

# Stress

This result is based on the answers you provider earlier from the self assessment

Date of Assessment : 15/06/2023

Question: Do you have difficulty sleeping or staying asleep due to stress?

Answer: xdcfgvbhjn

Question: Do you experience physical symptoms of stress, such as headaches, muscle tension, or stomach problems?

Answer: cfgvbhn

Question: Do you have difficulty concentrating due to stress?

Answer: cfvgbhjn

Question: Do you feel irritable or easily angered due to stress?

Answer: rftghjn