format of the email. Example: someone@gmail.com

Trainer *

Choose...

Please choose the trainer

Program *

Choose...

Please choose the program

Informations about you *

Height, Weight...

Field can't be empty.

☐ Agree to terms and conditions *

You have to agree in order to send.

Send

Sledi primer pravilno popunjene forme.

CONTACT US

Full name *

Email *

Trainer *

Bret D. Bowers

Program *

Cardio Training

Informations about you *

197cm, 75kg...

☒ Agree to terms and conditions *

Send

Kada je forma pravilno popunjena, klikom na send, pojavljuje se modal koji potvrđuje da je forma uspesno poslata.

Klikom na ok na modalu, forma se resetuje.

The image shows a registration form with the following fields: Full name (containing 'Marko M'), Email (containing 'markom...'), Trainer (a dropdown menu with 'Bret D. Bowers' selected), Program (a dropdown menu with 'Cardio Training' selected), and a text area for 'Informations about you' (containing '197cm, 75kg...'). At the bottom, there is a checkbox for 'Agree to terms and conditions' which is checked, and a 'Send' button. A white modal box with the text 'Your data has been successfully submitted.' and an 'Ok' button is centered over the form.

2.3.8 Footer

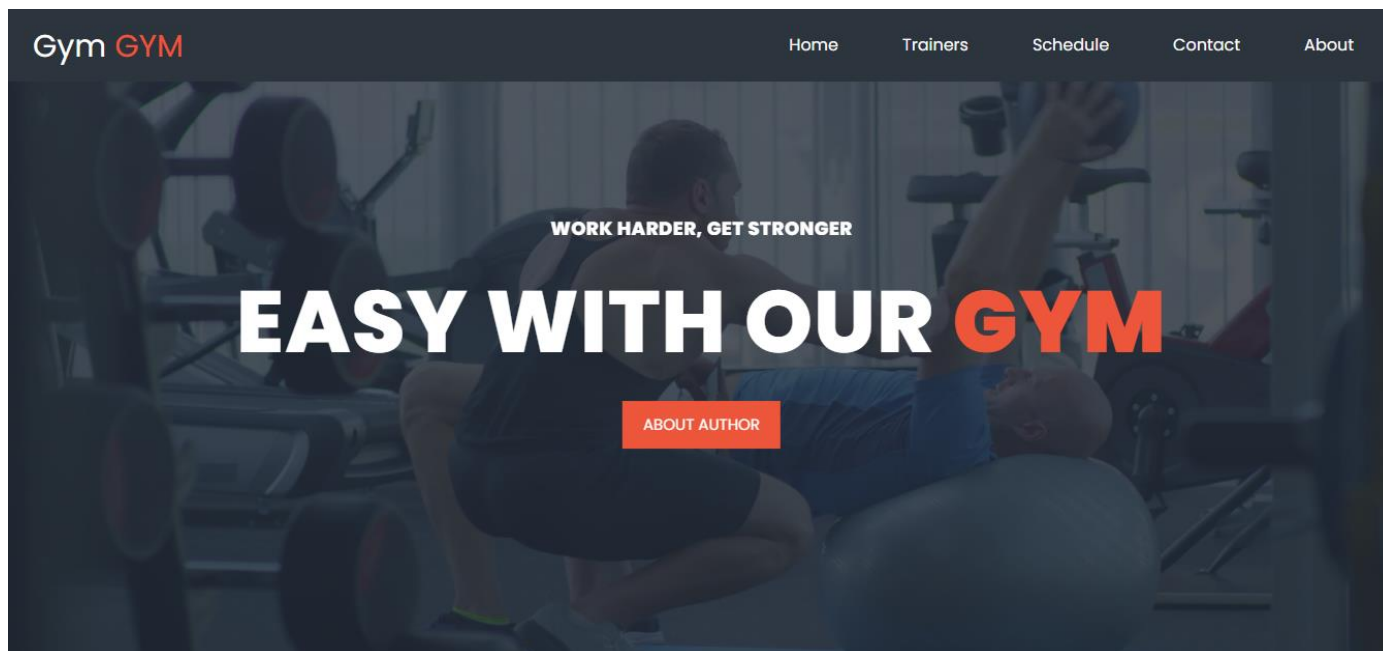


Link home u futeru nas vodi na početak stranice.

Link About author nas vodi na stranicu o autoru.

Documentaiton nas vodi na dokumentaciju o ovom projektu.

2.3.9 about.html stranica



Na ovom delu about.html stranice sve funkcionalnosti su iste kao na index.html, samo što je ovde skinut jquery plugin.

Dugme about author spušta korisnika na sekciju About.

ABOUT AUTHOR



Marko Markovic

33/21

Ja sam Marko Markovic, student sam druge godine na Visoj ICT i ovo je
moj projekat iz Web programiranja I.

[Home](#) [About author](#) [Documentation](#)

Deo stranice o autoru nema nikakvih funkcionalnosti.

Futer je isti kao na Index.html.

3. Kodovi

3.1 Html-Index.html

```
<!DOCTYPE html>
<html lang="en">

<head>

    <meta charset="utf-8"/>
    <meta name="viewport" content="width=device-width, initial-scale=1, shrink-to-fit=no"/>
    <meta name="description" content="This site is about a gym, its trainers, training
programs and training schedule."/>
    <meta name="author" content="Marko Marković"/>
    <meta name="keywords" content="gym trainer,gym program,training gyms,gym training
program,train in gym"/>
```

```

<link
href="https://fonts.googleapis.com/css?family=Poppins:100,100i,200,200i,300,300i,400,400i,5
00,500i,600,600i,700,700i,800,800i,900,900i&display=swap" rel="stylesheet" />
<link rel="shortcut icon" type="image/x-icon" href="assets/images/favicon.ico" />
<link rel="stylesheet" type="text/css" href="assets/css/bootstrap.min.css" />
<link rel="stylesheet" type="text/css" href="assets/css/font-awesome.css" />
<link rel="stylesheet" type="text/css" href="assets/css/templatemo-training-studio.css"
/>

<link rel="stylesheet" type="text/css" href="assets/css/responsive.css" />
<title>Gym GYM</title>
</head>

<body>

<!-- ***** Header Area Start ***** -->
<header>
    <nav class="navbar">
        <a href="index.html" id="logo">Gym <span>GYM</span></a>
        <ul class="nav-menu">

            </ul>
        <div id="hamburger">
            <span class="bar"></span>
            <span class="bar"></span>
            <span class="bar"></span>
        </div>
    </nav>
</header>
<!-- ***** Header Area End ***** -->

<!-- ***** Main Banner Area Start ***** -->
<div class="main-banner" id="top">
    <video autoplay muted loop id="bg-video">
        <source src="assets/images/gym-video.mp4" type="video/mp4" />
    </video>

    <div class="video-overlay header-text">
        <div class="caption">
            <h6>work harder, get stronger</h6>
            <h2>easy with our
                <ul class="rslides">
                    <li><em>gym</em></li>
                    <li><em>place</em></li>
                    <li><em>haven</em></li>
                </ul>
            </h2>
            <div class="main-button scroll-to-section">

```

```

        <a href="#features">Our training programs</a>
    </div>
</div>
</div>
</div>
<!-- ***** Main Banner Area End ***** -->

<!-- ***** Features Item Start ***** -->
<section class="section" id="features">
    <div class="container">
        <div class="row">
            <div class="col-lg-6 offset-lg-3">
                <div class="section-heading">
                    <h2>Choose <em>Program</em></h2>
                    
                    <p>Modernly equipped and comfortable space, with over 30 cardio
machines, TechnoGym machines, zone for functional training, hardcore zone, hall for group
training on 200m2.</p>
                </div>
            </div>
            <div class="col-lg-6">
                <ul class="features-items">

                    </ul>
            </div>
            <div class="col-lg-6">
                <ul class="features-items1">

                    </ul>
            </div>
        </div>
    </div>
</section>
<!-- ***** Features Item End ***** -->

<!-- ***** Call to Action Start ***** -->
<section class="section" id="call-to-action">
    <div class="container">
        <div class="row">
            <div class="col-lg-10 offset-lg-1">
                <div class="cta-content">
                    <h2>Don't <em>think</em>, begin <em>today</em>!</h2>
                    <p>Schedule a free trial training session.
                        Without any obligations, come to get to know each other and let
us show you what it's like to be a member of our club.</p>
                    <div class="main-button scroll-to-section">
                        <a href="#contact-us">Get in touch</a>
                    </div>
                </div>
            </div>
        </div>
    </div>
</section>

```



```

        <div class="section-heading dark-bg">
            <h2>Classes <em>Schedule</em></h2>
            
            <p>This is our training schedule that we follow.</p>
            <p>From Monday to Friday - Every day</p>
        </div>
    </div>
</div>
<div class="row">
    <div class="col-lg-10 offset-lg-1">
        <div class="schedule-table">
            <table id="schedule_table">

                </table>
            </div>
        </div>
    </div>
</div>
</section>

```

```

<!-- ***** Contact Us Area Starts ***** -->
<section class="section" id="contact-us">
    <div class="container-fluid">
        <div class="row">
            <div class="col-lg-6 offset-lg-3">
                <div class="section-heading">
                    <h2>Contact <em>us</em></h2>
                </div>
            </div>
            <div class="col-12" id="Form-center">
                <form id="form" class="my-5">
                    <div class="form-row">
                        <div class="form-group col-12">
                            <label for="name">Full name <span>*</span></label>
                            <input type="text" class="form-control shadow-none" name="name"
id="name" placeholder="Marko Markovic" />
                            <span></span>
                        </div>
                    </div>
                    <div class="form-row">
                        <div class="form-group col-12">
                            <label for="email">Email <span>*</span></label>
                            <input type="email" class="form-control shadow-none"
id="email" placeholder="markomarkovic@gmail.com" />
                            <span></span>
                        </div>
                    </div>
                </form>
            </div>
        </div>
    </div>

```

```

        <div class="form-row">
            <div class="form-group col-12">
                <label for="trainer">Trainer <span>*</span></label>
                <select id="trainer" name="trainer" class="form-control
shadow-none">

                    </select>
                    <span></span>
                </div>
            </div>
            <div class="form-row">
                <div class="form-group col-12">
                    <label for="program">Program <span>*</span></label>
                    <select id="program" name="program" class="form-control
shadow-none">

                        </select>
                        <span></span>
                    </div>
                </div>
                <div class="form-row">
                    <div class="form-group col-12">
                        <label for="message">Informations about you
<span>*</span></label>
                        <textarea id="message" name="message" class="w-100 px-3 py-
2 shadow-none" placeholder="Height, Weight..."></textarea>
                        <span></span>
                    </div>
                </div>
                <div class="form-group">
                    <div class="form-check">
                        <input class="form-check-input" type="checkbox" id="agree" />
                        <label class="form-check-label" for="agree">
                            Agree to terms and conditions <span>*</span>
                        </label><br />
                        <span></span>
                    </div>
                </div>
                <button id="submit" type="submit" class="btn btn-
primary">Send</button>
                <div id="myModal" class="modal">

                    <!-- Modal content -->
                    <div class="modal-content">
                        <p>Your data has been successfully submitted.</p>
                        <input type="button" value="Ok" id="okModal" />
                    </div>

                </div>
            </form>
        </div>

```

```

        </div>
    </div>
</section>
<!-- ***** Contact Us Area Ends ***** -->

<!-- ***** Footer Start ***** -->
<footer id="footer">
    <div class="container">
        <div class="row">
            <div class="useful-link">
                <ul class="use-links">
                    <li><a href="index.html"> Home</a></li>
                    <li><a href="about.html"> About author</a></li>
                    <li><a href="documentation.pdf">Documentation</a></li>
                </ul>
            </div>
        </div>
    </div>
</footer>

<script
src="https://ajax.googleapis.com/ajax/libs/jquery/3.2.1/jquery.min.js"></script>
<script src="assets/js/responsiveslides.js"></script>
<script src="assets/js/main.js"></script>

</body>
</html>

```

3.2 Html-about.html

```

<!DOCTYPE html>
<html lang="en">

    <head>

        <meta charset="utf-8" />
        <meta name="viewport" content="width=device-width, initial-scale=1, shrink-to-fit=no" />
        <meta name="description" content="This is the page about the author of Gym GYM" />
        <meta name="author" content="Marko Marković" />
        <meta name="keywords" content="gym trainer,gym program,training gyms,gym training program,train in gym"/>
        <link
href="https://fonts.googleapis.com/css?family=Poppins:100,100i,200,200i,300,300i,400,400i,500,500i,600,600i,700,700i,800,800i,900,900i&display=swap" rel="stylesheet" />

```

```

<link rel="shortcut icon" type="image/x-icon" href="assets/images/favicon.ico" />
<link rel="stylesheet" type="text/css" href="assets/css/bootstrap.min.css" />
<link rel="stylesheet" type="text/css" href="assets/css/font-awesome.css" />
<link rel="stylesheet" type="text/css" href="assets/css/templatemo-training-studio.css"
/>

<link rel="stylesheet" type="text/css" href="assets/css/responsive.css" />
<title>Gym GYM</title>
</head>

<body>

<!-- ***** Header Area Start ***** -->
<header>
    <nav class="navbar">
        <a href="index.html" id="logo">Gym <span>GYM</span></a>
        <ul class="nav-menu">
        </ul>
        <div id="hamburger">
            <span class="bar"></span>
            <span class="bar"></span>
            <span class="bar"></span>
        </div>
    </nav>
</header>
<!-- ***** Header Area End ***** -->

<!-- ***** Main Banner Area Start ***** -->
<div class="main-banner" id="top">
    <video autoplay muted loop id="bg-video">
        <source src="assets/images/gym-video.mp4" type="video/mp4" />
    </video>

    <div class="video-overlay header-text">
        <div class="caption">
            <h6>work harder, get stronger</h6>
            <h2>easy with our <em>gym</em></h2>
            <div class="main-button scroll-to-section">
                <a href="#features">About author</a>
            </div>
        </div>
    </div>
</div>
<!-- ***** Main Banner Area End ***** -->

<!-- ***** Features Item Start ***** -->
<section class="section" id="features">

```

```

<div class="about">
  <div class="container-fluid">
    <div class="row">
      <div class="col-lg-6 offset-lg-3">
        <div class="section-heading">
          <h2>About <em>author</em></h2>
        </div>
      </div>
    </div>
    <div id="about_me">
      <div class="col-lg-6 col-md-6 col-xs-12 Center-col">
        
      </div>
      <div class="col-lg-6 col-md-6 col-xs-12 Text-col ">
        <h3>Marko Markovic</h3>
        <h4>33/21</h4>
        <p>Ja sam Marko Markovic, student sam druge godine na Visoj ICT
i ovo je moj projekat iz Web programiranja 1.</p>
      </div>
    </div>
  </div>
</div>
</section>
<!-- ***** Features Item End ***** -->

<!-- ***** Footer Start ***** -->
<footer id="footer">
  <div class="container">
    <div class="row">
      <div class="useful-link">
        <ul class="use-links">
          <li><a href="index.html"> Home</a></li>
          <li><a href="about.html"> About author</a></li>
          <li><a href="documentation.pdf">Documentation</a></li>
        </ul>
      </div>
    </div>
  </div>
</footer>

<script src="assets/js/main.js"></script>

</body>
</html>

```

3.3 CSS- templatemo-training-studio.css (template css I custom css zajedno)

```
/*

TemplateMo 548 Training Studio

https://templatemo.com/tm-548-training-studio

*/

/* -----
Table of contents
-----
01. font & reset css
02. reset
03. global styles
04. header
05. banner
06. features
07. testimonials
08. contact
09. footer
10. preloader
11. search
12. portfolio

----- */
/*
-----
font & reset css
-----
*/
@import
url("https://fonts.googleapis.com/css?family=Poppins:100,100i,200,200i,300,300i,400,400i,500,500i,600,600i,700,700i,800,800i,900,900i");
/*
-----
reset
-----
*/
html, body, div, span, applet, object, iframe, h1, h2, h3, h4, h5, h6, p, blockquote, div
pre, a, abbr, acronym, address, big, cite, code, del, dfn, em, font, img, ins, kbd, q,
```

```
s, samp, small, strike, strong, sub, sup, tt, var, b, u, i, center, dl, dt, dd, ol, ul, li,
figure, header, nav, section, article, aside, footer, figcaption {
    margin: 0;
    padding: 0;
    border: 0;
    outline: 0;
}

.clearfix:after {
    content: ".";
    display: block;
    clear: both;
    visibility: hidden;
    line-height: 0;
    height: 0;
}

.clearfix {
    display: inline-block;
}

html[xmlns] .clearfix {
    display: block;
}

* html .clearfix {
    height: 1%;
}

ul, li {
    padding: 0;
    margin: 0;
    list-style: none;
}

header, nav, section, article, aside, footer, hgroup {
    display: block;
}

* {
    box-sizing: border-box;
}
```



```
html, body {
  font-family: 'Poppins', sans-serif;
  font-weight: 400;
  background-color: #fff;
  font-size: 16px;
  scroll-behavior: smooth;
  -ms-text-size-adjust: 100%;
  -webkit-font-smoothing: antialiased;
  -moz-osx-font-smoothing: grayscale;
}
```

```
a {
  text-decoration: none !important;
}
```

```
h1, h2, h3, h4, h5, h6 {
  margin-top: 0px;
  margin-bottom: 0px;
}
```

```
ul {
  margin-bottom: 0px;
}
```

```
p {
  font-size: 14px;
  line-height: 25px;
  color: #7a7a7a;
}
```

```
/*
-----
global styles
-----
*/
html,
body {
  background: #fff;
  font-family: 'Poppins', sans-serif;
}
```

```
::selection {
```

```
background: #ed563b;
color: #fff;
}

::-moz-selection {
background: #ed563b;
color: #fff;
}

@media (max-width: 991px) {
html, body {
overflow-x: hidden;
}
.mobile-top-fix {
margin-top: 30px;
margin-bottom: 0px;
}
.mobile-bottom-fix {
margin-bottom: 30px;
}
.mobile-bottom-fix-big {
margin-bottom: 60px;
}
}

.section-heading {
text-align: center;
margin-top: 80px;
margin-bottom: 80px;
}

.section-heading h2 {
font-size: 28px;
font-weight: 800;
color: #232d39;
text-transform: uppercase;
letter-spacing: 0.5px;
margin-top: 0px;
margin-bottom: 0px;
}

.section-heading h2 em {
font-style: normal;
color: #ed563b;
}
```

```
.section-heading img {
  margin: 20px auto;
}

.dark-bg h2 {
  color: #fff;
}

.dark-bg p {
  color: #fff;
}

.main-button a {
  display: inline-block;
  font-size: 15px;
  padding: 12px 20px;
  background-color: #ed563b;
  color: #fff;
  text-align: center;
  font-weight: 400;
  text-transform: uppercase;
  transition: all .3s;
}

.main-button a:hover {
  background-color: #f9735b;
}

/*
-----
header
-----
*/
header
{
  background-color: #2c343d;
  position: fixed;
  z-index: 999;
  width: 100%;
}
.navbar ul li{
  list-style: none;
```

```

}
.navbar #logo{
  font-size: 30px;
  color: #fff;
}
.navbar #logo span{
  color:rgb(237, 86, 59);
}
.navbar ul li a{
  text-decoration: none;
  color: white;
}
.navbar {
  min-height: 70px;
  display: flex;
  justify-content: space-between;
  align-items: center;
  padding: 0 24px;
}

.nav-menu{
  display: flex;
  justify-content: space-between;
  align-items: center;
  gap:30px;
}
.nav-link:hover{
  color: white;
  transition: 1s ease;
}
#hamburger{
  display:none;
  cursor: pointer;
}
.bar{
  display: block;
  width: 25px;
  height: 3px;
  margin: 5px auto;
  -webkit-transition: all 0.3s ease-in-out;
  transition: all 0.3s ease-in-out;
  background-color:white;
}

/*
-----
banner

```

```
-----  
*/  
/*jquery plugin custom*/  
.rslides {  
  position: relative;  
  list-style: none;  
  overflow: hidden;  
  width: 100%;  
  padding: 0;  
  margin: 0;  
  display: flex;  
  justify-content: center;  
}  
.rslides li {  
  -webkit-backface-visibility: hidden;  
  position: absolute;  
  display: none;  
  width: 100%;  
  left: 0;  
  top: 0;  
}  
  
.rslides li:first-child {  
  position: relative;  
  display: block;  
  float: left;  
}  
  
.main-banner {  
  position: relative;  
}  
  
#bg-video {  
  min-width: 100%;  
  min-height: 100vh;  
  max-width: 100%;  
  max-height: 100vh;  
  object-fit: cover;  
  z-index: -1;  
}  
  
#bg-video::-webkit-media-controls {  
  display: none !important;  
}  
  
.video-overlay {
```

```
    position: absolute;
    background-color: rgba(35,45,57,0.8);
    top: 0;
    left: 0;
    bottom: 7px;
    width: 100%;
}
```

```
.main-banner .caption {
    text-align: center;
    position: absolute;
    width: 80%;
    left: 50%;
    top: 50%;
    transform: translate(-50%,-50%);
}
```

```
.main-banner .caption h6 {
    margin-top: 0px;
    font-size: 18px;
    text-transform: uppercase;
    font-weight: 800;
    color: #fff;
    letter-spacing: 0.5px;
}
```

```
.main-banner .caption h2 {
    margin-top: 30px;
    margin-bottom: 25px;
    font-size: 84px;
    text-transform: uppercase;
    font-weight: 800;
    color: #fff;
    letter-spacing: 1px;
}
```

```
.main-banner .caption h2 em {
    font-style: normal;
    color: #ed563b;
    font-weight: 900;
}
```

```
/*
-----
```

features

```
-----  
*/  
#features .section-heading {  
  text-align: center;  
  margin-top: 80px;  
  margin-bottom: 60px;  
}  
  
#features {  
  margin-bottom: 80px;  
}  
  
.feature-item {  
  display: inline-block;  
  margin-bottom: 60px;  
}  
  
.feature-item .left-icon img {  
  float: left;  
  margin-right: 30px;  
}  
  
.feature-item .right-content {  
  display: inline;  
}  
  
.feature-item .right-content h4 {  
  margin-top: 0px;  
  margin-bottom: 7px;  
  letter-spacing: 0.25px;  
  color: #232d39;  
  font-size: 19px;  
  font-weight: 600;  
  text-transform: capitalize;  
}  
  
.feature-item .right-content a.text-button {  
  margin-top: 7px;  
  display: inline-block;  
  font-size: 13px;  
  text-transform: uppercase;  
  color: #ed563b;  
  font-weight: 500;
```

```
}

/*
-----
subscribe
-----
*/

#call-to-action {
  padding: 120px 0px;
  background-image: url(../images/cta-bg.jpg);
  background-position: center center;
  background-repeat: no-repeat;
  background-size: cover;
  text-align: center;
  transition: all 1s;
}

.cta-content h2 {
  font-size: 36px;
  text-transform: uppercase;
  font-weight: 800;
  color: #fff;
  letter-spacing: 1px;
}

.cta-content h2 em {
  font-style: normal;
  color: #ed563b;
}

.cta-content p {
  font-size: 16px;
  color: #fff;
  margin: 15px 0px 25px 0px;
}

/*
-----
schedule
-----
*/
```



```
#schedule {
  padding: 0px 0px 140px 0px;
  background-image: url(../images/schedule-bg.jpg);
  background-position: center center;
  background-repeat: no-repeat;
  background-size: cover;
}

#schedule .section-heading {
  text-align: center;
  margin-top: 80px;
  margin-bottom: 80px;
}
```

```
#schedule table {
  width: 100%;
  text-align: center;
  border: 1px solid #fff;
}
```

```
#schedule table tbody {
  border-top: 1px solid #fff;
}
```

```
#schedule table tbody tr {
  border-bottom: 1px solid #fff;
}
```

```
#schedule table tbody tr td {
  border-right: 1px solid #fff;
  height: 100px;
}
```

```
#schedule table tr td {
  color: #fff;
  font-size: 13px;
  text-transform: capitalize;
  font-weight: 500;
  letter-spacing: 0.25px;
}
```

```
/*
-----
trainers
-----
*/
#trainers .section-heading {
  text-align: center;
  margin-top: 80px;
  margin-bottom: 60px;
}
#trainers #trainer_row{
  padding-bottom: 30px;
}

#trainers .trainer-item {
  background-color: #fff;
  border-radius: 5px;
  box-shadow: 0px 0px 15px rgba(0,0,0,0.1);
  padding: 40px;
}

#trainers .trainer-item img {
  width: 100%;
  border-radius: 5px;
}

#trainers .trainer-item span {
  font-size: 13px;
  font-weight: 500;
  color: #ed563b;
  display: inline-block;
  margin-top: 25px;
  margin-bottom: 10px;
}

#trainers .trainer-item h4 {
  font-size: 19px;
  font-weight: 600;
  color: #232d39;
  letter-spacing: 0.5px;
  margin-bottom: 18px;
}

#trainers .trainer-item p {
  margin-bottom: 20px;
}
```

```

}

#trainers .trainer-item ul.social-icons li {
    display: inline-block;
    margin-right: 12px;
}

#trainers .trainer-item ul.social-icons li:last-child {
    margin-right: 0px;
}

#trainers .trainer-item ul.social-icons li a {
    color: #232d39;
    transition: all .3s;
}

#trainers .trainer-item ul.social-icons li a:hover {
    color: #ed563b;
}

/*
-----
contact
-----
*/

#contact-us .section-heading {
    text-align: center;
    margin-top: 80px;
    margin-bottom: 60px;
}

#contact-us .container-fluid .col-lg-6 {
    padding: 0px;
}

#contact-us .contact-form {
    padding: 80px;
    background-image: url(../images/contact-bg.jpg);
    background-position: center center;
    background-repeat: no-repeat;
}

```

```
background-size: cover;
}

#contact-us .contact-form #contact {
  background-color: #fff;
  padding: 40px;
  border-radius: 5px;
}

.contact-form input,
.contact-form textarea {
  color: #7a7a7a;
  font-size: 13px;
  border: 1px solid #ddd;
  background-color: #fff;
  width: 100%;
  height: 40px;
  outline: none;
  line-height: 40px;
  padding: 0px 10px;
  -webkit-appearance: none;
  -moz-appearance: none;
  appearance: none;
  margin-bottom: 30px;
}

.contact-form textarea {
  height: 150px;
  resize: none;
}

.contact-form ::-webkit-input-placeholder { /* Edge */
  color: #7a7a7a;
}

.contact-form :-ms-input-placeholder { /* Internet Explorer 10-11 */
  color: #7a7a7a;
}

.contact-form ::placeholder {
  color: #7a7a7a;
}
```

```
.contact-form button {
  display: inline-block;
  font-size: 13px;
  padding: 11px 17px;
  background-color: #ed563b;
  color: #fff;
  text-align: center;
  font-weight: 400;
  text-transform: uppercase;
  transition: all .3s;
  border: none;
  outline: none;
  margin-top: -8px;
}
```

```
.contact-form button:hover {
  background-color: #f9735b;
}
```

```
/*
-----
footer
-----
*/
```

```
footer {
  text-align: center;
  padding: 30px 0px;
}
```

```
footer p {
  color: #232d39;
  font-size: 13px;
}
```

```
footer p a {
  cursor: pointer;
  color: #ed563b;
}
```

```
footer p a:hover {
  color: #ed563b;
}
```

```
/*
-----
preloader
-----
*/

@-webkit-keyframes dot {
  50% {
    -webkit-transform: translateX(96px);
    transform: translateX(96px);
  }
}

@keyframes dot {
  50% {
    -webkit-transform: translateX(96px);
    transform: translateX(96px);
  }
}

@-webkit-keyframes dots {
  50% {
    -webkit-transform: translateX(-31px);
    transform: translateX(-31px);
  }
}

@keyframes dots {
  50% {
    -webkit-transform: translateX(-31px);
    transform: translateX(-31px);
  }
}

/*
-----
responsive
-----
*/

@media (max-width: 992px) {
```

```

.main-banner .caption h2 {
  font-size: 64px;
}
#features {
  margin-bottom: 110px;
}
#features .feature-item {
  margin-bottom: 30px;
}
#our-classes .tabs-content {
  margin-left: 0px;
  margin-top: 30px;
}
.trainer-item {
  margin-bottom: 30px;
}
#contact-us #map {
  margin-bottom: -7px;
}
#contact-us .contact-form {
  padding: 30px;
}
#contact-us .contact-form #contact {
  padding: 30px;
}

}

@media (max-width: 450px) {
  .feature-item .right-content a.text-button {
    margin-left: 130px;
  }
}
#about_me{
  display: flex;
  margin: 0px auto;
  align-items: center;
}
.about .row{
  margin:0;
}
#about_me .Center-col{
  display: flex;
  justify-content: center;
}
#about_me .Text-col{
  text-align: center;
}

```

```
#about_me .Text-col h3,
#about_me .Text-col h4{
    margin-bottom: 10px;
}

.container-fluid{
    padding: 0;
}

/**/
#contact-us .row{
    margin: 0px;
}

.success {
    border: 1px solid rgb(30, 190, 30) !important;
}

.fail {
    border: 1px solid red !important;
}

#Form-center{
    display: flex;
    justify-content: center;
    align-items: center;
}

#form{
    width:50%;
}

#form input, #form select {
    margin-bottom: 10px;
}

#form span {
    color: rgb(255, 0, 0) !important;
}

textarea {
    border: 1px solid rgba(0, 0, 0, .2);
    border-radius: 5px;
    height: 100px;
}

#form button {
    background-color: #369FFF;
    color: #FFF;
```



```
border: 1px solid #369FFF;  
}
```

```
#form button:hover {  
  background-color: #FFF;  
  color: #369FFF;  
}
```

```
/*footer*/
```

```
#footer{  
  background: #f7f7f7;  
  padding: 3rem;  
  padding-top: 10px;  
  padding-bottom: 10px;  
}
```

```
.useful-link{  
  margin: 0px auto;  
}
```

```
.useful-link h2{  
  padding-bottom: 15px;  
  font-weight: 200;  
}
```

```
.use-links{  
  line-height: 32px;  
  display: flex;  
  flex-direction: row;  
  gap: 20px;  
}
```

```
.use-links li a{  
  color: #303030;  
  font-size: 18px;  
  padding: 5px;  
  font-weight: 500;  
}
```

```
.use-links li a:hover{  
  color: #000;  
}
```

```
footer h2{  
  font-size: 32px;  
}
```

```

.down-content input{
  padding: 4px;
  background-color: #f9735b;
  color: #2c343d;
  border-radius: 3px;
  margin-bottom: 10px;
}

/*Modal za formu*/
.modal {
  display: none;
  position: fixed;
  z-index: 1;
  padding-top: 100px;
  left: 0;
  top: 0;
  width: 100%;
  height: 100%;
  overflow: auto;
  background-color: rgb(0,0,0);
  background-color: rgba(0,0,0,0.4);
}

.modal-content {
  background-color: #fefefe;
  margin: 0px auto;
  padding: 20px;
  border: 1px solid #888;
  width: 40%;
}

.modal-content p{
  margin-bottom: 20px;
}

.modal-content input{
  margin-top: 20px;
  margin-bottom: 0px;
  width: 50%;
  margin: 0px auto;
}

```

3.4 CSS-Responsive.css(custom)

```
@media(max-width:768px){
```

```
#hamburger{
    display: block;
    z-index: 999;
}
a {
    z-index: 1000;
}
#hamburger.active .bar:nth-child(2){
    opacity: 0;
}
#hamburger.active .bar:nth-child(1){
    transform:translateY(8px) rotate(45deg);
}
#hamburger.active .bar:nth-child(3){
    transform:translateY(-8px) rotate(-45deg);
}
.nav-menu{
    position: fixed;
    z-index: 999;
    left:-100%;
    top:10px;
    gap: 0;
    flex-direction: column;
    width:100%;
    text-align: center;
    transition: 0.3s;
    color:black ;
    background-color: #2c343ddc;
}
.nav-menu.active{
    left:0;
}
.nav-item{
    margin:16px 0;
}
#baner .wrap #tekst h1{
    font-size: 25px;
}
#baner .wrap #tekst h2{
    font-size: 25px;
}
#form{
    width:80%;
}
.use-links{
    display: flex;
    flex-direction: column;
}
#about_me{
    display: flex;
```

```

        flex-direction: column;
        width: 80%;
    }
    #about_me .Center-col{
        margin-bottom: 30px;
    }
}

```

3.5 JS-main.js

```

let hamburger=document.querySelector("#hamburger");
let navMenu=document.querySelector(".nav-menu");
hamburger.addEventListener("click", ()=>{
    hamburger.classList.toggle("active");
    navMenu.classList.toggle("active");
})
document.querySelectorAll(".nav-link").forEach(n=>n.addEventListener("click",()=>{
    hamburger.classList.remove("active");
    navMenu.classList.remove("active");
}))
window.addEventListener("scroll",()=>{
    hamburger.classList.remove("active");
    navMenu.classList.remove("active");
})
window.onclick = function(event) {
    if (event.target !== hamburger) {
        hamburger.classList.remove("active");
        navMenu.classList.remove("active");
    }
}

let links=['Home','Trainers','Schedule','Contact','About'];
let
paths=['/GymGYM/index.html','/GymGYM/index.html#trainers','/GymGYM/index.html#schedule','/GymGYM/index.html#contact-us','/GymGYM/about.html'];
navMenu.innerHTML="";

for(let i=0; i<links.length;i++)
{
    navMenu.innerHTML+=`<li class="nav-item">
    <a href="${paths[i]}" class="nav-link">${links[i]}</a></li>`
}

if(window.location.pathname=='/GymGYM/' || window.location.pathname=='/GymGYM/index.html')

```

```

{

let schedueTable=document.querySelector("#schedule_table");

let Training=["Strength Training","Muscle Training","Power Training"];
let Time=["10:00AM - 18:30AM","10:00AM - 19:00AM","08:00AM - 20:00AM"];
let Trainer=["Bret D. Bowers","Hector T. Daigl","Paul D. Newman"];
schedueTable.innerHTML+=`<tbody>`;
for(let i=0; i<Time.length;i++)
{
    schedueTable.innerHTML+=`<tr>
                                <td class="day-time">${Training[i]}</td>
                                <td class="monday ts-item show" data-
tsmeta="monday">${Time[i]}</td>
                                <td>${Trainer[i]}</td>
                                </tr>`
}
schedueTable.innerHTML+=`</tbody>`;

let features_items=document.querySelector(".features-items");
let features_items1=document.querySelector(".features-items1");
features_items.innerHTML="";
features_items1.innerHTML="";
let icons1=["assets/images/features-first-icon.png","assets/images/features-first-
icon.png","assets/images/features-first-icon.png"];
let headings1=["Basic Fitness","Bodybuilding","Cardio training"];
let icons=["assets/images/features-first-icon.png","assets/images/features-first-
icon.png","assets/images/features-first-icon.png"];
let headings=["Full body workout","Functional training","Bodypump"];
let aboutPrograms1=["The program called body toning is typically for women, which
emphasizes those parts of the female body that are first affected by cellulite and fat
deposits.",
                    "Bodybuilding is a sport that is based on the development of harmonious
muscle musculature or the aspiration to bring our body to perfection.",
                    "Cardio training activates large muscle groups, and the exercise
intensity is adjusted to a range of 55-90% of the maximum heart rate calculated for each
individual."];
let aboutPrograms=["Full body workout is quality training for engaging the muscles of the
whole body. It is a fitness program that is a combination of cardio and strength
exercises.",
                    "The program is intended for everyone. The trainer is there to take
care of the regularity of your movement, and to adapt each exercise to your physical
form.",
                    "The combination of science-backed movements, great music and
motivating instructors will allow you to achieve more than when you train alone."];

```

```

for(let i=0;i<icons1.length;i++)
{features_items.innerHTML+=`
  <li class="feature-item">
    <div class="left-icon">
      
    </div>
    <div class="right-content">
      <h4>${headings1[i]}</h4>
      <p>${aboutPrograms1[i]}</p>
    </div>
  </li>`;
}

for(let i=0;i<icons.length;i++)
{features_items1.innerHTML+=`
  <li class="feature-item">
    <div class="left-icon">
      
    </div>
    <div class="right-content">
      <h4>${headings[i]}</h4>
      <p>${aboutPrograms[i]}</p>
    </div>
  </li>`;
}

}

var trainerS = document.getElementById('trainer');
var trainers = ['Choose...', 'Bret D. Bowers', 'Hector T. Daigl', 'Paul D. Newman'];
var subjectValues = ['choose', '1', '2', '3'];

for (let i = 0; i < trainers.length; i++) {
  let option = document.createElement('option');
  option.append(trainers[i]);
  option.setAttribute('value', subjectValues[i]);
  trainerS.appendChild(option);
}

var programS = document.getElementById('program');
var programs = ['Choose...', 'Basic Fitness', 'Bodybuilding', 'Cardio Training', 'Full
Body Workout', 'Functional Training', 'Bodyump'];
var programsValues = ['choose', '1', '2', '3', '4', '5', '6'];

for (let i = 0; i < programs.length; i++) {
  let option = document.createElement('option');
  option.append(programs[i]);
}

```

```

    option.setAttribute('value', programsValues[i]);
    programS.appendChild(option);
}

const fullName = document.getElementById('name');
const email = document.getElementById('email');
const trainer = document.getElementById('trainer');
const program = document.getElementById('program');
const message = document.getElementById('message');
const checkBox = document.getElementById('agree');
const submit = document.getElementById('submit');
var errorMessages = document.querySelectorAll('#form span');

var nameChc = false;
var emailChc = false;
var selectChc = false;
var programChc = false;
var messageChc = false;
var checkBoxChc = false;

var nameRegex = /^[A-ZČĆŽĐŠ][a-zćčžđš]{1,14}\s([A-ZČĆŽĐŠ][a-zćčžđš]{1,14})?\s?[A-ZČĆŽĐŠ][a-zćčžđš]{1,19}$/;
var emailRegex = /^\\w+([\\.-]?\\w+)*@\\w+([\\.-]?\\w+)*(\\.\\w{2,3})+$/;
//Check name

function checkName() {
    if (fullName.value.match(nameRegex)) {
        fullName.classList.remove('fail')
        fullName.classList.add('success');
        errorMessages[1].textContent = "";
        nameChc = true;
    } else if (fullName.value.length < 1) {
        errorMessages[1].textContent = "Field can't be empty.";
        nameChc = false;
    } else {
        errorMessages[1].textContent = "Change the format of the name. Example: Marko Markovic";
        nameChc = false;
    }
}

fullName.addEventListener('focus', () => {
    fullName.classList.add('fail');
});

```

```

fullName.addEventListener('blur', checkName);

//Check email

function checkEmail() {
  if (email.value.match(emailRegex)) {
    email.classList.remove('fail')
    email.classList.add('success');
    errorMessages[3].textContent = "";
    emailChc = true;
  } else if (email.value.length < 1) {
    errorMessages[3].textContent = "Field can't be empty.";
    emailChc = false;
  } else {
    errorMessages[3].textContent = "Change the format of the email. Example:
someone@gmail.com";
    emailChc = false;
  }
}

email.addEventListener('focus', () => {
  email.classList.add('fail');
});

email.addEventListener('blur', checkEmail);

//trainer check

function checkTrainer() {
  let selectedValue = trainer.options[trainer.selectedIndex].value;
  if (selectedValue == "choose") {
    trainer.classList.add('fail');
    errorMessages[5].textContent = "Please choose the trainer";
    selectChc = false;
  } else {
    trainer.classList.remove('fail');
    trainer.classList.add('success');
    errorMessages[5].textContent = "";
    selectChc = true;
  }
}

```



```
trainer.addEventListener('blur', checkTrainer);
```

```
function checkProgram() {  
    let selectedValue = program.options[program.selectedIndex].value;  
    if (selectedValue == "choose") {  
        program.classList.add('fail');  
        errorMessages[7].textContent = "Please choose the program";  
        programChc = false;  
    } else {  
        program.classList.remove('fail');  
        program.classList.add('success');  
        errorMessages[7].textContent = "";  
        programChc = true;  
    }  
}
```

```
program.addEventListener('blur', checkProgram);
```

```
//Message check
```

```
function checkMessage() {  
    if (message.value < 1) {  
        errorMessages[9].textContent = "Field can't be empty.";  
        message.classList.add('fail');  
        messageChc = false;  
    } else {  
        errorMessages[9].textContent = "";  
        message.classList.remove('fail');  
        message.classList.add('success');  
        messageChc = true;  
    }  
}
```

```
message.addEventListener('blur', checkMessage);
```

```
//Checkbox check
```

```
function checkCheckbox() {  
    if (checkBox.checked) {  
        checkBoxChc = true;  
    }  
}
```

```

        errorMessages[11].textContent = "";
    } else {
        errorMessages[11].textContent = "You have to agree in order to send.";
    }
}

//Submit check

addEventListener('submit', (e) => {
    e.preventDefault();
    checkName();
    checkEmail();
    checkTrainer();
    checkProgram();
    checkMessage();
    checkCheckbox();
    if (nameChc && emailChc && selectChc && programChc && messageChc &&
checkboxChc) {
        var okModal = document.getElementById("okModal");
        var modal = document.getElementById("myModal");

        modal.style.display = "block";

        okModal.onclick = function () {
            modal.style.display = "none";
            setTimeout("location.reload(true);", 0);
        };
    }
});

$('.disclaimer').hide();
let $nizAbout=$(".down-content input");
function moreAbout($niz){
    $niz.each((i,element)=>
        $(element).click(function(){
            $(this).prev().slideToggle(600);
            if($(this).val()=='About')
            {
                $(this).prop('value', 'Close');
            }

            else $(this).prop('value', 'About');
        })
    )
}

```

```
    );  
  }  
  moreAbout($nizAbout);  
  
var indeksSlide = 0;  
var bacgroundSlides = ['cta-bg.jpg','cta-bg1.jpg'];  
function changeImg(){  
  document.querySelector('#call-to-action').style.backgroundImage =  
  `url(assets/images/${bacgroundSlides[indeksSlide]})`;  
  
  indeksSlide++;  
  if(indeksSlide >= bacgroundSlides.length){  
    indeksSlide = 0;  
  }  
  setTimeout("changeImg()", 4000);  
};  
window.addEventListener('load',changeImg);  
  
$(function() {  
  $(".rslides").responsiveSlides();  
});  
}
```