

TALKING THROUGH TOUCH

GASA RELAXATION MASSAGE FOR DOGS

BUY ON AMAZON



CLOSENESS



MINDFULNESS



COMMUNICATION



WHAT IS GASAS MASSAGE?

It is an animal relaxation massage that helps you learn what kind of contact your pet enjoys.

It is an ongoing dialog, a time to practice attentiveness and openness to the dog.

GaSa is also a way of caring for yourself and your state of mind.  way to be HERE and NOW.

BOOKS ON ANIMAL RELAXATION MASSAGE

GaSa books are not veterinary or animal physiotherapy textbooks; they present a unique approach to animal relaxation massage. The fundamental concept behind this technique is adapting actions to fit the specific needs of each pet.

The book offers tips and inspiration for creating a relaxing ritual that suits you and your dog best.

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WHAT'S IN THE BOOK?



PHILOSOPHY

The books answer such questions as:

- Why are there no 'external masseurs' in GaSa?
- Is GaSa possible without touching?
- How can a cuddly toy come in handy?



COMMUNICATION

GaSa massage is talking through touch with those it is difficult to communicate with through words.

The book shows you how to observe your pet to recognize and understand the cues they send.



TECHNIQUES

You learn the ways to stroke your pet. For educational purposes, they are categorized and organized—but this is not the only valid way to perform them. The book explains that as well.

IMAGES AND INSTRUCTIONAL GRAPHICS

Photos and drawings help you put the techniques into practice.



EXPERT COMMENTS

The books are consulted and annotated by a canine therapist, animal physiotherapist and osteopath, animal trainers and behaviorists.



INDICATIONS / CONTRAINDICATIONS

You learn the standard indications and ...
one KEY contraindication.



COMPLEMENTARY EXERCISES

Not all techniques are touch-related and some are performed without a dog, with a notebook needed here and there.

All this so you can FEEL more and BE more when you meet with your pet.

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ABOUT AUTHOR

MARTA MUCHA-BALCEREK

Hello!

I am Marta Mucha-Balcerek, the creator of GaSa.

Since 2012, I have been holding the animal relaxation massage workshops. In 2015, I published the first book on this subject.

Building a calm and mindful relationship with pets is something that fascinates me - touch is just one element that can contribute to this.

Marta on Amazon





ALL BOOKS ABOUT GASA

Talking
Through Touch

- GaSa
Relaxation Massage
for Dogs

Marta Mucha-Balceruk

GaSa Relaxation Massage
for Dogs

\$20.00

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BOOK REVIEWS

The books are consulted and annotated by a canine therapist, animal physiotherapist and osteopath, animal trainers and behaviorists.

[See feedback on Amazon](#)



“

A wonderful book on nonverbal ‘conversations’ with all animals. It addresses the essential issues of intimacy, attentiveness, and focus during pet massage. No matter your age or experience with manual techniques, this book is for you. Communication, intimacy, attentiveness—GaSa massage in three words.

Agata Rekun-Gregorczyk
vitavet.eu



“

Every dog owner should read this book. For those seeking to deepen their conversations through subtle touch, GaSa massage can teach you how. You will learn techniques suitable for your dog and see how many benefits come from a new form of calm activity that soothes the emotions.

Joanna Hajdyła-Jarosz
psiaedukacja.pl



“

Whether you're an experienced dog owner or taking care of your first pup, this is a must-read to foster friendship with your pet. I believe this book should be included in every breeder's puppy pack and given with every adopted dog.

Małgorzata Krzemińska
dogoterapiawlodzi.pl

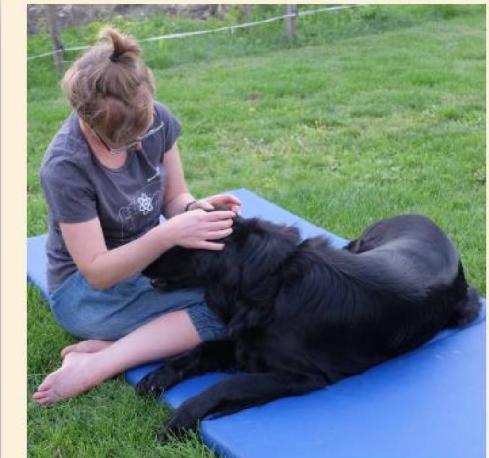
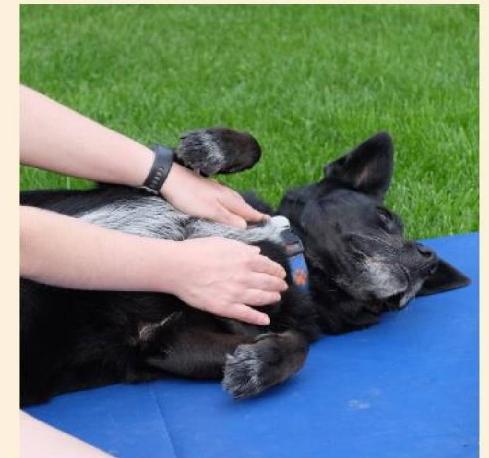
“

Unique, warm, calm, and nonintrusive. This book's singularity and timelessness lie in the way it embraced 'slow life' and mindfulness long before they became trendy in Poland. The author was ahead of her time, embodying the change and peace she writes about. She upholds the vision she portrays. She is GaSa, and her authenticity is so powerful that readers who are open to letting go will read this book not because they will have to, but because they will want to.

Katarzyna Kucharska
futrzon.pl

HEARD, MASSAGED AND CONTENT

GaSa massage techniques help you learn attentive observation. You know your pet better when you start to trust your intuition. You already have the knowledge. GaSa helps you discover it.



2023 DeGaSa Marta Mucha-Balcerek© - kontakt@martamucha.pl

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