

2019 NATIONAL HEALTH INTERVIEW SURVEY (NHIS)  
Codebook for Sample Adult file (Document Version: September 2020)  
PUBLIC USE

<b>Variable:</b>	SRVY_YR
<b>Module:</b>	General
<b>Section:</b>	IDN
<b>File(s):</b>	Adult, Child, Paradata
<b>Data Type:</b>	Numeric
<b>Length:</b>	4
<b>Question Text:</b>	
<b>Description:</b>	Year of the National Health Interview Survey
<b>Recode:</b>	
<b>Universe:</b>	HHX ne ' '
<b>Universe Description:</b>	All households
<b>Sources:</b>	
<b>Question ID:</b>	
<b>Keywords:</b>	
<b>Notes:</b>	
<b>Evaluation Report:</b>	

**Unweighted frequencies:**

**SRVY\_YR**      Year of the National Health Interview Survey

Code	Description	Frequency	Percent
1963-current year	Survey year	31997	100.00

Frequency Missing:

<b>Variable:</b>	URBRRL
<b>Module:</b>	General
<b>Section:</b>	UCF
<b>File(s):</b>	Adult, Child
<b>Data Type:</b>	Numeric
<b>Length:</b>	1
<b>Question Text:</b>	
<b>Description:</b>	2013 NCHS Urban-Rural Classification Scheme for Counties
<b>Recode:</b>	Yes
<b>Universe:</b>	HHX ne ' '
<b>Universe Description:</b>	All households
<b>Sources:</b>	
<b>Question ID:</b>	
<b>Keywords:</b>	
<b>Notes:</b>	
<b>Evaluation Report:</b>	

**Unweighted frequencies:**

URBRRL      2013 NCHS Urban-Rural Classification Scheme for Counties

Code	Description	Frequency	Percent
1	Large central metro	9360	29.25
2	Large fringe metro	7380	23.06
3	Medium and small metro	10176	31.80
4	Nonmetropolitan	5081	15.88

Frequency Missing:

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<b>Variable:</b>	REGION
<b>Module:</b>	General
<b>Section:</b>	UCF
<b>File(s):</b>	Adult, Child, Paradata
<b>Data Type:</b>	Numeric
<b>Length:</b>	1
<b>Question Text:</b>	
<b>Description:</b>	Household region
<b>Recode:</b>	
<b>Universe:</b>	HHX ne ' '
<b>Universe Description:</b>	All households
<b>Sources:</b>	
<b>Question ID:</b>	
<b>Keywords:</b>	
<b>Notes:</b>	
<b>Evaluation Report:</b>	

**Unweighted frequencies:**

REGION Household region

Code	Description	Frequency	Percent
1	Northeast	5410	16.91
2	Midwest	7104	22.20
3	South	11676	36.49
4	West	7807	24.40

Frequency Missing:

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<b>Variable:</b>	AGEP_A
<b>Module:</b>	Roster
<b>Section:</b>	HHC
<b>File(s):</b>	Adult
<b>Data Type:</b>	Numeric
<b>Length:</b>	2
<b>Question Text:</b>	
<b>Description:</b>	Age of SA (top coded)
<b>Recode:</b>	
<b>Universe:</b>	HHSTAT_A=1
<b>Universe Description:</b>	Sample adults 18+
<b>Sources:</b>	
<b>Question ID:</b>	
<b>Keywords:</b>	
<b>Notes:</b>	Top-coded for public use
<b>Evaluation Report:</b>	

Unweighted frequencies:

AGEP\_A      Age of SA (top coded)

Code	Description	Frequency	Percent
18-84	18-84 years	30713	95.99
85	85+ years	1203	3.76
97	Refused	73	0.23
98	Not Ascertained	0	0.00
99	Don't Know	8	0.03

Frequency Missing:

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<b>Variable:</b>	SEX_A
<b>Module:</b>	Roster
<b>Section:</b>	HHC
<b>File(s):</b>	Adult
<b>Data Type:</b>	Numeric
<b>Length:</b>	1
<b>Question Text:</b>	
<b>Description:</b>	Sex of Sample Adult
<b>Recode:</b>	
<b>Universe:</b>	HHSTAT_A=1
<b>Universe Description:</b>	Sample adults 18+
<b>Sources:</b>	
<b>Question ID:</b>	
<b>Keywords:</b>	
<b>Notes:</b>	
<b>Evaluation Report:</b>	

**Unweighted frequencies:**

SEX\_A Sex of Sample Adult

Code	Description	Frequency	Percent
1	Male	14733	46.04
2	Female	17261	53.95
7	Refused	3	0.01
8	Not Ascertained	0	0.00
9	Don't Know	0	0.00

Frequency Missing:

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<b>Variable:</b>	HISP_A
<b>Module:</b>	Roster
<b>Section:</b>	HHC
<b>File(s):</b>	Adult
<b>Data Type:</b>	Numeric
<b>Length:</b>	1
<b>Question Text:</b>	
<b>Description:</b>	Recode: Hispanic ethnicity of SA
<b>Recode:</b>	Yes
<b>Universe:</b>	HHSTAT_A=1
<b>Universe Description:</b>	Sample adults 18+
<b>Sources:</b>	
<b>Question ID:</b>	
<b>Keywords:</b>	
<b>Notes:</b>	
<b>Evaluation Report:</b>	

**Unweighted frequencies:**

HISP\_A Recode: Hispanic ethnicity of SA

Code	Description	Frequency	Percent
1	Yes	4152	12.98
2	No	27845	87.02
7	Refused	0	0.00
8	Not Ascertained	0	0.00
9	Don't Know	0	0.00

Frequency Missing:

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<b>Variable:</b>	RACEALLP_A
<b>Module:</b>	Roster
<b>Section:</b>	HHC
<b>File(s):</b>	Adult
<b>Data Type:</b>	Numeric
<b>Length:</b>	1
<b>Question Text:</b>	
<b>Description:</b>	Single and multiple race groups
<b>Recode:</b>	Yes
<b>Universe:</b>	HHSTAT_A=1
<b>Universe Description:</b>	Sample adults 18+
<b>Sources:</b>	
<b>Question ID:</b>	
<b>Keywords:</b>	race
<b>Notes:</b>	
<b>Evaluation Report:</b>	

**Unweighted frequencies:**

RACEALLP\_A Single and multiple race groups

Code	Description	Frequency	Percent
1	White only	24249	75.79
2	Black/African American only	3592	11.23
3	Asian only	1672	5.23
4	AIAN only	270	0.84
5	AIAN and any other group	286	0.89
6	Other single and multiple races	373	1.17
7	Refused	0	0.00
8	Not Ascertained	1555	4.86
9	Don't know	0	0.00

Frequency Missing:

<b>Variable:</b>	MLTFAMFLG_A
<b>Module:</b>	Roster
<b>Section:</b>	FAM
<b>File(s):</b>	Adult
<b>Data Type:</b>	Numeric
<b>Length:</b>	1
<b>Question Text:</b>	
<b>Description:</b>	Indicator for multifamily households
<b>Recode:</b>	
<b>Universe:</b>	HHSTAT_A=1
<b>Universe Description:</b>	Sample adults 18+
<b>Sources:</b>	
<b>Question ID:</b>	
<b>Keywords:</b>	More than 1 family in household
<b>Notes:</b>	
<b>Evaluation Report:</b>	

**Unweighted frequencies:**

MLTFAMFLG\_A Indicator for multifamily households

Code	Description	Frequency	Percent
1	Multiple families in household	759	2.37
2	Only one family in household	31238	97.63
9	Unknown	0	0.00

Frequency Missing:



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<b>Variable:</b>	PHSTAT_A
<b>Module:</b>	Adult
<b>Section:</b>	HIS
<b>File(s):</b>	Adult
<b>Data Type:</b>	Numeric
<b>Length:</b>	1
<b>Question Text:</b>	Would you say your health in general is excellent, very good, good, fair, or poor?
<b>Description:</b>	General health status
<b>Recode:</b>	
<b>Universe:</b>	HHSTAT_A=1
<b>Universe Description:</b>	Sample adults 18+
<b>Sources:</b>	
<b>Question ID:</b>	HIS.0010.00.1
<b>Keywords:</b>	health status; respondent-assessed health; well-being; functional limitation; health; general health; overall health
<b>Notes:</b>	
<b>Evaluation Report:</b>	<a href="https://wwwn.cdc.gov/qbank/Reports.aspx#/Reports/1203">https://wwwn.cdc.gov/qbank/Reports.aspx#/Reports/1203</a>

Unweighted frequencies:

PHSTAT\_A      General health status

Code	Description	Frequency	Percent
1	Excellent	7258	22.68
2	Very Good	10767	33.65
3	Good	8893	27.79
4	Fair	3783	11.82
5	Poor	1274	3.98
7	Refused	15	0.05
8	Not Ascertained	0	0.00
9	Don't Know	7	0.02

Frequency Missing:

<b>Variable:</b>	HYPEV_A
<b>Module:</b>	Adult
<b>Section:</b>	HYP
<b>File(s):</b>	Adult
<b>Data Type:</b>	Numeric
<b>Length:</b>	1
<b>Question Text:</b>	Have you EVER been told by a doctor or other health professional that you had ...Hypertension, also called high blood pressure?  * Enter '1' if respondent is taking medication to control his/her high blood pressure.
<b>Description:</b>	Ever been told you had hypertension
<b>Recode:</b>	
<b>Universe:</b>	HHSTAT_A=1
<b>Universe Description:</b>	Sample adults 18+
<b>Sources:</b>	
<b>Question ID:</b>	HYP.0020.00.1
<b>Keywords:</b>	high blood pressure, HBP
<b>Notes:</b>	
<b>Evaluation Report:</b>	<a href="https://www.cdc.gov/qbank/Reports.aspx#/Reports/1203">https://www.cdc.gov/qbank/Reports.aspx#/Reports/1203</a>

Unweighted frequencies:

HYPEV\_A Ever been told you had hypertension

Code	Description	Frequency	Percent
1	Yes	11480	35.88
2	No	20458	63.94
7	Refused	36	0.11
8	Not Ascertained	0	0.00
9	Don't Know	23	0.07

Frequency Missing:

<b>Variable:</b>	CHLEV_A
<b>Module:</b>	Adult
<b>Section:</b>	CHL
<b>File(s):</b>	Adult
<b>Data Type:</b>	Numeric
<b>Length:</b>	1
<b>Question Text:</b>	Have you EVER been told by a doctor or other health professional that you had high cholesterol?  * Enter '1' if respondent is taking medication to control his/her high cholesterol.
<b>Description:</b>	Ever told you had high cholesterol
<b>Recode:</b>	
<b>Universe:</b>	HHSTAT_A=1
<b>Universe Description:</b>	Sample adults 18+
<b>Sources:</b>	
<b>Question ID:</b>	CHL.0010.00.1
<b>Keywords:</b>	hypercholesterolemia, hyperlipidemia
<b>Notes:</b>	
<b>Evaluation Report:</b>	<a href="https://wwwn.cdc.gov/qbank/Reports.aspx#/Reports/1203">https://wwwn.cdc.gov/qbank/Reports.aspx#/Reports/1203</a>

**Unweighted frequencies:**

CHLEV\_A      Ever told you had high cholesterol

Code	Description	Frequency	Percent
1	Yes	9179	28.69
2	No	22697	70.93
7	Refused	37	0.12
8	Not Ascertained	0	0.00
9	Don't Know	84	0.26

Frequency Missing:

<b>Variable:</b>	CHDEV_A
<b>Module:</b>	Adult
<b>Section:</b>	CVC
<b>File(s):</b>	Adult
<b>Data Type:</b>	Numeric
<b>Length:</b>	1
<b>Question Text:</b>	Have you EVER been told by a doctor or other health professional that you had ...Coronary heart disease?
<b>Description:</b>	Ever been told you had coronary heart disease
<b>Recode:</b>	
<b>Universe:</b>	HHSTAT_A=1
<b>Universe Description:</b>	Sample adults 18+
<b>Sources:</b>	
<b>Question ID:</b>	CVC.0010.00.1
<b>Keywords:</b>	atherosclerotic heart disease, coronary artery disease
<b>Notes:</b>	
<b>Evaluation Report:</b>	

**Unweighted frequencies:**

CHDEV\_A      Ever been told you had coronary heart disease

Code	Description	Frequency	Percent
1	Yes	1846	5.77
2	No	30048	93.91
7	Refused	35	0.11
8	Not Ascertained	1	0.00
9	Don't Know	67	0.21

Frequency Missing:

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<b>Variable:</b>	ANGEV_A
<b>Module:</b>	Adult
<b>Section:</b>	CVC
<b>File(s):</b>	Adult
<b>Data Type:</b>	Numeric
<b>Length:</b>	1
<b>Question Text:</b>	* <b>Read if necessary:</b> Have you EVER been told by a doctor or other health professional that you had  ...Angina, also called angina pectoris?
<b>Description:</b>	Ever been told you had angina
<b>Recode:</b>	
<b>Universe:</b>	HHSTAT_A=1
<b>Universe Description:</b>	Sample adults 18+
<b>Sources:</b>	
<b>Question ID:</b>	CVC.0020.00.1
<b>Keywords:</b>	ischemic chest pain, coronary artery disease
<b>Notes:</b>	
<b>Evaluation Report:</b>	

Unweighted frequencies:

ANGEV\_A      Ever been told you had angina

Code	Description	Frequency	Percent
1	Yes	627	1.96
2	No	31284	97.77
7	Refused	32	0.10
8	Not Ascertained	0	0.00
9	Don't Know	54	0.17

Frequency Missing:

<b>Variable:</b>	MIEV_A
<b>Module:</b>	Adult
<b>Section:</b>	CVC
<b>File(s):</b>	Adult
<b>Data Type:</b>	Numeric
<b>Length:</b>	1
<b>Question Text:</b>	<p>* <b>Read if necessary:</b> Have you EVER been told by a doctor or other health professional that you had</p> <p>...A heart attack, also called myocardial infarction?</p>
<b>Description:</b>	Ever been told you had a heart attack
<b>Recode:</b>	
<b>Universe:</b>	HHSTAT_A=1
<b>Universe Description:</b>	Sample adults 18+
<b>Sources:</b>	
<b>Question ID:</b>	CVC.0030.00.1
<b>Keywords:</b>	myocardial infarction, coronary artery disease
<b>Notes:</b>	
<b>Evaluation Report:</b>	

**Unweighted frequencies:**

MIEV\_A      Ever been told you had a heart attack

Code	Description	Frequency	Percent
1	Yes	1236	3.86
2	No	30712	95.98
7	Refused	31	0.10
8	Not Ascertained	0	0.00
9	Don't Know	18	0.06

Frequency Missing:

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<b>Variable:</b>	STREV_A
<b>Module:</b>	Adult
<b>Section:</b>	CVC
<b>File(s):</b>	Adult
<b>Data Type:</b>	Numeric
<b>Length:</b>	1
<b>Question Text:</b>	* <b>Read if necessary:</b> Have you EVER been told by a doctor or other health professional that you had ...A stroke?
<b>Description:</b>	Ever been told you had a stroke
<b>Recode:</b>	
<b>Universe:</b>	HHSTAT_A=1
<b>Universe Description:</b>	Sample adults 18+
<b>Sources:</b>	
<b>Question ID:</b>	CVC.0040.00.1
<b>Keywords:</b>	cerebrovascular accident, artery disease
<b>Notes:</b>	
<b>Evaluation Report:</b>	

Unweighted frequencies:

STREV\_A Ever been told you had a stroke

Code	Description	Frequency	Percent
1	Yes	1204	3.76
2	No	30743	96.08
7	Refused	30	0.09
8	Not Ascertained	0	0.00
9	Don't Know	20	0.06

Frequency Missing:

<b>Variable:</b>	ASEV_A
<b>Module:</b>	Adult
<b>Section:</b>	AST
<b>File(s):</b>	Adult
<b>Data Type:</b>	Numeric
<b>Length:</b>	1
<b>Question Text:</b>	Have you EVER been told by a doctor or other health professional that you had asthma?
<b>Description:</b>	Ever had asthma
<b>Recode:</b>	
<b>Universe:</b>	HHSTAT_A=1
<b>Universe Description:</b>	Sample adults 18+
<b>Sources:</b>	
<b>Question ID:</b>	AST.0010.00.1
<b>Keywords:</b>	asthma; respiratory condition; trouble breathing; breathing problem; lungs
<b>Notes:</b>	
<b>Evaluation Report:</b>	<a href="https://wwwn.cdc.gov/qbank/Reports.aspx#/Reports/1203">https://wwwn.cdc.gov/qbank/Reports.aspx#/Reports/1203</a>

**Unweighted frequencies:**

ASEV\_A Ever had asthma

Code	Description	Frequency	Percent
1	Yes	4229	13.22
2	No	27718	86.63
7	Refused	32	0.10
8	Not Ascertained	0	0.00
9	Don't Know	18	0.06

Frequency Missing:



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<b>Variable:</b>	NUMCAN_A
<b>Module:</b>	Adult
<b>Section:</b>	CAN
<b>File(s):</b>	Adult
<b>Data Type:</b>	Numeric
<b>Length:</b>	1
<b>Question Text:</b>	
<b>Description:</b>	Number of reported types of cancers
<b>Recode:</b>	Yes
<b>Universe:</b>	HHSTAT_A=1
<b>Universe Description:</b>	Sample adults 18+
<b>Sources:</b>	CANEV_A and CANKIND1_A-CANKIND3_A
<b>Question ID:</b>	
<b>Keywords:</b>	multiple types of malignant growth
<b>Notes:</b>	This recode indicates the number of different kinds of cancer mentioned.
<b>Evaluation Report:</b>	

**Unweighted frequencies:**

NUMCAN\_A      Number of reported types of cancers

Code	Description	Frequency	Percent
0	No cancer	28108	87.85
1-3	1-3 cancers	3825	11.95
4	4 or more cancers	19	0.06
7	Refused	34	0.11
8	Not Ascertained	0	0.00
9	Don't Know	11	0.03

Frequency Missing:

<b>Variable:</b>	PREDIB_A
<b>Module:</b>	Adult
<b>Section:</b>	DIB
<b>File(s):</b>	Adult
<b>Data Type:</b>	Numeric
<b>Length:</b>	1
<b>Question Text:</b>	Has a doctor or other health professional EVER told you that you had prediabetes or borderline diabetes?
<b>Description:</b>	Ever had prediabetes
<b>Recode:</b>	
<b>Universe:</b>	HHSTAT_A=1
<b>Universe Description:</b>	Sample adults 18+
<b>Sources:</b>	
<b>Question ID:</b>	DIB.0010.00.1
<b>Keywords:</b>	prediabetes; borderline diabetes; early diabetes; impaired fasting glucose, impaired glucose tolerance; high blood sugar; endocrine
<b>Notes:</b>	
<b>Evaluation Report:</b>	<a href="https://wwwn.cdc.gov/qbank/Reports.aspx#/Reports/1203">https://wwwn.cdc.gov/qbank/Reports.aspx#/Reports/1203</a>

Unweighted frequencies:

PREDIB\_A Ever had prediabetes

Code	Description	Frequency	Percent
1	Yes	4581	14.32
2	No	27359	85.50
7	Refused	34	0.11
8	Not Ascertained	0	0.00
9	Don't Know	23	0.07

Frequency Missing:

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<b>Variable:</b>	DIBTYPE_A
<b>Module:</b>	Adult
<b>Section:</b>	DIB
<b>File(s):</b>	Adult
<b>Data Type:</b>	Numeric
<b>Length:</b>	1
<b>Question Text:</b>	According to your doctor or other health professional, what type of diabetes do you have? Is it type 1, type 2, or some other type? If you don't remember or weren't told, that's OK.
<b>Description:</b>	Diabetes type
<b>Recode:</b>	
<b>Universe:</b>	HHSTAT_A=1 and DIBEV_A=1
<b>Universe Description:</b>	Sample adults 18+ who were told they had diabetes
<b>Sources:</b>	
<b>Question ID:</b>	DIB.0100.00.1
<b>Keywords:</b>	diabetes type; type of diabetes; type 1; type 2; some other type; sugar diabetes; impaired fasting glucose, impaired glucose tolerance; high blood sugar; endocrine
<b>Notes:</b>	
<b>Evaluation Report:</b>	

**Unweighted frequencies:**

DIBTYPE\_A Diabetes type

Code	Description	Frequency	Percent
1	Type 1	297	8.85
2	Type 2	2769	82.53
3	Other type of diabetes	95	2.83
7	Refused	1	0.03
8	Not Ascertained	0	0.00
9	Don't Know	193	5.75

Frequency Missing: 28642

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<b>Variable:</b>	HEIGHTTC_A
<b>Module:</b>	Adult
<b>Section:</b>	BMI
<b>File(s):</b>	Adult
<b>Data Type:</b>	Numeric
<b>Length:</b>	2
<b>Question Text:</b>	
<b>Description:</b>	Total height in inches, public use
<b>Recode:</b>	Yes
<b>Universe:</b>	HHSTAT_A=1
<b>Universe Description:</b>	Sample adults 18+
<b>Sources:</b>	HEIGHT_A
<b>Question ID:</b>	
<b>Keywords:</b>	total height in inches; height; height without shoes (inches/in.); how tall (inches/in.); height in inches, total_Inhouse Only
<b>Notes:</b>	Recode: Height in inches. Since 1997, men's heights were top-coded to 76 inches and women's to 70 inches. Not available (96) refers to persons who had extreme values in either height or weight or both. Additionally since 2019, all sample adults for whom sex was answered as don't know or refused were also coded as 96 for height and 996 for weight due to the sex-specific height and weight limits for public data release. See Survey Description Document for details.
<b>Evaluation Report:</b>	

**Unweighted frequencies:**

HEIGHTTC\_A Total height in inches, public use

Code	Description	Frequency	Percent
59-76	59-76 inches	29840	93.26
96	Not available	1988	6.21
97	Refused	64	0.20
98	Not Ascertained	31	0.10
99	Don't Know	74	0.23

Frequency Missing:

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<b>Variable:</b>	WEIGHTLBTC_A
<b>Module:</b>	Adult
<b>Section:</b>	BMI
<b>File(s):</b>	Adult
<b>Data Type:</b>	Numeric
<b>Length:</b>	3
<b>Question Text:</b>	
<b>Description:</b>	Weight without shoes (pounds), public use
<b>Recode:</b>	Yes
<b>Universe:</b>	HHSTAT_A=1
<b>Universe Description:</b>	Sample adults 18+
<b>Sources:</b>	WEIGHTLB_A; WTLB_A
<b>Question ID:</b>	
<b>Keywords:</b>	body weight; pounds; weight in lbs.; weight in pounds
<b>Notes:</b>	Recode: Weight without shoes (pounds), Public use. Not available (996) refers to persons who had (sex-specific) extreme values for either height or weight or both, that cannot be released for reasons of confidentiality. Additionally since 2019, all sample adults for whom sex was answered as don't know or refused were also coded as 96 for height and 996 for weight due to the sex-specific height and weight limits for public data release. WEIGHTLBTC_A includes values of 126-299 lbs for men and 100-274 lbs for women. Pregnant women, aged 18-49 years, were not excluded from this question and they may be identified using the variable PREGNOW_A. See Survey Description Document for details.
<b>Evaluation Report:</b>	

**Unweighted frequencies:**

WEIGHTLBTC\_A Weight without shoes (pounds), public use

Code	Description	Frequency	Percent
100-299	100-299 pounds	29237	91.37
996	Not available	1988	6.21
997	Refused	478	1.49
998	Not Ascertained	0	0.00
999	Don't Know	294	0.92

Frequency Missing:

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<b>Variable:</b>	BMICAT_A
<b>Module:</b>	Adult
<b>Section:</b>	BMI
<b>File(s):</b>	Adult
<b>Data Type:</b>	Numeric
<b>Length:</b>	1
<b>Question Text:</b>	
<b>Description:</b>	Categorical body mass index, public use
<b>Recode:</b>	Yes
<b>Universe:</b>	HHSTAT_A=1
<b>Universe Description:</b>	Sample adults 18+
<b>Sources:</b>	BMI_A; BMI_A_1
<b>Question ID:</b>	
<b>Keywords:</b>	body mass index; BMI; obesity; underweight; healthy weight; overweight; obese; height and weight
<b>Notes:</b>	<p>Recode2B: Categorical Body Mass Index (BMI)- (1) BMI was calculated using the in-house version of the height and weight variables, which contain the greater range of height and weight values than are available on the public use file. The range of possible BMI values listed (0001-9994) does not reflect actual calculated BMI values at the extremes of the range, but rather, allows for the theoretical possibility of such unlikely values. (2) BMI = [Weight (kg)/[Height(m) squared]] rounded to 2 decimal places. Conversion factors: 1 kg = 2.20462 pounds; 1 meter (m) = 39.37008 inches. For both men and women, underweight is BMI &lt; 18.5; healthy weight is BMI 18.5 to &lt;25; overweight is BMI &gt; = 25 to &lt;30; obese is BMI &gt; = 30.</p>
<b>Evaluation Report:</b>	

Unweighted frequencies:

BMICAT\_A Categorical body mass index, public use

Code	Description	Frequency	Percent
1	Underweight	516	1.61
2	Healthy weight	9968	31.15
3	Overweight	10649	33.28
4	Obese	9997	31.24
9	Unknown	867	2.71

Frequency Missing:

2019 NATIONAL HEALTH INTERVIEW SURVEY (NHIS)  
Codebook for Sample Adult file (Document Version: September 2020)  
PUBLIC USE

<b>Variable:</b>	DISAB3_A
<b>Module:</b>	Adult
<b>Section:</b>	UPP
<b>File(s):</b>	Adult
<b>Data Type:</b>	Numeric
<b>Length:</b>	1
<b>Question Text:</b>	
<b>Description:</b>	The Washington Group Short Set Composite Disability Indicator
<b>Recode:</b>	Yes
<b>Universe:</b>	HHSTAT_A=1
<b>Universe Description:</b>	Sample adults 18+
<b>Sources:</b>	VISIONDF_A; HEARINGDF; DIFF_A; COMDIFF_A; UPPSLFCR_A; COGMEMDF_A
<b>Question ID:</b>	
<b>Keywords:</b>	Washington Group Questions; disability; composite disability indicator; disability index
<b>Notes:</b>	The final recode variable created for Washington Group Adult Composite Disability Indicator
<b>Evaluation Report:</b>	

**Unweighted frequencies:**

DISAB3\_A      The Washington Group Short Set Composite Disability Indicator

Code	Description	Frequency	Percent
1	Yes	3366	10.52
2	No	28618	89.44
9	Don't Know	13	0.04

Frequency Missing:

2019 NATIONAL HEALTH INTERVIEW SURVEY (NHIS)  
Codebook for Sample Adult file (Document Version: September 2020)  
PUBLIC USE

<b>Variable:</b>	NOTCOV_A
<b>Module:</b>	Adult
<b>Section:</b>	INS
<b>File(s):</b>	Adult
<b>Data Type:</b>	Numeric
<b>Length:</b>	1
<b>Question Text:</b>	
<b>Description:</b>	Coverage status as used in Health United States
<b>Recode:</b>	Yes
<b>Universe:</b>	HHSTAT_A=1
<b>Universe Description:</b>	Sample adults 18+
<b>Sources:</b>	MEDICARE_A; MEDICAID_A; PRIVATE_A; CHIP_A; OTHPUB_A; OTHGOV_A; MILITARY_A
<b>Question ID:</b>	
<b>Keywords:</b>	Uninsured, insured
<b>Notes:</b>	Adults are considered uninsured if they did not have private health insurance, Medicare, Medicaid, State Children's Health Insurance Program (CHIP), a state-sponsored health plan, other government programs, or military health plan (includes TRICARE, VA, and CHAMP-VA) at the time of interview. This definition of uninsured matches that used in Health United States.
<b>Evaluation Report:</b>	

**Unweighted frequencies:**

NOTCOV\_A Coverage status as used in Health United States

Code	Description	Frequency	Percent
1	Not covered	2887	9.02
2	Covered	29015	90.68
7	Refused	0	0.00
8	Not Ascertained	0	0.00
9	Don't Know	95	0.30

Frequency Missing:



2019 NATIONAL HEALTH INTERVIEW SURVEY (NHIS)  
Codebook for Sample Adult file (Document Version: September 2020)  
PUBLIC USE

<b>Variable:</b>	PAYWORRY_A
<b>Module:</b>	Adult
<b>Section:</b>	PAY
<b>File(s):</b>	Adult
<b>Data Type:</b>	Numeric
<b>Length:</b>	1
<b>Question Text:</b>	If you get sick or have an accident, how worried are you that you will be able to pay your medical bills? Are you very worried, somewhat worried, or not at all worried?
<b>Description:</b>	Get sick or have accident, worry about paying medical bills
<b>Recode:</b>	
<b>Universe:</b>	HHSTAT_A=1
<b>Universe Description:</b>	Sample adults 18+
<b>Sources:</b>	
<b>Question ID:</b>	PAY.0040.00.1
<b>Keywords:</b>	medical bills; cost
<b>Notes:</b>	In prior questions, respondents were asked to include bills for doctors, dentists, hospitals, therapists, medication, equipment, nursing home or home care.
<b>Evaluation Report:</b>	

**Unweighted frequencies:**

PAYWORRY\_A Get sick or have accident, worry about paying medical bills

Code	Description	Frequency	Percent
1	Very worried	4695	14.67
2	Somewhat worried	9390	29.35
3	Not at all worried	17732	55.42
7	Refused	42	0.13
8	Not Ascertained	73	0.23
9	Don't Know	65	0.20

Frequency Missing:

2019 NATIONAL HEALTH INTERVIEW SURVEY (NHIS)  
Codebook for Sample Adult file (Document Version: September 2020)  
PUBLIC USE

<b>Variable:</b>	URGNT12MTC_A
<b>Module:</b>	Adult
<b>Section:</b>	UTZ
<b>File(s):</b>	Adult
<b>Data Type:</b>	Numeric
<b>Length:</b>	1
<b>Question Text:</b>	<p>During the past 12 months, how many times have you gone to an urgent care center or a clinic in a drug store or grocery store about your health?</p> <p><i>* Enter 96 if number is 96 or greater.</i></p> <p><i>* Read if necessary: Urgent care centers and clinics in drug stores or grocery stores are places where you do not need to make an appointment ahead of time, and do not usually see the same health care provider at each visit.</i></p> <p><i>* Read if necessary: This is different from a hospital emergency room.</i></p>
<b>Description:</b>	Number of times visited urgent care, past 12m, top-coded
<b>Recode:</b>	Yes
<b>Universe:</b>	HHSTAT_A=1
<b>Universe Description:</b>	Sample adults 18+
<b>Sources:</b>	URGENT12M_A
<b>Question ID:</b>	
<b>Keywords:</b>	urgent care
<b>Notes:</b>	This is a top-code created for the Public Use file.
<b>Evaluation Report:</b>	

Unweighted frequencies:

URGNT12MTC\_A Number of times visited urgent care, past 12m, top-coded

Code	Description	Frequency	Percent
0	0 times	22810	71.29
1	1 time	4950	15.47
2	2 times	2588	8.09
3	3 times	675	2.11
4	4 times	264	0.83
5	5+ times	469	1.47
7	Refused	33	0.10
8	Not Ascertained	133	0.42
9	Don't Know	75	0.23

Frequency Missing:

2019 NATIONAL HEALTH INTERVIEW SURVEY (NHIS)  
Codebook for Sample Adult file (Document Version: September 2020)  
PUBLIC USE

<b>Variable:</b>	EMERG12MTC_A
<b>Module:</b>	Adult
<b>Section:</b>	UTZ
<b>File(s):</b>	Adult
<b>Data Type:</b>	Numeric
<b>Length:</b>	1
<b>Question Text:</b>	During the past 12 months, how many times have you gone to a hospital emergency room about your health?  * <b>Read if necessary:</b> <i>This includes emergency room visits that resulted in a hospital admission.</i>  * <b>Enter 96 if number of times is 96 or more.</b>
<b>Description:</b>	Number of times visited hospital emergency room, past 12m, top-coded
<b>Recode:</b>	Yes
<b>Universe:</b>	HHSTAT_A=1
<b>Universe Description:</b>	Sample adults 18+
<b>Sources:</b>	EMERGE12M_A
<b>Question ID:</b>	
<b>Keywords:</b>	emergency room visit (ER); emergency department visit (ED)
<b>Notes:</b>	This is a top-code created for the Public Use file.
<b>Evaluation Report:</b>	

Unweighted frequencies:

EMERG12MTC\_A Number of times visited hospital emergency room, past 12m, top-coded

Code	Description	Frequency	Percent
0	0 times	24748	77.34
1	1 time	4368	13.65
2	2 times	1753	5.48
3	3 times	386	1.21
4	4+ times	526	1.64
7	Refused	39	0.12
8	Not Ascertained	134	0.42
9	Don't Know	43	0.13

Frequency Missing:

2019 NATIONAL HEALTH INTERVIEW SURVEY (NHIS)  
Codebook for Sample Adult file (Document Version: September 2020)  
PUBLIC USE

<b>Variable:</b>	ANXLEVEL_A
<b>Module:</b>	Adult
<b>Section:</b>	ANX
<b>File(s):</b>	Adult
<b>Data Type:</b>	Numeric
<b>Length:</b>	1
<b>Question Text:</b>	Thinking about the last time you felt worried, nervous or anxious, how would you describe the level of these feelings? Would you say a little, a lot, or somewhere in between?
<b>Description:</b>	Level of feelings when last felt worried/nervous/anxious
<b>Recode:</b>	
<b>Universe:</b>	HHSTAT_A=1 and (ANXFREQ_A IN (1,2,3,4,7,9) or ANXMED_A IN (1,7,9))
<b>Universe Description:</b>	Sample adults 18+ who feel worried, anxious, or nervous daily, weekly, monthly, a few times a year or don't know or refused how often OR who do take medication for these feelings or don't know or refused if they take medication for these feelings
<b>Sources:</b>	
<b>Question ID:</b>	ANX.0030.00.1
<b>Keywords:</b>	worry; nervous; anxiety
<b>Notes:</b>	
<b>Evaluation Report:</b>	

**Unweighted frequencies:**

ANXLEVEL\_A Level of feelings when last felt worried/nervous/anxious

Code	Description	Frequency	Percent
1	A little	10849	50.17
2	A lot	2609	12.06
3	Somewhere in between a little and a lot	7974	36.87
7	Refused	87	0.40
8	Not Ascertained	10	0.05
9	Don't Know	97	0.45

Frequency Missing: 10371

2019 NATIONAL HEALTH INTERVIEW SURVEY (NHIS)  
Codebook for Sample Adult file (Document Version: September 2020)  
PUBLIC USE

<b>Variable:</b>	DEPLEVEL_A
<b>Module:</b>	Adult
<b>Section:</b>	DEP
<b>File(s):</b>	Adult
<b>Data Type:</b>	Numeric
<b>Length:</b>	1
<b>Question Text:</b>	Thinking about the last time you felt depressed, how depressed did you feel? Would you say a little, a lot, or somewhere in between?
<b>Description:</b>	Level of how depressed
<b>Recode:</b>	
<b>Universe:</b>	HHSTAT_A=1 and (DEPFREQ_A IN (1,2,3,4,7,9) or DEPMED_A IN (1,7,9))
<b>Universe Description:</b>	Sample adults 18+ who feel depressed daily, weekly, monthly, a few times a year or refused or don't know how often they feel depressed OR who do take medication or refused or don't know if they take medication for depression.
<b>Sources:</b>	
<b>Question ID:</b>	DEP.0030.00.1
<b>Keywords:</b>	feelings of sadness, emotional difficulty
<b>Notes:</b>	
<b>Evaluation Report:</b>	

**Unweighted frequencies:**

DEPLEVEL\_A Level of how depressed

Code	Description	Frequency	Percent
1	A little	7072	49.75
2	A lot	1907	13.41
3	Somewhere in between a little and a lot	5027	35.36
7	Refused	94	0.66
8	Not Ascertained	1	0.01
9	Don't Know	115	0.81

Frequency Missing: 17781

2019 NATIONAL HEALTH INTERVIEW SURVEY (NHIS)  
Codebook for Sample Adult file (Document Version: September 2020)  
PUBLIC USE

<b>Variable:</b>	SMKCIGST_A
<b>Module:</b>	Adult
<b>Section:</b>	CIG
<b>File(s):</b>	Adult
<b>Data Type:</b>	Numeric
<b>Length:</b>	1
<b>Question Text:</b>	
<b>Description:</b>	Cigarette smoking status
<b>Recode:</b>	Yes
<b>Universe:</b>	HHSTAT_A=1
<b>Universe Description:</b>	Sample adults 18+
<b>Sources:</b>	SMKEV_A and SMKNOW_A
<b>Question ID:</b>	
<b>Keywords:</b>	smoking, nicotine, tobacco use
<b>Notes:</b>	Some day smokers includes those who reported smoking zero days in the past 30 days.
<b>Evaluation Report:</b>	

**Unweighted frequencies:**

SMKCIGST\_A Cigarette smoking status

Code	Description	Frequency	Percent
1	Current every day smoker	3368	10.53
2	Current some day smoker	928	2.90
3	Former smoker	7973	24.92
4	Never smoker	18931	59.16
5	Smoker, current status unknown	7	0.02
9	Unknown if ever smoked	790	2.47

Frequency Missing:

2019 NATIONAL HEALTH INTERVIEW SURVEY (NHIS)  
Codebook for Sample Adult file (Document Version: September 2020)  
PUBLIC USE

<b>Variable:</b>	SMKECIGST_A
<b>Module:</b>	Adult
<b>Section:</b>	CIG
<b>File(s):</b>	Adult
<b>Data Type:</b>	Numeric
<b>Length:</b>	1
<b>Question Text:</b>	
<b>Description:</b>	Electronic cigarette use status
<b>Recode:</b>	Yes
<b>Universe:</b>	HHSTAT_A=1
<b>Universe Description:</b>	Sample adults 18+
<b>Sources:</b>	ECIGEV_A and ECIGNOW_A
<b>Question ID:</b>	
<b>Keywords:</b>	e-cigs, vaping, electronic nicotine delivery systems (ENDS), nicotine, tobacco use
<b>Notes:</b>	
<b>Evaluation Report:</b>	

**Unweighted frequencies:**

SMKECIGST\_A Electronic cigarette use status

Code	Description	Frequency	Percent
1	Current e-cigarette user	1202	3.76
2	Used e-cigarette, not current user	3555	11.11
3	Never e-cigarette user	26480	82.76
4	E-cigarette user, current status unknown	1	0.00
9	Unknown if ever used e-cigarette	759	2.37

Frequency Missing:

2019 NATIONAL HEALTH INTERVIEW SURVEY (NHIS)  
Codebook for Sample Adult file (Document Version: September 2020)  
PUBLIC USE

<b>Variable:</b>	LEGMSTAT_A
<b>Module:</b>	Adult
<b>Section:</b>	MAR
<b>File(s):</b>	Adult
<b>Data Type:</b>	Numeric
<b>Length:</b>	1
<b>Question Text:</b>	
<b>Description:</b>	Legal marital status of sample adult
<b>Recode:</b>	Yes
<b>Universe:</b>	HHSTAT_A=1
<b>Universe Description:</b>	
<b>Sources:</b>	MARSTAT_A; LEGALSTAT_A
<b>Question ID:</b>	
<b>Keywords:</b>	Legal marital status
<b>Notes:</b>	Legal marital status recode with categories comparable to CDCMSTAT
<b>Evaluation Report:</b>	

**Unweighted frequencies:**

LEGMSTAT\_A Legal marital status of sample adult

Code	Description	Frequency	Percent
1	Separated	503	1.57
2	Divorced	4963	15.51
3	Married	14796	46.24
4	Single/never married	7697	24.06
5	Widowed	3185	9.95
9	Unknown legal marital status	853	2.67

Frequency Missing:



2019 NATIONAL HEALTH INTERVIEW SURVEY (NHIS)  
Codebook for Sample Adult file (Document Version: September 2020)  
PUBLIC USE

<b>Variable:</b>	PARSTAT_A
<b>Module:</b>	Adult
<b>Section:</b>	MAR
<b>File(s):</b>	Adult
<b>Data Type:</b>	Numeric
<b>Length:</b>	1
<b>Question Text:</b>	
<b>Description:</b>	Parental Status of sample adult
<b>Recode:</b>	Yes
<b>Universe:</b>	HHSTAT_A=1
<b>Universe Description:</b>	Sample adults 18+
<b>Sources:</b>	PARENTS_FINAL01-PARENTS_FINAL04;
<b>Question ID:</b>	
<b>Keywords:</b>	Parent
<b>Notes:</b>	
<b>Evaluation Report:</b>	

**Unweighted frequencies:**

PARSTAT\_A Parental Status of sample adult

Code	Description	Frequency	Percent
1	Yes, the sample adult is a parent of a child residing in the family	7451	23.29
2	There are minor children residing in family but sample adult is not their parent	1098	3.43
3	There are no minor children residing in the family	23253	72.67
9	Unknown	195	0.61

Frequency Missing:

2019 NATIONAL HEALTH INTERVIEW SURVEY (NHIS)  
Codebook for Sample Adult file (Document Version: September 2020)  
PUBLIC USE

<b>Variable:</b>	CITZNSTP_A
<b>Module:</b>	Adult
<b>Section:</b>	NAT
<b>File(s):</b>	Adult
<b>Data Type:</b>	Numeric
<b>Length:</b>	1
<b>Question Text:</b>	
<b>Description:</b>	Citizenship status
<b>Recode:</b>	
<b>Universe:</b>	HHSTAT_A=1 and (NATUSBORN_A=1 ) or (NATSTBORN_A='2' and (CITZNST_A>=1) and NATCTZN_A>=1))
<b>Universe Description:</b>	Sample adults 18+ not born in the United States or a United States territory or born in the U.S.
<b>Sources:</b>	
<b>Question ID:</b>	
<b>Keywords:</b>	nativity; naturalized
<b>Notes:</b>	Recode
<b>Evaluation Report:</b>	

Unweighted frequencies:

CITZNSTP\_A    Citizenship status

Code	Description	Frequency	Percent
1	Yes, a citizen of the United States	29153	91.11
2	No, not a citizen of the United States	1966	6.14
7	Refused	104	0.33
8	Not Ascertained	755	2.36
9	Don't Know	19	0.06

Frequency Missing:

<b>Variable:</b>	SCHCURENR_A
<b>Module:</b>	Adult
<b>Section:</b>	SCH
<b>File(s):</b>	Adult
<b>Data Type:</b>	Numeric
<b>Length:</b>	1
<b>Question Text:</b>	Are you currently enrolled in or attending school?
	<i>* Read if necessary: School includes high school, college, trade school, and professional school. Students may be enrolled part-time or full-time.</i>
<b>Description:</b>	Currently in school
<b>Recode:</b>	
<b>Universe:</b>	HHSTAT_A=1
<b>Universe Description:</b>	Sample adults 18+
<b>Sources:</b>	
<b>Question ID:</b>	SCH.0010.00.1
<b>Keywords:</b>	
<b>Notes:</b>	
<b>Evaluation Report:</b>	

Unweighted frequencies:

SCHCURENR\_A Currently in school

Code	Description	Frequency	Percent
1	Yes	2045	6.39
2	No	29166	91.15
7	Refused	18	0.06
8	Not Ascertained	763	2.38
9	Don't Know	5	0.02

Frequency Missing:

2019 NATIONAL HEALTH INTERVIEW SURVEY (NHIS)  
Codebook for Sample Adult file (Document Version: September 2020)  
PUBLIC USE

<b>Variable:</b>	POVRATTC_A
<b>Module:</b>	Adult
<b>Section:</b>	INC
<b>File(s):</b>	Adult, Adultinc
<b>Data Type:</b>	Numeric
<b>Length:</b>	5
<b>Question Text:</b>	
<b>Description:</b>	SA family poverty ratio (top-coded)
<b>Recode:</b>	Yes
<b>Universe:</b>	HHSTAT_A=1
<b>Universe Description:</b>	Sample adults 18+
<b>Sources:</b>	INCTOTAL_A; poverty threshold
<b>Question ID:</b>	
<b>Keywords:</b>	
<b>Notes:</b>	
<b>Evaluation Report:</b>	

**Unweighted frequencies:**

POVRATTC\_A SA family poverty ratio (top-coded)

Code	Description	Frequency	Percent
00.00-09.99	0.00 to 9.99	29711	92.86
10.00	10.00+	2286	7.14

Frequency Missing:

2019 NATIONAL HEALTH INTERVIEW SURVEY (NHIS)  
Codebook for Sample Adult file (Document Version: September 2020)  
PUBLIC USE

<b>Variable:</b>	FSNAP12M_A
<b>Module:</b>	Adult
<b>Section:</b>	FOO
<b>File(s):</b>	Adult
<b>Data Type:</b>	Numeric
<b>Length:</b>	1
<b>Question Text:</b>	At any time IN THE LAST 12 MONTHS did ^YOUFAMLVHERE_A receive ^FSSNAPNM?
	<i>* Read if necessary: This program puts money on a SNAP EBT card that you can only use to buy food.</i>
<b>Fills:</b>	^YOUFAMLVHERE_A      you/any family members living here/you or any family members living at ^HNO ^HNOSUF ^STRNAME ^FSSNAPNM      food stamp benefits/[state food stamp program name]
<b>Description:</b>	Receive food stamps, past 12m
<b>Recode:</b>	
<b>Universe:</b>	HHSTAT_A=1
<b>Universe Description:</b>	Sample adults 18+
<b>Sources:</b>	
<b>Question ID:</b>	FOO.0010.00.1
<b>Keywords:</b>	income; food stamps
<b>Notes:</b>	
<b>Evaluation Report:</b>	

Unweighted frequencies:

FSNAP12M\_A    Receive food stamps, past 12m

Code	Description	Frequency	Percent
1	Yes	3197	9.99
2	No	27834	86.99
7	Refused	124	0.39
8	Not Ascertained	809	2.53
9	Don't Know	33	0.10

Frequency Missing:

2019 NATIONAL HEALTH INTERVIEW SURVEY (NHIS)  
Codebook for Sample Adult file (Document Version: September 2020)  
PUBLIC USE

<b>Variable:</b>	FDSCAT4_A
<b>Module:</b>	Adult
<b>Section:</b>	FDS
<b>File(s):</b>	Adult
<b>Data Type:</b>	Numeric
<b>Length:</b>	1
<b>Question Text:</b>	
<b>Description:</b>	Adult 4 category food security recode
<b>Recode:</b>	Yes
<b>Universe:</b>	HHSTAT_A=1
<b>Universe Description:</b>	Sample adults 18+
<b>Sources:</b>	FDSRUNOUT_A, FDSLAST_A, FDSBALANCE_A, FDSSKIP_A, FDSSKIPDYS_A, FDSLESS_A, FDSHUNGRY_A, FDSWEIGHT_A, FDSNOTEAT_A, FDSNEDAYS_A
<b>Question ID:</b>	
<b>Keywords:</b>	food security
<b>Notes:</b>	The food security status of the household was determined by responses to 10 food security questions (FDSRUNOUT_C/FDSRUNOUT_C through FDSNEDAYS_A/FDSNEDAYS_C) asked in the adult or child interview. The questions measured the households' food situation based on the past 30 days.
<b>Evaluation Report:</b>	

**Unweighted frequencies:**

**FDSCAT4\_A** Adult 4 category food security recode

Code	Description	Frequency	Percent
1	High food security	27000	84.38
2	Marginal food security	1599	5.00
3	Low food security	1431	4.47
4	Very low food security	1077	3.37
8	Not Ascertained	890	2.78

Frequency Missing:

2019 NATIONAL HEALTH INTERVIEW SURVEY (NHIS)  
Codebook for Sample Adult file (Document Version: September 2020)  
PUBLIC USE

<b>Variable:</b>	HOUTENURE_A
<b>Module:</b>	Adult
<b>Section:</b>	HOU
<b>File(s):</b>	Adult
<b>Data Type:</b>	Numeric
<b>Length:</b>	1
<b>Question Text:</b>	^HOUTEN owned or rented by you ^SOMEFAM_A?  * If house has a mortgage, record as owned.
<b>Fills:</b>	^HOUTEN                      Is the house/apartment at ^HNO ^HNOSUF ^STRNAME/Is this house/apartment ^HNO                              {Value of HNO} ^HNOSUF                        {Value of HNOSUF} ^STRNAME                      {Value of STRNAME} ^SOMEFAM_A                  or someone in your family
<b>Description:</b>	Residence owned/rented
<b>Recode:</b>	
<b>Universe:</b>	HHSTAT_A=1
<b>Universe Description:</b>	Sample adults 18+
<b>Sources:</b>	
<b>Question ID:</b>	HOU.0020.00.1
<b>Keywords:</b>	house tenure
<b>Notes:</b>	
<b>Evaluation Report:</b>	

Unweighted frequencies:

HOUTENURE\_A    Residence owned/rented

Code	Description	Frequency	Percent
1	Owned or being bought	20431	63.85
2	Rented	9949	31.09
3	Other arrangement	687	2.15
7	Refused	75	0.23
8	Not Ascertained	843	2.63
9	Don't Know	12	0.04

Frequency Missing: