In[195]:= Clear[
$$\theta$$
,  $\epsilon$ \$s,  $\lambda$ \$d,  $\lambda$ \$D,  $\psi$ ];
$$\theta := \frac{1}{\epsilon \$s - I \frac{\lambda \$d^2}{\lambda \$D^2}} \left( \epsilon \$s - I \frac{\lambda \$d^2}{\lambda \$D^2} \frac{\psi}{\sqrt{\psi^2 + \frac{1}{\epsilon \$s} + I \frac{\lambda \$D^2}{\lambda \$d^2}}} \right) / \cdot \lambda \$D \rightarrow 1/k\$D$$
In[197]:=  $rp := \frac{\epsilon \$s - \theta}{\epsilon \$s + \theta}$ 
In[198]:=  $rp\$approx = Series[rp, \{k\$D, 0, 1\}]$  // Normal // PowerExpand // FullSimplify
Out[198]:=  $\frac{-1 + \epsilon \$s}{1 + \epsilon \$s}$ 
In[203]:=  $rp\$approx = Series[rp, \{k\$D, 0, 2\}]$  // Normal // PowerExpand

1 ... 6 - 0 ... 1.602 ... 6.42

$$\text{Out} [\text{203}] = \ \frac{-\,1\,+\,\varepsilon \$ s}{1\,+\,\varepsilon \$ s} \,-\, \frac{2\,\,\dot{\mathbb{1}}\,\,k \$ D^2\,\,\lambda \$ d^2}{\left(\,1\,+\,\varepsilon \$ s\,\right)^{\,2}}$$

These terms factor out front.

Look at the two coefficient

$$ln[207] = Im \left[ \frac{-1 + \epsilon \$ s}{1 + \epsilon \$ s} / . \epsilon \$ s \rightarrow 20 - 0.02 I \right] // N$$

Out[207]= -0.0000907029

$$ln[208]:= Im \left[ -\frac{2 i \epsilon ssreal}{(1 + \epsilon s)^2} /. \{\epsilon s \rightarrow 20 - 0.02 I, \epsilon ssreal \rightarrow 20\} \right] // N$$

Out[208]= -0.0907027

In[147]:= Table[{q, ans[q]}, {q, 0, 2}] // Simplify
Out[147]= 
$$\left\{\left\{0, \frac{1}{2h}\right\}, \left\{1, \frac{1}{4h^2}\right\}, \left\{2, \frac{1}{4h^3}\right\}\right\}$$

Try another approximation

$$\text{In}_{[223]:=} \text{ Series} \left[ \theta \text{ /. } \lambda \$ d \rightarrow \frac{1}{k \$ D} \sqrt{\epsilon \$ s \$ real x} \right], \left\{ x, 1, 1 \right\} \right]$$

$$e \$ s - \frac{i \in \$ s \$ real \psi}{\sqrt{\frac{i \in \$ s \cdot \epsilon \$ s \$ real \psi^2}{\epsilon \$ s \cdot \epsilon \$ s \$ real}}} + \frac{1}{\epsilon \$ s - i \in \$ s \$ real} + \frac{1}{\epsilon \$ s - i \in \$ s \$ real} + \frac{1}{\epsilon \$ s - i \in \$ s \$ real} + \frac{1}{\epsilon \$ s - i \in \$ s \$ real} \left( i \in \$ s + \epsilon \$ s \$ real + \epsilon \$ s \in \$ s \$ real} \right) \sqrt{\frac{i \in \$ s \cdot \epsilon \$ s \$ real}{\epsilon \$ s \cdot \epsilon \$ s \$ real}}} + \frac{1}{\epsilon \$ s \ast s \$ real} \left( \frac{1}{\epsilon \$ s \cdot \epsilon \$ s \$ real} \left( \frac{1}{\epsilon \$ s \cdot \epsilon \$ s \$ real} \right) \sqrt{\frac{i \in \$ s \cdot \epsilon \$ s \$ real}{\epsilon \$ s \cdot \epsilon \$ s \$ real}}} \right)}{\epsilon \$ s \cdot \epsilon \$ s \$ real} \right)$$

$$\frac{1}{\epsilon \$ s \ast real} \left( \frac{1}{\epsilon \$ s \cdot \epsilon \$ s \$ real} \right) \left( \frac{1}{\epsilon \$ s \cdot \epsilon \$ s \$ real} \right) \left( \frac{1}{\epsilon \$ s \cdot \epsilon \$ s \$ real} \right) \left( \frac{1}{\epsilon \$ s \cdot \epsilon \$ s \$ real} \right) \left( \frac{1}{\epsilon \$ s \cdot \epsilon \$ s \$ real} \right) \left( \frac{1}{\epsilon \$ s \cdot \epsilon \$ s \$ real} \right) \left( \frac{1}{\epsilon \$ s \cdot \epsilon \$ s \$ real} \right) \left( \frac{1}{\epsilon \$ s \cdot \epsilon \$ s \$ real} \right) \left( \frac{1}{\epsilon \$ s \cdot \epsilon \$ s \$ real} \right) \left( \frac{1}{\epsilon \$ s \cdot \epsilon \$ s \$ real} \right) \left( \frac{1}{\epsilon \$ s \cdot \epsilon \$ s \$ real} \right) \left( \frac{1}{\epsilon \$ s \cdot \epsilon \$ s \$ real} \right) \left( \frac{1}{\epsilon \$ s \cdot \epsilon \$ s \$ real} \right) \left( \frac{1}{\epsilon \$ s \cdot \epsilon \$ s \$ real} \right) \left( \frac{1}{\epsilon \$ s \cdot \epsilon \$ s \$ real} \right) \left( \frac{1}{\epsilon \$ s \cdot \epsilon \$ s \$ real} \right) \left( \frac{1}{\epsilon \$ s \cdot \epsilon \$ s \$ real} \right) \left( \frac{1}{\epsilon \$ s \cdot \epsilon \$ s \$ real} \right) \left( \frac{1}{\epsilon \$ s \cdot \epsilon \$ s \$ real} \right) \left( \frac{1}{\epsilon \$ s \cdot \epsilon \$ s \$ real} \right) \left( \frac{1}{\epsilon \$ s \cdot \epsilon \$ s \$ real} \right) \left( \frac{1}{\epsilon \$ s \cdot \epsilon \$ s \$ real} \right) \left( \frac{1}{\epsilon \$ s \cdot \epsilon \$ s \$ real} \right) \left( \frac{1}{\epsilon \$ s \cdot \epsilon \$ s \$ real} \right) \left( \frac{1}{\epsilon \$ s \cdot \epsilon \$ s \$ real} \right) \left( \frac{1}{\epsilon \$ s \cdot \epsilon \$ s \$ real} \right) \left( \frac{1}{\epsilon \$ s \cdot \epsilon \$ s \$ real} \right) \left( \frac{1}{\epsilon \$ s \cdot \epsilon \$ s \$ real} \right) \left( \frac{1}{\epsilon \$ s \cdot \epsilon \$ s \$ real} \right) \left( \frac{1}{\epsilon \$ s \cdot \epsilon \$ s \$ real} \right) \left( \frac{1}{\epsilon \$ s \cdot \epsilon \$ s \$ real} \right) \left( \frac{1}{\epsilon \$ s \cdot \epsilon \$ s \$ real} \right) \left( \frac{1}{\epsilon \$ s \cdot \epsilon \$ s \$ real} \right) \left( \frac{1}{\epsilon \$ s \cdot \epsilon \$ s \$ real} \right) \left( \frac{1}{\epsilon \$ s \cdot \epsilon \$ s \$ real} \right) \left( \frac{1}{\epsilon \$ s \cdot \epsilon \$ s \$ real} \right) \left( \frac{1}{\epsilon \$ s \cdot \epsilon \$ s \$ real} \right) \left( \frac{1}{\epsilon \$ s \cdot \epsilon \$ s \$ real} \right) \left( \frac{1}{\epsilon \$ s \cdot \epsilon \$ s \$ real} \right) \left( \frac{1}{\epsilon \$ s \cdot \epsilon \$ s \$ real} \right) \left( \frac{1}{\epsilon \$ s \cdot \epsilon \$ s \$ real} \right) \left( \frac{1}{\epsilon \$ s \cdot \epsilon \$ s \$ real} \right) \left( \frac{1}{\epsilon \$ s \cdot \epsilon \$ s \$ real} \right) \left( \frac{1}{\epsilon \$ s \cdot \epsilon$$

The  $\psi$  - based integral doesn't look doable. Stop here.