

# Norberto S. Brude

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| Ciudad Autónoma de Buenos Aires

## Methods & Techniques

- Kinesiology
- Osteopathy
- Global Postural Reeducation (RPG)
- Physiological Chains
- Barral Method
- Neurodynamics

## Conferences & Courses

**1985** – Functional Anatomy and Deep Myofascial Massage

**1987** – XXIV Congress of the Rioplatense Association of Anatomy

**2003** – Speaker at the I Congress of Rehabilitation in Orthopedics and Kinesiology

**2004** – TMJ Course, Universidad Mayor de Santiago de Chile

**2010** – Imaging Interpretation Workshop – Fundación Diagnóstico Maipú

**2015** – Physiological Chains – Méthode Busquet

**2018** – Argentine and Latin American Congress of Manual Therapy

**2019** – II Fascial Connection – International Congress on Fascia

## Summary

I have a broad trajectory of 36 years, combining my work in healthcare institutions with personalized care in private practice. I specialize in manual therapies, focusing on pain treatment, functional rehabilitation, and the overall well-being of each patient. My approach is comprehensive and personalized, adapting techniques from kinesiology, osteopathy, and manual therapies to the specific needs of each case. Additionally, I have experience coordinating with interdisciplinary teams and continuously pursue training in bodywork techniques and applied biomechanics.

## Experience

### Degree in Manual Therapy – Université Permanente de Thérapie

**1992 – 2007**

Ongoing training in Manual Therapy with a focus on advanced assessment and treatment techniques.

- Attendance at continuing education modules.
- Ongoing training in manual therapeutic techniques.
- Specialization in joint injuries and cervical pathologies.
- Contribution to the promotion and professionalization of
- Global Postural Reeducation (RPG) in Argentina.

### Training in Global Postural Reeducation (RPG) – Université Permanente de Thérapie

**2000 – 2007**

Specialization in Global Postural Reeducation (RPG) applied to various pathologies.

- Basic and advanced training in Global Postural Reeducation (RPG).
- Studies applied to scoliosis, joint injuries, and cervical pathologies.
- Advanced Diploma in RPG.
- X-ray reading and comprehensive clinical approach to musculoskeletal pathologies.

## **Diploma in Osteopathy – Escuela Osteopática de Buenos Aires – CO**

**2012 – 2018**

Comprehensive program in structural and visceral osteopathy.

- Ongoing theoretical and practical training.
- Global osteopathic approach to patient care.
- Integration of visceral manipulations (VM1, VM2, VM3) with musculoskeletal techniques.
- Multidisciplinary clinical approach.

## **Training in Respiratory Kinesiology in ICU – Caja de Kinesiólogos de la Provincia de Buenos Aires**

**Mayo 2021**

Specialized course in respiratory therapy for critical patients.

- Intensive training in ICU protocols.
- Application of knowledge in a hospital setting.
- Improvement of respiratory skills for critical care.

## **Neurodinamia – Neurodinamia Argentina**

**2024**

Professional update in neurodynamic techniques.

- Assessment and treatment of the peripheral nervous system.
- Incorporation of neurodynamic techniques into clinical practice.

## **Teaching Assistant – Universidad de Buenos Aires (UBA) 2022 – Present**

Subject: Kinesiological Techniques 3

- Assistance in theoretical and practical classes.
- Tutoring students in kinesiological approach.
- Active participation in the training of future kinesiologists.
- Integration of clinical experience into teaching.

## **Member and Co-founder – Asociación Argentina de Reeducción Postural Global (AARPG)**

- Participation in the direction and organization of academic activities.